Assessment of the correlation between serum prolidase and alpha-fetoprotein levels in patients with hepatocellular carcinoma

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Abstract

AIM: To determine the predictive value of increased prolidase activity that reflects increased collagen turnover in patients with hepatocellular carcinoma (HCC).

METHODS: Sixty-eight patients with HCC (mean age of 69.1 ± 10.1), 31 cirrhosis patients (mean age of 59.3 ± 6.3) and 33 healthy volunteers (mean age of 51.4 ± 12.6) were enrolled in this study. Univariate and multivariate analysis were used to evaluate the association of serum α-fetoprotein (AFP) values with HCC clinicopathological features, such as tumor size, number and presence of vascular and macrovascular invasion. The patients with HCC were divided into groups according to tumor size, number and presence of vascular invasion (diameters; ≤ 3 cm, 3-5 cm
and \( \geq 5 \) cm, number; 1, 2 and \( \geq 3 \), macrovascular invasion; yes/no). Barcelona-clinic liver cancer (BCLC) criteria were used to stage HCC patients. Serum samples for measurement of prolidase and alpha-fetoprotein levels were kept at \(-80^\circ C\) until use. Prolidase levels were measured spectrophotometrically and AFP concentrations were determined by a chemiluminescence immunometric commercial diagnostic assay.

RESULTS: In patients with HCC, prolidase and AFP values were evaluated according to tumor size, number, presence of macrovascular invasion and BCLC staging classification. Prolidase values were significantly higher in patients with HCC compared with controls \((P < 0.001)\). Prolidase levels were significantly associated with tumor size and number \((P < 0.001, P = 0.002\), respectively\). Prolidase levels also differed in patients in terms of BCLC staging classification \((P < 0.001)\). Furthermore, the prolidase levels in HCC patients showed a significant difference compared with patients with cirrhosis \((P < 0.001)\). In HCC patients grouped according to tumor size, number and BCLC staging classification, AFP values differed separately \(P = 0.032\), \(P = 0.038\), \(P = 0.015\), respectively\). In patients with HCC, there was a significant correlation \((r = 0.616; P < 0.001)\) between prolidase and AFP values in terms of tumor size, number and BCLC staging classification, whereas the presence of macrovascular invasion did not show a positive association with serum prolidase and AFP levels.

CONCLUSION: Considering the levels of both serum prolidase and AFP could contribute to the early diagnosing of hepatocellular carcinoma.

Key words: Alpha-fetoprotein; Hepatocellular carcinoma; Prolidase; Cirrhosis; Macrovascular invasion

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Core tip: Prolidase cleaves dipeptide bonds containing proline, playing a vital role in collagen turnover, matrix remodeling and cell growth. Neoplastic transformation results in deregulation of tissue collagen metabolism, in which metastatic tumor cells produce enhanced amounts of proteases to penetrate basement membranes and the extracellular matrix. Therefore, tumor progression might depend on the breakdown of collagen and other extracellular matrix proteins. The role of prolidase in neoplastic tissues is unknown. Herein, serum prolidase levels in hepatocellular carcinoma (HCC) patients were significantly associated with tumor size and number, Barcelona-clinic liver cancer staging and alpha-fetoprotein (AFP). Considering the levels of both serum prolidase and AFP could contribute to early diagnosis of HCC.


INTRODUCTION

Despite recent developments in surgery and medical therapy, which have significantly improved the outcome of patients with operable and advanced hepatocellular carcinoma (HCC), HCC remains a major health problem worldwide. The majority of HCC cases occur in patients with chronic liver disease, such as hepatitis B-virus (HBV), hepatitis C-virus (HCV) infection, alcoholic liver diseases and non-alcoholic fatty liver diseases\(^4^,\(^5\)]. The complex nature of the disease and its high resistance to conventional systemic therapies, results in poor prognosis for advanced HCC patients\(^6^,\(^7\)]. Despite regular surveillance to detect small HCCs in these patients, HCC is often diagnosed at an advanced stage, after the symptoms related HCC have appeared, and the 5-year relative survival rate for patients is only 7\%\(^8\)]. If HCC could be diagnosed at an early stage, potentially curative options, such as resection, ablation, and transplantation may be considered\(^3\). Early diagnose may serve as a long-term control in patients. Thus, the regular follow-up of patients with risk factors for HCC seems very important.

Surveillance strategies, including ultrasound imaging and serum \(\alpha\)-fetoprotein (AFP) concentration measurements, have been recommended to detect HCC at earlier stages, without pathological confirmation. AFP is the most commonly used serological marker worldwide to diagnose hepatocellular carcinoma\(^4\). HCC differentiation, size and macrovascular invasion are strongly associated with AFP; poor differentiation and HCC size \(\geq 10 \) cm are independent predictors of elevated AFP\(^9\).

Collagen is the main component of connective tissue. Deregulation of tissue collagen metabolism is one of the consequences of neoplastic transformation. Metalloproteinases initiate the breakdown of collagen; however, the final step of collagen degradation is mediated by prolidase\(^6^,\(^7\)]. Prolidase is an important enzyme that cleaves the bonds of dipeptides containing proline (X-Pro), and plays a vital role in collagen turnover, matrix remodeling and cell growth. Metastatic tumor cells produce enhanced amounts of proteases that enable them to penetrate basement membranes and the extracellular matrix (ECM)\(^8\). Therefore, tumor progression might depend critically on the breakdown of collagen and other ECM proteins\(^9\). Prolidase seems a rate-limiting factor in the regulation of collagen biosynthesis because of its role in the last step of
collagen degradation. The role of prolidase activity in neoplastic tissues is not yet known.

In the present study, we aimed to assess the correlation between the serum prolidase and AFP levels in patients with hepatocellular carcinoma.

**MATERIALS AND METHODS**

**Ethics**
The study protocol conformed to the ethical guidelines of the 1975 Declaration of Helsinki, as reflected in the a priori approval by the Clinical Research Ethics Board of the Bülent Ecevit University. Informed consent was obtained from all individuals.

**Patient population**
Ninety-four patients with HCC, 54 cirrhosis patients and 33 healthy volunteers, admitted to the gastroenterology clinic of Bulent Ecevit University Medical Faculty between March 2014 and August 2014, were enrolled in this study. Twenty-six patients with HCC and 23 patients with cirrhosis were excluded from the study according to the exclusion criteria. Exclusion criteria were: dilated cardiomyopathy, uncontrolled hypertension, rheumatoid arthritis, ankylosing spondilitis, multiple sclerosis, psoriasis, connective tissue disease, chronic obstructive pulmonary disease, chronic pancreatitis, bipolar disorder and thalassemia major. All patients underwent a baseline evaluation, including a detailed medical history, typical physical examination and blood tests. For all patients in this study, the diagnosing of HCC and cirrhosis was made by histopathology and/or based on typical imaging findings for HCC in three-phase multidetector computed tomography (Activision 16-row scanner computed tomography, Toshiba Medical Systems, Otawara, Japan) or dynamic contrast-enhanced magnetic resonance imaging (Intera Master Gyroscan, Philips Medical Systems, Best, the Netherlands) with increased serum AFP concentrations (> 400 µg/L). Barcelona-Clinic Liver Cancer (BCLC) criteria were used to stage the patients with HCC\(^{[10]}\). The patients were divided into groups according to their tumor size, number and presence of macrovascular invasion (diameters; \(\leq 3\) cm, 3-5 cm and \(\geq 5\) cm, number; 1, 2 and 3 \(\leq\), macrovascular invasion; yes/no). Macrovascular invasion was defined as portal vein thrombosis and was demonstrated by any imaging modality. Distinction of malignant portal vein thrombosis from benign thrombosis was made by contrast enhancement pattern at computed tomography or magnetic resonance imaging.

**Blood samples**
In total, 8-10 cc blood samples were withdrawn from all the participants and the sera were separated by centrifugation at 3000 rpm for 10 min. Sera were stored at -80 °C until the day of measurement.

**Prolidase measurement**
Serum was diluted 6-fold with 1 mmol/L Mn\(^{3+}\), 50 mmol/L Tris buffer (pH 7.8) and preincubated at 37 °C for 2 h. The reaction mixture containing 94 mmol/L gly-pro, 50 mmol/L Tris HCl buffer (pH 7.8) and preincubation serum was incubated at 37 °C for 30 min. The reaction was stopped by adding 1.0 mL of 0.45 mol/L trichloroacetic acid solution. Prolidase activity was measured in the supernatant samples using the method described by Myara et al\(^{[11]}\), which is a modification of Chinard’s method and was calculated against proline standards. All reagents were purchased from Sigma. The intra- and inter-assay coefficients of variation were less than 10 %. Prolidase activity was reported as U/L.

**AFP measurement**
Serum AFP levels were measured using a chemiluminescence immunometric assay in a UniCell DXI 600 (Beckman Coulter, CA, United States) hormone analyzer. The intra-assay and inter-assay coefficients of variation (CV) were both less than < 3.22% (the within run CVs were 3.2%, 2.88%, 2.71% and the between run CVs were 3.22%, 2.04%, 2.07% for the levels of 6.53, 72.1 and 1672.88 ng/mL, respectively) and the measuring range was 0.5-3000 ng/mL. The normal range is less than 10 ng/mL in an adult.

**Statistical methods**
SPSS 19.0 for Windows was used for statistical analysis. Categorical variables were given with frequency and percent. Numerical variables were shown as the median, with minimum and maximum values. The Shapiro-Wilk test was used for normality tests. For nonparametric variables, the Mann Whitney U test was used for two group comparisons and the Kruskal Wallis test was used for comparisons of three or more groups. Receiver operating characteristic (ROC) curve analysis was performed to determine the predictive value of prolidase and AFP regarding tumor size, number and controls. For all statistical analyses, a P value < 0.05 indicated statistical significance.

**Statistical analysis**
The statistical analysis of the study was performed by author Dr. Çağatay Büyükuyusal, a biostatistician and expert on data analysis. His approval of the methods are documented via his inclusion as a senior author of the manuscript.

**RESULTS**
Demographic and clinical data of the patients with hepatocellular carcinoma, cirrhosis patients and the healthy control group are shown in Table 1. Of the 68 patients with HCC, 31 cirrhosis patients and 33 healthy adults, 80 were males (60.6%) and 52 were females.
(39.4%). Prolidase and AFP values of the patients with HCC were evaluated according to tumor size, number, presence of macrovascular invasion and BCLC staging classification (Table 2). Prolidase values were significantly higher in patients with HCC compared with controls ($P < 0.001$). Prolidase levels were significantly associated with tumor size and number ($P < 0.001$, $P = 0.002$, respectively). Serum prolidase level in tumors $\leq 3$ cm was significantly lower than those with tumor size 3-5 cm ($P = 0.006$) and with tumor size $\geq 5$ cm ($P < 0.001$). In addition, the serum prolidase level in patients with tumor number $\geq 3$ cm was significantly higher than those with two tumors ($P = 0.008$) and with one tumor ($P = 0.002$). However, prolidase levels showed no positive relation with presence of macrovascular invasion in patients with HCC ($P = 0.575$). In the BCLC staging classification, prolidase levels at various stages were significantly different in patients with HCC ($P < 0.001$), with stage B having the highest level of prolidase. However, a significant difference was observed when the prolidase levels in patients with HCC were compared with cirrhosis patients ($P < 0.001$). There was no significant difference between cirrhotic patients and the control group ($P = 0.067$) (Table 3).

In terms of tumor size and number, a significant relation was found among AFP values ($P = 0.032$, $P = 0.083$, respectively). The AFP value in tumors $\geq 5$cm was significantly higher ($P = 0.006$) than in tumors $\leq 3$ cm ($P = 0.013$), whereas there was no significant difference between patients with tumor $\geq 5$ cm and with tumors of 3-5 cm ($P = 0.171$). In addition, the AFP level in patients with tumor number $\geq 3$ was significantly higher than those with one tumor ($P = 0.028$) and with two tumors ($P = 0.030$). However there was no positive relation between AFP and presence of macrovascular invasion in patients with HCC ($P = 0.502$). AFP values also significantly differed in patients at various stages of BCLC staging classification ($P = 0.015$): tumors at stage B had the highest levels of AFP. AFP values were significantly higher in the A stage of BCLC compared with stage B and C ($P = 0.002$, $P = 0.028$, respectively), whereas, there was no significant relation between stage A and D ($P = 0.113$). In terms of serum AFP values, there was a significant difference between HCC patients and cirrhotic patients ($P < 0.001$). AFP values of both HCC and cirrhotic patients were significantly higher than the healthy control group ($P < 0.001$, $P < 0.001$, respectively).

In patients with HCC, there was a significant correlation ($r = 0.616$; $P < 0.001$) between prolidase and AFP values regarding tumor size, number and BCLC staging classification (Figure 1), whereas the presence of macrovascular invasion ([yes ($r = 0.276$) $P = 0.472$]/no ($r = 0.646$; $P < 0.001$)) did not show a significant difference between patients with tumor size $\geq 5$ cm and with tumors of 3-5 cm ($P = 0.171$). In
Prolidase enzyme is a cytosolic exopeptidase that cleaves imidodi- and imidotripeptides with C terminal proline or hydroxyproline. Prolidase plays an important role in collagen metabolism, matrix remodeling and cell growth[12]. By releasing proline or hydroxyproline, prolidase helps make them available for collagen resynthesis. Although extracellular collagenases initiate the breakdown of collagen, the final step of collagen degradation is catalyzed by intracellular prolidase. Moreover, it has been suggested that prolidase activity may be a rate-limiting factor in the regulation of collagen biosynthesis[7]. Collagen is the major component of the extracellular matrix (ECM), which represents a major barrier against invasion by neoplastic cells. Tumor cells can produce proteolytic enzymes that catalyze the breakdown of tissue barriers, which enables them to penetrate basement membranes and the ECM[8,13]. Therefore, tumor progression depends critically on the degradation of collagen and other ECM proteins[14]. The final step of collagen degradation is catalyzed by intracellular prolidase; therefore, it may be associated with neoplastic transformation. Increased prolidase activities have been observed in some of cancers, such as lung cancer[15], breast cancer[16], endometrial cancer[17], stomach cancer[18], renal cell cancer[19] and ovarian cancer[20]. On the other hand, Palka et al[21] showed reduced levels of prolidase in pancreatic cancer.

Myara et al[21] used an experimental animal model that demonstrated hepatic damage in rats by chronic CCI4 intoxication. Consequently, they observed a relationship between elevated prolidase levels and hepatic fibrosis. In another study, Myara et al[15] demonstrated increased prolidase activity in chronic liver disease. Elevated prolidase levels in some common conditions, such as hepatitis B infection, hepatitis C infection, nonalcoholic steatohepatitis and alcoholic liver disease, which cause hepatic damage and hepatic fibrosis, have also been reported previously[22-25]. Although numerous non-invasive markers have been described that predict the severity of hepatic fibrosis[26], liver biopsy remains a gold standard method for assessing the severity of liver fibrosis and cirrhosis[27].

To date, prolidase levels have not been evaluated in HCC. In the present study, we assessed serum prolidase levels in patients with HCC and asked whether prolidase activity might show a correlation with AFP; thus contributing to early diagnosis of HCC while following up patients. We observed that serum prolidase levels were higher in HCC than in healthy volunteers, and elevated prolidase levels showed a significant relationship between size and number of HCCs. This might be a consequence of tumor pathogenesis, which might reflect progression of HCC. Moreover, there are few studies that have revealed a correlation between the serum prolidase levels and stage of liver fibrosis according to the results of liver biopsy[24,28-30]. In contrast, Duygu et al[22,23] did not
observe a relationship between the degree of liver fibrosis and serum prolidase levels in patients with chronic hepatitis B and C. In this study, we observed a significant difference when the prolidase levels in cirrhosis patients were compared with patients with HCC. This might indicate enhanced turnover of collagen synthesis in patients with HCC, which can be affected by the degree of neoplastic transformation during the development of HCC, on the basis of the cirrhotic process. By contrast, we did not observe a significant difference between cirrhosis patients and healthy volunteers. Hence, our study needs to be validated by further large population studies to illustrate the changing prolidase levels among patients with liver diseases.

However, the diagnostic value of is being questioned because of poor sensitivity and specificity. The diagnosis of HCC without pathological confirmation is achieved by analyzing serum AFP levels combined with imaging techniques, including ultrasonography, magnetic resonance imaging and computerized tomography[5]. The relationship between serum AFP levels and tumor characteristics, such as tumor size, tumor number or macrovascular invasion, has been evaluated in many studies[31-34]. Liu et al[5] showed a relationship between AFP levels and tumor size, however, AFP concentrations were not correlated with tumor number in their study. Wang et al[35] and Kasahara et al[36] have also reported a significant relationship between tumor size and serum AFP levels. Furihata et al[37] observed a significant correlation between serum AFP levels and both size and number of HCCs. Furthermore, AFP elevation in HCC was associated with macrovascular invasion in some studies[38,39]. In the present study, serum AFP levels were correlated with tumor size, which is consistent with the results of previous studies[5,35,36]. There was also a relationship between AFP levels and the tumor number, similar to the other studies[37,40]. Moreover, macrovascular invasion was not associated with high AFP levels, contrary to previous studies[38,39]. There were only nine patients (13.2%) with macrovascular invasion, which was insufficient to produce powerful statistical results.

In the present study, we observed elevated levels of serum prolidase and AFP in patients with HCC, although the absence of an increase in these markers does not exclude the diagnosis of HCC. Notably, a similar relationship between AFP concentrations and the size and number of tumors was observed for serum prolidase levels. Furthermore, in terms of tumor size (diameters; ≤ 3 cm and > 3 cm) and number (number; ≤ 1 and ≥ 2), serum prolidase activity

Figure 2  Relationship between serum prolidase and alpha fetoprotein levels in patients with hepatocellular carcinoma with regard to tumor size (A), number (B), barcelona-clinic liver cancer staging (C) and macrovascular invasion (D).
Prolidase is an important enzyme that plays a vital role in collagen turnover, remodeling and cell growth. It is thought that the growth, invasion and spread of tumor cells depend on the breakdown of collagen and other ECM proteins. This behavior of tumor cells suggests that prolidase activity may reflect the tumor burden and aggressiveness. AFP is the most commonly used serological marker worldwide with radiological imaging for diagnosing hepatocellular carcinoma. Measuring the prolidase activity as a complementary test is worth exploring for possible use in detecting HCC at earlier stages. In conclusion, a comprehensive study with a larger sample size is needed to elucidate the value of prolidase activity during follow-up of the patients with chronic liver diseases.

**Innovations and breakthroughs**
The authors assessed the correlation between serum prolidase and AFP levels with regard to the features of HCC in patients. The present study had a large enough sample size such that statistically relevant results could be obtained. For clinical practice, this article may be beneficial for physicians by permitting detection of HCC at earlier stages, as long as the serum prolidase results are verified by other diagnosis techniques.

**Applications**
The present study assessed the predictive relationship between prolidase activity and HCC progression, which may represent a promising approach to detect HCC at earlier stages, allowing physicians to make appropriate clinical decisions.

**Terminology**
Prolidase is an important enzyme that cleaves the bonds of dipeptides containing proline (X-Pro) and plays a vital role in collagen turnover, matrix remodeling and cell growth. Metalloproteinases initiate the breakdown of collagen; however, the final step of collagen degradation is mediated by prolidase (E.C.3.4.13.9). AFP is a glycoprotein and is mainly expressed in the fetal yolk sac and liver, but not in normal adult tissues. Serum AFP elevation reflects the tumor burden and aggressiveness. AFP is the most commonly used serological marker worldwide with radiological imaging for diagnosing hepatocellular carcinoma. Measuring the prolidase activity as a complementary test is worth exploring for possible use in detecting HCC at earlier stages. In conclusion, a comprehensive study with a larger sample size is needed to elucidate the value of prolidase activity during follow-up of the patients with chronic liver diseases.

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