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Sentinel Lymph Node Biopsy and Completion Lymph Node Dissection for Melanoma

Sabran J. Masoud, BS¹, Jennifer A. Perone, MD², Norma E. Farrow, MD¹, Paul J. Mosca, MD, PhD, MBA¹, Douglas S. Tyler, MD², Georgia M. Beasley, MD, MHS^{1,3,*}

¹Department of Surgery, Duke University, Durham, NC, 27710, USA

²Department of Surgery, University Texas Medical Branch, Galveston, TX, USA

³Duke University Medical Center, DUMC Box 3118, Durham, NC, 27710, USA

Opinion statement

This review critically evaluates recent trials which have challenged the practice of completion lymph node dissection (CLND) for melanoma patients diagnosed with regional metastasis by positive sentinel lymph node biopsy (SLNB). Two trials in the last 2 years, DeCOG-SLT and MSLT-II, found no significant differences in melanoma-specific survival between patients, whether they received immediate CLND or observation after positive SLNB, despite decreases in nodal recurrence achieved by dissection. These trials together disfavor routine CLND in most patients after positive SLNB. However, their conclusions are limited by study populations which overall harbored a lower burden of SLN disease. Special attention needs to be given to patients who do have higher risk disease, with SLN tumor burdens exceeding 1 mm in diameter, for whom CLND may remain both prognostic and therapeutic. Current guidelines thus recommend either CLND or careful observation after positive SLNB after appropriate risk stratification of patients. While a decline in CLND is inevitable, treatment of stage III melanoma is witnessing the concurrent rise of effective adjuvant therapies. PD-1 inhibitors such as nivolumab, or combination BRAF/MEK inhibitors for V600E or K mutant melanoma, which were previously available to only trial patients with completely resected stage III disease, are now approved for use in patients with positive SLNB alone. Providers are better equipped than ever to treat clinically occult, regional metastatic disease with SLNB followed by adjuvant therapy for most patients, but should take steps to avoid undertreatment of high-risk patients who may proceed to disease relapse or progression.

Keywords

Melanoma; Sentinel lymph node biopsy; Lymph node dissection; Staging; Metastasis; Survival

*Duke University Medical Center, DUMC Box 3118, Durham, NC, 27710, USA, Georgia.beasley@duke.edu.

Compliance with Ethical Standards

Conflict of Interest

Paul J. Mosca declares that he has no conflict of interest.

Douglas S. Tyler declares that he has no conflict of interest.

Georgia M. Beasley declares that she has no conflict of interest.

Human and Animal Rights and Informed Consent

This article does not contain any studies with human or animal subjects performed by any of the authors.

Introduction

Malignant melanoma is the fifth most common cause of cancer, with an incidence that has risen from 7.9 per 100,000 in 1975 to 25.8 per 100,000 in 2015 [1]. Despite upward trends in cancer-related survival, an estimated 9320 individuals are expected to die of melanoma in 2018 within the USA alone [2]. Since 2011, there have been rapid advances in systemic melanoma therapy for both the adjuvant and metastatic setting [3]. The surgical management of regional metastasis to the lymph nodes, which predicts a combined 35% decrease in 5-year survival relative to localized disease, has also continued to evolve [2]. Over the past 30 years, surgeons have witnessed a shift from elective lymph node dissection to completion lymph node dissection (CLND) after positive sentinel lymph node biopsy (SLNB) and now toward SLNB alone [4]. The ongoing debate over treating nodal disease hinges on whether removing tumor involved lymph nodes improves melanoma-specific survival or merely predicts a poor melanoma prognosis. Given the higher rate of wound complications and neuropathic pain associated with lymphadenectomy, cases in which regional and systemic disease concurrently develop, and the advent of effective systemic therapies, recent trials have challenged aggressive regional control with CLND for all patients with a positive SLNB [5•, 6, 7•, 8, 9]. Here, we discuss current surgical strategies for the management of regional lymph nodes in melanoma.

Sentinel lymph node biopsy

In an era pre-dating sentinel lymph node biopsy, elective lymph node dissection conferred long-term survival (15 to 20 years) in 25% of patients, at the cost of increased morbidity and wound complications [10–15]. The application of sentinel lymph node biopsy (SLNB) to malignant melanoma in 1992 by Morton established the predilection of regional metastasis for select lymph nodes, those which received patent blue dye injected near the cutaneous primary lesion [16]. Morton identified tumor in 18% of these “sentinel” lymph nodes (SLN) compared to only 0.06% of non-sentinel lymph nodes (NSLN) [16]. The addition of preoperative radiographic lymphoscintigraphy to intraoperative dye mapping saw the accuracy of the procedure rise to 96%, with tumor-positive sentinel nodes outnumbering positive non-sentinel nodes by as much as 11 to 1 [17–21]. In up to 81.8% of patients, these nodes comprised the sole focus of tumor, solidifying the notion of step-wise nodal disease progression [21].

Among patients with clinical stage I and II melanoma, metastasis to the SLN has proven to be the strongest prognostic factor, with evaluation via SLNB having since been well established in the management of T1b through T4 primary cutaneous melanoma [4, 22, 23, 24•, 25]. The multi-center selective lymphadenectomy trial 1 (MSLT-1) sought to validate the therapeutic, in addition to prognostic, benefit of using SLNB to guide completion lymph node dissection (CLND) [26]. Investigators randomized patients undergoing wide excision to receive either SLNB with immediate CLND for positive findings or observation with interval CLND for nodal relapse. There was no difference in 10-year melanoma specific survival between the 2 arms [26]. However, SLNB improved the 10-year rate of disease-free survival in patients with intermediate-thickness (1.2 to 3.5 mm) melanoma and overall

survival was improved when lymph node metastases were identified by SLNB rather than by clinical or radiographic findings [26]. Thus, removal of microscopic disease accomplished by SLNB may confer a survival advantage for some patients with intermediate thickness melanoma.

A recent American Society of Clinical Oncology (ASCO) and Society of Surgical Oncology (SSO) clinical practice guideline reviewed multiple studies to determine current indications for SLNB [4]. While these guidelines recommend against routine SLNB for patients with thin T1a melanoma (< 0.8 mm Breslow depth and non-ulcerated), given the low rate of positivity, they suggest that SLNB should be considered in T1b melanoma (0.8 to 1.0 mm or < 0.8 mm thick with ulceration) and intermediate thickness T2 or T3 melanoma (1.0 to 4.0 mm) [4, class II–III]. SLNB may be performed for patients with thick T4 melanoma (> 4.0 mm), despite not yielding significant differences in disease outcome relative to observation [4, class III]. Additionally, as clinically node negative patients have not been studied in many recent clinical trials, stage IIC patients are largely ineligible for adjuvant therapy despite representing a group at high risk for recurrence. Although SLNB may not have historically improved disease outcomes for such patients with thick primary tumors, a positive SLNB in the current era renders these individuals eligible for adjuvant systemic therapies which can successfully mitigate disease recurrence [27•, 28•].

While the data have reinforced the clinical benefit of performing SLNB, its role in guiding CLND has been more controversial. Previously, the SLN was assumed to represent the entire nodal basin, and that CLND after positive SLNB would eliminate remaining disease of the non-sentinel lymph nodes (NSLN) to improve regional control [26, 29, 30]. In the largest series of patients with a positive SLN undergoing CLND, including over 1500 individuals, NSLN status was an independent prognostic factor for melanoma specific survival [31–34]. However, subsequent data revealed that only 12–20% of patients harbor tumor-positive NSLN at the time of CLND [22, 23, 24•]. Based on these results, two large randomized controlled trials, DeCOG-SLT and MSLT-II, were recently completed in to assess the value of CLND after a positive SLNB [5•, 7•].

Completion lymph node dissection

Trials assessing therapeutic benefit: DeCOG-SLT and MSLT-II

The German Dermatologic Cooperative Oncology Group (DeCOG-SLT) was the first of these two studies, a multi-center, randomized, phase 3 clinical trial evaluating whether CLND resulted in increased survival compared to observation alone in patients with positive SLNB [7•, class II]. Patients were accrued from 41 different German skin cancer centers, including those with primary cutaneous melanoma of the torso, arms, or legs with tumor thickness of at least 1 mm and micrometastasis in the sentinel lymph node. This study excluded patients with head and neck melanoma, or those with satellite, in-transit, regional, or distant metastatic disease. Patients were randomized into equal groups and stratified by primary tumor thickness, ulceration of the primary tumor, and intent to initiate adjuvant interferon therapy. Patients were accrued between January 1, 2006 and December 1, 2014. Investigators did raise concerns for low statistical power to detect hypothesized between-group differences in the primary endpoint of distant metastasis-free survival (DMFS), due to

both overestimating rates of distant metastases and achieving half the expected accrual to the CLND arm [7••]. Despite low enrollment and early trial closure, investigators enrolled 483 patients (241 to observation and 242 to the CLND group).

There were no significant differences between groups with regard to gender, median age at diagnosis, body site, primary tumor characteristics (Breslow thickness, presence of ulceration, histologic criteria), or size of metastasis in the SLNB specimen [7••]. Both groups were followed for 3 years (median follow-up of 35.5 and 33 months respectively for observation and CLND groups). All patients received a physical exam, lymph node ultrasound, and blood tests (serum S100b) every 3 months, as well as imaging every 6 months (whole body CT scan, MRI, or PET-CT).

In the intention-to-treat analysis, there was no significant difference between groups with respect to DMFS [7••]. At 3 years, DMFS for the observation group was 77% (90% CI 71.9–82.1) and 74.9% (90% CI 69.5–80) for the CLND group (HR 1.03, 90% CI 0.71–1.5, $P=0.87$) [7••]. Between CLND and observation, investigators also found no differences in the secondary endpoints of 3-year recurrence-free survival (RFS) or overall survival (OS) (66.8% vs. 67.4%, $P=0.75$ and 81.2% vs. 81.7%, $P=0.87$) [7••]. In a multivariable proportional hazards regression analysis, SLN tumor burden and tumor thickness were independent predictors of DMFS, OS, and RFS [7••]. Adverse events—including lymphedema, lymphatic fistula, seroma, infection, and delayed wound healing—were observed in 24% of patients who received CLND, with 8% reporting grade 4 events [7••].

Recently, 5-year follow-up results were reported at ASCO 2018 [35••]. At a median follow-up time of 72 months, there continued to be no significant difference in DMFS between the observation (68%) and CLND (65%) groups (HR 1.08, 90% CI 0.74–1.39, $P=0.65$) [35••]. Likewise, neither observation nor CLND was superior with regard to RFS (HR 1.01, 90% CI 0.8–1.28, $P=0.94$), OS (HR 0.99, 90% CI 0.74–1.31, $P=0.93$), or cumulative rates of regional lymph node metastasis (16.3% vs. 10.8%, $P=0.11$) [35••].

The multi-center selective lymphadenectomy trial 2 (MSLT-II) was an international, randomized, phase 3 clinical trial comparing immediate CLND against observation in melanoma patients positive for sentinel node metastasis [5••, class I]. Investigators chose 3-year melanoma-specific survival (MSS) as the primary outcome, and disease-free survival (DFS), OS, nodal recurrence-free survival, extent of nodal involvement, and DMFS as secondary outcomes. Investigators screened and enrolled 3531 patients aged 18 to 75 years across 63 centers between December 2004 and March 2014. Patients diagnosed with nodal metastasis by either SLNB ($N=377$) or RT-PCR ($N=226$), in addition to 1431 patients who directly entered the two study arms, were assigned to receive immediate CLND or observation with regular follow-up and nodal ultrasonography. A total of 1939 patients were randomized under a permuted block design, and stratified by Breslow thickness, ulceration, method of metastasis detection, and enrollment in an MSLT-1 center. Study groups were similar with respect to the above parameters, as well as in age, sex, smoking status, primary tumor location, SLN tumor burden, and receipt of adjuvant therapy [5••]. Patients were evaluated through a median follow-up period of 43 months and analyzed on both a per-protocol and intention-to-treat basis.

There were no significant differences in either mean 3-year MSS ($86 \pm \text{SE } 1.3\%$ SE and $86 \pm 1.2\%$, $P = 0.42$) or DMFS (HR 1.10, 95% CI 0.92–1.31, $P = 0.31$) between patients who underwent CLND or observation, whether lymph node metastasis was detected molecularly by RT-PCR or pathologically via SLNB [5••]. A significant difference was observed in 3-year DFS, at $68 \pm 1.7\%$ in the CLND group, vs. $63 \pm 1.7\%$ in the observation group ($P = 0.05$) [5••]. Moreover, NSLN recurrence accrued at a higher rate in patients undergoing observation and was an independent prognostic factor for melanoma-related death (HR 1.78, $P = 0.005$) [5••]. This stands in contrast to age, sex, location of primary lesion, and number of positive sentinel nodes, none which independently predicted melanoma-related death [5••]. Regarding complications, 24.1% of MSLT-II participants in the CLND group experienced lymphedema compared to only 6.3% of the observation (SLNB only) group [5••].

MSLT-II largely recapitulated the conclusions of DeCOG-SLT, with no significant differences in 3-year DMFS, OS, or MSS between CLND and observation groups [5••]. Table 1 summarizes similarities and differences between the trials [5••, 7••]. Where the former study was underpowered to detect the hypothesized difference in DMFS between CLND and observation, MSLT-II achieved 83% power to detect a 5% difference in 3-year melanoma-specific survival [5••, 7••]. MSLT-II findings also agreed with DeCOG-SLT on the prognostic impact of primary tumor characteristics. Relative to lesions under 1.50 mm in Breslow depth, mortality hazard was more pronounced in the observation over CLND groups for intermediate thickness (1.50 to 3.50 mm) lesions (HR 2.46, $P = 0.004$ vs. HR 1.64, $P = 0.07$), as well as thick (> 3.50 mm) lesions (HR 4.32, $P < 0.001$ vs. HR 3.82, $P < 0.001$) [5••]. Ulceration also reflected a poorer prognosis in the observation than the CLND group (HR 2.17, $P < 0.001$ vs. HR 1.97, $P < 0.001$) [5••].

The two studies diverged with respect to disease recurrence. DECOG-SLT revealed no between-group difference in 3-year recurrence-free survival (RFS) [7••]. For patients in the observation arm, MSLT-II established a significant decrease in 3-year disease free survival (DFS) and corresponding higher 3- and 5-year rates for recurrence of any kind compared to the CLND arm (22.9% and 26.1% vs. 17.9% and 19.9%) [5••]. The results signal a departure from the conclusions of DeCOG-SLT, which could not confidently distinguish the rates of regional nodal recurrence between study arms [7••]. Even when excluding satellite and in-transit locoregional recurrence, MSLT-II showed decreased node-only RFS in the observation group compared to the dissection group ($77 \pm 1.5\%$ vs. $92 \pm 1.0\%$, $P < 0.001$) [5••].

The declining role of completion lymphadenectomy

The above studies sought to address whether CLND is therapeutic, or only provides prognostic information [5••, 7••]. MSLT-II validated CLND as a means to diagnose NSLN metastasis, which was again shown to be a significant prognostic factor for melanoma-related death [5••]. However, despite achieving a 70% relative decrease in NSLN recurrence, CLND did not produce an additional survival benefit in patients diagnosed with nodal metastasis [5••]. At present, assessment of NSLN via CLND provides staging and prognostic information, though the therapeutic value of CLND for all patients remains doubtful.

In addition to challenging the survival benefit of CLND, these data have also called into question the role of CLND in controlling the progression to distant disease. As a corollary to published study findings, supplemental data from MSLT-II showed that while CLND was associated with lower rates of nodal recurrence (e.g., node-only, nodal plus locoregional, or nodal plus distant), CLND had no effect on local or distant recurrences alone [5•]. Coit thus argues that achieving control of nodal tumor deposits beyond the SLN is altogether unrelated to the development of distant metastasis or survival [36•]. Further citing a mere 6.4 percentage-point decrease in node-only relapse achieved by CLND within MSLT-II and the marked increase in CLND-associated complications in both DeCOG-SLT and MSLT-II, Coit concludes that there is sufficient evidence to eschew the practice of CLND after SLNB altogether [5•, 7•, 36•].

Lymphadenectomy for high-risk and non-sentinel lymph node disease

While compelling, calls to abandon CLND for all patients should be qualified. First, it should be noted that MSLT-II patients in the observation group underwent frequent clinical follow-up (visits every 4 months for 2 years; every 6 months between years 3 and 5) and nodal evaluation with ultrasound (annually for 5 years) [5•, 36•]. The authors of MSLT-II stipulate that their recommendation to forego CLND after SLNB was not proven to be safe for all patients, especially when intensive follow-up is unavailable [5•].

Second, failure to establish the advantage of CLND in the general node-positive population does not preclude there being a subset of patients at high risk for non-sentinel lymph node (NSLN) involvement, for whom CLND may provide therapeutic benefit. Investigators have attempted to identify predictors of NSLN recurrence or disease progression, including anatomic location of the primary tumor, and pathologic properties of the SLNB specimen like tumor burden and number of positive nodes [31–33]. Of these, tumor burden has proven most predictive, with SLN tumor deposits greater than 2 mm in diameter portending NSLN recurrence rates as high as 25% [37–39]. DeCOG-SLT and MSLT-II evaluated both the quantity and disease burden of tumor-positive sentinel nodes to identify patients at greatest risk for melanoma-related death [5•, 7•]. Neither trial demonstrated a significant relationship between the number of positive SLN and survival [5•, 7•]. High SLN tumor burden, defined as tumor deposits exceeding 1 mm in diameter, was a significant prognostic factor in multivariable analyses, albeit without reflecting differences between observation and CLND groups in 3-year DMFS or MSS [5•]. Notably, two thirds of patients in both studies had micrometastases of less than or equal to 1 mm in their SLN and thus comprise a populations that were unlikely to develop NSLN disease [5•, 7•]. Concerns for a selection bias against individuals most likely to develop NSLN metastasis led the MSLT-II authors to ultimately limit their recommendations against CLND to patients with SLN tumor deposits less than 1 mm [5•].

In addition to tumor burden, investigators have also explored other immunologic hallmarks of high-risk disease and NSLN recurrence within SLNB specimens, alongside routine histopathologic characteristics. Studies have shown positive correlations between RFS/OS and number of CD3+, CD4+, and CD8+ tumor-infiltrating lymphocytes in tumor-positive sentinel nodes [40•, class IV]. Similarly, elevated levels of regulatory T cell markers like

FOXP3 and indoleamine 2,3-dioxygenase (IDO), an enzyme implicated in limiting T cell function, have been linked with poorer outcome in terms of local, regional, or distant recurrence [41, class III, 42, class IV]. To date, none of these predictors has been favored by the current NCCN guidelines or 8th edition AJCC Cancer Staging Manual for performing risk stratification following SLNB [25, 43].

Surgical practice implications

Previous analysis of surgical practice patterns in the National Cancer Database (NCDB) has shown that of the 17,524 patients who underwent SLNB between 2004 and 2005, 2942 were positive for SLN metastasis, and half of those (1471) received CLND [44]. The results of DeCOG-SLT and MSLT-II will no doubt lead to a decline in the number of lymphadenectomies performed by surgeons. The treatment of invasive breast cancer witnessed a similar downward trend in axillary lymph node dissections in favor of SLNB, with rates having decreased 2.43% per year, each year from 2007 to 2014 [45•]. In melanoma, as with invasive breast cancer, the decrease in rates of CLND will likely witness a concomitant increase in the complexity of nodal dissection. Where CLND is performed on clinically negative lymph node basins with normal anatomy, salvage lymphadenectomy for nodal recurrence involves navigating a more complex space often distorted by macrometastatic tumor. For surgical training programs, increased technical difficulty and decreased case volume involving normal anatomy highlight a growing challenge to equip future trainees with the necessary skills to manage recurrent regional melanoma [45•].

Pharmacologic treatment

Adjuvant therapy in the post-DeCOG-SLT/MSLT-II era

The last several years have witnessed the approval of multiple systemic therapies for use in the adjuvant setting after oncologic resection of stage III or IV melanoma. Notably, all these recent trials enrolled patients with at least stage III disease that had been resected via CLND after positive SLNB. EORTC 18071, comparing anti-CTLA-4 antibody, ipilimumab, to placebo, demonstrated increased 3-year RFS (46.5% vs. 34.8%, $P=0.0013$), OS (65.4% vs. 54.4%, $P=0.001$), and DMFS (48.3% vs. 38.9%, $P=0.002$) in patients with resected stage III melanoma [46•, 47•]. However, significant immune-related adverse events (IRAE) in 41.6% of patients, and double the rate of grade 3–4 toxicity, lead to its discontinuation in half of those treated [46•]. In the Checkmate 238 trial, adjuvant PD-1 inhibition with nivolumab, relative to ipilimumab, was associated with improved 1-year RFS (70.5% vs. 60.8%, $P<0.001$) and lower toxicity (14.4% vs. 45.9%) for both stage III and IV melanoma [28•]. Keynote-006 likewise demonstrated improved 1-year RFS for patients receiving pembrolizumab, another PD-1 inhibitor, when compared to ipilimumab (55% vs. 43%, $P<0.001$) [48•]. Still, other trials have assessed the synergistic effects of combination anti-PD-1 plus low-dose anti-CTLA-4 agents, yielding both increased survival and higher toxicity than monotherapy [49•, 50]. For patients with BRAF mutant melanoma, combination BRAF inhibition with dabrafenib plus MEK inhibition with trametinib has shown particular promise in the adjuvant setting, improving 3-year relapse free survival compared to placebo (58% vs. 39%, $P<0.001$) [27•]. Although the above trials all required CLND, the adjuvant therapies studied therein are now being widely applied in the clinical setting for Stage IIIA

disease (SLN with 1 mm tumor deposits). Moving forward, SLNB positivity can alone qualify patients for treatment. How differences between the original trial populations and the more heterogeneous clinical population translate to relative clinical outcomes after adjuvant therapy is unclear.

Currently, NCCN guidelines favor adjuvant nivolumab monotherapy for resected stage IIIB/C and IV melanoma [25, NCCN category 1]. Alternatively, for patients with BRAF V600E or V600 K mutations and SLN tumor burden exceeding 1 mm, combination dabrafenib/trametinib can be used [25, NCCN category 1]. For low-risk sentinel-node-positive disease (e.g., stage IIIA), NCCN accordingly lists observation as a viable alternative to adjuvant therapy [25, NCCN category 2A]. Therein lies a continued challenge for providers to balance potential overtreatment of patients whose disease can be sufficiently managed with SLNB, against undertreatment of high-risk patients who may proceed to disease relapse. Much like the decision to perform CLND, the choice to initiate or delay adjuvant therapy would likewise benefit from improved models of risk stratification to better identify patients at risk for NSLN or distant recurrence.

Conclusions

Sentinel lymph node biopsy has refined previous notions of all-or-nothing regional nodal metastasis to instead favor the step-wise microscopic involvement of sentinel nodes before non-sentinel nodes, and resulted in the adoption of selective over elective lymphadenectomy. When data suggested that biopsy of the sentinel nodes was itself therapeutic, investigators sought to understand whether completion lymphadenectomy was necessary. Recent data from two randomized controlled trials, DeCOG-SLT and MSLT-II, demonstrated that observation yielded comparable overall, disease-specific, and metastasis-free survival to CLND, at the cost of increased non-sentinel lymph node recurrence [5•, 7•].

At this juncture, the combined data establish that SLNB achieves similar outcomes to CLND with lower morbidity for most patients presenting with clinically occult regional lymph node metastasis. SLNB provides prognostic value, is therapeutic in patients with intermediate thickness melanoma, and can be used to determine eligibility for effective adjuvant therapy. The extant challenge for providers is to define the optimal treatment for patients that are at high risk for developing regional recurrence, and at low risk of developing systemic disease. For these patients, outcomes after prompt removal of NSLN via CLND are less clear. Models incorporating histologic (SLN microscopic tumor burden) and immunologic criteria (relative tumor-infiltrating and regulatory T lymphocyte function) may help guide future prospective studies in predicting nodal recurrence and systemic disease [40•, 41–43]. Presently, patients with suspected NSLN disease that remains isolated to the regional nodal basin may continue to be candidates for CLND. For the majority of patients without suspected NSLN involvement, who harbor low SLN tumor burdens, routine CLND is no longer recommended after positive SLNB.

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[PubMed: 28591534]

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Table 1.

Completion lymph node dissection vs observation following positive sentinel lymph node biopsy: comparing DeCOG-SLT and MSLT-II

	MSLT-II	DeCOG-SLT
Trial design	Prospective, randomized, multi-center	Prospective, randomized, multi-center
Inclusion criteria	<ul style="list-style-type: none"> • Localized cutaneous melanoma • Tumor-positive sentinel node (by H&E stain, immunohistochemistry, or RT-PCR) • Life expectancy > 10 years 	<ul style="list-style-type: none"> • Localized cutaneous melanoma of torso, arms or legs • Tumor thickness > 1 mm • Micrometastasis to sentinel node
Exclusion criteria	<ul style="list-style-type: none"> • Previous or concurrent melanoma or any solid tumor in last 5 years • Satellite, in-transit, regional or metastatic disease • Extracapsular extension • Immunosuppression 	<ul style="list-style-type: none"> • Head/neck melanoma • Previous or concurrent melanoma or other malignancy • Satellite, in-transit, regional or metastatic Disease • Macrometastasis (> 2 mm) or extracapsular extension/perforation • Immunosuppression
Trial size	1934 in intention-to-treat analysis	473 in intention-to-treat analysis
Intervention	Immediate CLND vs nodal observation with ultrasound	Immediate CLND vs nodal observation with ultrasound
Median follow up	43 months	35 months
Median Breslow depth	2.1 mm	2.4 mm
Non-sentinel LN positive	11%	24%
Primary endpoint	Melanoma-specific survival (86% vs 86%, $p = 0.42$)	Distant metastasis-free survival (75% vs 77%, $p = 0.87$)
Disease-free survival	68% vs 63%, $p = 0.05$, at 3 years	67% vs 67%, $p = 0.75$, at 3 years
Nodal disease control	92% vs 77% ($p < 0.001$) nodal basin control rate at 3 years	8% vs 15% regional nodal recurrence