Sowing the Seeds of Safe Motherhood in Sub Saharan Africa

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This book details the experience of the author, a renowned obstetrician, who has worked in the UK, at a time when he was working in his homeland Nigeria. He tells his story through various articles that were published mainly in British journals. The emphasis is on the reasons for increased maternal mortality and morbidity in a specific region of Nigeria, but is representative of the developing world as a whole.

The author believes that it is female education that can lead to female empowerment and a positive impact on maternal mortality. He quotes the example of Sri Lanka, Kerala and China.

The author has spent a lifetime voicing the need for female education, believing that it is the solution to decrease maternal mortality and morbidity in the third world. This book delivers a powerful message though it is subject to much repetition.

The book gives firsthand information to trainees and consultants who would like to broaden their scope of knowledge about women's health in the developing countries and would be especially useful for those who intend one day to work in these countries!

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