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Tip for maintaining sterility in antegrade on-table colonoscopy

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For patients who require an on-table antegrade colonoscopy, a sterile laparoscopic camera cable plastic cover can be used to cover the colonoscope and maintain sterility of the operative field (Fig 1). The cover can be retracted and replaced as the scope is introduced and removed from the colon. Additional drapes maintain sterility of the field with just a change of gloves and removal of drapes rather than time consuming re-prepping and draping. This technique was recently used by the authors during a case where the patient's colon could not be visualised prior to surgery owing to an impassable stricture.

Figure 1 Sterile colonoscope cover

An innovative and cost-effective method for the targeted delivery of autologous bone grafts in foot and ankle surgery

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BACKGROUND
Autologous bone grafts and bone graft substitutes are widely used in foot and ankle surgery in the treatment of osteochondral defects, during fusion and for other bone voids. Surgery is often performed arthroscopically or using the mini-open technique. This can be challenging because of limited access and narrow joint space. Several devices are available to deliver synthetic bone grafts but there are none for autologous grafts. We have developed an innovative and cost-effective method for the delivery of autologous bone grafts in foot and ankle surgery (the graft syringe).

Figure 1 The syringe loaded with the bone graft