PREVALENCE AND DISTRIBUTION OF CERTAIN CORONARY RISK FACTORS IN AIR FORCE PERSONNEL

Dear Editor,

Please refer to the article "Prevalence and distribution of certain Coronary risk factors in Air Force Personnel" by Brig SS Chandra et al [1]. The article made interesting reading. I however submit herewith the following observations :

- a) No reason has been forwarded for exclusion of the officers group from this sample population at an Air Force Base.
- b) It would have been worthwhile if a tradewise association with the prevalence of risk factors was analysed. It may have provided clues for any specific preventive measures.
- c) It is indeed surprising that the authors have not compared their results with an absolutely identical study titled "Prevalence and Epidemiological Distribution of Certain Coronary Risk Factors among Air force Personnel" by Rajvir Bhalwar [2]. One signifi-

cant difference in the findings of the above two studies is the prevalence of smoking, hypertension and high serum cholesterol levels.

- d) It comes as a big disappointment that, despite being a repeat study, no specific recommendations have been made which could be adopted at the station level. If similar findings are likely to be obtained at various Air Force bases, I wish the authors should have come up with concrete and practical suggestions to ensure effective preventive health care.

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REFERENCES

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2. Bhalwar R. Prevalence and epidemiological distribution of certain coronary risk factors among Air Force personnel. Ind J Aerospace Med 1991; 34 : 79-81.