Research Article

Polarity Sensitivity as a Potential Correlate of Neural Degeneration in Cochlear Implant Users

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ABSTRACT

Cochlear implant (CI) performance varies dramatically between subjects. Although the causes of this variability remain unclear, the electrode-neuron interface is thought to play an important role. Here we evaluate the contribution of two parameters of this interface on the perception of CI listeners: the electrode-to-modiolar wall distance (EMD), estimated from cone-beam computed tomography (CT) scans, and a measure of neural health. Since there is no objective way to quantify neural health in CI users, we measure stimulus polarity sensitivity, which is assumed to be related to neural degeneration, and investigate whether it also correlates with subjects' performance in speech recognition and spectro-temporal modulation detection tasks. Detection thresholds were measured in fifteen CI users (sixteen ears) for partial-tripolar triphasic pulses having an anodic or a cathodic central phase. The polarity effect was defined as the difference in threshold between cathodic and anodic stimuli. Our results show that both the EMD and the polarity effect correlate with detection thresholds, both across and within subjects, although the within-subject correlations were weak. Furthermore, the mean polarity effect, averaged across all electrodes for each subject, was negatively correlated with performance on a spectro-temporal modulation detection task. In other words, lower cathodic thresh-

olds were associated with better spectro-temporal modulation detection performance, which is also consistent with polarity sensitivity being a marker of neural degeneration. Implications for the design of future subject-specific fitting strategies are discussed.

Keywords: cochlear implant, polarity, neural degeneration, computed tomography scans Part of this work was presented at the Conference on Implantable Auditory Prostheses in Lake Tahoe, California, 2017.

INTRODUCTION

Several studies have shown that the variability in performance of cochlear implant (CI) users is at least partly due to differences in the electrode-neuron interface (Bierer and Faulkner 2010; Garadat et al. 2010; Cosentino et al. 2016). A conceptual model of this interface involves (1) the electrode position, (2) the current path from the electrode to the neurons, and (3) the distribution of the neural population. While (1) and (2) can respectively be investigated by analyzing CT images (Saunders et al. 2002; Cohen et al. 2006; Long et al. 2014; van der Marel et al. 2015; Venail et al. 2015) and by performing electrical measurements (Spelman et al. 1982; Vanpoucke et al. 2004; Micco and Richter 2006; Mesnildrey et al. 2019), assessing neural health remains a challenge.

Studies counting the remaining cells in cadaver cochleas showed the complexity of predicting neural health in CI patients, because the speed of neural degeneration depends on numerous factors such as the duration and etiology of deafness (Nadol et al.

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1989; Linthicum and Anderson 1991; Glueckert et al. 2005). In addition, and rather surprisingly, studies that examined the correlation between the number of remaining nerve fibers and speech performance have yielded inconsistent results (Khan et al. 2005; Fayad and Linthicum 2006; Nadol and Eddington 2006; Kamakura and Nadol 2016).

Since it is currently not possible to objectively quantify neural degeneration in CI users, several studies have tried to identify psychophysical or electrophysiological correlates. Pfingst et al. (2004) and Long et al. (2014) reported correlations between the within-subject variance in threshold across the electrode array and speech performance. They argued that a large threshold variance across the array may reflect the presence of neural dead regions, which would negatively impact speech perception. Zhou and Pfingst (2014) measured the effect of electrical pulse rate on threshold, termed multipulse integration, in human CI users. They proposed, based on similar experiments in animals (Pfingst et al. 2011), that the decrease in threshold associated with a doubling of the pulse rate could be a psychophysical correlate of neural health. Consistent with this hypothesis, they reported that the amplitude of the multipulse integration was positively correlated with consonant recognition in noise.

Animal studies by Prado-Guitierrez et al. (2007) and Ramekers et al. (2014) examined the effect of two parameters—the inter-phase gap and the phase duration—on the amplitude of the electrically evoked compound action potential (eCAP). Prado-Guitierrez et al. (2007) reported that the increase in eCAP amplitude as a function of both the inter-phase gap and the phase duration was larger in healthy cochleas. The same relationship was found in Ramekers et al. (2014) for the inter-phase gap only.

A modeling study by Rattay (1999) investigated the response of single nerve fibers to electrical stimulation. They predicted that the site of excitation along the nerve fibers should depend on stimulus polarity. In particular, they showed that cathodic stimulation tends to yield longer latencies than anodic stimulation for it is more likely to initiate action potentials at the peripheral processes. Similar observations were made by Rattay et al. (2001a, 2001b) and more recently by Resnick et al. (2018). Another important result from Resnick et al. (2018) is that a partial demyelination of peripheral processes reduces its excitability and yields an increase in threshold for cathodic but not for anodic stimulation. Polarity sensitivity may thus directly relate to the state of degeneration or demyelination of the peripheral processes. Since neural degeneration is retrograde by nature (Spoendlin 1975), it is also possible that the regions with a lot of peripheral degeneration are also regions where the number of surviving neurons is low. As a result, one may assume

polarity sensitivity to relate to the local state of the neural population. More specifically, a relatively higher sensitivity to anodic stimulation compared with cathodic stimulation may reflect a site with high neural degeneration.

Polarity sensitivity can be assessed in human CI users by means of asymmetric pulse shapes, such as pseudomonophasic or triphasic pulses (Fig. 1, Bonnet et al. 2004; Eddington et al. 2004; Macherey et al. 2006, 2008). Unlike clinical symmetric biphasic pulses, such asymmetric pulse shapes can induce a domination of one polarity over the other, while maintaining electrical charge balance (Carlyon et al. 2013). Macherey et al. (2017) demonstrated that polarity sensitivity at detection threshold can differ across human CI users, or across electrodes for a given subject. These differences have also been assumed to relate to the state of neural degeneration or demyelination of the peripheral processes.

Based on these studies, measuring polarity sensitivity across the electrode array has recently been proposed as an estimate of neural health along the cochlea (Carlyon et al. 2018; Hughes et al. 2018).

Here we measure the polarity effect, defined as the difference in threshold between cathodic (Fig. 1b) and anodic (Fig. 1c) stimulation. Our first aim is to investigate how it relates to overall sensitivity across the electrode array (detection threshold). Furthermore, computational modeling by Rattay et al. (2001b) predicts that the polarity effect may also depend on the position of the electrode in the scala tympani. Given that detection thresholds have also been shown to depend on the electrode-to-modiolar wall distance (EMD), we estimate this distance in a subset of our subjects from whom scans are available. This allows us to study the separate contributions of the EMD and of the polarity effect on overall sensitivity. Finally, assuming the polarity effect is a correlate of neural degeneration, we would expect it to be related to overall performance on suprathreshold tasks. A second aim of the present study is to correlate the polarity effect with performance on speech perception tasks and on measures of spectro-temporal modulation discrimination (Won et al. 2007; Aronoff and Landsberger 2013). We hypothesize that a large positive polarity effect reveals poor neural health while a negative polarity effect reveals good neural health. We would thus expect the performance on suprathreshold tasks to be negatively correlated with the polarity effect.

Another measure of interest concerns the variation in threshold across electrodes. Long et al. (2014) measured detection thresholds, EMD, and speech recognition in a group of CI users implanted with an experimental version of the device manufactured by Cochlear Corporation. For seven of their ten subjects,

FIG. 1. Electrical pulse shapes used for threshold measurements. **a** Cathodic-first biphasic pulses (CA). **b** Triphasic cathodic pulses (ACA). **c** Triphasic anodic pulses (CAC)

detection thresholds were positively correlated with the EMDs, referred to as the distance model. Interestingly, speech recognition scores were correlated with the residuals of the distance model, meaning that when the distance could not explain the variation in threshold across electrodes, speech performance tended to be poorer. They hypothesized that this might reflect the irregularity of neural health across the electrode array. Here we also aim to replicate this experiment with a different CI group implanted with a device from a different manufacturer.

METHODS

Subjects

Experiments were conducted both in Marseille (France) and in Cambridge (UK) with a total of 15 adult CI users (16 ears) whose details are reported in Table 1. Ten subjects (11 ears) were tested in Marseille, and five were tested in Cambridge. All subjects were implanted with a CII/HiRes 90k device manufactured by Advanced Bionics. Their electrode array was the HiFocus 1j except for subjects S2(L) and AB9 who had the Mid-Scala electrode. The labels S2(L) and S2(R) refer to the left and right ears of the same bilaterally-implanted subject. In the following, the data corresponding to each ear were treated as separate data sets. Subjects were paid for their participation. All experiments were approved by the

ethics committees (Marseille: Eudract 2012-A00438-35; Cambridge: 00/327).

Detection Thresholds

Detection thresholds were measured for all subjects using the Bionic Ear Data Collection System (BEDCS, Advanced Bionics, Litvak (2003)) and custom Matlab interfaces.

Stimuli. Electrical stimuli were 300-ms pulse trains presented at a rate of 100 pulses per second. Three pulse shapes were used (Fig. 1): cathodic-first symmetric biphasic pulses (CA), triphasic pulses with a cathodic central phase (ACA), and triphasic with an anodic central phase (CAC). The triphasic pulse shapes consisted of a central phase of a given polarity and amplitude, preceded and followed by opposite-polarity phases of the same duration and half the amplitude so as to maintain charge-balancing. ACA and CAC pulses were intended to enhance the influence of the cathodic and anodic phase respectively (Eddington et al. 2004; Carlyon et al. 2013; Macherey and Cazals 2016). Henceforth, ACA and CAC thresholds are referred to as cathodic and anodic thresholds, respectively. For all pulse shapes, the duration of each phase was 97 μ s.

Stimuli were presented in partial tripolar (pTP) configuration with 75 % of the current returning to the flanking electrodes and 25 % to the ground (i.e., $\sigma=0.75$, Jolly et al. 1996; Litvak et al. 2007). Forward-masking experiments have provided evidence that

TABLE 1

Subject details. Subjects labeled with S- were tested in France, and those labeled with AB- were tested in the UK

Subjects	Duration of deafness prior to CI (years)	Etiology	CI use (years)	Age (years)	Deactivated electrodes	Speech scores (%)	SMRT scores (rpo)
S1	20	Unknown progressive	12	38	None	60	0.67
S2(R)	7	Unknown progressive	7	62	None	n/a	2.02
S2(L)	1	Unknown progressive	1	62	None	n/a	3.33
S4	10	Unknown progressive	13	52	None	47	2.28
S5	6	Usher syndrome	13	20	None	60	2.22
S7	24	Pendred syndrome	12	39	None	40	0.66
S8	2	Unknown progressive	15	87	None	51	0.83
S10	47	Ototoxicity following meningitis	12	61	E16	20	0.86
S11	34	Congenital	0.5	42	None	25	2.93
S17	10	Viral	11	63	None	20	1.20
S18	20	Possible ototoxicity	1.5	35	None	66	1.93
AB5	18	Otosclerosis	6	73	E8	67	4.01
AB1	n/a	n/a	7	71	E15	68	1.71
AB9	n/a	n/a	2	71	None	65	2.78
AB2	16	Acquired, possible ototoxicity	8	57	None	66	1.18
AB3	33	Otosclerosis	8	70	None	67	1.00

pTP may produce a more spatially focused stimulation than MP (Bierer et al. 2011; Landsberger et al. 2012). We thus expected detection thresholds to reflect the responsiveness of restricted portions of the auditory nerve.

In pTP stimulation mode, the most apical and most basal electrodes cannot be stimulated because they do not have two neighboring electrodes, thereby limiting the maximum number of available tripolar channels to 14 (central electrodes ranging from E2 to E15). Any electrode deactivated in the patients' clinical maps (see Table 1) was not tested (neither as central electrodes nor as flanking electrodes).

Procedure. For most subjects, the number of conditions was 42 ($\{14 \text{ electrodes}\} \times \{3 \text{ pulse shapes}\}$), but this was reduced when an electrode was deactivated in the subject's clinical map (Table 1). Subject AB5, for whom an electrode in the middle of the array was deactivated, was tested on 11 electrodes (total of 33 conditions). The duration of a session only enabled one measure per condition. The thresholds for even and odd electrodes were measured separately yielding two blocks of 7 electrodes and 21 testing conditions. This procedure was chosen, first, to introduce a break approximately half-way through the session and, second, to be able to run independent analysis for both sets of electrodes, which will provide a control on the reliability of the measures. For each subset, one electrode was randomly selected and the three pulse shapes were tested successively, also in a randomized order. The most comfortable level (MCL) was then estimated for each specific condition.

Subjects were asked to report the perceived loudness using a loudness chart ranging from 0 to 10,

where 1 corresponds to the quietest just noticeable sound, 6 to the MCL and 10 to sounds that are too loud. The stimulation level was manually increased with an amplitude step of 1 dB starting at a subthreshold level. Typically, when the loudness reached level 2, the amplitude step was reduced to 0.5 dB up to loudness level 4 and then further reduced to 0.2 dB until the MCL was reached. Before each stimulation, it was checked that the current level did not exceed the compliance limit (7 V) of the device. If the compliance limit was reached before the MCL, the procedure was stopped and the maximum current level allowed was recorded.

After measuring the MCLs for all 21 conditions, detection thresholds were obtained for each condition using a one-up/one-down procedure. A single 300-ms stimulus was played at an initial level corresponding to 90 % of the MCL (or 90 % of the maximum level below the compliance limit). Subjects were asked to press the space bar of a computer keyboard when they heard a sound. If a percept was reported within a 3-s time window, a lower-amplitude stimulus was played after a random delay ranging between 2 and 3 s. In the absence of a response after 3 s, a higher-amplitude stimulus was played after a shorter random delay (between 0.1 and 0.6 s). As a result, with or without a response, the duration between two consecutive stimuli varied between 2 and 2 s. This timing was chosen after a pilot experiment because it appeared to be a good compromise for a relatively fast procedure while giving the subjects enough time to respond.

Note that, although thresholds obtained with this procedure may have been affected by differences in

response criterion between subjects, this would not be expected to influence the difference between anodic and cathodic thresholds.

During this automatic procedure, the incremental/decremental step in level was ± 0.5 dB until the first reversal and ± 0.2 dB afterwards. The procedure stopped after eight reversals, and each threshold was calculated as the average of the last six reversals.

Speech Recognition

Depending on the testing location, speech recognition was measured in a sound-insulated booth or in an anechoic chamber using the subjects' own speech processor and clinical map. Two lists of single words (i.e., 100 words in total) from the French ($N=9$) or British ($N=5$) versions of the Phonetically Balanced Kindergarten corpus (PBK, Haskins, 1949) were presented to each individual listener. S2 is an American English speaker and thus did not participate in this task. Acoustic stimuli were played in free field through a Fostex 6301B loudspeaker without masking noise. Subjects sat 1 m away from the loudspeaker, where the sound pressure level was adjusted to 65 dB. They were asked to repeat each word they heard. Correct and incorrect responses were scored by an experimenter sitting next to the subject, and no feedback was provided.

Spectro-temporally Modulated Ripple Test

In this study, apart from different native languages, CI users also had a wide variability of experience with their device (see Table 1). CI experience varied from 0.5 to 15 years, and some of the subjects were prelingually deaf (S5 and S10). To limit the effect of CI experience (Blamey et al. 2013) and of native language, a spectro-temporally modulated ripple test (SMRT, Aronoff and Landsberger 2013) which reflects the ability of subjects to receive and integrate spectro-temporal cues, was also carried out with all 15 subjects. This test and similar ones have been shown to correlate with speech recognition performance in CI users (Won et al. 2007; Lawler et al. 2017).

The SMRT test is implemented as a 3-interval, 3 alternative forced choice adaptive procedure. Two of the intervals contain a reference stimulus, and one contains the target stimulus. The reference has a constant density of 20 ripples per octave (rpo) while the target has an initial density of 0.5 rpo. A one-up/one-down adaptive procedure runs with steps of 0.2 rpo until the subject cannot differentiate the target from the reference. Thresholds are given based on the average of the last six reversals and are expressed in number of rpo. For this test, subjects also used their own processor and clinical map. Stimuli were present-

ed in the same experimental conditions as in the speech recognition experiment (i.e., free field acoustic stimulation at a level of 65 dB SPL). After one run of training with feedback, two additional test runs were carried out without feedback, and the outcome measure is given as the average of these two test runs.

Electrode-to-Modiolar Wall Distance

The CT scans (cone beam 5G NewTom, $125 \mu\text{m} \times 125 \mu\text{m} \times 125 \mu\text{m}$ voxels) from 10 ears (S1-2(R)-2(L)-4-5-7-8-10-11-17), were analyzed using the Onis Pro software (v2.5 DigitalCore®, Co., Ltd) in order to estimate the electrode-to-modiolar wall distance (EMD).

CT images were oriented using the method described in Escudé et al. (2006). The 3D manipulating tool was used in order to visualize the basal turn of the cochlea, the vestibule, and the anterior branches of the lateral and superior semicircular canals. We marked the largest distance from the round window through the modiolar wall to the lateral wall (distance A on Fig. 2), and the largest distance perpendicular to A (distance B on Fig. 2). The modiolar axis was defined as the intersection of A and B. In the following, the view perpendicular to the modiolar axis (Fig. 2b) is referred to as the horizontal view and the mid-modiolar sections are referred to as vertical views (Fig. 2a).

As in Escudé et al. (2006) and Pelliccia et al. (2014), the image orientation was validated using both the horizontal and vertical views. Note that the image orientation was made by considering the cochlear geometry rather than the electrode array. The image contrast was then adjusted to offer the best representation of both the modiolar wall and the electrode. Here again the position of the modiolar wall located using one view was validated using orthogonal views.

The position of each electrode was assumed to be at the center of the artifact. Prior to the EMD measurements, the CT images were rotated around the modiolar axis in order to visualize the specific electrode on both horizontal and vertical section views. The green circles in Fig. 2 identify the same electrode in both the horizontal and vertical views.

The EMD was then measured using the software measuring tool as the radial distance from the electrode to the modiolar wall (as revealed by a higher contrast). Again, EMD estimations were validated using both horizontal and vertical views. Two independent sets of EMD estimations were made by two observers. Since, in humans, spiral ganglion cells (SGCs) are clustered in Rosenthal's canal, this measurement gives a first approximation of the distance between the electrodes and the SGCs.

FIG. 2. **a** Vertical section view of the implanted cochlea. The red dotted line represents the modiolar axis, and the yellow dash-dotted line represents the horizontal section plane corresponding to panel **B**. **b** Horizontal section of the basal turn of the cochlea. Dashed line:

vertical section plane corresponding to **a**. Double arrowhead: superior and lateral semicircular canals. The green circle in both panels mark the same electrode

Testing Session

Impedances were measured using the clinical fitting software (Soundwave v2.0, Advanced Bionics) at the beginning and at the end of the session in order to determine the compliance limits and to check that no change occurred during the session. Threshold measurements, speech recognition test, and SMRT were carried out in the same session lasting approximately 3 h. The subjects were divided in two groups (A and B). Group A started with measurements on the even electrodes while group B started with measurements on the odd electrodes. Each session was organized as follows:

1. MCL estimation for even electrodes for group A and odd electrodes for group B. The order in which the electrodes were presented was randomized. In addition, for each electrode, the presentation order of the three pulse shapes was also randomized. Then, thresholds were measured for even (group A) or for odd (group B) electrodes, also randomizing the electrode and pulse shape orders.
2. Speech recognition test and SMRT
3. Same as (1) for odd electrodes for group A and even electrodes for group B.

Statistical Analysis

The statistical analyses were performed using Matlab (MathWorks, Natick, MA), SPSS (PASW Statistics for Windows, v18.0. Chicago: SPSS Inc.) and MLwiN (Rasbash et al. 2009).

First, we tested if one polarity was more efficient than the other by running a two-sided sign test with zero median on the polarity effect data.

Second, we examined the correlations between detection thresholds, EMDs, and polarity effects both

at the between-subject and within-subject levels. For the between-subject analyses, the individual data were averaged across the electrode array, yielding one data point per subject. For the within-subject analyses, the data of all three measures (thresholds, EMD, polarity effect) were normalized by subtracting from each data point of a given subject the mean value across the array of this same subject. This removed the between-subject variance and allowed the data from all subjects to be pooled before calculating the correlation (Bland and Altman 1995; Carlyon et al. 2018). Henceforth, the term “normalized data” refers to this specific manipulation. To investigate the separate influence of EMD and polarity effect on detection thresholds, two analyses were carried out: (i) Partial correlations were calculated (SPSS), and (ii) a multilevel regression model was fitted to the detection threshold data (MLwiN).

Third, we correlated the mean polarity effect across the array of each subject (assumed to represent a global measure of neural degeneration) to the performance on speech and SMRT tasks. The results of all correlations are presented by reporting the correlation coefficient, the degrees of freedom, and the corresponding *p* value (*r*, *df*, *p*, respectively).

RESULTS

Detection Thresholds

Figure 3 displays individual detection threshold measurements for the three pulse shapes, expressed in decibels relative to 1 μ A. Note that although the vertical scale may be shifted between subjects to better visualize the differences in thresholds for the three pulse shapes, the range remains identical. It is striking that the across-electrode patterns of thresholds are

FIG. 3. Detection thresholds (in decibels re. 1 μ A) obtained for all pulse shapes (CA, ACA, and CAC) using pTP stimulation. Each panel is for one subject

very subject-specific and that some of them exhibit large and highly localized peaks or troughs.

Polarity Effect. CA thresholds were always lower or equal to anodic (CAC) and cathodic (ACA) thresholds. This finding is predicted by the simple linear filter model of Carlyon et al. (2005) which accounts for the smoothing of the stimulus waveform at the level of the cell membrane. It may also relate to the fact that with CA pulses, both polarities are more likely to initiate action potentials (Coste and Pfingst 1996; Undurraga et al. 2013) and/or that triphasic pulses contain two phase reversals instead of one, which reduces the effect of the central phase (van Wieringen et al. 2008). Polarity sensitivity was quantified by calculating the polarity effect, PE, defined as

the difference in decibels between cathodic and anodic thresholds. As a result, negative values of PE indicate that, for a given electrode, the cathodic threshold is lower than the anodic threshold. Figure 4 displays the individual across-electrode patterns of PE. Overall, out of 219 electrodes, 48 (22 %) yielded negative PE (see Fig. 4). For each subject, we calculated the average of PE across the electrode array, referred to as $\overline{PE}$ which can be considered as a global measure of polarity sensitivity. The average polarity effect (PE) was 0.87 dB, and a sign test showed that across this group of CI users; the effect was more likely to be positive than negative ($df = 15$, $p = 0.021$). In other words, anodic thresholds were significantly more likely to be lower than

FIG. 4. Across-electrode pattern of polarity effects obtained for each subject (difference between cathodic and anodic thresholds in dB). Dotted lines indicate the 0-dB baseline. Dashed lines represent the mean PE

cathodic thresholds for this group of CI users. Individual *t* tests performed for each subject, on PE, yielded similar conclusions for ten out of sixteen ears tested. The polarity effect was not significantly different from zero for S2(L), S10, S11, AB2, and AB5. It was significantly negative for S2(R) ($p = 0.04$).

If cathodic stimulation preferentially initiates action potentials at the level of the peripheral processes, the negative PE obtained for 48 of the electrodes tested may indicate that more peripheral processes are present. By extension, it may also imply that neural health is better near these electrodes.

The data were first averaged across the array for each subject. Pearson's correlations revealed a significant positive relationship between the mean thresholds with CA pulses and the mean polarity effect ($r = 0.50$, $df = 14$, $p = 0.047$; Fig. 5a). However, this relationship might be partly driven by the left-most point on Fig. 5a (+ symbol, corresponding to subject S11).

A weak but significant correlation was also observed at the within-subject level (i.e., after removing the between-subject variance, Bland and Altman (1995)) ($r = 0.19$, $df = 201$, $p = 0.006$, Fig. 5b).

These results indicate that the polarity effect might explain a small part of the between- and within-subject

FIG. 5. **a** Mean polarity effect (dB) as a function of the mean detection threshold (dB). **b** Normalized polarity effect as a function of the detection threshold (dB) measured with CA pulses, also normalized. Each symbol is for one subject

variance in thresholds, and are broadly consistent with the findings of Carlyon et al. (2018), and Jahn and Arenberg (2019).

CT scans enabled the identification of irregular positions of some electrodes. S5 had his three or four most basal electrodes located inside the scala vestibuli. For S11, we spotted a tip foldover on electrodes 1 and 2 (most apical). This subject also showed a large difference in polarity effect between electrodes 2 and 3, but it remains difficult to assess if this resulted from this abnormal positioning. As a matter of verification, the same analysis as in Fig. 5 was carried out without these abnormally located electrodes. The within-subject correlation was still significant ($r=0.20$, $df=197$, $p=0.005$), but the between-subject correlation did not remain significant ($r=0.48$, $df=14$, $p=0.052$).

The Effect of EMD. We assessed the reliability of EMD estimations using the methods described in Bland and Altman (1999). Figure 6a represents the EMDs reported by Observer 2 as a function of the EMDs reported by Observer 1 ($r=0.83$). Figure 6b illustrates the difference in EMDs between the two observers as a function of the average EMD from both observers, with dotted lines indicating the 95 % confidence interval. Estimations within the confidence interval were averaged while the 6 electrodes falling beyond the confidence limits were not considered in the following statistical analyses.

Figure 7 shows the individual EMD estimations as a function of the electrode number. Across the ten subjects for whom cone-beam CT scans were available, EMD estimates ranged between 0.32 and 2.33 mm, consistent with the observation of Jahn and Arenberg (2019) for the same make of CIs.

To analyze the between-subject variance in threshold, we calculated the mean threshold (across the array) and the mean EMD (across the array) for these 10 subjects. Figure 8 shows the variation of the mean threshold as a function of the mean EMD. Each symbol is for one subject. For all three pulse shapes, a significant positive correlation was found between EMDs and detection thresholds ($df=8$, $p<0.05$; see Fig. 8). This model accounts for 52, 55, and 58 % of the between-subject variance in thresholds for CA, ACA, and CAC stimuli, respectively. The EMD and the threshold patterns for each subject were then normalized by their mean value across the electrode array to pool the data from all subjects together and perform a within-subject correlation analysis. Figure 9 represents the normalized thresholds as a function of the EMD for the three pulse shapes. It shows that on average, only a small part of the within-subject variance in threshold can be explained by the EMD (average $r=0.28$, $df=120$, $p<0.01$). This poor relationship may be due to a small within-subject variability in EMD values. In other words, for any given subject, the EMD was relatively homogeneous across the electrode array but it could differ across subjects. For each subject, the difference in EMD between electrodes was smaller in our subject group (between 0.43 and 1.59 mm depending on the subject, 0.82 mm on average) than in Long et al. (2014) (0.75 to 1.45 mm, 1.20 mm on average). This discrepancy will be discussed in “Discussion and Conclusion.”

Relationship Between EMD, the Polarity Effect, and Detection Thresholds. The present findings suggest that both the EMD and PE have an influence on

FIG. 6. **a** EMD estimations from observer 2 as a function of the EMD estimations from observer 1 (mm). The dotted line represents the equality line. **b** EMD difference between the two observers as a function of the EMD averaged across the two observers. The dashed line represents the mean of the whole data set (-0.14 mm, the average absolute difference was 0.27 mm). The dotted lines represent the 95 % confidence intervals.

detection thresholds. However, the model study by Rattay et al. (2001b) suggested that polarity sensitivity may be influenced by the position of the electrode relative to the nerve fibers. It thus remains unclear whether the proportions of the threshold variance explained by these two parameters overlap. To investigate the combined contribution of EMD and PE on detection thresholds, partial correlation analyses were performed and the results are reported in Table 2. It indicates that detection thresholds correlate with both the EMDs and PEs and that each factor could only explain 6.5 and 4 % of the variance respectively (when partialing out PE and the EMD, respectively).

It is also worth noting that no relationship was found between the EMDs and the PE when the detection thresholds were partialled out. We also fitted our data using a multilevel regression model which

corroborated this finding (MLwiN software, Rasbash et al. (2009), results not shown here). It therefore shows that both the EMD *and* PE contribute to explain some of the variance of the across-electrode threshold patterns.

Supra-threshold Tasks

Speech Recognition. Word recognition scores ranged from 20 to 68 % with an average score of 43.2 % for French-speaking participants and 66.6 % for English-speaking participants. The test/retest reliability, expressed as the percentage of variation between the two lists, ranged between 0 and 24 % (12 % on average for French subjects and 7 % for English subjects). Individual speech recognition scores are reported in Table 1. To be able to pool the speech recognition data from all participants, the logit of the

FIG. 7. EMD estimations (mm) as a function of electrode number

FIG. 8. Mean detection threshold (dB) as a function of mean EMD (mm), averaged across the array. Each symbol is for one subject. Different panels illustrate the relationship for the three different pulse shapes CA, ACA, and CAC

speech scores was normalized by the mean value obtained in each group. Contrary to previous studies by Pfungst et al. (2004) and Long et al. (2014), in the present data, the within-subject variance in threshold was not correlated with the normalized logit of the speech recognition scores ($r = -0.24$, $df = 12$, $p = 0.399$).

Long et al. (2014) reported that neither mean threshold alone nor mean EMD alone predicted speech recognition scores. However, in their study, the root mean square error (RMSE) of the distance model was significantly correlated with speech intelligibility. As a result, they proposed the RMSE as a metric for the prediction of CI performance. For each of our subjects, the RMSE to the global distance model presented above was calculated. However, no

such correlation was observed ($r = 0.19$, $df = 6$, $p = 0.64$).

Spectro-temporally Modulated Ripple Test. The scores of the SMRT test carried out with all subjects ranged between 0.66 and 4.01 rpo with an average score of 1.84 rpo (see individual scores in Table 1). Recently, O'Brien and Winn (2017) reported that the transmission of spectral ripples through CI processors is subject to spectral aliasing and that additional cues may be used by the subjects to perform the task above a critical ripple density value. To circumvent this problem, the SMRT scores were winsorized with a maximum value of 2 rpo (corrected mean = 1.49 rpo).

It is worth noting that the outcomes of the speech recognition and SMRT tests were not correlated. This may relate to the inherent limitations of using this

FIG. 9. Normalized thresholds as a function of the normalized EMD. Each symbol is for one subject. Different panels illustrate the relationship for the three different pulse shapes CA, ACA, and CAC

TABLE 2

Partial correlations statistics

Variables	Control	r	df	p
Threshold, EMD	PE	0.25	117	0.006*
Threshold, PE	EMD	0.20	117	0.029*
EMD, PE	Threshold	0.06	117	0.516

spectral ripple test with CIs as reported by O'Brien and Winn (2017) or to the fact that speech recognition is more affected by individual factors such as experience with speech. As for speech scores, SMRT scores were not correlated to the RMSE ($r = 0.62$, $df = 8$, $p = 0.101$). The within-subject variance in thresholds was not correlated to the winsorized SMRT scores either ($r = 0.44$, $df = 14$, $p = 0.085$); however, this correlation was significant but surprisingly positive when considering the non-winsorized SMRT scores ($r = 0.62$, $df = 14$, $p = 0.010$) which is opposite to the results of Long et al. (2014).

Comparison of Polarity Effect and Performance on Supra-threshold Tasks. If, as suggested by the correlation between PE and detection threshold, PE relates to neural degeneration, we would expect better performance in SMRT and speech recognition when PE is low. To evaluate this hypothesis, we consider the mean polarity effect averaged across the electrode array as previously defined. Figure 10 displays SMRT scores in rpo (Fig. 10a), and normalized speech logit (Fig. 10b) as a function of $\overline{PE}$. We can note that SMRT scores show a significant negative relationship with $\overline{PE}$ ($r = -0.56$, $df = 14$, $p = 0.025$) which corroborates our hypothesis that polarity sensitivity relates to neural degeneration. Note that very similar correla-

tions were obtained when using the non-winsorized SMRT scores ($r = -0.55$, $df = 14$, $p = 0.026$). In contrast, no significant relationship was observed between $\overline{PE}$ and normalized speech recognition scores ($r = 0.42$, $df = 12$, $p = 0.136$).

Besides, to assess the robustness of this global measure of neural degeneration, the same correlation analysis was carried out for even and odd subsets of electrodes separately, which also yielded significant correlations between SMRT scores and the polarity effect (even electrode: $r = -0.57$, $p = 0.020$; odd electrodes: $r = -0.52$, $p = 0.041$).

Here again, these results are consistent with the hypothesis that PE relates to some aspects of neural degeneration.

DISCUSSION AND CONCLUSION

We measured detection thresholds in CI users and tried to explain the across- and within-subject variability. In particular, we aimed to assess the influence of two potential factors on these detection thresholds: a measure of the distance between the electrodes and the nerve fibers, and a proposed psychophysical correlate of neural degeneration. We tried to understand to what extent these factors relate to detection thresholds.

1. Across-site variance in thresholds

Previous studies showed that speech performance is negatively correlated with the across-site variance in thresholds (Pfungst et al. 2004; Bierer 2007; Long et al. 2014). This measure of variance was thus proposed as a potential correlate of neural degeneration. As in

FIG. 10. **a** SMRT scores (in ripples per octave) as a function of the difference between cathodic and anodic thresholds (in dB). Red symbols were winsorized for the correlation analysis. **b** Normalized logit of speech recognition scores as a function of the difference between cathodic and anodic thresholds (in dB)

DeVries and Arenberg (2018), speech test outcomes in the present experiment did not replicate those findings. Several factors may have influenced this lack of relationship. First, those earlier studies were conducted with a different device and different speech materials. Second, although Long et al. (2014) used a CNC word recognition test which is close to what was done in the present study, their subject group was also larger and more homogeneous than ours. In the present study, speech testing was carried out with the subjects' own processor meaning that the device settings/parameters differed across subjects. Furthermore, their experience with their device varied from 0.5 to 15 years. In contrast, in Long et al. (2014), all speech recognition tests were carried out 12 months post-activation and using the same external processor for all subjects, thereby providing the exact same stimulation strategy (monopolar stimulation and ACE strategy). This might have reduced the number of subject-specific parameters that could influence speech recognition. Finally, the stimulation mode might play an important role since Long et al. (2014) found a significant relationship for PA and bipolar stimulation but not for tripolar and monopolar stimulation modes. In their study, monopolar stimulation yielded rather homogeneous across-electrode thresholds compared to PA (the within-subject variance in thresholds was 2.25 dB^2 on average for monopolar and 34.8 dB^2 for PA). In the present study, the average variance in thresholds using pTP stimulation was 8 dB^2 . This relatively small variance might explain why it did not correlate with speech performance in the present study but did in their study with PA stimulation.

2. Electrode-to-modiolar wall distance (EMD)

Consistent with several previous studies, we showed that the distance to the modiolar wall (i.e., near where the neurons lie) has an influence on detection threshold (Cohen et al. 2006; Long et al. 2014). More specifically, we found that the distance model could explain 54 % of the between-subject variance in thresholds but only 7 % of the within-subject variance. As previously mentioned, this difference may result from the relatively small across-site variance in EMDs for our group of subjects.

Consistent with this observation, at the individual level, the so-called distance model was only significant for four of the ten subjects (S8, S10, S11, and S17). It is worth noting that in Long et al. (2014), a significant relationship was observed for seven of ten subjects with the phased-array electrode configuration (PA) and for only four of them with MP configuration. Another important factor might be that in their study all subjects were users of the Nucleus® perimodiolar electrode array while in the present study, only S2(L),

S8 and S11 were implanted with an electrode array meant to be close to the modiolar (i.e., a HiFocus 1j with a positioner or a midscala electrode array).

Furthermore, we did not replicate the finding that speech scores correlate with the RMSE of the distance model.

Despite the difference in electrode configuration, one may wonder whether the accuracy of the EMD estimations might have affected the present results. Long et al. (2014) used a more advanced procedure for the estimation of the EMD. First, the resolution of our CT images was slightly poorer compared to Long et al. (2014) ($125 \mu\text{m}$ cubic voxels versus $100 \mu\text{m}$ in their study). In particular, the localization of the modiolar wall in the apical region was sometimes difficult due to a poor contrast and the presence of artifacts. Second, Long et al. (2014) had access to either pre-operative scans that were not contaminated by electrode artifacts, or to a scalable cochlear model, which was not our case. This resulted in a relatively large variability in the EMD estimations from both observers. While it was verified that the analysis conducted with each set of estimations yielded consistent results, it may be possible that this variability reduced the significance of the EMD as an explanatory factor for the variance in detection thresholds.

3. Polarity sensitivity

Macherey et al. (2008) originally reported that human CI users consistently show a higher sensitivity to anodic stimulation at MCL. Other recent studies (Macherey et al. 2017; Carlyon et al. 2018; Goehring et al. 2019; Jahn and Arenberg 2019) reported that some subjects and/or electrodes may also exhibit a polarity sensitivity at threshold, which is reliable but can be in either direction. In the present study, we analyzed a relatively large number of measurements which revealed a higher sensitivity to anodic stimulation for 78 % of the tested electrodes at threshold.

Similar to the results of Jahn and Arenberg (2019), who used the same methods for threshold measurements but using monopolar stimulation, no relationship was found between EMDs and the polarity effect. The partial correlations analysis suggests that both the EMD and PE contribute to the variance in thresholds.

From previous modeling studies (Rattay et al. 2001b; Resnick et al. 2018), the difference between cathodic and anodic thresholds, PE is assumed to reflect the degree of degeneration or demyelination of the peripheral processes. In particular, high values of PE may relate to a place where peripheral processes cannot be stimulated or are degenerated. Interestingly, SMRT scores and $\overline{\text{PE}}$ were negatively correlated. Even though the part of the variance in SMRT

explained by $\overline{PE}$ was small (31 %), this result is consistent with this hypothesis.

4. Perspectives

Even though we found that both the EMD and the polarity effect might contribute to explain this variance in threshold at both the between- and within-subject levels, the correlations were weak. This means that there may be other more central factors that are important and/or that polarity sensitivity only represents one aspect of neural health (e.g., survival of peripheral processes but not overall health).

Another limitation of the present result is that our analysis of the relationship between the performance on suprathreshold tasks and the polarity sensitivity only considered $\overline{PE}$ which is averaged across the entire array and thus removes the information of the across-electrode differences in PE. It might thus be interesting to replicate this experiment with subsets of electrodes which exhibit little variation in PE to investigate the effect of polarity on performance in a within-subject analysis. Additional factors still need to be identified to better explain those results, these might for instance include the amount of fibrosis and/or ossification.

CT-scan analysis only enabled an estimation of the distance between the electrodes and the modiolar wall. A higher resolution might have enabled measurement not only of the EMD but also of the distance to the osseous spiral lamina (OSL). This distance may better represent the potential excitation site on the peripheral processes and also better relate to polarity sensitivity, as reported by Rattay et al. (2001b). In this case, it would have been interesting to test the distance model on the one hand, between the EMD and anodic thresholds and, on the other hand, between the distance to the OSL and cathodic thresholds.

Although further investigation is required to strengthen the observation made in the present study, our results add some evidence that polarity sensitivity reflects some aspects of the electrode-neuron interface that have functional/perceptual implications (Carlyon et al. 2018; Hughes et al. 2018; Goehring et al. 2019). Being able to picture the places where healthy neurons lie may be beneficial for the optimization of stimulation strategies. In particular, current focusing and current steering techniques using multipolar strategies have been investigated in the past to create spatially selective virtual channels and thus improve spectral resolution (Berenstein et al. 2008; Bonham and Litvak 2008). While it was demonstrated that the locus of excitation might be slightly shifted by manipulating the amplitude of different electrodes, the benefits in terms of speech recognition were small or inconsistent across studies and/or subjects. The

polarity effect might provide relevant information to further improve such strategies. It might also be used to select specific electrodes in order to target regions of the cochlea where the neural population is expected to be healthy.

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