Medical Acupuncture Journal: Real-World Knowledge

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READING BOOKS AND ARTICLES is still one of the best educational experiences for enhancing acupuncture knowledge. But should your reading habits be wobbly and unstable, the *Medical Acupuncture* journal definitely can stabilize your reading and keep you from spinning in dizzy fashion in all directions, while searching for acupuncture literature. It is important to keep up-to-date with articles that have the highest impact on your acupuncture career. You can read about the latest research in *Medical Acupuncture*, a journal whose readers span 140 countries. What do those readers value? A quick “snapshot” of the readership’s top picks can be based on the number of downloads of an article. Here are the top 6 most-downloaded articles over the past 12 months with their respective downloads. You can access these articles freely until the end of January, 2018.

- (1) 9848 downloads: Continuing Medical Education Article: Long-Lasting Reduction of Blood Pressure by Electroacupuncture in Patients with Hypertension: Randomized Controlled Trial. Peng Li, Stephanie C. Tjen-A-Looi, Ling Cheng, Dongmei Liu, Jeannette Painovich, Sivarama Vinjamury, and John C. Longhurst. Vol. 27, No. 4, August 2015. DOI: [10.1089/acu.2015.1106](https://doi.org/10.1089/acu.2015.1106).
- (2) 5493 downloads: CranioSacral Therapy and Visceral Manipulation: A New Treatment Intervention for Concussion Recovery. Gail Wetzler, Melinda Roland, Sally Fryer-Dietz, and Dee Dettmann-Ahern. Vol. 29, No. 4, August 2017. DOI: [10.1089/acu.2017.1222](https://doi.org/10.1089/acu.2017.1222).
- (3) 3985 downloads: A Randomized Exploratory Study to Evaluate Two Acupuncture Methods for the Treatment of Headaches Associated with Traumatic Brain Injury. Wayne B. Jonas, Dawn M. Bellanti, Charmagne F. Paat, Courtney C. Boyd, Elaine Duncan, Ashley Price, Weimin Zhang, Louis M. French, and Heechin Chae. Vol. 28, No. 3, June 2016. DOI: [10.1089/acu.2016.1183](https://doi.org/10.1089/acu.2016.1183).
- (4) 2629 downloads: Integrative Medicine and the Trauma Spectrum Response. Wayne Jonas, Joan Walter, and Richard P. Petri, Jr. Vol. 27, No. 5, October 2015. DOI: [10.1089/acu.2014.1081](https://doi.org/10.1089/acu.2014.1081).
- (5) 1713 downloads: Dry Needling Is One Type of Acupuncture. Heming Zhu and Heidi Most. Vol. 28, No. 4, August 2016. DOI: [10.1089/acu.2016.1187](https://doi.org/10.1089/acu.2016.1187).
- (6) 1433 downloads: Battlefield Acupuncture in the U.S. Military: A Pain-Reduction Model for NATO. Richard C. Niemtzow, J. Louis Belard, and Raphael Nogier. Vol. 27, No. 5, October 2015. DOI: [10.1089/acu.2014.1055](https://doi.org/10.1089/acu.2014.1055).

Table 1 shows the 20 most-read articles, and the links will go to the abstracts and full articles, but there will be a pay-wall to access the full text starting February, 2018. Table 2 lists the topics of outstanding Special Issues over the past 2 years (see Tables 1 and 2 on the following pages).

Do not forget that there is one article in each issue that is eligible for Continuing Medical Education credit (although there are no CME articles in this particular issue). We also include occasional book reviews. All of this information is literally at your fingertips. You may enjoy a “cocktail” of reading subjects on a daily basis and, over the subscription year, your knowledge will grow manifold.

The acquisition of knowledge is not easy for everyone. Reviewing articles and the decision of publishing or rejection is a serious endeavor. Our editorial staff comprise the most-experienced and top reviewers in the field. *Medical Acupuncture* and its editorial team gives you the “acupuncture juice”—and power!

—Richard C. Niemtzow, MD, PhD, MPH
Editor-in-Chief

TABLE 1. MOST-READ ARTICLES IN THE LAST 12 MONTHS

<i>Titles</i>	<i>Authors</i>	<i>Links</i>
<i>CME Article:</i> Long-Lasting Reduction of Blood Pressure by Electroacupuncture in Patients with Hypertension: Randomized Controlled Trial	Peng Li Stephanie C. Tjen-A-Looi Ling Cheng Dongmei Liu Jeannette Painovich Sivarama Vinjamury John C. Longhurst	http://online.liebertpub.com/doi/full/10.1089/acu.2015.1106
CranioSacral Therapy and Visceral Manipulation: A New Treatment Intervention for Concussion Recovery	Gail Wetzler Melinda Roland Sally Fryer-Dietz Dee Dettmann-Ahern	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1222
A Randomized Exploratory Study to Evaluate Two Acupuncture Methods for the Treatment of Headaches Associated with Traumatic Brain Injury	Wayne B. Jonas Dawn M. Bellanti Charmagne F. Paat Courtney C. Boyd Alaine Duncan Ashley Price Weimin Zhang Louis M. French Heechin Chae	http://online.liebertpub.com/doi/full/10.1089/acu.2016.1183
Integrative Medicine and the Trauma Spectrum Response	Wayne Jonas, Joan Walter, Richard P. Petri, Jr.	http://online.liebertpub.com/doi/full/10.1089/acu.2014.1081
Dry Needling Is One Type of Acupuncture	Heming Zhu Heidi Most	http://online.liebertpub.com/doi/full/10.1089/acu.2016.1187
Battlefield Acupuncture in the U.S. Military: A Pain-Reduction Model for NATO	Richard C. Niemtzow, J.-Louis Belard, Raphael Nogier	http://online.liebertpub.com/doi/full/10.1089/acu.2014.1055
Gross Anatomy and Acupuncture: A Comparative Approach to Reappraise the Meridian System	Stefano Marcelli	http://online.liebertpub.com/doi/full/10.1089/acu.2012.0875
The Manual Stimulation of Acupuncture Points in the Treatment of Post-Traumatic Stress Disorder: A Review of Clinical Emotional Freedom Techniques	Dawson Church David Feinstein	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1213
Neuroembryology of the Acupuncture Principal Meridians: Part 1. The Extremities	Peter T. Dorsher	http://online.liebertpub.com/doi/full/10.1089/acu.2016.1210
Medical Acupuncture Meets the Military	Joseph M. Helms	http://online.liebertpub.com/doi/full/10.1089/acu.2017.29054.jmh
The Basic Science of Acupuncture	Richard C. Niemtzow	http://online.liebertpub.com/doi/full/10.1089/acu.2016.29035.rcn
Does Ear Acupuncture Have a Role for Pain Relief in the Emergency Setting? A Systematic Review and Meta-Analysis	Andrew L. Jan Emogene S. Aldridge Ian R. Rogers Eric J. Visser Max K. Bulsara Richard C. Niemtzow	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1237
Acupuncture and Integrative Medicine: A Confession	Richard C. Niemtzow	http://online.liebertpub.com/doi/full/10.1089/acu.2017.29056.rcn
The Regulation of the Practice of Acupuncture by Physicians in the United States	Katerina Lin Cynthia Tung	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1235
Effective Use of Battlefield Acupuncture in Managing Labor Pain	Wien A. Manguerra Vincent E. Casiano	http://online.liebertpub.com/doi/full/10.1089/acu.2016.1203
Is Electroacupuncture Treatment More Effective in Somatic Tinnitus Than in Nonsomatic Tinnitus?	Wong-Kein Low Mahalakshmi Shetty Rangabashyam Shu Li Cui Vishal Deepak D'Souza Chun Suan Ong Siaw Wei Teng Hui Hua Li	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1223

(continued)

TABLE 1. (CONTINUED)

<i>Titles</i>	<i>Authors</i>	<i>Links</i>
Integrative Health in the Veterans Health Administration	Benjamin Kligler	http://online.liebertpub.com/doi/full/10.1089/acu.2017.29055.bkl
Laser Acupuncture Before and After Embryo Transfer Improves <i>In Vitro</i> Fertilization Outcomes: A Four-Armed Randomized Controlled Trial	Scott J. Morin John L. Frattarelli Jason M. Franasia Caroline R. Juneau Richard T. Scott Jr.	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1218
Immune Modulation and Treatment of Human Papilloma Virus–Related Warts with Energetics of Living Systems Acupuncture	Rom Brustin Martine Toledano Tal Geffen Raia Goona Malka Hochberg Bilha Kreisberg Sari Murad Jacob Pitcovski	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1225
Controlled Rhythmic Yogic Breathing as Complementary Treatment for Post-Traumatic Stress Disorder in Military Veterans: A Case Series	Joseph Walker III Deborah Pacik	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1215
Acupuncture for Depression: The Mechanism Underlying Its Therapeutic Effect	Muthmainah Ida Nurwati	http://online.liebertpub.com/doi/full/10.1089/acu.2016.1180
Reduction in Pain Medication Prescriptions and Self-Reported Outcomes Associated with Acupuncture in a Military Patient Population	Paul Crawford Donald B. Penzien Remy Coeytaux	http://online.liebertpub.com/doi/full/10.1089/acu.2017.1234

CME, Continuing Medical Education.

TABLE 2. SPECIAL ISSUES 2015–2017

<i>Volumes, issues & dates</i>	<i>Topics</i>	<i>Guest editors</i>	<i>URLs</i>
Vol. 29, Number 4, August 2017	Integrative Medicine for Military Injuries	Eric Leskowitz, MD Arnyce R. Pock, MD, FACP Steven K.H. Aung, MD, OMD, PhD, FAAFP, CM Benjamin Kligler, MD, MPH Joseph M. Helms, MD	http://online.liebertpub.com/toc/acu/29/4
Vol. 28, Number 6, December 2016	The Basic Science of Acupuncture	Richard F. Hobbs, III, MD, FAAFP, FAAMA	http://online.liebertpub.com/toc/acu/28/6
Vol. 27, Number 6, December 2015	The Use of Acupuncture in Pediatrics	Shiu-Lin Tsai, MD	http://online.liebertpub.com/toc/acu/27/6
Vol. 27, Number 5, October 2015	Integrative Medicine Interventions for Military Personnel The North Atlantic Treaty Organization (NATO) Human Factors and Medicine (HFM) Task Force 195 Final Report	Richard P. Petri, Jr., MD, FAAPMR, FAAIM, COL MC	http://online.liebertpub.com/toc/acu/27/5
Vol. 27, Number 3, June 2015	Special Issue on Oncology	Laura C. Bowman, MD William C. Cho, PhD	http://online.liebertpub.com/toc/acu/27/3
Vol. 27, Number 2, April 2015	AAMA Conference Special Issue	Sandi Amoils, MD Anna Kelly, LAc, MD, FAAMA	http://online.liebertpub.com/toc/acu/27/2

AAMA, American Academy of Medical Acupuncturists.

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