A Portion of Inhibitory Neurons in Human Temporal Lobe Epilepsy are Functionally Upregulated: An Endogenous Mechanism for Seizure Termination

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Keywords

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SUMMARY

Main Problem: Epilepsy is one of the more common neurological disorders. The medication is often ineffective to the patients suffering from intractable temporal lobe epilepsy (TLE). As their seizures are usually self-terminated, the elucidation of the mechanism underlying endogenous seizure termination will help to find a new strategy for epilepsy treatment. We aim to examine the role of inhibitory interneurons in endogenous seizure termination in TLE patients. **Methods:** Whole-cell recordings were conducted on inhibitory interneurons in seizure-onset cortices of intractable TLE patients and the temporal lobe cortices of nonseizure individuals. The intrinsic property of the inhibitory interneurons and the strength of their GABAergic synaptic outputs were measured. The quantitative data were introduced into the computer-simulated neuronal networks to figure out a role of these inhibitory units in the seizure termination. **Results:** In addition to functional down-regulation, a portion of inhibitory interneurons in seizure-onset cortices were upregulated in encoding the spikes and controlling their postsynaptic neurons. A patch-like upregulation of inhibitory neurons in the local network facilitated seizure termination. The upregulations of both inhibitory neurons and their output synapses synergistically shortened seizure duration, attenuated seizure strength, and terminated seizure propagation. **Conclusion:** Automatic seizure termination is likely due to the fact that a portion of the inhibitory neurons and synapses are upregulated in the seizure-onset cortices. This mechanism may create novel therapeutic strategies to treat intractable epilepsy, such as the simultaneous upregulation of cortical inhibitory neurons and their output synapses.

Introduction

Cortical seizure is presumably caused by an imbalance of neural excitation and inhibition toward the synchronous overexcitation of network neurons [1–11]. After antiepileptic medications are given through strengthening GABAergic synapses and inhibiting neuronal overexcitation [12], the epileptic patients, especially suffering from temporal lobe epilepsy (TLE), become drug resistant [13,14]. These intractable TLE patients are usually treated by the surgical removal of the seizure tissues [15]. Neurosurgery brings side effects to cognitive processes and lacks long-term effectiveness. Therefore, the pathological features of cortical seizure-onset neuron networks in the intractable TLE patients need to be figured out in order to reveal endogenous mechanism underlying seizure termination and to develop new strategies arresting epilepsy.

In human epileptic tissue, the neurons produce various patterns of burst spikes in response to depolarization pulses [16–22]. The

excitatory and inhibitory synapses undergo plasticity [23–25]. GABA reversal potentials shift [26,27]. These characteristics can be used to explain seizure onset, but not seizure termination. Whether these features are specific for the seizure-onset tissues need be compared with the control [16]. How the different types of neurons are involved in the seizure onset and termination of human epilepsy remains unclear.

In this study, we aim to examine a role of inhibitory neurons in endogenous seizure termination at the seizure-onset cortices from intractable TLE patients. Our analyses included their intrinsic property to encode the spikes and their GABAergic synaptic outputs to control the excitatory neurons. These analyses may reveal the functional states of inhibitory neurons and synapses in seizure-onset cortex, but not ensure their roles in seizure termination. We introduced our experimental data into a computer-simulated neuronal network to determine how these pathological features mediate the seizure onset and termination.

Materials and Methods

Ethical Issues

The use of brain tissue from the patients and the procedure of surgically dissecting their brain tissues were approved by the Ethics Committee of Human Tissue Use in General Hospital of Chinese Military (2010824001). The judgment for intractable neocortical TLE patients to receive a neurosurgical therapy was based on international criteria, for example, resistant to the medications [28,29]. It is noteworthy that the patients for harvesting brain tissues were not mesial temporal sclerosis based on the clinical diagnosis. The neurons and GABAergic synapses from TLE patients were insensitive to sodium valproate (please see Figure S1). Neurosurgery for meningioma patients was based on diagnostic indications [30]. The anesthetic and neurosurgical procedures used in the TLE patients were based on the standards approved by the Food and Drug Agency, China. The approaches for cutting cortical slices and doing electrophysiological studies also were approved by the Ethics Committee of Human Tissue Use.

Brain Tissues and Slices

The blocks of temporal lobe cortices ($1 \times 1 \times 1$ cm) were harvested from TLE patients (Table S1 in supporting data) for the experimental group. The patients suffering from glioma and meningioma in white matter who had no previous history of epi-

lepsy attacks in clinical practices and of seizure discharges monitored by electroencephalogram (EEG) were used as controls. All of these neocortical TLE patients had been diagnosed as pharmacoresistant. The seizure-onset cortices were localized by EEG showing epileptic and interictal discharges. After the skull was opened, the seizure cortices were identified by embedding 32-channels' EEG in diagnosis-located areas (Figure 1), in which the areas with frequent interictal discharges and the earliest seizure onsets were defined as the seizure-onset cortices. For the controls, their temporal lobe cortices were harvested. Samples were more than three centimeters away from meningioma in lateral ventricles and triangle regions or glioma in deep white matter localized by computerized topography. In surgical operations, surgeons were allowed to remove the parts of temporal lobe cortices legally to access glioma and meningioma underneath.

The tissues ($1 \times 1 \times 1$ cm in the size) isolated from the assigned cortices *in vivo* were immediately cut into two blocks ($1 \times 1 \times 0.6$ and $1 \times 1 \times 0.4$) in modified and oxygenated (95% O_2 /5% CO_2) artificial cerebrospinal fluid (ACSF, mM: 124 NaCl, 3 KCl, 1.2 NaH_2PO_4 , 26 $NaHCO_3$, 0.5 $CaCl_2$, 5 $MgSO_4$, 20 dextrose, and 5 HEPES; pH 7.35) at 4°C. The former blocks in this 4°C ACSF incubation were transferred to the research laboratory for electrophysiological studies, and the latter blocks were immediately placed into 4% paraformaldehyde in 0.1 M phosphate buffer solution (PBS) about 48 h for the studies of morphology and immunocytochemistry [31].

Figure 1 The onset areas of seizure and interictal discharges in temporal lobe are located by 32 channels of EEG before the surgical removal of epileptic cortices. **(A)** illustrates a computational reconstruction for EEG to record electrical activities in temporal lobe cortex of TLE patients during surgical operations. The locations in the onset of interictal and seizure discharges are identified under electrode channels 1–16, in which four channels are marked as red, green, blue, and black, respectively, that is, reds for 1–4, greens for 5–8, blues for 9–12, and blacks for 13–16 from bottom to top. **(B)** illustrates interictal discharges in the temporal lobe of TLE patients recorded by electrodes 1–16, in which the trace colors of EEG-recorded electrical signals correspond to electrodes' colors in **1A**. **(C)** shows the sequences of seizure discharges in the temporal lobe of TLE patients recorded by electrodes 1–16, where the trace colors of EEG-recorded epileptic discharges correspond to electrodes' colors **1A**.

The slices (300 μm) from seizure-onset cortices in TLE patients and from nonepileptic ones in control individuals were cut by Vibratome in modified and oxygenated ACSF (mM: 124 NaCl, 3 KCl, 1.2 NaH_2PO_4 , 26 NaHCO_3 , 0.5 CaCl_2 , 5 MgSO_4 , 20 dextrose, and 5 HEPES; pH 7.35) at 4°C and were held in the normal oxygenated ACSF (mM: 126 NaCl, 2.5 KCl, 1.2 NaH_2PO_4 , 26 NaHCO_3 , 2.0 CaCl_2 , 2.0 MgSO_4 , 10 dextrose, and 5 HEPES; pH 7.35) 35°C for one hour before the experiments. These slices were then transferred to a submersion chamber that was perfused with normal ACSF for electrophysiological experiments [32–34].

Electrophysiological Studies in Cortical Interneurons

The selection of cortical interneurons for whole-cell recording was based on the following criteria. These neurons in layers II–IV of human cortices showed smaller round somata and multiple processes (Figure 2A), compared to relatively larger pyramidal neurons, under the DIC microscope (Nikon, FN-E600, Tokyo, Japan). These interneurons demonstrated fast spiking, no adaptation in the spike amplitudes and frequencies as well as high magnitude after-hyperpolarization (Figure S2), typical properties for inhibitory interneurons [35–38].

These interneurons were recorded by an amplifier (Multi-Clamp-700B; Axon Instrument Inc, Foster City, CA USA) under whole-cell current-clamp and voltage-clamp. Electrical signals were inputted into pClamp-10 (Axon Instrument Inc.) with

20 kHz sampling rate. The functions of inhibitory neurons were evaluated based on their intrinsic properties (such as input–output curve and spiking ability distribution) and output ability (inhibitory effect on their downstream pyramidal neurons). Pipette solution for recording neuronal action potentials included (mM) 150 K-gluconate, 5 NaCl, 0.4 EGTA, 4 Mg-ATP, 0.5 Tris-GTP, 4 Na-phosphocreatine, and 5 HEPES (pH 7.4 adjusted by 2M KOH). Pipette solution for recording inhibitory postsynaptic currents contained (mM) 135 K-gluconate, 20 KCl, 4 NaCl, 10 HEPES, 0.5 EGTA, 4 Mg-ATP, and 0.5 Tris-GTP (pH 7.4 adjusted by 2M KOH). The osmolality of pipette solutions made freshly was 295–305 mOsmol, and the pipette resistance was 8–10 M Ω [39].

In the analyses of input–output and membrane I–V curves [40], depolarization pulses (1 second) of various intensities were injected into these interneurons to induce repetitive spikes. Subthreshold and hyperpolarization pulses were injected to determine their passive membrane properties. In evaluating their ability of firing spikes, we measured the initiation of spikes by weak depolarization that was thought as neuronal sensitivity to excitatory inputs, that is, neuronal ability to convert synaptic signals into spikes [41,42].

The ability of interneurons to affect their target neurons was evaluated by recording GABAergic spontaneous inhibitory postsynaptic currents (sIPSC) under voltage-clamp [43]. 10 μM 6-Cyano-7-nitroquinoxaline-2,3-(1*H*,4*H*)-dione and 40 μM D-amino-5-phosphonovaleric acid were added into ACSF to block ionotropic glutamate receptor channels. At the end of

Figure 2 The correlations between stimulus currents and membrane potentials in inhibitory neurons from seizure-onset cortices (blue traces & symbols) and controls (greens). **(A)** shows the images of whole-cell recording in an interneuron (yellow arrow in top panel) and this neurobiotin-labeled cell (bottom). **(B)** The current pulses (black traces in bottom) induce subthreshold responses and spikes (green waveforms) in an inhibitory neuron from nonepileptic cortex. **(C)** Current pulses induce subthreshold responses and spikes (light blues) in an inhibitory cell of seizure-onset cortex (sample one in TLE). **(D)** Current pulses induce subthreshold responses and spikes (dark blues) in an inhibitory neuron from seizure-onset cortex (sample two in TLE). **(E)** shows spikes per second versus stimulus currents in these inhibitory neurons from **B** to **D**, in which input–output curves for inhibitory neurons have correspondent colors with **B** to **D**. **(F)** illustrates I–V curves for different currents to induce subthreshold voltage changes in inhibitory cells from seizure-onset cortex (blue symbols and lines; $n = 20$ cells) and in those from controls (greens, $n = 10$). Calibration bars are 200 ms and 20 mv/100 pA.

experiments, bicuculline (10 μ M) was perfused onto the slices to examine whether synaptic responses were mediated by GABA_AR. sIPSC amplitudes represent the sensitivity and number of GABA_AR. sIPSC frequency shows the probability of GABA release and the conversion of silent receptors into functional ones [43,44].

The data were analyzed if the recorded neurons had resting membrane potentials more negative than -60 mV and action potentials above 90 mV. The criteria for the acceptance in each experiment also included less than 5% changes in resting membrane potential, spike amplitudes, input and seal resistances throughout each experiment. The values of neuronal input–outputs and sIPSCs are presented as mean $\pm$ SE. The comparisons between groups were carried out by *t*-test.

Morphological Studies of Cortical Interneurons

Neurobiotin Staining and Morphological Analysis

The electrodes for whole-cell recording included 0.2% neurobiotin in pipette solution. The solutions were back-filled into the recording pipettes whose tips contained a standard solution. After electrophysiological studies, the slices were rapidly placed into 4% paraformaldehyde in 0.1 M PBS for fixation at 4°C about 48 h. The slices were incubated in avidin and horseradish peroxidase (Vectastain ABC, Sigma, St. Louis, MO, USA) for 3 h, and in 1% DAB–CoCl₂ (Sigma), 1 min for staining neurobiotin-filled neurons. The reactions were then stopped by PBS [38]. Neurobiotin-stained neurons were scanned under laser scanning confocal microscope (Olympus FV-1000, Tokyo, Japan). The density of interneuron processes was analyzed by Neuromatic (Version 1.6, an open source of software produced by Darren Myatt, University of Reading, England). Our analyses included primary dendrites (dendrites directly from the soma; [31], process terminals, and axonal branches in each of inhibitory neurons. The dendrites and axons of neurons were identified based on their diameters and spines. There were no changes in the dendrites and axons of inhibitory neurons in the control and seizure-onset cortices (Figure S3).

Computational Simulation

The principle of building neural network in computational modeling is described below. Cerebral cortices are composed of excitatory neurons and inhibitory interneurons in the ratio of about 80% versus 20% [45]. The axons of inhibitory neurons termi-

nate on excitatory neurons to coordinate their activity [36,46]. The cerebral cortices are divided into numerous regions including a set of neuronal microcircuits, in which excitatory neurons and inhibitory interneurons are synaptically connected to form input and recurrent excitations as well as feedforward and feedback inhibitions (Figure S4). Excitatory neurons also project to other areas through their long axons, that is, the small-world model [47]. Based on these principles, we have constructed the simplified networks for seizure-onset cortices from TLE patients and for the controls. Cortical networks included sixteen areas (i.e., microcircuits) that presumably presented sixteen areas of seizure onset identified by intracranial EEG (Figure 1). Each area was simplified in a ratio of four excitatory neurons to an inhibitory neuron, such that the total number of neurons in the simplified networks was eighty (64 excitatory neurons and 16 inhibitory neurons).

The neurons in the simulated networks were thought as integrate-fire cell model [48–50]. Their functional status to be introduced into the simulated networks was digitized from our data in Tables 1 and 2. Inhibitory neurons in seizure-onset cortex were divided into two groups in Figures 1–2 (functional downregulation and upregulation), which made neural network unevenly inhibited (patch-like disinhibition and inhibition).

All of the neurons in our simulated network were connected by excitatory and inhibitory synapses. In each microcircuit, an inhibitory neuron inhibited multiple pyramidal cells and received their excitatory inputs. Pyramidal neurons received synaptic inputs from internal microcircuits. All of these neurons also received excitatory inputs from other microcircuits and subcortical areas. Excitatory synaptic events were characterized as a steady inter-event interval (20 ± 10 ms). The weight of synaptic connection on pyramidal and inhibitory cells in the simulated network was assumed to be similar.

Based on Table 3 values showing changes in excitatory synaptic transmission on interneurons and inhibitory synaptic transmission on pyramidal neurons (Figure 3), we analyzed the strengths

Table 1 The ability of interneurons to convert excitatory input signals into spikes

Ability to convert inputs to spikes	Control cortices	Seizure-onset cortices	
		Downregulation	Upregulation
Spikes per second at threshold level	2.86	1.27	5.34

Table 2 Physiological properties for different types of cortical neurons

Physiological properties	Pyramidal neurons		Inhibitory neurons	
	Control	Epilepsy	Control	Epilepsy
C_m (pF)	82.1 ± 24.4	80.2 ± 26.3	77.6 ± 25.8	79.7 ± 26.9
R_m (M Ω)	291 ± 76.7	289 ± 69.6	305 ± 50.8	310 ± 53.3
RMP (mV)	-69.6 ± 4.6	-69.8 ± 4.8	-60.5 ± 4.2	-61.7 ± 4.7
AP threshold potentials (mV)	27.9 ± 1.2	26.7 ± 1.1	21.9 ± 1.0	25.2 ± 1.3
Refractory period (ms)	30.2 ± 3.1	29.6 ± 5.0	9.8 ± 1.4	10.3 ± 1.6

of signal transmission at excitatory synapses on inhibitory neurons and at inhibitory synapses on pyramidal neurons (Table 4). These parameters were introduced into the neural networks simulated in our computational modeling.

In terms of the role of ligand-gated ion channels in synaptic transmission, AMPAR and NMDAR mediated excitatory synapses, and GABA_AR mediated inhibitory synapses. Postsynaptic conductance was a function of the sum of two exponentials in Equation 1 [51]. Quantitative values for synaptic conductance introduced to our simulated network are in Table S3–4 [52].

$$g_{syn}(t) = \bar{g} \times \left(\frac{\tau_1 \tau_2}{\tau_1 - \tau_2} \right) \times \left(e^{-\frac{t}{\tau_1}} - e^{-\frac{t}{\tau_2}} \right) \quad (1)$$

Results

Seizure-onset regions in TLE patients were identified by 32 channels of EEG on cortical surface before neurosurgery. A case of EEG recording in temporal lobe cortex is shown in Figure 1, where the cortical areas under electrodes 1–16 are identified as the onset of interictal seizure discharge and the areas under 5–7 and 9–11 with the early dominant onsets of discharges (seizure-onset cortices) were harvested for our experiments.

Table 3 Functional dynamics of ligand-gated receptor channels in the synapses

Types of receptors	$\bar{g}$ (μ S)	τ_1 (ms)	τ_2 (ms)	E_{syn} (mV)
AMPA	4	1	2	0
NMDA	20	0.67	80	0
GABA _A	100	1	4	–70

Inhibitory Neurons in Seizure-onset Cortices are Functionally Downregulated or Unregulated

The ability of inhibitory neurons to convert input signals into spikes in seizure-onset cortices and controls was analyzed by injecting depolarization pulses (1 second). Their responses to stimulus currents in fast-spiking pattern were plotted as input–output curves (Figure 2). These currents induced the spikes and subthreshold responses at an interneuron in control (green traces in Figure 2B) and two interneurons in seizure-onset cortex (light blues in 2C and dark blues in 2D). Figure 2E illustrates spikes per second versus current intensities in these neurons. The input–output curves and spiking traces are corresponding in their colors. Compared with the control (green trace), two interneurons in seizure-onset cortices appear to have either low (light blue) or high abilities (dark blue) to produce spikes. Figure 2F shows I–V curves for the currents to induce subthreshold voltage changes at these interneurons in the seizure-onset cortices (light blue and dark blue symbols/lines) and controls (greens).

When plotted the input–output curves for each of inhibitory interneurons ($n = 72$) in seizure-onset cortices and controls ($n = 20$), we saw diversified curves among these neurons in seizure-onset cortices. Based on the values of spikes per second at the initial and middle points of these input–output curves, we plotted the histograms of spikes per second versus number of inhibitory interneurons (symbols in Figure 3A–B), and the fitting curves in these interneurons of seizure-onset cortices (blue traces in Figure 3A–B), and controls (green). Compared to a single peak of distribution for controls, the ability to fire spikes in the inhibitory interneurons from seizure-onset cortices falls into two distributions (light and dark blue traces). 70% inhibitory neurons possess low ability to fire the spikes and others (30%) shift their spiking ability to high. Figure 3C illustrates the averaged data for

Figure 3 The statistical analyses of stimulus currents versus spikes (input–outputs) in inhibitory neurons ($n = 72$) from seizure-onset cortices and in those ($n = 20$) from controls show functional downregulation and upregulation. According to the values of spikes per second at the initial and middle points of input–output curves, we plotted the histograms of spiking ability versus number of interneurons (symbols in Fig. 3A–B). (A) illustrates the distributions of inhibitory neurons from seizure-onset networks (blue symbols and curves) and controls (greens) in their abilities to produce spikes at the initial point of input–output curves. There is a single peak of distribution for inhibitory neurons in control (green curve). Inhibitory neurons in seizure-onset cortices fall into two distributions (light blues and dark blues) in spike initiation. (B) illustrates the distributions of inhibitory neurons from seizure-onset network (blue symbols/curves) and controls (greens) in their ability to fire spikes at a middle point of input–output curve. There is a single peak of distribution for inhibitory neurons in control (green curve). Inhibitory neurons in seizure-onset cortices fall into two distributions (light blues and dark blues) in spike firing at moderate level. (C) illustrates averaged input–output curves from two distributions of inhibitory neurons in seizure-onset network (light blue and dark blue symbols/curves) and from control (greens) in their abilities to produce spikes ($P < 0.01$).

Table 4 Strengths of excitatory and inhibitory synaptic transmission in seizure onset versus control cortices

	Postsynaptic currents (pA)		Synaptic events' frequency (Hz)			
	Control	Seizure onset	Control	Seizure onset		
EPSCs at interneurons	3.75	2.5	2.86	1.43		
IPSCs at pyramidal neurons	4.5	3	0.91	Downregulation 0.5	Normal-like 0.9	Upregulation 1.67

normalized stimuli versus spikes per second in inhibitory interneurons from seizure-onset cortices (light and dark blue symbols) and controls (greens).

The inhibitory neurons in the seizure-onset cortex are functionally downregulated or upregulated. Some of them have a low spiking ability and others show high ability. We further examined whether their output controls (i.e., GABAergic synapses) to downstream neurons were functionally differentiated.

The Output Controls of Inhibitory Neurons in Seizure-Onset Cortices are Differentiated

The ability of inhibitory neurons to control their postsynaptic neurons was evaluated by recording spontaneous inhibitory postsynaptic currents (sIPSC) at the pyramidal neurons [43] in the seizure-onset cortices and controls.

Figure 4 shows the activity of GABAergic synapses in seizure-onset cortices ($n = 17$) and controls ($n = 10$). Compared to sIPSCs recorded in the control (bottom trace in 4A), sIPSC frequency in the seizure-onset cortices appears to be low (sample one in TLE), no change (sample two), and high (sample three). Cumulative probability versus inter-sIPSC intervals in the seizure-onset cortices (blue traces in Figure 4B) and the controls (greens) indicate that sIPSC frequency is downregulated (light blue), normal (blue), or upregulated (dark blue). Using the values of inter-sIPSC-intervals at 0.67 cumulative probability, we plotted the histograms of inter-sIPSC intervals versus number of pyramidal neurons (Figure 4C). Compared to a single peak of distribution for GABAergic synapses in controls (green), GABAergic synapses in seizure-onset cortices falls into three distributions, low (24% of inhibitory synapses), no change (35%), and high (41%). Figure 4D from seizure-onset cortices (blue traces) and control (greens) demonstrates that sIPSC frequencies are downregulated (light blue), normal (blues), or upregulated (dark blues).

The inhibitory neurons and their output synapses in human seizure-onset cortices are functionally downregulated or upregulated. Their reduced ability in spike production and synaptic output may make principal neurons escape from inhibitory control for seizure onsets. A portion of inhibitory neurons with high abilities to fire spikes and inhibit target cells may monitor seizure onset and work as an endogenous mechanism to terminate seizure. As it is not allowed to manipulate inhibitory neurons in TLE patients, we examined this hypothesis by computational simulation.

Figure 4 The comparisons in the activities of GABAergic synapses on pyramidal neurons from seizure-onset cortices and controls. The ability of inhibitory neurons to control their target cells was evaluated by recording spontaneous inhibitory postsynaptic currents (sIPSC) on pyramidal cells in cortical slices under whole-cell voltage-clamp. GABAergic IPSCs were isolated by adding 10 μ M CNQX and 40 μ M D-AP5 in perfusion solution. (A) illustrates sIPSCs recorded from pyramidal neurons in seizure-onset cortices (samples 1–3 in TLE) and from pyramidal neuron in nonepileptic cortex (control). (B) shows cumulative probability versus inter-sIPSC intervals in seizure-onset cortices (blue traces, $n = 17$) and controls (greens, $n = 10$), in which the curves are divided into three groups, that is, shifts toward left, right, and null. (C) shows the distributions of inhibitory synapses from seizure-onset network (blue symbols/curves), and controls (greens) in inter-sIPSC intervals. In this histogram, the values of inter-sIPSC interval are taken at 0.67 of cumulative probability in B. There is a single peak of distribution for inhibitory synapses in nonseizure cortices (green curve). The activity strengths of inhibitory synapses in seizure-onset cortex fall into three distributions, that is, upregulation (dark blue curve), normal-like (blue), and downregulation (light blue). (D) shows averaged cumulative probability versus inter-sIPSC intervals on pyramidal neurons in controls (green symbols, $n = 10$) and seizure-onset cortices (blues, $n = 17$) based on three distributions above. Calibration bars are 10 pA and 2/5 seconds.

The Upregulation of Inhibitory Neurons Facilitates Seizure Termination or Vice Versa

We introduced our experimental data into the simulated network to analyze the roles of inhibitory downregulation and upregulation in seizure onset and termination. The simulated microcircuits included principal and inhibitory neurons in the ratio of four to one that were synaptically connected (Figure S4). The output activity of principal neurons was digitized as spike frequencies (calibration bars in Figure 5A). Without the exogenous stimulus to these neurons, their spiking from low to high frequency is thought as spontaneous activity, and intense spiking from all of them are thought as synchronous activity, or vice versa as the activity termination. The activity levels of principal neurons are quantified as the strength and duration of seizure spikes, the latency of seizure onset as well as the cross-correlation of spikes among the neurons (Figure S5).

The distributions of the inhibitory neurons that are functionally downregulated or upregulated in the seizure-onset cortices may be patch-like (a pattern in Figure S4) or large scale. We introduced three patterns into our simulated networks, that is, the patch-like

upregulation and downregulation in the inhibitory interneurons (pattern one), all downregulation (pattern two), as well as large-scaled upregulation and downregulation (pattern three). If these inhibitory neurons appear as a patch-like pattern of upregulation and downregulation, the outputs of principal neurons express sudden and synchronous seizure spikes (i.e., seizure onset-to-termination, Figure 5A). The latency, strength, and duration of seizure onsets as well as the cross-correlation of principal neurons show that the seizure termination is only seen in a patch-like distribution of the upregulated inhibitory neurons (Figure 5B–F). As the epilepsy and seizure EEG appear automatically terminated, our results indicate that the patch-like distribution for the upregulated inhibitory neurons is a typical pattern in the seizure cortex of TLE patients. The neurons simulated under the control do not show seizure activity (Figure S6).

In terms of the correlation of the downregulated and upregulated inhibitory synapses with seizure activities in principal neurons, we introduced the different ratios of the upregulated inhibitory synapses to the downregulated ones into the simulated network. In Figure 6, the strength and duration of seizure-onset are affected by the ratio of inhibitory synaptic upregulation to

Figure 5 The patch-like distribution of the downregulation and upregulation of inhibitory synapses and neurons induces abrupt and synchronous seizure activities in computational-simulated networks. Three patterns, patch-like downregulation/upregulation in inhibitory neurons (pattern 1), downregulation in all inhibitory neurons (pattern 2), and large-scaled downregulation/upregulation (pattern 3) were introduced into our simulated networks. **(A)** Abrupt synchronous seizure spikes, that is, seizure onset and termination, are only seen in principal neurons once inhibitory neurons are downregulated and upregulated in a patch-like manner, but not other patterns. Calibration bar shows the digitized frequency of spikes. **(B)** shows the averaged strength of seizure activity versus time in three patterns. **(C)** illustrates the averaged correlation coefficients among pyramidal neurons during seizure activity versus time in three patterns. **(D)** shows the comparisons in the latency of seizure onset in three patterns. **(E)** illustrates the comparison in the maximal strength of seizure activity in three patterns. **(F)** shows comparison in the maximal correlation coefficients among pyramidal neurons during the seizure activity in three patterns.

downregulation. An increased ratio appears to lower seizure strength and duration (Figure 6A). Figure 6B–D shows dynamic changes in the latency, duration, strength, and synchrony of seizure activity by upregulating inhibitory synapses. The increase in a portion of the upregulated inhibitory synapses prolongs the latency of seizure onset, reduces the strength, and duration of seizure activity as well as lowers the correlation coefficient of seizure spikes in principal neurons.

To the correlation of the downregulated and upregulated inhibitory neuronal function with seizure activities in principal neurons, we introduced the different ratios of the upregulated

inhibitory neurons to the downregulated ones into a simulated network. The strength and duration of seizure onset are affected by the ratio of inhibitory neuronal upregulation to downregulation (Figure 7). The increase in this ratio reduces seizure strength and duration (Figure 7A). As illustrated in Figure 7B–D, the increases in the proportions of the upregulated inhibitory neurons delays seizure onset, reduces seizure strength and duration as well as lowers pyramidal neuron synchrony.

Moreover, the coordinated effects of the upregulated inhibitory synapses and neurons on seizure termination are illustrated in Figure 8. The increases in both upregulated inhibitory neurons

Figure 6 An increase in the proportion of upregulated inhibitory synapses reduces the strength and duration of seizure onset. **(A)** shows the averaged strength of seizure activity (spike frequency, Hz) versus time under the conditions of the ratio of IPSC upregulation 31.25% to downregulation 37.5% (red trace) versus that of IPSC upregulation 50% to downregulation 18.75% (blue). **(B)** illustrates the latency (open symbols) and duration of seizure activity (filled) vs. the percentage of IPSC upregulation (the percentage of upregulated inhibitory synapses). **(C)** shows the maximal strength of seizure activity versus the percentage of IPSC upregulation. **(D)** shows the maximal correlation coefficients among pyramidal neurons during seizure activity versus the percentage of IPSC upregulation.

Figure 7 An increase in the proportion of upregulated inhibitory neurons reduces the strength and duration of seizure onset. **(A)** shows the averaged strength of seizure activity (spike frequency, Hz) vs. time under the conditions of the spike upregulation of inhibitory neurons (IN) 25% (red trace) versus the spike upregulation of inhibitory cells 43.75%. **(B)** illustrates the latency (open symbols) and duration of seizure activity vs. the percentage of IN spike upregulation (the percentage of upregulated inhibitory neurons). **(C)** shows the maximal strength of seizure activity vs. IN spike upregulation. **(D)** shows maximal correlation coefficients among pyramidal neurons during seizure activity versus the percentage of IN spike upregulation.

Figure 8 The increases in the proportion of upregulated inhibitory neurons and synapses tend to synergistically terminate the onset of seizure activity in pyramidal neurons. **(A)** shows spike frequency versus time under the conditions of IPSC upregulation 31.25% and IN spike upregulation 25% versus of IPSC upregulation 50% and IN spike upregulation 43.75%. **(B)** shows the averaged strength of seizure activity versus time under the conditions of IPSC upregulation 31.25% and IN spike upregulation 25% vs. IPSC upregulation 50% and IN spike upregulation 43.75%. **(C)** shows the latency of seizure onset versus IPSC upregulation and IN spike upregulation. **(D)** shows the duration of seizure onset versus IPSC upregulation and IN spike upregulation. **(E)** shows the maximal strength of seizure activity versus IPSC upregulation and IN spike upregulation. **(F)** shows maximal correlation coefficients among pyramidal neurons during seizure activity versus IPSC upregulation and IN spike upregulation.

and synapses appear to almost terminate seizure activities in principal cells (Figure 8A–B). The increases in the proportion of the upregulated inhibitory synapses and neurons up to 50% can prolong the latency of seizure onset to be unlimited, reduce the strength and duration of seizure toward zero, as well as diminish the correlation coefficient of seizure spikes among principal cells to be the lowest (Figure 8C–F). Thus, the endogenous mechanism for seizure termination can be fulfilled by simultaneously upregulating inhibitory neurons and their output synapses.

Discussion

In the seizure-onset cortices from neocortical TLE patients as well as the control cortices from non-seizure individuals, we have analyzed the pathophysiological features of inhibitory neurons and their synaptic outputs. Most of the inhibitory neurons in the seizure-onset cortices have a low ability to produce spikes (Figures 2 and 3) and are unable to inhibit their postsynaptic neurons (Figure 4). On the other hand, some inhibitory synapses and neurons in the seizure-onset cortices are functionally upregulated (Figures 2–4). Our computational simulation reveals that the patch-like distribution of the upregulated inhibitory neurons and synapses leads to seizure termination (Figure 5). The simultaneous increases in the proportions of the upregulated inhibitory synapses and neurons synergistically strengthen seizure termination

(Figures 6–8). Molecular mechanisms underlying the upregulation versus downregulation in these inhibitory neurons remain to be determined.

The studies in animal models suggest that an imbalance of excitation and inhibition toward neural overexcitation is associated with seizure activity [53–55]. These valuable data in seizure pathogenesis remain to be confirmed in epileptic patients, and the data from human seizure tissues would be more convincing if the studies were carried out with controls [16]. Taken these issues with specific-type neurons for seizure discharges into account, we analyzed the characteristics of inhibitory neurons in the seizure-onset cortices from TLE patients and in controls from nonseizure individuals. In addition to a downregulation, a proportion of inhibitory neurons and synapses were functionally upregulated. Our studies support a role of cortical disinhibition in seizure onset. More importantly, our finding about the functional upregulation of inhibitory synapses and neurons in TLE patients brings a notion into endogenous mechanisms underlying seizure termination.

Pathophysiological changes in inhibitory neurons from seizure-onset cortices may be a cause of epileptic discharges or consequences induced by long-term epilepsy. The computational simulation based on our experimental data indicates that the downregulation of inhibitory synapses and neurons facilitates principal cells to induce synchronous seizure activity. The increases in the proportions of upregulated inhibitory synapses

and neurons reinforce cortical inhibitory networks to terminate seizure discharges (Figures 5–8). Inhibitory neuron-based therapy for epilepsy has been proposed [56]. The synergistic influences of upregulating inhibitory neurons and synapses on seizure termination (Figure 8) suggests that epilepsy therapy will benefit from strengthening the functions of multiple subcellular compartments in inhibitory neurons, such as their synaptic sensitivity, intrinsic properties, and GABAergic output. In these regards, the therapeutic strategies for intractable TLE patients should be to raise the number and function of inhibitory neurons synergistically. As stem cells are preferentially differentiated into inhibitory neurons, the stem cell therapy will be the option to increase the number of inhibitory interneurons. The molecular mechanisms underlying the upregulation of inhibitory interneurons have not been developed well, and the approach for specifically enhancing inhibitory neuron function remains to be studied.

Computational simulations for seizure onset based on the studies in epileptic animal models have been carried out by changing one of factors, such as voltage-gated ion channel [57], local neural network [58,59], small-world versus large-scale network [47,60], or destabilization for multistate network transition [61]. Computational simulation in this study is based on our data from TLE patients versus controls by introducing multiple factors (such as, neuronal active intrinsic properties and

synaptic dynamics) into neural networks. The data read from our simulations under the conditions of specific-type neurons and synapses make the computational neural networks to be closely comprehensive.

In summary, inhibitory neurons and synapses in seizure-onset cortices are differentiated into two functional populations, down-regulation and upregulation. The downregulation of inhibitory cellular units leads to seizure onset. Their upregulation constitutes a homeostatic process to strengthen inhibitory units, an endogenous mechanism for seizure termination. The increases in the proportion and function of inhibitory synapses and neurons to synergistically terminate seizure will be useful to treat intractable TLE patients.

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Conflict of Interest

The authors declare no conflict of interest.

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Supporting Information

The following supplementary material is available for this article:

Figure S1. The neurons and synapses in the seizure-onset cortices from intractable TLE patients are not sensitive to Valproate, a first-line medicine for epilepsy.

Figure S2. The fast-spiking neurons in the slices from seizure-onset cortices vs. control ones are recorded in our study.

Figure S3. The morphological characteristics of inhibitory neurons from seizure-onset cortices vs. control ones are analyzed by imaging neurobiotin-labeled interneurons.

Figure S4. The composition and connection of pyramidal neurons and inhibitory neurons in the simulated networks.

Figure S5. The quantitative measurements of seizure activities among pyramidal neurons in seizure-onset networks.

Figure S6. The temporal and spatial activities of pyramidal neurons computationally simulated based on the features of inhibitory neurons recorded in the cortices from control individuals.

Table S1. Clinical data for epilepsy patients who have received surgical operations.