Book Review

Women's Sexual Health by Gilly Andrews and John Studd. Published by Elsevier Ltd. Paperback and Hardbound, Pages 613, Price Rs 1900/ ISBN Number 0-70-202762-6.

This book is on very contemporary subject i.e. Women's Sexual Health which has generated a lot of interest over the years. This book deals with women's sexual health, problems of libido, intercourse, young people and sex, contraception, sexual abuse, use of complimentary medicine and much more. The book is divided into three sections. Section one, 'Women Today' explores the concept of sexuality and well being with in physical, psychological and social dimensions. It discusses the idea that women's sexuality is not just about sex but is definitely influenced by various factors like, culture, ethnicity, environment, stress, sexual orientation and life style. Section Two 'Fertility' examines issues surroundings female fertility. Readers will gain an understanding of the complexities involved, need for integrated approach as well as understanding

sexual health during pregnancy, labor and after child birth. Various myths and misconceptions ('Taboos') have been explained in detail. Section Three, 'Women's Health issues' provide great insight into female health problems. As we know women's general health and their life expectancy have improved dramatically over the last century, yet in spite of these advances women continue to have health problem that are unique to them. This section explains what these disorders are and also outlines many of treatment options that are available.

This book is must not only for medical and paramedical health providers but people from all walks of life. This book is so comprehensive and readable that it should be of great benefit to the public at large.

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Book Review

Colour Textbook of Pediatric Dermatology (Fourth Edition). William L Weston, Alfred T Lane, Joseph G Morelli. Publisher- Mosby Elsevier. Page-446; Price \$100; Hardbound; year of publication -2007; ISBN number 978-0-323-04909-2.

The skin diseases present in the form of lesions which are limited in number. The diseases with different etiologies manifest into lesions similar in appearance, thus confusing clinicians not trained in recognizing these lesions. Since majority of the doctors are posted in the areas which have limited or no skin centers, the patients are referred to dermatology centers for easily manageable ailments like pityriasis versicolor, pityriasis rosea, scabies, drug reactions etc. This problem is aggravated if the patient is a child. The relevance of this lucidly written colour atlas and text book lies in helping clinicians posted in periphery to diagnose and manage common skin diseases. Professor Weston, one of the pioneers of pediatric dermatology has managed to avoid latin jargon and difficult to pronounce names which is often the bane of non dermatologists. The book has more than 850 illustrations along with relevant information about the disease without going into nitty gritty of speculated theories of etiopathogenesis and drugs in trial phases. This book has been written for primary care physicians who form the first contact

between the patient and health services. This atlas and textbook covers almost all the common skin diseases encountered in OPDs and unit MI Room. The problem oriented differential diagnosis index on the front and back cover provides easy access to the information required in an emergency or OPD setting. This accessibility is enhanced by a CD-ROM which accompanies the book, thus it can be viewed on computer as well. Since patient education forms the fountainhead of effective management of any disease, there are "patient education sheets" for various ailments in the CD-ROM.

These sheets can be printed and given to the patients along with prescription. The drawbacks of the book are that most of the photographs are of Caucasian skin, therefore one has to use little imagination to use the information in the context of Indian skin. The high cost of the book may prohibit its availability. In nutshell this book will be handy to RMOs, nondermatology specialists in the peripheral hospital, residents and interns.

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