European recommendations on organisation of interventional care in acute stroke (EROICAS)

Jens Fiehler¹, Christophe Cognard², Mauro Gallitelli³,
Olav Jansen⁴, Adam Kobayashi⁵, Heinrich P Mattle⁶,
Keith W Muir⁷, Mikael Mazighi⁸, Karl Schaller⁹ and
Peter D Schellinger¹⁰

Please see the acknowledgements for the list of participating societies

Introduction

Five recently published randomized controlled trials (RCTs)^{1–5} and respective meta-analyses^{6–12} provide strong evidence that endovascular thrombectomy (EVT) combined with best medical treatment (BMT), including intravenous (IV) tissue plasminogen activator (IV thrombolysis, IVT) for eligible patients, improves the outcomes of appropriately selected patients with acute ischemic stroke in the setting of proximal occlusions in the carotid circulation (large vessel occlusion, LVO).

Four out of the five studies were stopped early after a first RCT¹ showed the superiority of EVT combined with medical management over medical management alone. Such premature trial termination will on average lead to overestimation of the treatment effect.¹³ Nonetheless, since all five RCTs showed consistent benefit of EVT over optimal medical management alone, and a dose–effect relation (reperfusion rates vs. clinical outcome), the benefit of EVT is considered established.

After the publication of the “Consensus statement by ESO-Karolinska Stroke Update” as timely response to the new evidence,¹⁴ the purpose of EROICAS is to provide recommendations based on a structured

collaborative process conducted by six relevant European professional societies.

Methods

A multidisciplinary group of nine clinical researchers (neurology, neurosurgery, neuroradiology, neuro-intensive care, and emergency care physicians) from seven European countries representing six European Scientific Societies (in alphabetical order: European Academy of Neurology (EAN), European Association of Neurosurgical Societies (EANS), European Society of Emergency Medicine (EuSEM), European Society of Minimally Invasive Neurological Therapy (ESMINT), European Society of Neuroradiology (ESNR), European Stroke Organisation (ESO)) was nominated by the participating societies and confirmed by the respective Executive committees.

The group discussed and decided by consensus on specific therapeutic questions. This included rating the importance of the outcomes selected, concluded by a majority consensus among the members of the working group.

¹Department of Neuroradiology, University Medical Center, Hamburg, Germany

²Department of Neuroradiology, University Hospital of Toulouse, Toulouse, France

³Emergency Department, Ospedale “Santi Giovanni e Paolo”, Venice, Italy

⁴Department of Radiology and Neuroradiology, University Medical Center of Schleswig-Holstein, Campus Kiel, Germany

⁵2nd Department of Neurology and Interventional Stroke and Cerebrovascular Treatment Centre, Institute of Psychiatry and Neurology, Warsaw, Poland

⁶Department of Neurology, Inselspital, University of Bern, Bern, Switzerland

⁷Institute of Neuroscience and Psychology, University of Glasgow, Queen Elizabeth University Hospital, Glasgow, Scotland, United Kingdom

⁸Department of Neurology and Stroke Center, AP-HP, Lariboisière Hospital, Paris, France

⁹Department of Neurosurgery, University of Geneva, Medical Center, Geneva, Switzerland

¹⁰Departments of Neurology and Neurogeriatrics, Johannes Wesling Klinikum Minden, Minden, Germany

Corresponding author:

Jens Fiehler, University Medical Center Hamburg-Eppendorf, Martinistrasse 52, Hamburg 20146, Germany.
Email: fiehler@uke.de

This article is being co-published, with the permission of the authors, in the following journals: International Journal of Stroke (DOI: 10.1177/1747493016647735) and European Stroke Journal (DOI: 10.1177/2396987316659033). To request permission to re-use any part of this article, please contact SAGE Publishing: <http://online.sagepub.com/>

The group identified all available related literature and selected eligible studies. For each question, three to five authors (Appendix) screened the publications and assessed the full text of potentially relevant studies. We restricted our evidence synthesis to RCTs, systematic reviews and meta-analyses of RCTs relating to 15 questions.

The group graded quality of evidence and strength of recommendations. The final summaries of the quality and strength of evidence and recommendations for each question (based on RCT evidence only) were discussed by the whole group, and the recommendations were agreed by a majority consensus of the group of all authors. Similar to the GRADE approach,¹⁵ quality of evidence was graded into high, moderate, low, and very low. Overall, 41 recommendations were given. Section authors generated “additional information” based on RCTs and observational studies.

Development of guidelines that encompasses the GRADE guideline development process^{15–17} is under way.

Part A: Center and operator requirements for thrombectomy

1. What service organization is associated with favorable outcome after thrombectomy?

Minimum characteristics of centers appropriate to conduct EVT common to all five studies were: 1–5

- An established organization to support rapidly instituted IV rtPA use,
- Team organization of a level sufficient to support clinical trial participation,
- Experience with acute CT interpretation including ASPECT scoring,
- Experience with CTA in acute stroke patients as a minimum additional imaging modality,
- A process for monitoring door-to-needle/groin puncture/reperfusion, and procedural duration times, and a governance process to ensure that these are reviewed,
- Implementation of door-to-needle time minimization strategies as for IV thrombolysis,
- Minimum institutional and individual experience of cerebrovascular procedures generally, of thrombectomy for acute stroke, and of the specific device.

The generalizability of the trial findings to centers or interventional teams that do not fulfil these criteria is not established by the literature.

Recommendation.

- Services should demonstrate established organization at the center to support rapidly instituted IV

rtPA use, team organization of a level sufficient to support clinical trial participation, a process for monitoring door-to-needle/ groin puncture, and procedural duration times, and a governance process to ensure that these are reviewed (Quality of evidence: *moderate*, Strength of recommendation: *strong*).

- Services should include a neuroradiological/radiological department with experience with acute CT/MR interpretation including ASPECTS, and experience with CTA in acute stroke patients as a minimum additional imaging modality (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).
- Operators and services should conform to minimum requirements for training, certification, caseload and ongoing education for acute neurovascular procedures by national/European neurointerventional/radiological organizations and national statutory bodies (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

Additional information. Only one trial⁴ was conducted explicitly in the setting of a regional network of acute stroke care, covering a population of 7.5 million in a compact geographical region of Catalonia. No trial specified the characteristics of a network, only of individual participating centers.

EXTEND-IA² selected sites that were “required to have an established intravenous rtPA program with multimodal CT or MRI imaging as standard procedure”.

SWIFT-PRIME⁵ selected sites and investigators based upon several criteria; in addition to general criteria related to good clinical practice (GCP), these included:

- Previous experience with clinical research and mechanical thrombectomy procedures,
- Experience in conducting randomized, controlled, clinical studies,
- Currently treating subjects who meet the inclusion/exclusion criteria,
- Ability to enroll an adequate number of subjects,
- Ability and willingness to randomize study subjects,
- Ability to perform required clinical testing, including: angiography, CT, and MRI,
- Adequate staffing to conduct the study.

ESCAPE³ required sites to employ CTA as standard of care for acute stroke patients and have effective systems for identification of patients. In addition, “the quality of intervention will be ensured by hand-selection of sites and only be approved by the executive committee after a site visit. All sites must submit evidence within the 2 years prior to commencement of the trial that they can meet the 90-min target of CTA to recanalization time. A key and critical component of the trial will be an ongoing

quality assurance program to ensure that sites can meet these targets for endovascular intervention. Training will be undertaken at the sites and continued on a quarterly basis. Monitoring of interval times will be collated and provided to sites on a quarterly basis so that regular feedback might induce appropriately fast treatment processes. Sites that fail to meet these objectives in the trial will be dropped from the trial”.

MR CLEAN¹ specified that centers should meet the following minimum criteria:

- The intervention team should have ample experience with endovascular interventions for cerebrovascular disease, peripheral artery disease, or coronary artery disease. At least one member of the intervention team should have sufficient experience with intra-arterial thrombolysis (IAT).
- ... At least one member of the intervention team should have sufficient experience with the particular device (defined as completion of at least five full procedures with the particular device). Procedures that have been carried out by two team members (e.g. in a training setting) count. Procedures do not need to be successful, nor uncomplicated. Procedures consisting of mechanical thrombectomy combined with IAT count for both.
- ... The possibility of treatment by an interventionalist with sufficient experience is listed as an inclusion criterion”.

The same organizational components that have been shown to achieve rapid door-to-needle times for IV thrombolysis will therefore be required for provision of IAT.^{18,19} Process improvements have been documented in a number of publications and guidelines and these have been shown to improve treatment times when translated into a different health care environment. The additional components required for implementation of IAT should include early notification of the interventional team, and neuroradiology workflow that minimizes acquisition, processing, and interpretation of additional imaging to select patients for IAT.

There is evidence from national audit data in the United Kingdom that stroke centers with higher rates of IVT (≥ 50 cases per year) have higher numbers of admissions (550–950 ischemic stroke patients per annum) and also have shorter door to imaging and door-to-needle times.²⁰

2. What operator characteristics are associated with favorable outcome after thrombectomy?

In general, both patient selection and procedural expertise are critical to achieve a good clinical outcome in neurovascular procedures.^{21–26} Training requires a

minimum defined number of neurovascular cases, and maintenance of skills requires an ongoing minimum caseload.

Well-trained neurointerventionalists are a critical component of an organized and efficient team needed to deliver safe and effective EVT for acute ischemic stroke patients. The great majority of thrombectomies in the five stroke thrombectomy studies showing favorable outcome after EVT were performed by trained, experienced neurointerventionalists, including interventional neuroradiologists, or formally trained endovascular neurosurgeons, and interventional neurologists working routinely on neuroradiological interventional procedures.

Criteria for trial centers and staffing were stated variously in trial protocols of the five RCTs.

- REVASCAT specified “certified vascular neurologists and interventional neuroradiologists or neurologists in comprehensive stroke centers that treat more than 500 acute stroke patients and perform more than 60 acute mechanical thrombectomy procedures every year will manage patients.
- ...certified interventionalists [should] have at least 2 years training in diagnostic angiography and endovascular treatment at a comprehensive stroke center. As first or co-interventionalists, they require to have participated in more than 200 angiographies and 150 endovascular procedures. For the purpose of the REVASCAT trial, only neurointerventionalists who have performed at least 20 thrombectomies with Solitaire device in acute ischemic stroke patients can treat subjects”.
- EXTEND-IA specified “Neurointerventionalists will be credentialed to participate in the study if they have >2 years neurointerventional experience and have performed >10 intra-cranial clot retrieval procedures”.

Recommendation.

- Thrombectomies should be performed by physicians competent in intracranial endovascular procedures. Competence in Interventional neurovascular procedures is based on:
 - Proven capacity to perform, conduct, and interpret standard diagnostic Neuroradiology (CT, MR, multimodal-imaging) for appropriate case selection.
 - Proven capacity to perform, conduct, and interpret standard intracranial endovascular procedures as well as management skills for procedural complications.
 - Skills in interdisciplinary management of hemorrhagic and ischemic stroke patients with stroke physicians or neurologists/neurosurgeons

in stroke centers. Treatment in the context of an acute stroke unit is an option in geographically remote regions.

- Meeting the minimum requirements for training, certification, caseload, and ongoing education for acute neurovascular procedures by national/European neurointerventional/radiological organizations and national statutory bodies (e.g. certification by a European or National Certificate/Diploma/Master).
- Continuous updating of the interventional neuroradiology (INR) diagnostic and therapeutic methods and skills.

(Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

Additional information. Recently, a group of international multi-disciplinary societies involved in EVT for acute ischemic stroke, have put forth training guidelines. Formal neuroscience training, stringent peer review and quality assurance processes are critical to ensuring the best possible patient outcomes.²⁷ The key specifications are:

- The operator must have a training in radiology, neurology or neurosurgery, which should include documented training in the diagnosis and management of acute stroke, the interpretation of cerebral arteriography and neuroimaging under the supervision of a neuroradiologist, neurologist, or neurosurgeon with subsequent eligibility or certification. Those physicians who did not have adequate such training during their residencies must spend an additional period (at least 1 year) by training in clinical neurosciences and neuroimaging. **AND**
- Dedicated training in Interventional Neuroradiology (also termed Endovascular Neurosurgery or Interventional Neurology) under the direction of a Neurointerventionalist (with Neuroradiology, Neurology, or Neurosurgical training background), at a high-volume center. It is preferred that this is a dedicated time (minimum of 1 year), which occurs after graduating (i.e. a fellowship).

3. Which key performance indicators are required to ensure favourable thrombectomy service performance?

The interval from symptom onset to TICI IIb/III reperfusion was strongly associated with favorable clinical outcome and should be reported. In addition to general maximum time intervals for initiation of IVT and EVT,

trials specified target time intervals for in-hospital processes to allow performance monitoring and minimize door-to-EVT times. The five trials reported:

- Time from symptom onset to reperfusion
- “Door to imaging” time
- Imaging to groin puncture time
- Groin puncture to clot/ first device deployment
- Degree of reperfusion (using the mTICI scale)
- Clinical outcomes: mRS at 90 days
- Procedure-related complication rate: symptomatic intracranial hemorrhages (SICH)

The ability to define limits for several time variables is limited since only group average data were reported. The likelihood of favorable clinical outcome declines steeply with longer time to achieve reperfusion.^{28,29}

Recommendation.

- Services should routinely collect the key performance indicators (KPIs) listed above.
- KPIs should be reported as part of ongoing audits and/or regional, national or international registries.
- Services should monitor performance to minimize door-to-reperfusion times and should report performance metrics in the public domain.
- Target for TICI IIb/III rate should be > 60% (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).
- Target for imaging (in hospital where EVT is conducted) to femoral puncture time should be, if possible < 30 min and always < 90 min (Quality of evidence: **Low**, Strength of recommendation: **Weak**).

Additional information. Time metrics: Several recent trials minimized in-hospital process times. Door-to-femoral puncture and femoral puncture to-reperfusion times were generally shorter than those reported historically. Median symptom onset-to-femoral puncture times were generally approximately 4 h. Since the four largest trials did not report screening log data, it is unknown how often patients were excluded on grounds of anticipated procedural delay.

- MR CLEAN recommended intervals from emergency department (ED) arrival as follows: Neuroimaging (CT and vascular) < 20 min; IVT start < 30 min; randomization < 60 min if IVT eligible or < 30 min if IVT ineligible; EVT start < 90 or < 60 min for IVT eligible or ineligible respectively.
- ESCAPE specified < 60 min CT to femoral puncture and < 90 min CT to recanalization times and monitored site performance against these targets.

- REVASCAT specified multimodal imaging <30 min before randomization, > 30 min after IVT start, and <90 min maximum before femoral puncture (<60 min recommended).
- SWIFT-PRIME specified a 90-min CTA to puncture requirement, with an ideal of 50 min CTA to puncture.
- EXTEND-IA did not specify process times, only recommending that the IAT procedure should commence as rapidly as possible and within a maximum of 6 h from symptom onset.

Part B. Candidates for thrombectomy: Which patients should be treated?

4. Which clinical selection criteria define candidates for additional thrombectomy compared to best medical therapy alone?

Trial inclusion criteria covered a range of clinical situations but in four of five trials set inclusion and exclusion criteria so as to maximize the probability of identifying a treatment effect by selecting a “responder” population based on clinical and imaging criteria. Many subgroups are too small to allow reliable conclusions.

Time: The maximum time permitted from symptom onset to groin puncture in the RCTs was either 6 h,^{1,2,5} 8 h,⁴ or 12 h.³ Patients with unknown time of onset have not been included in any of the completed RCTs.

Only 49 participants (15.5%) patients underwent randomization for EVT ≥ 6 h after symptom in ESCAPE and the time-to-groin puncture was ≥ 6 h in 22/103 patients (21.4% of the EVT group) in REVASCAT. There are too few patients in these two RCTs to evaluate efficacy in the subgroup of patients within the 6- to 12-hour time window.

Pre-stroke function: Four of the five trials in which stent-retrievers were predominantly used, used a pre-stroke function eligibility criterion. REVASCAT, SWIFT-PRIME, and EXTEND-IA required a pre-stroke estimated mRS score of 0 to 1, and ESCAPE used Barthel scores of ≥ 90 to 100, while MR CLEAN did not set a threshold, but randomized only 25 patients with estimated mRS=2 and 21 with mRS>2. No conclusion can be drawn for patients with pre-existing functional deficits (mRS > 1).

Age: All RCTs enrolled patients ≥ 18 years of age. Two RCTs employed an additional upper age limit of 80 or 85 years (SWIFT-PRIME, REVASCAT). MR CLEAN included 81 patients ≥ 80 years and ESCAPE 85 patients > 80 years. Treatment effects did not differ by age strata in either trial. EXTEND-IA did not report age sub-groups. Only in REVASCAT the

treatment effect appeared to be less consistent in the subgroup of patients older than 70 years. There are no data from randomized trials of endovascular therapy in patients <18 years of age.

Stroke severity: Four RCTs used NIHSS scores as eligibility criteria (>2, > 5, and 8–29) and the fifth enrolled patients without upper or lower limit for the NIHSS score. The median NIHSS of enrolled patients was consistently high among the RCTs (15 to 18). Based on these results, there are insufficient data to specify a lower or upper limit for the NIHSS score.

Prior IV rtPA: All five RCTs included patients with prior IV tPA according to guidelines from professional medical societies within 4.5 h of stroke onset (73–98% of the included patients). On aggregate, 85% of patients enrolled in the five RCTs received IV rtPA. Two RCTs (MR CLEAN and REVASCAT) explicitly or implicitly stipulated waiting after administration of IV tPA to EVT, whereas three did not (ESCAPE, SWIFT-PRIME, and EXTEND-IA).

IV rtPA contraindications: Three trials also enrolled patients with contraindications for IV rtPA (REVASCAT, ESCAPE, MR Clean). The therapy effect remained consistent in the subgroup with IV rtPA contraindications, although contraindications were not defined in the trials and these subgroups constituted <10% of randomized patients.

Recommendations.

- Selected patients should have a good pre-stroke functional level (mRS 0-1) (Quality of evidence: **High**, Strength of recommendation: **Strong**).
- Time from symptom onset to groin puncture should be preferably within 6 h (Quality of evidence: **High**, Strength of recommendation: **Strong**).
- Time from symptom onset to groin puncture should be no later than 12 h. Advanced imaging might help in identifying patients with potential benefit in the 6-to 12-hour time window (Quality of evidence: **Very low**, Strength of recommendation: **Weak**).
- Application of an upper age limit is not justified (Quality of evidence: **High**, Strength of recommendation: **Strong**).
- Application of a higher or lower limit in NIHSS score is not justified (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).
- Angiographic imaging may reasonably be undertaken even in the context of rapidly improving neurological symptoms in otherwise EVT-eligible patients (Quality of evidence: **Low**, Strength of recommendation: **Weak**).

- Waiting to evaluate IV rtPA therapy response is not recommended (Quality of evidence: **Low**, Strength of recommendation: **Strong**).
- EVT is recommended as first-line treatment in stroke patients with large vessel occlusions in the anterior circulation if IV rtPA therapy is contraindicated (Quality of evidence: **Low**, Strength of recommendation: **Weak**).

Additional information. The benefit of thrombectomy was not different in the elderly subgroups of the two RCTs that enrolled a significant number of elderly subjects compared to younger patients. The odds for improvement in one point on the modified Rankin scale at 90 days for patients above 80 years was 3.0 (1.3–6.8) in ESCAPE and 3.2, 95% CI 1.2–8.6) in MR CLEAN; wide confidence intervals reflect imprecise effect size estimates.

There was a positive treatment effect irrespective of gender in SWIFT-PRIME (RR: 1.75 [1.11–2.78] for men; and 1.61 [1.03–2.50] for women) and ESCAPE RR 2.5 (1.4–4.5) for men and 2.6 (1.5–4.4) for women).

Eligible NIHSS score for thrombectomy varied significantly among studies: above 2 in MR CLEAN; above 5 in REVASCAT; between 8 and 30 in SWIFT-PRIME; no limit in EXTEND-IA and ESCAPE. Despite these discrepancies the median NIHSS score was 17 in the interventional arm for all these studies. There was no evidence of heterogeneity of effect across baseline NIHSS score suggesting that no specific range for NIHSS score should be recommended for thrombectomy patient selection. Apart from the NIHSS score, combined scores have been developed to predict patient outcome after therapy.

Patients with previous disability ($mRS \geq 2$) were not eligible in recent thrombectomy trials. In SWIFT-PRIME, patients with an $mRS \geq 2$ represented 1% of the IV t-PA arm and 2% of the endovascular group. No evidence is available at present to support specific recommendations in this subset of patients.

REVASCAT explicitly waited a minimum of 30 min to assess the clinical effect of IV rtPA; it is likely that this also occurred in MR CLEAN given the long interval from IVT initiation to randomization (119 min), although this was not explicitly part of the protocol. However, those trials that pursued a policy of proceeding as fast as possible to IAT achieved significantly better outcomes. The potential role of advanced imaging selection, also deployed in trials that pursued a policy of proceeding to intervention as rapidly as possible, is not clear.

5. Which imaging selection criteria define candidates for additional thrombectomy compared to best medical therapy alone?

Type of imaging (MRI vs. CT): Parenchymal imaging to rule out hemorrhage was done predominantly by noncontrast CT with a number of patients enrolled based on MRI in MR Clean and SWIFT-PRIME. Imaging modality CT or MRI has not been compared in any clinical trial.

Ischemic core in nonenhanced imaging: All five positive RCTs required nonenhanced CT or MRI as baseline imaging. An ASPECTS score of 6–10 was required in two RCTs^{3,5} and 7–10 (later 8–10) in another.⁴ MR CLEAN had no limits for ischemic core volume by ASPECTS score but enrolled only 28 patients with ASPECTS 0–4. In EXTEND-IA,² patients with $> 1/3$ MCA abnormality on noncontrast CT were excluded. In the ESCAPE and SWIFT-PRIME trials, lower ASPECTS thresholds of 5 and 6 were applied for MRI, respectively. Additional imaging selection criteria were applied in all patients in three trials, using perfusion (SWIFT-PRIME and EXTEND-IA) or collateral imaging (ESCAPE) selection criteria, while REVASCAT specified perfusion imaging for patients recruited > 4.5 h after onset. Subgroup analyses in the studies were generally underpowered but could not identify any difference in therapeutic effect when comparing subgroups with ASPECTS scores of 5 or more points (5–7 points, OR 1.97 and 8–10 points, OR 1.61, respectively).

Demonstration of artery occlusion: In all positive studies, large artery occlusion in the carotid circulation (LVO) had to be demonstrated prior to randomization by noninvasive imaging (CT-Angiography, CTA or MR-Angiography, MRA). All studies used additional vessel imaging to identify large vessel occlusion: either CTA or MRA.^{1–3} MR CLEAN and REVASCAT additionally allowed DSA to identify an occlusion minutes after start of IV tPA. All RCTs included proximal MCA occlusion (M1, total 827 patients, 66%) and four RCTs included the occlusion of the intracranial internal carotid artery (ICA) (including “Carotid-T” or “Carotid-L”, total 328 patients, 26%). Patients with more distal MCA-occlusions (M2) were included in three studies (total 104 patients, 8%) and ACA-occlusion in MR Clean only (3 patients). A prospective RCT is enrolling patients with basilar artery occlusion (BASICS).³⁰

Tandem pathology: Ipsilateral cervical ICA occlusions additionally to intracranial occlusions were included in three studies (in total 217 patients, 15%). Although not significantly different in these studies, the

data do suggest at least a comparable therapy effect in these patients (ESCAPE, MR CLEAN). In the MR CLEAN trial, 146 (29%) patients had an additional extracranial ICA occlusion, with a trend for the treatment effect in favor of thrombectomy (OR 1.43, 95% CI 0.78–2.64). In ESCAPE, there is borderline evidence of heterogeneity of treatment effect between these subgroups suggesting higher treatment effect in patient with cervical ICA stenoses ($p = 0.049$).

Presence of salvageable brain tissue: Advanced imaging selection criteria have the potential benefit of more accurate identification of patients most likely to respond to therapy. On the other side, patients who may expect therapy effect could be excluded. Three of the RCTs attempted the confirmation of salvageable brain tissue (ESCAPE, EXTEND-IA, and SWIFT-PRIME) either by defining small ischemic cores in combination with the presence of salvageable brain tissue (SWIFT-PRIME and EXTEND-IA) and/or adequate collateral flow (ESCAPE). Within EXTEND-IA and SWIFT-PRIME, detection of salvageable tissue was attempted by using a dedicated software in 100% and 81% of patients. REVASCAT used the same software for the first 71 patients. After enrolment of the first 71 patients, the investigators switched to the criterion to ASPECTS of ≥ 6 for sites that did not have CT perfusion capability. In ESCAPE, CTA was used to select patients with moderate to good collateral circulation (filling of $\geq 50\%$ pial arterial circulation visualized). In ESCAPE, moderate-to good collateral circulation was defined as the filling of 50% or more of the middle-cerebral artery pial arterial circulation on CTA (preferably on multiphase CTA).³

A subanalysis of CT perfusion data from MR Clean revealed that this method could be useful for predicting functional outcome but not for reliable identification of patients who will not benefit from EVT.³¹

Recommendations.

- Occlusions of MCA (M1 or M2) and/or of the intracranial ICA should be diagnosed with noninvasive imaging whenever possible before considering treatment with EVT (Quality of evidence: **High**, Strength of recommendation: **Strong**).
- EVT can be considered in patients where there is an occlusion or stenosis of the cervical ICA in addition to a suitable intracranial target vessel occlusion (tandem pathology) (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).
- The additional benefit of advanced perfusion or collateral image processing for patient selection is not established and requires further study (Quality of

evidence: **Low**, Strength of recommendation: **Strong**).

Additional information. The ASPECTS score has only moderate to good interobserver agreement in the hyperacute stroke setting. Generally, higher baseline ASPECTS predicts more favorable outcome after thrombectomy.^{32,33} In IMS 3, however, about one-fifth of patients with ASPECTS 0–4 achieved a good functional clinical outcome.^{34,35} Lower age, faster treatment, and lower baseline stroke severity may be reasons for good outcome in this group suggesting that thrombectomy may be considered. In patients with lower initial ASPECTS, the location of the hypodensity can be taken into consideration.³² No treatment interaction with ASPECTS has been demonstrated but ASPECTS 0–4 are barely represented in recent trials. Further RCTs in patients with ASPECTS 0–5 are warranted.

CTA-defined occlusions resolved in a proportion of patients, even with clinically severe stroke, in IMS-3 and MR CLEAN, and 10% (9/98) of SWIFT-PRIME IAT-randomized patients. It is therefore inevitable that a proportion of patients with proven vessel occlusion will not require EVT by the time that the procedure is initiated. The separation of M1 occlusions from M2 occlusions can be difficult in some patients owing to early branches of the M1 such as the anterior temporal branch. If conducted, the subgroup analysis for each occlusion site for the individual RCTs showed no evidence of heterogeneity of treatment effect between the different occlusion types (SWIFT-PRIME).

In a systematic review of 32 studies including 1107 patients with tandem pathology (not including the five RCTs), EVT was compared with any kind of mechanical treatment and/or stent placement. Recently published cohort studies indicate that tandem stenosis/occlusions of the ICA/MCA can be treated with acute stenting of the extracranial internal carotid and stent-retriever mechanical thrombectomy in the MCA with a reasonable risk profile.^{36–44}

Acute stenting of occlusions of the extracranial ICA resulted in a higher recanalization rate (87% vs. 48%, $p = 0.001$) and favorable outcomes (68% vs. 15%, $p < 0.001$) as well as lower mortality (18% vs. 41%, $p = 0.048$) when compared to intra-arterial thrombolysis.³⁹

Longer clot length as measured on thin-section NCCT has been associated in several studies with low probability of successful recanalization with IV tPA,^{45–47} raising the possibility that this group might derive greater benefit from EVT. The only RCT that included clot length > 8 mm as a selection criterion the

unpublished THERAPY trial,⁴⁸ assessed the safety and effectiveness of the Penumbra System and was terminated prematurely with a sample size too small to identify a clear treatment effect. The interaction of clot length with EVT effect is therefore not established and further research is required.

Part C: Preclinical and clinical requirements in organization before thrombectomy

6. What organization of emergency medical systems and emergency departments is required to refer appropriate patients to EVT?

Although the operational characteristics of emergency medical systems (EMSs) and emergency departments (EDs) involved in the more recent IAT trials have not been specified, all trials were undertaken at centers selected carefully for experience with acute stroke care in general and established thrombolysis pathways. The same organizational components that have been shown to achieve rapid door-to-needle times for IV thrombolysis^{18,19} will therefore be required for provision of IAT. One trial (REVASCAT) was explicitly undertaken within the context of a regional network of stroke centers organized to facilitate patient transfer to appropriate treatment centers.^{4,49}

Identifying stroke patients who are EVT candidates in the pre-hospital phase may help to shorten delay from symptom onset to EVT if the transportation times to hospitals with or without EVT capabilities are comparable. As the decision has to be taken by paramedic staff, its basis should be simple and accurate in the prediction of LVO. Several simple stroke assessment scales have been reported to identify patients with LVO.^{50–53}

Among them, only the RACE scale has been prospectively validated for identifying such patients in a prehospital setting by EMS technicians.⁵² A RACE scale score of ≥ 5 had sensitivity 0.85, specificity 0.68, positive predictive value 0.42, and negative predictive value 0.94 for LVO. The NIHSS is rarely used in the pre-hospital setting. It is usually employed in EDs to assess clinical stroke severity. There is a significant association of NIHSS scores and vessel occlusions in patients with anterior circulation strokes, but a lower threshold to identify LVOs cannot be defined. Therefore, the NIHSS cannot replace vessel imaging.⁵¹ There is no direct evidence that patient diversion based on field diagnosis of LVO is beneficial.

Recommendation.

- Operational characteristics of EMDs and EDs must ensure that treatments for acute ischemic stroke are

administered in the timeliest fashion possible (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

- Clinical screening tools (e.g. RACE scale) to minimize unnecessary transfer of patients may be considered, depending upon local service organization (Quality of evidence: **Low**, Strength of recommendation: **Weak**).
- Hospitals providing EVT should do so within the context of regional or national networks in collaboration with EMS to maximize access to EVT for suitable patients, and minimize delays to appropriate treatment (Quality of evidence: **Low**, Strength of recommendation: **Strong**).

Additional information. In Europe, many countries have developed medical dispatch protocols and physician-based pre-hospital EMS, so that the right team can be sent, the stroke pathway is activated and the right hospital ED is identified for the patient.^{53,54}

Several studies identify probability of LVO stroke with increasing stroke severity as measured on the NIH Stroke Scale. While arbitrary NIHSS score thresholds may therefore increase the yield of potential EVT cases and avoid secondary transfer of patients, any single threshold proposed by any study achieved limited sensitivity and specificity for prediction of LVO. Studies have predominantly mixed anterior and posterior circulation strokes, and deployed various angiographic methods. It is also known that there are systematic differences between right and left hemisphere NIHSS scores due to the predominance of test items assessing language in the NIHSS, and no study has adjusted for hemisphere. In addition, both Heldner et al.⁵⁵ and Cooray et al.⁵⁶ identified a downward shift in NIHSS threshold for predicting LVO with increasing onset to CT scan time, the threshold being NIHSS 12 for imaging at ≤ 60 min, 11 with imaging at 61–120 min, and 10 for imaging from 121–270 min in the SITS data analyzed by Cooray,⁵⁶ and 9 for imaging < 180 min but 7 for imaging 181–360 min for the single-center data of Heldner. Maas et al.⁵⁷ reported that all patients with $\text{NIHSS} \geq 2$ would require angiographic imaging in order to detect 90% or more of those with proximal vessel occlusions.

7. Should patients with stroke from suspected large artery occlusion be directly transferred to a hospital offering thrombectomy?

All trials permitted enrolment of patients who were either admitted directly to the interventional center or were transferred to the interventional center from a primary stroke center, where IV rtPA was initiated in the great majority (the “Drip and Ship” approach).

Secondary transfer in the EVT arm was undertaken in a minority of patients where data have been presented: for EXTEND-IA (4/35; 11%) and SWIFT-PRIME (31/98; 32%). No data have been presented for REVASCAT, ESCAPE, or MR CLEAN.

Screening imaging with CTA or CTP (or equivalent MRI) was not undertaken at the primary stroke center, but deferred until arrival at the interventional center in all trials.

Primary stroke centers had to ensure that transferred patients had sufficient time to undergo clinical and imaging assessment at the EVT center and still meet trial timelines: average onset to IV rtPA times in all trials ranged from 85 to 127 min (MR CLEAN 85 min; EXTEND-IA 127 min; SWIFT-PRIME 110 min; ESCAPE 110 min; REVASCAT 117 min).

Two trials (ESCAPE and SWIFT-PRIME) reported secondary analyses comparing treatment outcomes among direct admission to EVT centers (termed the “mother-ship” approach) with secondary transfers, and found no heterogeneity of the treatment effect of EVT. However, onset to randomization times were substantially longer in those patients transferred secondarily (interval from IV rtPA initiation to randomization 17 min vs. 120 min in ESCAPE and interval from IVT initiation to femoral puncture 58 min vs. 160 min in SWIFT-PRIME). The absolute benefit in terms of mRS 0-2 also did not differ between admission direct to an EVT center and secondary transfer.

Recommendation.

- Patients should undergo diagnostic imaging as fast as possible and receive IV rtPA as fast as possible when indicated (Quality of evidence: **High**, Strength of recommendation: **Strong**).
- In a situation with equidistant hospitals, direct transfer of selected patients likely to have LVO to a hospital offering EVT should be considered.
- Hospitals without interventional services for stroke therapy should implement policies for transfer of patients to EVT sites, consistent with a network as recommended for EMS organization.
- Referring hospitals should have an established IV thrombolysis service and be able to initiate treatment in appropriate cases within a timeframe sufficient to allow transfer, clinical and imaging assessment, and procedural initiation at the interventional center within a maximum of 6 h after symptom onset (or “last known well” time). This means that IV rtPA onset to treatment times for potential EVT cases will in general be considerably shorter than the maximum time window permitted for IV rtPA therapy alone (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

Part D. Methods for interventional treatment

8. What is the optimal blood pressure management during thrombectomy?

Blood pressure monitoring was not analyzed systematically in any of the RCTs. Data on blood pressure in stroke patients undergoing EVT are limited and with mixed results. While some retrospective analysis did not show a relation between periprocedural blood pressure and 90 days outcome a single center retrospective study demonstrated an association between a periprocedural hypotension (SBP<140) and a worse clinical outcome.⁵⁸ Post hoc analysis of stroke patients treated with thrombectomy showed that patients with very high or very low pressure have the worst outcome (U-shape).⁵⁹ There is limited although supportive clinical data and pathophysiologic mechanisms that suggest that hypotension in the periprocedural period of EVT and hypertension after successful recanalization may be associated with worse clinical outcome.

Recommendation.

- Blood pressure should be kept below 180/110 mmHg (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).
- Excessive systolic blood pressure drops during thrombectomy should be avoided (Quality of evidence: **Low**, Strength of recommendation: **Strong**).

9. What kind of thrombectomy device is associated with favorable clinical outcome?

Available evidence shows superiority of stent-retrievers versus older recanalization devices (e.g. the MERCI device) both in their recanalization rates^{60,61} and in their positive effect on clinical outcome.⁶⁻¹² A majority of this benefit appears to be attributable to the application of stent-retrievers as a class of recanalization device. In the RCTs that show superiority of EVT over IVT alone, stent-retrievers were used in 77% to 95% of the patients in the EVT group.⁸ Any benefit of advances in guiding catheters and distal access/aspiration catheter technology cannot yet be derived from the RCT data.

Recommendation.

- For mechanical thrombectomy, stent-retrievers approved by regulatory authorities should be considered as first choice devices. Older generation devices should not be used (Quality of evidence: **High**, Strength of recommendation: **Strong**).

- Other new-generation thrombectomy or aspiration devices should be used preferably in the context of clinical studies or may be used upon the neurointerventionalists' discretion if rapid, complete, and safe revascularization of the target vessel can be achieved (Quality of evidence: **Very low**, Strength of recommendation: **Weak**).

Additional information. It seems that better reperfusion results are observed with stent-retrievers if a balloon guide catheter is used rather than a large bore guide catheter in the cervical carotid.⁶² This method is thought to limit thrombus fragmentation while pulling out the clot. There are limited data available showing higher recanalization rates and fewer complications such as secondary embolism in new territories when stent-retrievers are used with additional techniques as proximal balloon occlusion and aspiration or additional aspiration via access catheters.⁶²

Currently, there are no limited RCT data on other types of recanalization devices such as aspiration only systems. A number of observational studies suggest high recanalization rates with newer aspiration techniques.^{63–77} More studies are under way to monitor the clinical outcome in these patients.

10. What kind of anesthesia should be preferred during thrombectomy?

There are no data from prospective randomized trials available. There are several prospective randomized trials underway investigating the effect of different kind of anesthesia on clinical outcome in stroke patients undergoing EVT. Several retrospective, non-randomized comparisons of patients receiving general anesthesia (GA) or conscious sedation during EVT had shown higher rates of in-hospital mortality, secondary complications (pneumonia, etc.) and worse clinical outcome with GA.^{1,78,79} The distinction between GA and sedation is, however, not defined. Identical drugs may be used for both. Specific agents have different profiles with respect to, for example, blood pressure lowering and neuroprotection. An expert consensus statement recommended the use of general anesthesia for patients with severe agitation, low level of consciousness (GCS < 8), loss of airway protective reflexes, respiratory compromise and in patients with posterior circulation stroke.

Recommendation.

- The choice of anesthesia should depend on the individual situation.

- Independently of the method chosen, all efforts should be made to avoid thrombectomy delays and severe blood pressure variations (Quality of evidence: **Low**, Strength of recommendation: **Weak**).

11. Should high-grade extracranial carotid stenosis or occlusions be stented as part of the mechanical thrombectomy procedure?

Acute occlusion of large intracranial arteries of the anterior circulation is associated with an underlying high-grade carotid stenosis in up to 20%. These patients with a “tandem-pathology” were included in the five RCTs.

There was no heterogeneity in treatment effect between patients with such tandem lesions and those without tandem lesions. It is not reported whether these stenoses were treated with stenting or angioplasty alone. For SWIFT-PRIME, concomitant stenting of the cervical internal carotid artery was not permitted, although angioplasty could be performed to permit intracranial access.

Recommendation.

- There is no reason to withhold intraprocedural stenting in patients where high-grade stenosis or occlusion needs to be treated (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

Additional information. Some smaller case series and one recently published retrospective multicenter study demonstrated a rate of good clinical outcome (36%) and sICH (9%) in patients, who were treated by emergency stenting during the acute intervention, comparable to patients without a tandem lesion who underwent thrombectomy.³⁶ Emergency stenting in patients undergoing thrombectomy seems to be safe without an increase of sICH. The rate of sICH in EVT patients stented may be reduced if Glycoprotein IIB/IIIA inhibitors are avoided.⁴⁴

Part E. Patient care after thrombectomy

None of the four questions in this section has been specifically addressed in any one of the recent endovascular trials. Referral patterns and in specific where patients were managed after EVT, which specific therapy if any was used after thrombectomy, specifics as to the BP management and also the use of follow-up imaging outside of established protocols has neither been addressed in any of the current nor the older literature. Therefore the general recommendations from stroke

guidelines are to be applied to patient care after endovascular therapy for acute ischemic stroke.

12. Where should stroke patients be managed after thrombectomy?

There is no information available from the recent RCTs pertaining to allocation of stroke patients after EVT. In general, stroke patients should be treated on specialized wards, so-called stroke units. Specialized stroke unit care reduces morbidity and mortality in stroke patients and therefore this is a high quality grade of evidence and a strong recommendation.⁷⁵ While this has not been addressed in the context of EVT and the recent RCTs the general recommendation stands.^{80–82}

Patients, who for whatever reason (instable vital parameters, need for pressor agents, intubation, ventilation, general anesthesia, increased ICP, etc.) are not able to be managed on a stroke unit and need a critical care environment should be managed on dedicated neurocritical care units, as this also leads to a reduced morbidity and mortality, albeit this has not convincingly been shown for ischemic or hemorrhagic stroke but only neurotrauma.^{83–88}

Despite of that, specific neurocritical care appears to be best suited for treating patients, who cannot be admitted to a noncritical care stroke unit.

Recommendations.

- Stroke patients undergoing thrombectomy should be treated on stroke units (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).
- Stroke patients, who are not able to be managed on a stroke unit and need a critical care environment, should be managed on dedicated neurocritical care units (Quality of evidence: **Low**, Strength of recommendation: **Strong**).

13. Should a specific medical therapy be used in stroke patients after thrombectomy?

Beyond general guideline recommendations (blood pressure management, statins, etc.) there is no specific therapy to be used after EVT. The exception is double platelet inhibition, which is used as a standard for 6–12 weeks after PTA with bare metal stent (BMS) implantation.

Recommendations.

- Stroke patients undergoing thrombectomy should receive medication according to published guideline recommendations based on high quality evidence derived from multiple large randomized trials

(Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

- Stroke patients undergoing thrombectomy AND implantation of a stent for proximal carotid stenosis should receive double platelet medication with ASA and clopidogrel to prevent secondary thromboembolism or in stent stenosis (Quality of evidence: **Very low**, Strength of recommendation: **Weak**).

14. Should stroke patients after thrombectomy undergo blood pressure control in a given range?

About 85% of the patients in the five RCTs were treated with intravenous rtPA before the thrombectomy procedure. Therefore, guidelines and recommendations for intravenous thrombolysis apply. Accordingly, BP should not exceed 180–185/105–110 mmHg for intravenous thrombolysis (or endovascular treatment) to commence.⁷⁸

An analysis of the SITS registry showed that high systolic BP 2 to 24 h after intravenous thrombolysis was associated with worse outcomes and had a linear association with symptomatic hemorrhage and a U-shaped association with mortality and independence.⁸⁹ Systolic BP at 141–150 mmHg was associated with the most favorable outcomes in general population treated with intravenous rtPA. Following these recommendations is recommended also with regard to maintaining BP when inducing or performing general anesthesia to prevent BP drops which are associated with poor clinical outcome.⁸²

The patient population after successful EVT in patients with large vessel occlusions is not necessarily comparable to the general population treated with intravenous rtPA. There is no evidence to actively modify the blood pressure. Blood pressure drops after successful reperfusion might still impair collateral flow to areas with disturbed microcirculation or in TICI 2b patients. On the other hand, an artificial maintenance of BP at 141–150 mmHg might increase the risk for secondary symptomatic intracranial hemorrhage. Research on blood pressure intervention after thrombectomy is encouraged.

Recommendations.

- Blood pressure in stroke patients undergoing thrombectomy should not exceed 180 mmHg systolic and 110 mmHg diastolic (Quality of evidence: **Low**, Strength of recommendation: **Strong**).
- Active titration to other, as of yet unknown optimum blood pressure levels is not recommended (Quality of evidence: **Very low**, Strength of recommendation: **Weak**).

15. Is there a specific kind of imaging follow-up after thrombectomy?

Outside of clinical trials, where specific imaging findings are acquired as surrogate outcomes and endpoints the need for follow up imaging has not been studied at all, neither inside nor outside the context of endovascular therapy. While several assessments may follow common sense (6–12 h or 24 h assessment of vessel status, follow-up CT or MRI to assess infarct size and/or hemorrhage, space occupying edema, etc.), this has not been the topic of focused research, i.e. not performing routine follow up imaging has not been shown to be associated with poor outcome.

In patients, who return (close) to normal after IVT and EVT, are awake, clinically assessable, have no indication of hemorrhage or a large stroke, follow-up imaging is superfluous and costly and in case of CT associated with additional X-ray exposure, especially if follow up CTA and perfusion CT are performed. On the other hand, if a patient is intubated and sedated after IVT and EVT, the development of space occupying edema, bleeding or both may remain undetected until irreversible damage and herniation occurs.

As decompressive surgery for malignant MCA infarction within 48 h reduces morbidity and mortality, this must not be missed in patients otherwise not clinically assessable.^{90,91} Therefore, it is recommended to perform follow up imaging of choice after IVT and EVT within 12–36 h whenever the patient is not clinically assessable or whenever therapeutic or prognostic consequences may potentially be derived from imaging findings.

Recommendations.

- Follow-up brain imaging should be performed 12–36 h after treatment to inform therapeutic and prognostic decisions and monitor service safety and additionally whenever required by clinical circumstances (Quality of evidence: **Moderate**, Strength of recommendation: **Strong**).

Acknowledgements

The recommendations were developed by the European Academy of Neurology (EAN), the European Association of Neurosurgical Societies (EANS), the European Society of Emergency Medicine (EuSEM), the European Society of Minimally Invasive Neurological Therapy (ESMINT), the European Society of Neuroradiology (ESNR), and the European Stroke Organization (ESO).

Declaration of Conflicting Interests

The author(s) declared the following potential conflicts of interest with respect to the research, authorship, and/or

publication of this article: Cognard: Consultancies: Medtronic, Sequent, Codman, Microvention, Stryker. No other conflicts of interest reported. Fiehler: Jens Fiehler has received fees as consultant or lecturer from Acandis, Bayer, Boehringer-Ingelheim, Codman, Covidien, MicroVention, Penumbra, Philips, Sequent, Siemens and Stryker. Consultant for Codman, MicroVention. Lectures for Boehringer-Ingelheim, Covidien, and Penumbra. Funding to institution: MicroVention. Unrelated: Consultant for Acandis, Sequent, Stryker. Lectures for Bayer, Philips, Siemens. Funding to Institution: DFG, BMBF, BMWi. Gallitelli: None. Jansen: Olav Jansen was a co-author of SWIFT-Prime, and is a steering committee member of SITS Open. Kobayashi: Employment, consultancies, stock ownership: none. Honoraria: Procardia Medical sp. Z o.o./Microvention, Travel grants: ev3/Covidien/Medtronic, Balt Extrusion. Mazighi: Consultancies: Servier, Boehringer Ingelheim; travel or speaker honoraria: Covidien, Boehringer Ingelheim, Aztra Zeneca and Bayer. Muir: No personal conflicts of interest. Institutional conflicts of interest: Grants to support the PISTE trial from the Stroke Association, National Institute of Health Research Health Technology Assessment programme, and unrestricted grants from Covidien (Medtronic) and Codman, to the University of Glasgow. Intellectual conflict of interest: Co-PI of the PISTE trial. Schaller: None. Schellinger: Employment: none, consultancies: Boehringer Ingelheim, Bayer, Daiichi Sankyo, Pfizer, Cerevast, Photothera, Covidien, stock ownership: none, honoraria Boehringer Ingelheim, Bayer, Daiichi Sankyo, Pfizer, Cerevast, Photothera, Covidien, paid expert testimony: expert witness at German courts, patents or patent applications: none, travel grants: Biogen, Novartis, Genzyme, Boehringer Ingelheim, Bayer, Daiichi Sankyo, Serono.

Funding

The author(s) received no financial support for the research, authorship, and/or publication of this article.

Informed consent

N/A.

Ethical approval

N/A.

Guarantor

Prof. Dr. Jens Fiehler, FESO, Diagnostic and Interventional Neuroradiology, University Medical Center Hamburg-Eppendorf, Hamburg, Germany.

Contributorship

All authors contributed equally. The respective roles can be found in the Appendix.

References

1. Berkhemer OA, Fransen PSS, Beumer D, et al. A randomized trial of intraarterial treatment for acute ischemic stroke. *N Engl J Med* 2015; 372: 11–20.

2. Campbell BC, Mitchell PJ, Kleinig TJ, et al.; EXTEND-IA Investigators. Endovascular therapy for ischemic stroke with perfusion-imaging selection. *N Engl J Med* 2015; 372: 1009–1018.
3. Goyal M, Demchuk AM, Menon BK, et al. Randomized assessment of rapid endovascular treatment of ischemic stroke. *N Engl J Med* 2015; 372: 1019–1030.
4. Jovin TG, Chamorro A, Cobo E, et al. Thrombectomy within 8 hours after symptom onset in ischemic stroke. *N Engl J Med* 2015; 372: 2296–2306.
5. Saver JL, Goyal M, Bonafe A, et al. Stent-retriever thrombectomy after intravenous t-PA vs. t-PA alone in stroke. *N Engl J Med* 2015; 372: 2285–2295.
6. Badhiwala JH, Nassiri F, Alhazzani W, et al. Endovascular thrombectomy for acute ischemic stroke: A meta-analysis. *JAMA* 2015; 314: 1832–1843.
7. Bush CK, Kurimella D, Cross LJ, Conner KR, et al. Endovascular treatment with stent-retriever devices for acute ischemic stroke: A meta-analysis of randomized controlled trials. *PLoS One* 2016; 11: e0147287.
8. Chen CJ, Ding D, Starke RM, et al. Endovascular vs medical management of acute ischemic stroke. *Neurology* 2015; 85: 1980–1990.
9. Elgendy IY, Kumbhani DJ, Mahmoud A, et al. Mechanical thrombectomy for acute ischemic stroke: A meta-analysis of randomized trials. *J Am Coll Cardiol* 2015; 66: 2498–2505.
10. Fargen KM, Neal D, Fiorella DJ, et al. A meta-analysis of prospective randomized controlled trials evaluating endovascular therapies for acute ischemic stroke. *BMJ* 2015; 2: 84–89. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed12&NEWS=N&AN=2015671764>.
11. Hong KS, Ko SB, Lee JS, et al. Endovascular recanalization therapy in acute ischemic stroke: Updated meta-analysis of randomized controlled trials. *J Stroke* 2015; 17: 268–281.
12. Yarbrough CK, Ong CJ, Beyer AB, et al. Endovascular thrombectomy for anterior circulation stroke: Systematic review and meta-analysis. *Stroke* 2015; 46: 3177–3183.
13. Bassler D, Montori VM, Briel M, et al. Reflections on meta-analyses involving trials stopped early for benefit: Is there a problem and if so, what is it? *Stat Meth Med Res* 2013; 22: 159–168.
14. Wahlgren N, Moreira T, Michel P, et al. Mechanical thrombectomy in acute ischemic stroke: Consensus statement by ESO-Karolinska Stroke Update 2014/2015, supported by ESO, ESMINT, ESNR and EAN. *Int J Stroke* 2016; 11: 134–147.
15. Kavanagh BP. The GRADE system for rating clinical guidelines. *PLoS Med* 2009; 6: e1000094.
16. Leone MA, Brainin M, Boon P, et al. Guidance for the preparation of neurological management guidelines by EFNS scientific task forces-revised recommendations 2012. *Eur J Neurol* 2013; 20: 410–419.
17. Ntaios G, Bornstein NM, Caso V, et al. The European Stroke Organisation Guidelines: A standard operating procedure. *Int J Stroke* 2015; 10: 128–135.
18. Meretoja A, Strbian D, Mustanoja S, et al. Reducing in-hospital delay to 20 minutes in stroke thrombolysis. *Neurology* 2012; 79: 306–313.
19. Meretoja A, Weir L, Ugalde M, et al. Helsinki model cut stroke thrombolysis delays to 25 minutes in Melbourne in only 4 months. *Neurology* 2013; 81: 1071–1076.
20. Bray BD, Campbell J, Cloud GC, et al. Bigger, faster? Associations between hospital thrombolysis volume and speed of thrombolysis administration in acute ischemic stroke. *Stroke* 2013; 44: 3129–3135.
21. Singh V, Gress DR, Higashida RT, et al. The learning curve for coil embolization of unruptured intracranial aneurysms. *Am J Neuroradiol* 2002; 23: 768–771.
22. Verzini F, Cao P, de Rango P, et al. Appropriateness of learning curve for carotid artery stenting: An analysis of periprocedural complications. *J Vasc Surg* 2006; 44: 1205–1211. discussion 11–12.
23. Brinjikji W, Rabinstein AA, Lanzino G, et al. Patient outcomes are better for unruptured cerebral aneurysms treated at centers that preferentially treat with endovascular coiling: A study of the national inpatient sample 2001–2007. *Am J Neuroradiol* 2011; 32: 1065–1070.
24. Cai Q, Li Y, Xu G, et al. Learning curve for intracranial angioplasty and stenting in single center. *Catheter Cardiovasc Interv* 2014; 83: E94–100.
25. Eesa M, Burns PA, Almekhlafi MA, et al. Mechanical thrombectomy with the Solitaire stent: Is there a learning curve in achieving rapid recanalization times? *J Neurointerv Surg* 2014; 6: 649–651.
26. Modrall JG, Chung J, Kirkwood ML, et al. Low rates of complications for carotid artery stenting are associated with a high clinician volume of carotid artery stenting and aortic endografting but not with a high volume of percutaneous coronary interventions. *J Vasc Surg* 2014; 60: 70–76.
27. Lavine SD, Cockcroft K, Hoh B, et al. Training guidelines for endovascular ischemic stroke intervention: An international multi-society consensus document. *Am J zNeuroradiol* 2016.
28. Khatri P, Yeatts SD, Mazighi M, et al. Time to angiographic reperfusion and clinical outcome after acute ischaemic stroke: An analysis of data from the Interventional Management of Stroke (IMS III) phase 3 trial. *Lancet Neurol* 2014; 13: 567–574.
29. Sheth SA, Jahan R, Gralla J, et al. Time to endovascular reperfusion and degree of disability in acute stroke. *Ann Neurol* 2015; 78: 584–593.
30. van der Hoeven ESWJ, Vos JA, Algra A, et al. The Basilar Artery International Cooperation Study (BASICS): Study protocol for a randomised controlled trial. *Trials* 2013; 14: 200.
31. Borst J, Berkhemer OA, Roos YB, et al. Value of computed tomographic perfusion-based patient selection for intra-arterial acute ischemic stroke treatment. *Stroke* 2015; 46: 3375–3382.
32. Yoo AJ, Zaidat OO, Chaudhry ZA, et al. Impact of pre-treatment noncontrast CT Alberta Stroke Program Early CT Score on clinical outcome after intra-arterial stroke therapy. *Stroke* 2014; 45: 746–751.

33. Spiotta AM, Vargas J, Hawk H, et al. Impact of the ASPECT scores and distribution on outcome among patients undergoing thrombectomy for acute ischemic stroke. *J Neurointerv Surg* 2015; 7: 551–558.
34. Hill MD, Demchuk AM, Goyal M, et al. Alberta stroke program early computed tomography score to select patients for endovascular treatment. Interventional management of stroke (IMS)-III trial. *Stroke* 2014; 45: 444–449.
35. Rangaraju S, Streib C, Aghaebrahim A, et al. Relationship between lesion topology and clinical outcome in anterior circulation large vessel occlusions. *Stroke* 2015; 46: 1787–1792.
36. Behme D, Mpotsaris A, Zeyen P, et al. Emergency stenting of the extracranial internal carotid artery in combination with anterior circulation thrombectomy in acute ischemic stroke: A retrospective multicenter Study. *Am J Neuroradiol* 2015; 36: 2340–2345.
37. Cohen JE, Gomori JM, Rajz G, et al. Extracranial carotid artery stenting followed by intracranial stent-based thrombectomy for acute tandem occlusive disease. *J Neurointerv Surg* 2015; 7: 412–417.
38. Dababneh H, Bashir A, Hussain M, et al. Endovascular treatment of tandem internal carotid and middle cerebral artery occlusions. *J Vasc Interv Neurol* 2014; 7: 26–31.
39. Kappelhof M, Marquering HA, Berkhemer OA, et al. Intra-arterial treatment of patients with acute ischemic stroke and internal carotid artery occlusion: A literature review. *J Neurointerv Surg* 2015; 7: 8–15.
40. Lescher S, Czeppan K, Porto L, et al. Acute stroke and obstruction of the extracranial carotid artery combined with intracranial tandem occlusion: Results of interventional revascularization. *Cardiovasc Intervent Radiol* 2015; 38: 304–313.
41. Maurer CJ, Joachimski F and Berlis A. Two in one: Endovascular treatment of acute tandem occlusions in the anterior circulation. *Clin Neuroradiol* 2015; 25: 397–402.
42. Spiotta AM, Lena J, Vargas J, et al. Proximal to distal approach in the treatment of tandem occlusions causing an acute stroke. *J Neurointerv Surg* 2015; 7: 164–169.
43. Puri AS, Kühn AL, Kwon HJ, et al. Endovascular treatment of tandem vascular occlusions in acute ischemic stroke. *J Neurointerv Surg* 2015; 7: 158–163.
44. Stampfl S, Ringleb PA, Mohlenbruch M, et al. Emergency cervical internal carotid artery stenting in combination with intracranial thrombectomy in acute stroke. *Am J Neuroradiol* 2014; 35: 741–746.
45. Riedel C, Jensen-Kondering U and Jansen O. Assessing clot burden with thin slice CT to predict failing recanalization in systemic thrombolysis: Centauro SRL; 2011 [cited 17 (Riedel, Jensen-Kondering, Jansen) University of Kiel, Kiel, Germany], 56–57]. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed10&NEWS=N&AN=70605975>.
46. Riedel CH, Zimmermann P, Jensen-Kondering U, et al. The importance of size: Successful recanalization by intravenous thrombolysis in acute anterior stroke depends on thrombus length. *Stroke* 2011; 42: 1775–1777.
47. Kamalian S, Morais LT, Pomerantz SR, et al. Clot length distribution and predictors in anterior circulation stroke: implications for intra-arterial therapy. *Stroke* 2013; 44: 3553–3556.
48. Mocco J, Zaidat O, von Kummer R, et al. Results of the therapy trial: A prospective, randomized trial to define the role of mechanical thrombectomy as adjunctive treatment to IV rtPA in acute ischemic stroke. *Int J Stroke* 2015; 10(Suppl. 2): 10.
49. Urra X, Abilleira S, Dorado L, et al. Mechanical thrombectomy in and outside the REVASCAT Trial: Insights from a concurrent population-based stroke registry. *Stroke* 2015; 46: 3437–3442.
50. Katz BS, McMullan JT, Sucharew H, et al. Design and validation of a prehospital scale to predict stroke severity: Cincinnati Prehospital Stroke Severity Scale. *Stroke* 2015; 46: 1508–1512.
51. Nazliel B, Starkman S, Liebeskind DS, et al. A brief prehospital stroke severity scale identifies ischemic stroke patients harboring persisting large arterial occlusions. *Stroke* 2008; 39: 2264–2267.
52. Perez de la Ossa N, Carrera D, Gorchs M, et al. Design and validation of a prehospital stroke scale to predict large arterial occlusion: The rapid arterial occlusion evaluation scale. *Stroke* 2014; 45: 87–91.
53. Wilson MH, Habig K, Wright C, et al. Pre-hospital emergency medicine. *Lancet* 2015; 386: 2526–2534.
54. Singer OC, Dvorak F, du Mesnil de Rochemont R, et al. A simple 3-item stroke scale: Comparison with the National Institutes of Health Stroke Scale and prediction of middle cerebral artery occlusion. *Stroke* 2005; 36: 773–776.
55. Heldner MR, Zubler C, Mattle HP, et al. National Institutes of Health stroke scale score and vessel occlusion in 2152 patients with acute ischemic stroke. *Stroke* 2013; 44: 1153–1157.
56. Cooray C, Fekete K, Mikulik R, et al. Threshold for NIH stroke scale in predicting vessel occlusion and functional outcome after stroke thrombolysis. *Int J Stroke* 2015; 10: 822–829.
57. Maas MB, Furie KL, Lev MH, et al. National Institutes of Health Stroke Scale score is poorly predictive of proximal occlusion in acute cerebral ischemia. *Stroke* 2009; 40: 2988–2993.
58. Davis MJ, Menon BK, Baghirzada LB, et al. Anesthetic management and outcome in patients during endovascular therapy for acute stroke. *Anesthesiology* 2012; 116: 396–405.
59. Lowhagen Henden P, Rentzos A, Karlsson JE, et al. Hypotension during endovascular treatment of ischemic stroke is a risk factor for poor neurological outcome. *Stroke* 2015; 46: 2678–2680.
60. Nogueira RG, Lutsep HL, Gupta R, et al. Trevo versus Merci retrievers for thrombectomy revascularisation of large vessel occlusions in acute ischaemic stroke (TREVO 2): A randomised trial. *Lancet* 2012; 380: 1231–1240.
61. Saver JL, Jahan R, Levy EI, et al. Solitaire flow restoration device versus the Merci Retriever in patients with

- acute ischaemic stroke (SWIFT): A randomised, parallel-group, non-inferiority trial. *Lancet* 2012; 380: 1241–1249.
62. Pereira VM, Gralla J, Davalos A, et al. Prospective, multicenter, single-arm study of mechanical thrombectomy using Solitaire Flow Restoration in acute ischemic stroke. *Stroke* 2013; 44: 2802–2807.
 63. Turk A, Spiotta A, Frei D, et al. Initial clinical experience with the adapt technique: A direct aspiration first pass technique for stroke thrombectomy. *BMJ* 2013. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed12&NEWS=N&AN=71292448>.
 64. Chueh J, Puri A, Wakhloo A, et al. Aspiration efficacy of suction catheter in the management of distal embolization during interventional treatment of acute ischemic stroke. *BMJ* 2014. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed12&NEWS=N&AN=71669656>.
 65. Jankowitz B, Grandhi R, Horev A, et al. Primary manual aspiration thrombectomy (MAT) for acute ischemic stroke: Safety, feasibility and outcomes in 112 consecutive patients. *BMJ* 2014; 1: 27–31. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed12&NEWS=N&AN=2014756381>.
 66. John S, Hussain MS, Toth G, et al. Initial experience using the 5MAX ACE reperfusion catheter in intra-arterial therapy for acute ischemic stroke. *J Cerebrovasc Endovasc Neurosurg* 2014; 16: 350–357.
 67. Eom YI, Hwang YH, Hong JM, et al. Forced arterial suction thrombectomy with the penumbra reperfusion catheter in acute basilar artery occlusion: a retrospective comparison study in 2 Korean university hospitals. *AJNR Am J Neuroradiol* 2014; 35: 2354–2359.
 68. Sivapatham T, Lassig J, Goddard J, et al. Primary Aspiration Thrombectomy With the Penumbra Max Catheter System Allows Rapid Recanalization and Cost Efficiency in Acute Stroke Treatment. Abstract T MP5. *Stroke* 2014; 45: ATMP5. Moderated Poster Session, International Stroke Conference, San Diego 2014.
 69. Turk AS, Frei D, Fiorella D, et al. ADAPT FAST study: a direct aspiration first pass technique for acute stroke thrombectomy. *J Neurointerv Surg* 2014; 6: 260–264.
 70. Turk AS, Spiotta A, Frei D, et al. Initial clinical experience with the ADAPT technique: a direct aspiration first pass technique for stroke thrombectomy. *J Neurointerv Surg* 2014; 6: 231–237.
 71. Kim SK, Yoon W, Moon SM, et al. Outcomes of manual aspiration thrombectomy for acute ischemic stroke refractory to stent-based thrombectomy. *J Neurointerv Surg* 2015; 7: 473–477.
 72. Hu YC and Stiefel MF. Force and aspiration analysis of the ADAPT technique in acute ischemic stroke treatment. *J Neurointerv Surg* 2016; 8: 244–246.
 73. Humphries W, Hoit D, Doss VT, et al. Distal aspiration with retrievable stent assisted thrombectomy for the treatment of acute ischemic stroke. *J Neurointerv Surg* 2015; 7: 90–94.
 74. Jankowitz B, Grandhi R, Horev A, et al. Primary manual aspiration thrombectomy (MAT) for acute ischemic stroke: Safety, feasibility and outcomes in 112 consecutive patients. *BMJ* 2015; 1: 27–31. <http://ovidsp.ovid.com/ovidweb.cgi?T=JS&PAGE=reference&D=emed13&NEWS=N&AN=2014756381>.
 75. Kowoll A, Weber A, Mpotsaris A, et al. Direct aspiration first pass technique for the treatment of acute ischemic stroke: initial experience at a European stroke center. *J Neurointerv Surg* 2016; 8: 230–234.
 76. Navia P, Larrea JA, Pardo E, et al. Initial experience using the 3MAX cerebral reperfusion catheter in the endovascular treatment of acute ischemic stroke of distal arteries. *J Neurointerv Surg* 2015; 1–5.
 77. Stampfl S, Kabbasch C, Muller M, et al. Initial experience with a new distal intermediate and aspiration catheter in the treatment of acute ischemic stroke: Clinical safety and efficacy. *J Neurointerv Surg* 2016; 8: 714–718.
 78. Abou-Chebl A, Yeatts SD, Yan B, et al. Impact of general anesthesia on safety and outcomes in the endovascular arm of interventional management of stroke (IMS) III trial. *Stroke* 2015; 46: 2142–2148.
 79. Langhorne P, Fearon P, Ronning OM, et al. Stroke unit care benefits patients with intracerebral hemorrhage: Systematic review and meta-analysis. *Stroke* 2013; 44: 3044–3049.
 80. Meretoja A, Roine RO, Kaste M, et al. Stroke monitoring on a national level: PERFECT Stroke, a comprehensive, registry-linkage stroke database in Finland. *Stroke* 2010; 41: 2239–2246.
 81. Smith EE, Hassan KA, Fang J, et al. Do all ischemic stroke subtypes benefit from organized inpatient stroke care? *Neurology* 2010; 75: 456–462.
 82. Jauch EC, Saver JL, Adams HP Jr, et al. Guidelines for the early management of patients with acute ischemic stroke: A guideline for healthcare professionals from the American Heart Association/American Stroke Association. *Stroke* 2013; 44: 870–947.
 83. Kipthuth IC, Kohrmann M, Kuramatsu JB, et al. Retrospective agreement and consent to neurocritical care is influenced by functional outcome. *Crit Care* 2010; 14: R144.
 84. Kipthuth IC, Schellinger PD, Kohrmann M, et al. Predictors for good functional outcome after neurocritical care. *Crit Care* 2010; 14: R136.
 85. Knopf L, Staff I, Gomes J, et al. Impact of a neurointensivist on outcomes in critically ill stroke patients. *Neurocrit Care* 2012; 16: 63–71.
 86. Kramer AH and Zygun DA. Do neurocritical care units save lives? Measuring the impact of specialized ICUs. *Neurocrit Care* 2011; 14: 329–333.
 87. Kramer AH and Zygun DA. Neurocritical care: Why does it make a difference? *Curr Opin Crit Care* 2014; 20: 174–181.
 88. Talke PO, Sharma D, Heyer EJ, et al. Republished: Society for Neuroscience in Anesthesiology and Critical Care expert consensus statement: Anesthetic management of endovascular treatment for acute ischemic stroke. *Stroke* 2014; 45: e138–150.
 89. Ahmed N, Wahlgren N, Brainin M, et al. Relationship of blood pressure, antihypertensive therapy, and outcome in ischemic stroke treated with intravenous thrombolysis: Retrospective analysis from Safe Implementation of Thrombolysis in Stroke-International Stroke

- Thrombolysis Register (SITS-ISTR). *Stroke* 2009; 40: 2442–2449.
90. Vahedi K, Hofmeijer J, Juettler E, et al. Early decompressive surgery in malignant infarction of the middle cerebral artery: A pooled analysis of three randomised controlled trials. *Lancet Neurol* 2007; 6: 215–222.
91. Juettler E, Unterberg A and Hacke W. Hemicraniectomy for middle-cerebral-artery stroke. Author reply. *N Engl J Med* 2014; 370: 2347–2348.

Appendix

List of the recommendations, the respective questions, and the working group members.

Section	Title	Questions	Working group members ^a
A	Center and operator requirements for thrombectomy	1-3	<u>Christophe Cognard</u> , Olav Jansen, Adam Kobayashi, Keith Muir
B	Candidates for thrombectomy: which patients should be treated?	4-5	<u>Jens Fiehler</u> , Mikael Mazighi, Olav Jansen
C	Preclinical and clinical requirements in organization before thrombectomy	6-7	<u>Keith Muir</u> , Peter Schellinger, Mauro Gallitelli, Adam Kobayashi, Heinrich Mattle
D	Methods for interventional treatment	8-11	<u>Olav Jansen</u> , Christophe Cognard, Jens Fiehler
E	Patient care after thrombectomy	12-15	<u>Peter Schellinger</u> , Karl Schaller, Christophe Cognard

^aWorking group leader is underlined.