Eugenol dilates rat cerebral arteries by inhibiting smooth muscle cell voltage-dependent calcium channels

Dieniffer Peixoto-Neves1,2, Jose Henrique Leal-Cardoso2, and Jonathan H. Jaggar1,*

1Department of Physiology, University of Tennessee Health Science Center, Memphis, Tennessee, USA
2Instituto Superior de Ciências Biomédicas, Universidade Estadual do Ceará, Fortaleza, Ceará, Brazil

Abstract

Plants high in eugenol, a phenylpropanoid compound, are used as folk medicines to alleviate diseases including hypertension. Eugenol has been demonstrated to relax conduit and ear arteries and reduce systemic blood pressure, but mechanisms involved are unclear. Here, we studied eugenol regulation of resistance-size cerebral arteries that control regional brain blood pressure and flow and investigated mechanisms involved. We demonstrate that eugenol dilates arteries constricted by either pressure or membrane depolarization (60 mM K+) in a concentration-dependent manner. Experiments performed using patch-clamp electrophysiology demonstrated that eugenol inhibited voltage-dependent calcium (Ca2+) currents, using Ba2+ as a charge carrier, in isolated cerebral artery smooth muscle cells. Eugenol inhibition of voltage-dependent Ca2+ currents involved pore block, a hyperpolarizing shift (~−10 mV) in voltage-dependent inactivation, an increase in the proportion of steady-state inactivating current, and acceleration of inactivation rate. In summary, our data indicate that eugenol dilates cerebral arteries via multimodal inhibition of voltage-dependent Ca2+ channels.

Keywords

eugenol; voltage-dependent calcium channel; vasorelaxation; resistance-size artery

Introduction

Eugenol, a phenylpropanoid compound, is found in dietary plants, including clove (Syzygium aromaticum), african basil and basil (Ocimum gratissimum and O. basilicum), cinnamon (Cinnamomum zeylanicum) and nutmeg (Myristica fragrans). In addition to being used as food flavorings, these plants are also used as folk medicines to alleviate diseases, including hypertension1–4. However, mechanisms by which these plants and, in particular, eugenol are clinically beneficial are unclear.
Eugenol has been proposed to possess several beneficial biological properties, including antimicrobial, antioxidant and anti-inflammatory actions. Eugenol has been shown to relax rabbit ear arteries and rat and rabbit aorta. Eugenol also reduced systemic blood pressure in both normotensive and hypertensive DOCA-salt rats. However, eugenol regulation of contractility in small resistance-size arteries that control regional organ blood flow has not been studied.

Resistance-size cerebral arteries provide neurons and other brain cell types with a constant supply of oxygen and nutrients. A primary regulator of small artery contractility, including cerebral arteries, is intravascular pressure which activates mechanosensitive ion channels, leading to arterial smooth muscle cell depolarization. Subsequent activation of smooth muscle cell voltage-dependent calcium (Ca$^{2+}$) channels, primarily Ca$_{v}$1.2, elevates intracellular calcium concentration, which stimulates vasoconstriction. This response, termed the “myogenic response”, maintains regional brain perfusion over a range of intravascular pressures and provides a baseline diameter from which vasoconstrictors and vasodilators can modify contractility. Pathological alterations in the myogenic response are associated with several cardiovascular diseases, including stroke and hypertension. Therefore, identifying molecules that regulate membrane potential or plasma membrane Ca$^{2+}$ influx may provide novel therapeutic approaches to control vascular physiology and dysfunctional contractility in diseases.

Here, we investigated the regulation of resistance-size cerebral artery contractility by eugenol. Our data obtained using a combination of pressurized artery myography and patch-clamp electrophysiology indicate that eugenol dilates rat cerebral arteries by multi-modal inhibition of smooth muscle cell voltage-dependent Ca$^{2+}$ channels.

**Methods**

**Tissue preparation**

Animal protocols used were reviewed and approved by the Animal Care and Use Committee at the University of Tennessee Health Science Center. Male Sprague-Dawley rats (~250 g) were euthanized by intraperitoneal injection of sodium pentobarbital solution (150 mg/kg). The brain was removed and resistance size (<250 μm) cerebral (posterior cerebral, cerebellar and middle cerebral) arteries were harvested in cold (4°C) HEPES-buffered saline solution containing (in mM): 6 KCl, 134 NaCl, 24 NaHCO$_3$, 1.2 MgSO$_4$, 1.2 KH$_2$PO$_4$, 1.8 CaCl$_2$, and 10 glucose, pH 7.4 equilibrated with a mixture of 74% N$_2$-21% O$_2$-5% CO$_2$, and maintained at 37 °C. Intravascular pressure was set using an attached reservoir and monitored using a pressure transducer. Pressurized arteries were observed with a charge-coupled device camera attached to an inverted microscope (Nikon TE 200, Tokyo, Japan). Arterial diameter...
was measured at 1 Hz using the automatic edge-detection function of IonWizard software (Ionoptix; Milton, MA). Intravascular pressure was increased to either 10 or 60 mmHg (measured with a perfusion pressure monitor; Living Systems Instrumentation, Burlington, VT) after which arteries were allowed to develop steady-state myogenic tone. In some experiments, an elevated K⁺ (60 mM K⁺) solution of composition (in mM): 58 NaCl, 60 KCl, 24 NaHCO₃, 1.2 MgSO₄, 1.2 KH₂PO₄, 1.8 CaCl₂, and 10 glucose) was used to induce arterial depolarization at low pressure (10 mmHg). Eugenol (Sigma, St. Louis, MO) was applied via chamber superfusion. Myogenic tone (%) was calculated as (1 – active diameter/passive diameter) × 100. Passive arterial diameter was measured by applying PSS solution that contained no CaCl₂ and was supplemented with 5 mM EGTA.

**Patch clamp electrophysiology**

Smooth muscle cells were dissociated from posterior cerebral and cerebellar arteries using enzymes, as previously described ¹⁷, and placed in an experimental chamber. Whole-cell patch-clamp recordings were acquired at room temperature using an Axopatch 200B amplifier (Axon Instruments, Foster City, CA) and pCLAMP 8.2. Heat-polished borosilicate glass electrodes of resistance 3-6 MΩ were filled with pipette solution containing (in mM): 135 CsMeSO₄, 5 CsCl, 5 EGTA, 4 MgATP, 0.25 NaGTP, 10 HEPES and 10 glucose (pH 7.2, with CsOH). The extracellular bath solution contained (in mM): 140 N-methyl-D-glucamine, 1 MgCl₂, 10 HEPES, 20 BaCl₂ and 10 glucose (pH 7.4, adjusted with L-aspartic acid).

Current-voltage (I-V) relationships were measured by holding cells at −80 mV and applying 300 ms voltage steps to between −60 and +60 mV in 10 mV increments every 5 s. To measure the time course of acute eugenol inhibition, voltage-dependent Ca²⁺ currents were elicited by repetitive 300 ms steps to +10 mV from −80 mV every 10 s. Steady-state inactivation was measured by evoking 500 ms conditioning pulses from a holding potential of −80 mV to between −80 and +60 mV in 10 mV increments before a 80 ms test pulse to +10 mV. Tail currents were generated by repolarization to −80 mV after a series of 20 ms test pulses to between −60 and +90 mV in 10 mV increments. Whole cell currents were filtered at 1 or 5 kHz and digitized at 5 or 20 kHz for the inactivation and activation protocols, respectively. Steady-state inactivation curves and tail currents were fit with a Boltzmann function: 

\[
\frac{I}{I_{\text{max}}} = R_{\text{in}} + \frac{R_{\text{max}} - R_{\text{in}}}{1 + \exp((V - V_{1/2})/k)}
\]

where \(I/I_{\text{max}}\) is the normalized peak current, \(V\) is the conditioning pre-pulse voltage, \(V_{1/2}\) is the voltage for half-inactivation for steady-state inactivation or half-activation for tail currents, \(k\) is the slope factor, \(R_{\text{in}}\) is the proportion of non-inactivating current, \(R_{\text{max}}\) is the maximal current.

**Statistical Analysis**

Data are expressed as means ± S.E. of the mean. Statistical significance was calculated by analysis of variance followed by Bonferroni post-hoc test for multiple comparisons and Student’s t test for paired data. P<0.05 was considered significant.
Results

Eugenol dilates cerebral arteries constricted by intravascular pressure or membrane depolarization

To investigate eugenol regulation of cerebral artery contractility, effects on pressurized arteries were measured. Arteries were pressurized to 60 mmHg and allowed to develop spontaneous steady-state myogenic tone. At 60 mmHg, mean arterial diameter was 116.3 ± 12.4 μm, which represented 47.7 ± 3.0% of passive diameter, as determined by applying a Ca^{2+}-free bath solution. Bath application of eugenol caused concentration-dependent dilation of cerebral arteries, with an IC_{50} of 234.2 ± 11.3 μM (Fig. 1A, B).

To investigate mechanisms by which eugenol dilates pressurized arteries, we tested the hypothesis that this molecule blocks voltage-dependent Ca^{2+} channels in arterial smooth muscle cells. This hypothesis seems reasonable, given that voltage-dependent Ca^{2+} channel activation is essential for the myogenic response. To test this hypothesis, arteries at low pressure (10 mmHg) were constricted with a bath solution containing 60 mM K^+. This procedure constricted arterial diameter to 123.2 ± 14.6 μm, from a passive diameter of 138.6 ± 12.8 μm, or by 23.4 ± 2.2%. Increasing concentrations of eugenol dilated K^+-constricted cerebral arteries with an IC_{50} of 323.3 ± 14.0 μM (Fig. 1C, D).

These data suggest that eugenol dilates cerebral arteries via a mechanism that involves voltage-dependent Ca^{2+} channel inhibition.

Eugenol inhibits voltage-dependent Ca^{2+} currents in cerebral artery smooth muscle cells

To directly test the hypothesis that eugenol inhibits arterial smooth muscle cell voltage-dependent Ca^{2+} channels, patch-clamp electrophysiology was performed on isolated cells. Voltage-dependent Ca^{2+} currents, measured using Ba^{2+} as a charge carrier, were stimulated by applying repetitive 300 ms voltage pulses to +10 mV from a holding potential of −80 mV. Eugenol inhibited voltage-dependent Ba^{2+} currents (I_{Ba}) immediately following application and in a concentration-dependent manner (Fig. 2A, B). For example, 30 μM eugenol reduced mean I_{Ba} to ~79% of control, whereas 100 μM reduced mean I_{Ba} to ~61% of control (Fig. 2C). Mean data were fit with a Hill function, which revealed a mean IC_{50} of ~113 μM and maximal inhibition to 3.2 × 10^{-11}% of control, illustrating that eugenol can fully block voltage-dependent Ca^{2+} currents (Fig. 2C). Voltage steps to between −80 and +60 mV generated a current-voltage (IV) relationship of voltage-dependent Ca^{2+} currents with a peak at +10 mV. Eugenol (100 μM) reduced mean current at +10 mV from −5.9 to −3.7 pA/pF or to 63% of control, but did not shift the IV relationship peak voltage (Fig. 2D, E).

Next, we investigated the hypothesis that eugenol inhibits voltage-dependent Ca^{2+} currents, in part by modulating voltage-dependence. Eugenol induced a hyperpolarizing shift in the voltage-dependence of half-maximal inactivation (V_{1/2, inact}) from −7.0 to −16.8 mV or by −9.8 mV, without altering the slope (Fig. 3B). Eugenol also increased the proportion of steady-state inactivating current from ~40% of maximal current in control to ~6% (at +40 mV, Fig. 3A, B). In addition, eugenol accelerated current inactivation rate (τ) from ~218.2 to 88.0 ms, or to ~40% of control (at +10 mV, Fig. 3C). In contrast, eugenol did not alter the...
voltage-dependence of half-maximal current activation (V_{1/2, act}) or the slope (Fig. 4A, B). These data indicate that eugenol inhibits voltage-dependent Ca^{2+} currents in arterial smooth muscle cells via multiple mechanisms that include pore block, a hyperpolarizing shift in V_{1/2, inact} and an increase in steady-state inactivation.

**Discussion**

Here, we demonstrate for the first time that eugenol, a phenylpropanoid compound found in medicinal and dietary plants, including clove, basil, cinnamon and nutmeg, dilates rat cerebral arteries. Eugenol dilated arteries constricted by both intravascular pressure and 60 mM K^+, which both contract arteries via depolarization-induced voltage-dependent Ca^{2+} channel activation. Patch-clamp electrophysiology indicated that eugenol blocked arterial smooth muscle cell voltage-dependent Ca^{2+} currents by inducing pore block, promoting voltage-dependent inactivation and by increasing the proportion of inactivating current. We propose that eugenol dilates cerebral arteries by inducing multi-modal inhibition of voltage-dependent Ca^{2+} channels.

Resistance-size arteries regulate regional organ blood flow, including in the brain \(^1\). An elevation in myogenic tone occurs in cardiovascular diseases, including hypertension and diabetes \(^2\). This pathophysiological alteration in arterial contractility can contribute to increased blood pressure and restriction of regional organ blood flow. One hallmark of hypertension is an increase in voltage-dependent Ca^{2+} influx through voltage-dependent Ca^{2+} channels \(^3\). The discovery and development of novel vasodilators could lead to innovative approaches to treat or alleviate these cardiovascular diseases and associated complications. Our data indicate that eugenol dilates cerebral arteries at a physiological intravascular pressure of 60 mmHg. Given that voltage-dependent Ca^{2+} channel activation is essential for pressure-induced vasoconstriction, we tested the hypothesis that eugenol blocks voltage-dependent Ca^{2+} channels. Consistent with this hypothesis, eugenol similarly relaxed arteries at low pressure that were contracted with 60 mM K^+ to activate voltage-dependent Ca^{2+} channels. Our results are in agreement with previous studies which demonstrated that eugenol relaxed norepinephrine-and histamine-constricted rabbit ear arteries and K^+ -constricted rabbit aorta \(^4\). Eugenol relaxed rat aorta pre-contracted with phenylephrine and high K^+ \(^5\) and K^+-depolarized rat mesentery bed contracted with bolus injections of CaCl_{2} \(^6\). Acute application of eugenol also reduced systemic blood pressure in normotensive and DOCA-salt hypertensive rats, supporting the concept that the vasodilation is functional in vivo \(^7\). Here, we show that eugenol dilates: 1) cerebral arteries and 2) arteries constricted by intravascular pressure to simulate physiological pressure, rather than receptor agonists or high K^+.

Here, eugenol dilated cerebral arteries and inhibited voltage-dependent Ca^{2+} channels at similar concentrations, supporting the conclusion that this is a common mechanism of action. Results also indicate that eugenol inhibits voltage-dependent Ca^{2+} currents via multiple mechanisms, including pore block, a leftward-shift in V_{1/2, inact}, increasing the proportion of current that undergoes steady-state inactivation and by acceleration of current decay. The conclusion that eugenol is a pore blocker is based on our data indicating that it reduced IV relationship current density, but did not shift the IV relationship peak voltage or...
Smooth muscle cells in pressurized arteries undergo graded steady-state changes in membrane potential. Voltage-dependent Ca\(^{2+}\) channel activity at a steady voltage, and thus Ca\(^{2+}\) influx, is the equilibrium between voltage-dependent Ca\(^{2+}\) channel activation and inactivation. Therefore, data indicate that eugenol-induced vasodilatation occurs due to a combination of Ca\(^{2+}\) channel pore block and augmented voltage-dependent inactivation. These mechanisms of voltage-dependent Ca\(^{2+}\) current inhibition may explain previously reported relaxant effects of eugenol in the vasculature.

Dihydropyridines, which are used in the clinic to alleviate a variety of diseases, including hypertension, bind with high affinity to the inactivated state of voltage-dependent Ca\(^{2+}\) channels to induce block. In contrast, phenylalkylamines are pore blockers that bind with high affinity to open channels. Eugenol inhibition of voltage-dependent Ca\(^{2+}\) currents exhibited similarities and differences in mechanisms of action to both dihydropyridines and phenylalkylamines by modulating both inactivation and inducing pore block. Future studies will be required to identify whether binding sites for eugenol on voltage-dependent Ca\(^{2+}\) channels are distinct or similar to those of other better characterized blockers.

A previous study demonstrated that eugenol inhibited L-type Ca\(^{2+}\) currents in canine cardiomyocytes. However, cardiomyocyte and arterial smooth muscle cell voltage-dependent Ca\(^{2+}\) channels exhibit distinct properties and sensitivity to inhibitors, including dihydropyridines. Vascular smooth muscle cell and cardiomyocyte Ca\(_{\text{V}1.2}\) channels exhibit distinct splice variation that modifies properties including kinetics, sensitivity to inhibitors, and regulation by auxiliary subunits. Furthermore, vascular smooth muscle cells and cardiomyocytes can express some different auxiliary subunits. Our data show that eugenol blocks arterial smooth muscle cell voltage-dependent Ca\(^{2+}\) currents and identifies mechanisms of this inhibition.

In conclusion, our study provides evidence that eugenol relaxes pressurized cerebral arteries by inhibiting voltage-dependent Ca\(^{2+}\) channels. Eugenol inhibition of voltage-dependent Ca\(^{2+}\) currents involved pore block and modulation of inactivation. Eugenol, given a dietary component or purified compound, may be a therapeutically useful vasodilator.

**Acknowledgments**

This work was supported by National Institutes of Health awards to J.H.J. and a CAPES (Coordenação de Aperfeiçoamento de Pessoal de Nível Superior) award to D. P-N.

**Reference**


Fig. 1.
Eugenol dilates cerebral arteries constricted by intravascular pressure or membrane depolarization. A, Exemplary recording of concentration-dependent eugenol-induced dilation of a pressurized (60 mmHg) artery with myogenic tone. B, Mean data for eugenol dilation of myogenic arteries at 60 mmHg (n=5). C, Representative recording of eugenol-induced dilation of an artery constricted with 60 mM K⁺ at low pressure (10 mmHg). D, Mean data for eugenol dilation of arteries constricted with 60 mM K⁺ (n=5). * P<0.05 vs control.
Fig. 2.
Eugenol inhibits voltage-dependent Ca^{2+} currents in isolated cerebral artery smooth muscle cells. A, Exemplary recording of I_{Ba} elicited by a voltage step from −80 to +10 mV in control and after steady-state inhibition by eugenol (100 μM). B, Time course of eugenol inhibition of I_{Ba}. C, Concentration-dependent I_{Ba} inhibition by eugenol (n: 10 μM, 5; 30 μM, 5; 100 μM, 5; 300 μM, 4; 1000 μM, 5). * P<0.05 vs control. D, representative recordings of I_{Ba} elicited by a series of depolarizing currents to voltages illustrated from a holding potential of −80 mV in control (left panel) and eugenol (100 μM, right panel). E, Mean data illustrating eugenol (100 μM) regulation of I_{Ba} IV relationship (n=7). * P<0.05 vs control.
Fig. 3.
Eugenol modifies voltage-dependent Ca\textsuperscript{2+} current voltage-sensitivity and decay rate. A, Representative recordings of $I_{\text{Ba}}$ steady-state inactivation in control and eugenol (100 μM). B, Mean $I_{\text{Ba}}$ steady-state inactivation in control and eugenol (100 μM, n = 5). C, Eugenol (100 μM) regulation of the $I_{\text{Ba}}$ rate of inactivation (n = 7). * P<0.05 vs control.
Fig. 4.
Eugenol does not alter the voltage-dependence of Ca$^{2+}$ current activation. A, Representative recordings of $I_{Ba}$ activation in control and eugenol (100 μM). B, Mean $I_{Ba}$ activation in control and eugenol (100 μM, n = 5).