Fig. 1 : Mehta's periosteal elevator

Fig. 2 : Sectional drawing of periosteal elevator

MEHTA'S MODIFICATION OF NASAL DRESSING FORCEPS

Dear Editor,

Anterior nasal packing is the usual method of controlling epistaxis. The nasal pack is put in place using Tilley's nasal dressing forceps. Presence of profuse epistaxis hampers proper placement of the anterior nasal pack and simultaneous suction has to be done to clear the operative field.

To obviate the need for dual instrumentation a separate suction channel has been incorporated into the nasal dressing forceps (Fig 1). The upper limb of the standard nasal dressing forceps has been removed and replaced by a hollow tubing which is continued down along the handle of the forceps and has an adaptor attached to it for connecting to suction machine. The proximal end is flattened and grooved to provide better grip of the nasal pack and a small opening is made at a convenient site along the hollow tubing for finger control of the suction (Fig 2).

Fig. 1 : Modified nasal dressing forceps

This instrument has been tried successfully at our hospital.

Lt Col AK MEHTA

Classified Specialist ENT, President Special Medical Board, C/o Military Hospital, Bhopal.

Fig. 2 : Diagrammatic representation of nasal dressing forceps