Published in final edited form as:

Nature. 2015 April 23; 520(7548): 466–473. doi:10.1038/nature14435.

A new heart for a new head in vertebrate cardiopharyngeal evolution

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Abstract

It has been more than 30 years since the publication of the new head hypothesis, which proposed that the vertebrate head is an evolutionary novelty resulting from the emergence of neural crest and cranial placodes. Neural crest generates the skull and associated connective tissues, whereas placodes produce sensory organs. However, neither crest nor placodes produce head muscles, which are a crucial component of the complex vertebrate head. We discuss emerging evidence for a surprising link between the evolution of head muscles and chambered hearts — both systems arise from a common pool of mesoderm progenitor cells within the cardiopharyngeal field of vertebrate embryos. We consider the origin of this field in non-vertebrate chordates and its evolution in vertebrates.

In their influential 1983 paper, Gans and Northcutt¹ proposed that early vertebrates evolved from invertebrates principally through innovations in the head. These include the

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The authors declare no competing financial interests.

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A paper has been published while the current Review was in press reporting the identification of a third group of bilateral common heart and skeletal muscle progenitor cells within the murine CPM. Using retrospective lineage analysis, cucullaris-derived neck muscles, the trapezius and sternocleidomastoid, were shown to be clonally related to myocardium at the venous pole of the heart, derived from the posterior SHF. These findings reinforce the hypothesis of a branchiomic origin of these neck muscles (F. Lescroart *et al.* Clonal analysis reveals a common origin between nonsomite-derived neck muscles and heart myocardium. *Proc. Natl Acad. Sci. USA* **112**, 1446–1451; 2015).

muscularization of the ventrolateral mesoderm, or hypomere, to form branchiomic muscles and the emergence of two novel ectodermal structures: the neurogenic placodes and the neural crest. Neural crest cells produce most of the cartilage, bone, dentine and other connective tissues of the vertebrate head, whereas the placodes give rise to the sensory neurons that are essential for the formation of vertebrates' complex sensory systems^{2–4}. The new head hypothesis proposed that these evolutionary innovations were associated with a shift from passive filter-feeding to active predation. Increased sensory capabilities and a muscularized pharynx arguably permitted more efficient prey detection and capture, as well as higher rates of respiratory gas exchange, which accompany the predatory lifestyle. This major behavioural and ecological transition also coincided with the emergence of a chambered heart, which presumably allowed for the increased growth and metabolism that was demanded by active predation. However, the new head hypothesis was primarily concerned with derivatives of neural crest and placodes, which are better represented in the fossil record than soft tissues such as muscles^{5,6}. In this Review, we provide an up-to-date multidisciplinary discussion of the origin and evolution of vertebrate head muscles, taking into account surprising new evidence for shared developmental origins of several head muscles and the heart, and the ancient (pre-vertebrate) origin of this association.

The emerging concept of the cardiopharyngeal field

The cardiopharyngeal field (CPF) is a developmental domain that gives rise to the heart and branchiomic muscles (Box 1 and Figs 1, 2). The amniote heart is made up of cardiomyocytes derived from two adjacent progenitor cell populations in the early embryo⁷. Early differentiating cardiac progenitor cells of the first heart field (FHF) give rise to the linear heart tube and later form the left ventricle and parts of the atria^{8,9}. Subsequently, second-heart-field (SHF) progenitors, located in pharyngeal mesoderm, produce cardiac muscle tissue (myocardium) of the outflow tract, right ventricle and parts of the atria^{10–12} (Fig. 2). The SHF can be divided into anterior and posterior progenitor cell populations that contribute to the arterial and venous poles of the heart, respectively⁸. Cells from pharyngeal mesoderm can form either cardiac or skeletal muscles, depending on signals from adjacent pharyngeal endoderm, surface ectoderm and neural crest cells^{9,13–16}. The latter have important roles in regulating the development of the CPF — they are required for the deployment of SHF-derived cells to the heart's arterial pole, and neural-crest-derived mesenchyme patterns branchiomic muscle formation and gives rise to associated fascia and tendons^{17–19}.

A suite of regulatory factors integrates the intercellular signals that coordinate the formation of cardiac and branchiomic muscles from a common pool of mesodermal progenitor cells. Within the CPF there is considerable overlap in the expression of genes that encode cardiogenic regulatory factors (for example, *Isl1* (also known as *Islet1*) and *Nkx2-5*) and those that specify head muscles (for example, *Tbx1*, *Tcf21* (also known as capsulin), *Msc* (also known as *MyoR*) and *Pitx2*)^{13,15,20}.

Importantly, many of the intercellular signalling pathways and transcription factors that control branchiomic myogenesis upstream of the MyoD family of myogenic determination factors differ fundamentally from those operating in the trunk^{21,22}. Here we focus on *Isl1*,

Nkx2-5 and Tbx1. The LIM-homeodomain protein Isl1 is required in a broad subset of cardiovascular progenitor cells in mouse embryos²³ and it is expressed in pharyngeal mesoderm, including the pharyngeal arches and SHF. Isl1⁺ progenitor cells substantially contribute to the heart and branchiomeric muscles, but not to hypobranchial (for example, tongue) or extraocular (eye) muscles^{13,24}. Expression and functional studies indicate that Isl1 delays differentiation of branchiomeric muscles^{13,24}; Isl1 thus marks a subset of CPF cells and plays an important part in the development of distinct cardiovascular and skeletal muscle progenitors²⁴. The cardiac transcription factor Nkx2-5 regulates proliferation in the SHF and acts with Isl1 to modulate SHF progenitor-specific gene expression^{25–27}. *Tbx1* is required within the CPF for both heart and head muscle development, and is the major candidate gene for the congenital condition DiGeorge syndrome (or 22q11.2 deletion syndrome), which is characterized by a spectrum of cardiovascular defects and craniofacial anomalies. Like Isl1, Tbx1 has a crucial and conserved role in extending the heart's arterial pole by promoting proliferation and delaying differentiation of SHF cells^{28–31}. Tbx1 is also required for activation of branchiomeric myogenesis and may directly regulate the myogenic determination gene *MyoD*^{32–34}. Tbx1 acts upstream of the LIM-homeodomain protein Lhx2 within an intricate regulatory network that specifies cardiopharyngeal progenitors. Genetic ablation of these factors, alone or in combination, results in cardiac and head muscle defects; including DiGeorge syndrome phenotypes³⁵. Thus, evolutionarily conserved regulatory factors maintain a pool of cardiopharyngeal progenitor cells for SHF-specific cardiogenesis and branchiomeric myogenesis.

Confirmation that multipotent progenitor cells give rise to branchiomeric skeletal muscles and SHF-derived regions of the heart comes from retrospective clonal analyses in mice, a method for analysing cell lineage in intact embryos³⁶. These experiments demonstrated the existence of a series of common cardiopharyngeal progenitors along the anteroposterior axis that contribute to heart-tube growth and branchiomeric muscle morphogenesis. Interestingly, comparative anatomists suggested decades ago that branchiomeric muscles are related to muscles derived from the 'visceral' mesoderm (for example, of the heart and anterior gut)^{37,38}, a view supported by the recent genetic and developmental studies reviewed here. Moreover, mouse clonal analyses revealed relationships between specific regions of the heart and subsets of branchiomeric muscles that go beyond the predictions of early comparative anatomists. SHF-derived regions of the heart, for example, are developmentally more closely related to branchiomeric muscles than to FHF-derived regions of the heart^{7,36}. In support of such a grouping, the cardiac lineages contributing to the FHF and SHF have been shown to diverge before expression of *Mesp1* during early gastrulation^{39,40}. Taken together, recent findings provide a new paradigm for exploring the collinear emergence of cardiac chambers and branchiomeric muscles that underlies the early evolution and diverse origins of the vertebrate head^{9,21,22,41,42}.

Origins and diversity of cardiopharyngeal structures

The heads of mammals, including humans, contain more than 60 muscles⁴³, which control eye movements and allow food uptake, respiration, and facial and vocal communication^{44–46}. Strikingly, the human head includes at least six different groups of muscles with distinct developmental origins and evolutionary histories^{35,37,44} (Fig. 1). Full

recognition and detailed knowledge of this heterogeneity has enormous basic science and clinical implications because long accepted anatomy concepts, mainly based on adult function and physiology (for example, skeletal compared with cardiac muscles) do not correspond to the true developmental and evolutionary origins of body structures. Even the conventional classification of head muscle groups based on topographical relations masks the true heterogeneity of muscle origins and progenitor fates (for example, molecular profiling of early determinative signalling molecules and transcription factors reveals almost as much heterogeneity within each group — such as, branchial, extraocular and tongue — as between them⁴³).

Comparative anatomical studies identified homologues of many amniote branchiomic muscles in gnathostome (jawed) fish such as sharks, suggesting that they have ancient origins^{47,48} (Fig. 3). Cyclostomes (hagfish and lampreys^{49–52}) lack some of these muscles (for example, the cucullaris group), but like some chondrichthyans (Selachii and Holocephali) they possess an additional, seventh group of head muscles: epibranchial muscles, which are derived from anterior somites⁵³. Thus, extraocular, branchiomic, and both hypobranchial and epibranchial somite-derived muscles were integral parts of the heterogeneous head musculature of early vertebrates^{54–57} (Fig. 3). Moreover, lamprey embryos express homologues of *Isl1*, *Nkx2-5* and *Tbx1* in seemingly overlapping anterior and ventral mesodermal domains^{58–61}, comparable with the patterns of their homologues in the amniote CPF. Interestingly, the emergence of heterogeneous head-muscle groups at the base of vertebrates coincided with the emergence of chambered hearts^{62,63} (Fig. 3). This intriguing correlation suggests that the two innovations are linked by their common developmental origin in the CPF.

Studies indicate that specific branchiomic muscles were crucial for evolutionary innovations among vertebrates, such as the emergence of the tetrapod neck. The amniote neck muscles trapezius and sternocleidomastoideus (Fig. 1) derive from the cucullaris, a muscle that probably appeared in early gnathostomes and was found in fossil placoderms^{5,6,48,64,65}. Among extant gnathostomes, some of the anatomical and developmental characteristics of the cucullaris are shared with branchiomic and somite-derived limb, epibranchial and hypobranchial muscles^{57,66,67}. Most available data, however, indicate that the cucullaris is a branchiomic muscle derived from the posterior-most pharyngeal arches, as suggested by Edgeworth^{22,68–71}. Like other branchiomic muscles, in most gnathostomes the cucullaris is attached to neural-crest-derived tendinous and skeletal elements^{38,64,65,70,72}. Furthermore, *Tbx1* is active in core branchiomic muscles (for example, the first and second arch muscles) and in the cucullaris-derived trapezius, whereas *Pax3* is required in the somites for limb, diaphragm, tongue, infrahyoid and trunk-muscle formation, but not for trapezius formation^{22,73}. These findings may also support Gegenbaur's hypothesis that the pectoral appendage, to which the cucullaris and its derivatives usually attach, probably originated as an integral part of the head^{74,75}. Thus, the evolutionary history of the cucullaris-related muscles illustrates the roles that branchiomic muscles had in fostering anatomical and functional innovations during vertebrate evolution. Future studies are needed to investigate whether the emergence of the cucullaris at the base of gnathostomes coincided with cardiovascular innovations and, if so, whether this muscle also shares a common origin with a specific heart region (Fig. 1).

A urochordate cardiopharyngeal ontogenetic motif

Recent phylogenetic studies place the urochordates — not the cephalochordates (for example, amphioxus) — as the sister group of the vertebrates^{76,77}. On the basis of these results, urochordates provide important insights for our understanding of the origin of vertebrates' evolutionary innovations, particularly from molecular and developmental perspectives. For instance, the new head hypothesis proposed that the emergence of branchiomic muscles occurred during the transitions that led to the origin of vertebrates, and was associated with a shift from 'passive' filtration to more active feeding modes^{1,4,78,79} and the emergence of crest- and placode-derived sensory organs. However, recent studies have identified neural-crest-like cells, placodes and a CPF in tadpole-like larvae of the ascidian *Ciona intestinalis*, a model urochordate (Figs 2, 4). The pan-placodal regulatory gene *Six1/2* is expressed in a crescent of cells straddling the anterior-most region of the developing neural tube in *C. intestinalis* embryos, comparable with the sites of origin of cranial placodes in the fate maps of vertebrates^{80–82}. Ectodermal thickenings derived from this domain express placodal regulatory genes, including *Six3/6*, *Pitx* and *Eya*. For example, the atrial siphon placode shares extensive similarities with the vertebrate otic placode^{3,80,81} (Fig. 4), whereas the stomodeum (the oral siphon primordium) expresses regulatory genes implicated in the specification of the vertebrate olfactory and adenohypophyseal placodes, including *Six*, *Eya* and the anterior placode markers *Pitx*^{83–85} and *Dlx*. These new findings argue for homologies between urochordate siphon primordia and vertebrate placodes and suggest that; although certain placodes (profundal, maxillomandibular, epibranchial and lens) evolved by diversification within the vertebrate lineage³, others (adenohypophyseal, olfactory and otic) appeared before the separation of vertebrates and urochordates (Figs 3, 4).

Ascidians and other urochordates possess a surprisingly sophisticated beating heart (Figs 2, 4), which shares several features with vertebrate hearts, including localized pacemakers that drive a regular, rhythmic beat. The ascidian heart is derived from two *Mesp*⁺ cells in early embryos. These produce four trunk ventral cells, which express homologues of *Nkx2-5*, *Gata4*, *5* and *6* and *Hand*, and migrate towards the pharyngeal endoderm^{86–92}. They subsequently divide asymmetrically to produce medial heart precursors and secondary trunk ventral cells that divide again to produce second heart precursors and atrial siphon muscle precursors, which migrate towards the atrial siphon placode^{93–95} (Figs 2, 4). Thus, trunk ventral cells are multipotent cardiopharyngeal progenitors that produce bona fide heart and pharyngeal muscles, following a clonal pattern evocative of that seen in mice (Fig. 2). Gene-expression profiling data are also consistent with the idea that the trunk ventral cells are homologous to the vertebrate cardiopharyngeal progenitors: trunk ventral cells express *Nk4*, the homologue of *Nkx2-5*, and secondary trunk ventral cells also express *Tbx1/10*, which is active in vertebrate pharyngeal mesoderm. Furthermore, the regulatory network governing interactions among the cardiopharyngeal specification genes seems to be highly conserved in ascidians and vertebrates. For example, cross-repressive interactions between *Tbx1/10* and *Nk4/Nkx2-5* delineate atrial siphon muscles and heart, respectively⁹⁵. *Isl* is also expressed in the CPF, although there are differences from the precise expression profile seen in vertebrates, where *Isl1* is thought to delay muscle differentiation²⁴. It is nonetheless

striking that all of the identified molecular determinants of the vertebrate SHF are expressed in ascidian trunk ventral cells.

There are additional parallels between the CPFs of ascidians and vertebrates in the regulatory circuitry underlying the differentiation of specialized muscles (Fig. 2). *COE/Ebf* functions downstream of *Tbx1/10* and upstream of both *Mrf/MyoD* and Notch signalling to promote either early muscle differentiation or maintain undifferentiated precursors that produce most later atrial siphon and longitudinal muscles^{93,96} (Fig. 2). Atrial siphon muscle precursors also associate with the *Dlx*⁺ atrial siphon placodes to form a ring of cells underlying the rosette-shaped placode in *C. intestinalis* swimming larvae^{80,81,93,97}. These events parallel the migration of vertebrate branchiomic muscle precursors into pharyngeal arches, their association with *Dlx*⁺ cranial neural crest cells, and the maintenance and growth of a pool of undifferentiated progenitor cells^{24,98}. It is noteworthy that the ascidian FHF and SHF are each initially composed of four cells that independently arise from one of four multipotent cardiopharyngeal progenitors following a sequence of conserved regulatory interactions onto a stereotyped clonal pattern, producing FHF precursors and more closely related SHF and pharyngeal muscle precursors⁹⁵. We refer to this clonal sequence of cell divisions, gene expression and cell-fate choices as a cardiopharyngeal ontogenetic motif⁹⁵ (Fig. 2).

Chordate origins of branchiomic muscles

Studies using cephalochordates further probed the early chordate origins of branchiomic-like pharyngeal muscles (Figs 3, 4). In the cephalochordate amphioxus, the larval mouth and unpaired primary gills develop five groups of orobranchial muscles^{99,100}. This musculature is anatomically reminiscent of the vertebrate branchiomic muscles, and disappears through apoptosis during metamorphosis to give way to adult oral, velar and pterygial muscles⁹⁹ (Fig. 4), which are even more similar to vertebrate adult branchiomic muscles. The oral and velar muscles, in particular, share anatomical similarities with the oral and velar muscles of lampreys and hagfish (Fig. 4), although the pterygial muscles have a branchiomic-like innervation pattern⁹⁹. Gans⁷⁹ recognized this latter point and noted that this could mean that the branchiomic muscles evolved before the last common ancestor (LCA) of vertebrates, as suggested by earlier authors²², but contrary to the original new head hypothesis¹. Vestigial muscles appear transiently with secondary gill formation in amphioxus, providing additional evidence that bilateral muscular gills and a segmental pattern of branchiomic muscles were already present in the LCA of extant chordates²².

Molecular studies suggest that the amphioxus homologues of *Tbx1*, *Nkx2-5* and *Isl1* are expressed in overlapping mesodermal domains in the pharyngeal region^{101–103}. This domain includes cells that also express the vertebrate cardiac markers *Hand* and *Tbx20* (refs 59, 104) and is thought to produce the branchial artery, a possible — but controversial — homologue of the heart with diffuse contractility¹⁰⁵. These observations raise the possibility that the LCA of extant chordates had a CPF. However, contrary to urochordates and vertebrates, cephalochordates have a rather diffuse heart-like vasculature and their branchial muscles seem to develop independently of *Ebf* and *Mrf* homologues^{94,106,107}. Amphioxus *Mrf* homologues seem to be expressed exclusively in somites, overlapping with the *Pax3/7*

homologue^{106,108}, but also with the *Tbx1* homologue¹⁰², suggesting the presence of distinct *Tbx1*⁺, *Pax3/7*⁺, *Mrf*⁺ somitic and *Tbx1*⁺, *Pax3/7*⁻, *Mrf*⁻ pharyngeal mesodermal domains in ancient chordates.

Branchiomic-like muscles, such as the cephalochordate oral, velar and pterygial muscles (Fig. 4), thus probably predate the origin of a CPF as defined in urochordates and vertebrates (Fig. 3). Comparative anatomical studies suggest that the pterygial and orovelar muscles of adult amphioxus probably correspond to the atrial and oral siphon muscles of urochordates, respectively (Fig. 4). Remarkably, the ascidian oral siphon muscles (Fig. 4), which control mouth movements in post-metamorphic animals, do not derive from cardiopharyngeal progenitors^{93,109,110} (Fig. 2). This is in contrast with the anterior oral muscles controlling mouth movements and in particular jaw opening (first (mandibular) arch muscles) in gnathostomes, which are CPF derivatives (Fig. 2). Comparative studies of basal chordates, including that of the fossil *Haikouella*, suggested that their pharyngeal arch series started with the second (hyoid) arch and that only during early vertebrate evolution did parts of the anterior mesoderm become incorporated into the pharyngeal series by forming a new, *Hox*-independent first arch^{111,112}. Therefore, it is possible that the incorporation of the more anterior (first) arch in this series during vertebrate evolution was accompanied by integration of the associated oral and velar muscles into the CPF. This evolutionary scenario implies that the amphioxus orovelar muscles and urochordate oral siphon muscles may be homologous to the cyclostome orovelar muscles and gnathostome mandibular muscles, which could potentially explain why these muscles are derived from the CPF only in vertebrates.

Bilaterian roots of the cardiopharyngeal network

We have argued that the presence of a CPF, with dual cardiac and skeletal myogenic capacity, is probably a synapomorphy of olfactores (a derived feature shared by urochordates and vertebrates; Figs 2, 3). This argument raises the question: do the developmental, cellular and/or molecular units that form the CPF network of olfactores have even deeper evolutionary origins? Ambulacraria (echinoderms and hemichordates) is the sister group of chordates (Fig. 3). Hemichordates possess well-defined serial gill slits and a heart–kidney complex located in the anterior-most body part (proboscis)¹¹³. Serially arranged pharyngeal gill openings have associated muscles in enteropneust-type hemichordates, but this musculature seems to be developmentally, anatomically and histologically distinct from the chordate branchiomic musculature⁹⁹. Moreover, the *Tbx1* homologue of *Saccoglossus kowalevskii*, an enteropneust hemichordate, is not expressed in the mesodermal core of the pharyngeal pouches¹¹⁴, suggesting that *Tbx1* expression in pharyngeal mesoderm is a chordate synapomorphy. Further studies of ambulacrarians will test this hypothesis.

Among non-deuterostome animals, nematodes lack a heart and a defined circulatory system, but possess pharyngeal muscles that contract rhythmically, exhibit electrical activity similar to mammalian cardiomyocytes, and require *ceh-22*, the homologue of *Nkx2-5* (refs 9, 21, 22, 41, 42, 115). Flies lack anatomical structures that are comparable with the chordate pharyngeal apparatus, but the *Drosophila* homologues of *Tbx1*, *Nkx2-5*, *Isl*, *Ebf* and *Mrf*/*MyoD* variably contribute to visceral, larval and adult skeletal and/or heart muscle specification^{116–121}. The diversity of myogenic networks driving muscle identity and

differentiation in flies is reminiscent of the heterogeneity of myogenic origins and programs operating in the vertebrate head. Furthermore, visceral and dorsal larval muscles in *Drosophila* develop from mesoderm in proximity to the dorsal vessel or fly heart. It is therefore conceivable that many features of the CPF gene regulatory network predate the advent of chordates and, moreover, that this regulatory circuitry preceded the emergence of the well-studied myogenic hierarchies controlling vertebrate somitic muscle development.

Evolvable cardiopharyngeal units

Here, we summarize our arguments for the origins and diversification of the CPF (Fig. 3). Filter-feeding early chordates, endowed with serial gill slits inherited from deuterostome ancestors, already had gill-associated branchiomic, or at least branchiomic-like, muscles (Fig. 4). A well-defined CPF then probably appeared in the olfactores. Ancestral vertebrates uncoupled myogenic specification and differentiation, thus increasing the population of cardiopharyngeal progenitors. This facilitated the emergence of cardiac chambers by progressive addition of progenitor cells to the growing heart tube during development. It also allowed for the expansion and diversification of branchiomic muscles, contributing to increased muscularization of the pharyngeal apparatus that was essential for the transition to a predatory lifestyle. The latter was made possible by olfactores' ancestral association between branchiomic muscles and Dlx^+ ectoderm cells. Elaboration of this interaction permitted coevolution of the branchiomic musculature with the newly formed neural crest-derived craniofacial skeleton, linking the novel neural-crest-derived skeletal patterns with distinct branchiomic muscles.

We propose that the heart and atrial siphon muscle gene network seen in the urochordate *C. intestinalis* illustrates the basic ontogenetic motif underlying the specification of the vertebrate CPF⁹⁵, and suggest three ways in which this blueprint was modified to produce the vast diversity of cardiopharyngeal patterns in vertebrates: the ontogenetic motif could be deployed in multiple independent embryonic progenitors; any given progenitor could self-renew, thus being transiently amplified, before generating distinct heart, in contrast with branchiomic, muscle precursors and any given cell could migrate and/or be passively displaced and resume cardiopharyngeal development in different locations on receipt of appropriate signals. In contrast to their ascidian counterparts, vertebrate $Tbx1^+$ and $Isl1^+$ cardiopharyngeal progenitors remain in an elusive niche in which they self-renew to produce SHF-derived heart precursors. During pharyngeal morphogenesis, these emerge sequentially to produce right ventricular and outflow tract cardiomyocytes. Conceivably, multiple independent cardiopharyngeal lineages developing in series may contribute to divergent cardiac and branchiomic myogenic cell fates along the anterior–posterior pharyngeal mesoderm of vertebrates. This hypothesis is consistent with the observation that subsets of cardiac and branchiomic muscles are more closely related to each other than to other heart and head muscles (Fig. 1)^{36,122,123}. Future experiments will determine whether anteroposterior patterning of the CPF precedes segmentation of the pharyngeal region during arch morphogenesis.

General remarks and future directions

The CPF is a new paradigm to be reckoned with, and should take centre stage along with neural crest and cranial placodes when considering the origin of the vertebrate head. Importantly, novel insights from comparative, phylogenomic and developmental genetics studies have uncovered the deep evolutionary origins of the CPF, branchiomic muscles, pla-codes and neural crest cells. Like vertebrates, urochordates have a CPF that gives rise to the FHF, SHF and branchiomic muscles; moreover, apart from their neural-crest-like cells and placodes, at least some pelagic urochordates have highly developed brains¹²⁴. Data obtained after Gans and Northcutt's new head hypothesis thus call into question the clear distinction between vertebrates and other animals, and show that the 'new' head arose instead by elaboration and modification of existing tissues, cell populations and gene networks through evolutionary 'tinkering'. This revelation supports the proposal¹²⁵ that the conventional view of vertebrates evolving from brainless ascidian-like filter-feeders through a progressive increase in complexity and emergence of several *de novo* structures, with no evolutionary losses or reversions, is an oversimplification. These data also emphasize the heterogeneity and complex developmental and evolutionary history of vertebrate hearts and heads, blurring the interface between head and trunk, extraocular and branchiomic, and skeletal and cardiac myogenesis. Adult postcranial structures, including the heart and part of the neck musculature, include cells derived from the CPF (Fig. 1); reciprocally, cephalic structures such as the tongue and infrahyoid muscles arise from somitic primordia located in the trunk. The discovery of the CPF therefore provides a more complete, and complex, view of the origin and early evolution of the vertebrate head.

However, many questions remain. For example, how is the multipotency of branchiomic and cardiac myocyte progenitor cells encoded in the CPF, and is there a defined molecular common niche in which these multipotent progenitor cells arise? How, and during what stages, are progenitor cell populations that give rise to different regions of the heart and head muscles specified in pharyngeal mesoderm? Recognition of the CPF also sets the stage for future discoveries in human medicine (Fig. 1). An important question is why many myopathies preferentially affect a specific subset of muscles, and whether these aetiologies are linked to the disparate embryonic histories of these muscles. As already noted, the clinical features of DiGeorge syndrome — one of the most common human congenital syndromes — include cardiovascular and craniofacial birth defects, highlighting the frequent link between these defects owing to their anatomical proximity during early embryogenesis and overlapping progenitor populations^{9,21,42}. Therefore, the studies and data discussed here open promising new directions for biomedical research and the advancement of public health. For instance, future meta-analyses may reveal pathological relationships between specific branchiomic muscles and regional congenital heart defects. The field of evolutionary developmental biology has progressed remarkably over the three decades since the new head hypothesis was published. With the recent revolutionary discoveries and more exciting work already begun, the field is poised to move ahead anew.

Acknowledgements

We thank T. Miyashita and F. Razy-Krajka for their detailed reviews of the manuscript. We are thankful to the Dean of Howard University (HU) College of Medicine, M. Johnson, and the Chair of HU Department of Anatomy, D. Orlic, for helping to organize, financially and logistically, the First Evo-Devo Meeting On Heart and Head Muscles at HU (May, 2014) that led to the publication of this Review. We also thank the other participants at the workshop: A. Kahana, P. Okkema, A. Vincent, T. Hirasawa, S. Tajbakhsh, S. Dietrich and R. Knight. L.C. is supported by National Institutes of Health (NIH)/National Institute of General Medical Sciences (NIGMS) grant R01GM096032 and NIH/National Heart, Lung and Blood Institute (NHLBI) grant R01HL108643, E.T. by the European Research Council and Israel Science Foundation, R.D. and J.Z. by HU College of Medicine, R.G.K. by Inserm, the Agence Nationale pour la Recherche, Association Française contre les Myopathies and Fondation pour la Recherche Médicale, and M.L. by NIH grant NS076542.

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BOX 1 Glossary

- **Branchiomic muscles.** Muscles formed from progenitor cells found in the pharyngeal arches. In vertebrates, they comprise the mandibular (first arch muscles, such as jaw muscles), hyoid (second arch muscles, such as the facial expression muscles of mammals) and branchial (from more posterior arches, including muscles of the larynx and pharynx, and the cucullaris-derived neck muscles trapezius and sternocleidomastoideus, in amniotes) muscles.
- **Pharyngeal (or branchial) arches.** Bilateral swellings on either side of the pharynx comprising outer (ectodermal) and inner (endodermal) epithelia, neural-crest-derived mesenchyme and a mesodermal core.
- **First heart field.** Population of early differentiating cardiac progenitor cells that arise in anterior lateral mesoderm and give rise to the linear heart tube and, later, to the left ventricle and parts of the atria.
- **Second heart field.** Population of late differentiating cardiac progenitors that contribute to the developing heart after the linear heart tube stage to give rise to myocardium of the right ventricle and outflow tract, and to inflow tract myocardium, including parts of the atria.
- **Cardiopharyngeal field.** Includes anterior lateral mesoderm of the first heart field plus contiguous pharyngeal mesoderm that gives rise to second-heart-field-derived regions of the heart and branchiomic muscles.
- **Cardiopharyngeal ontogenetic motif.** Lineage-specific progression through cardiopharyngeal progenitor cell identities, with conserved clonal relationships between first heart, second heart and pharyngeal muscle precursors characterized by specific gene expression and regulatory activities.
- **Pharyngeal mesoderm.** Cranial mesoderm associated with the forming foregut or pharynx that populates pharyngeal arches and contributes to second-heart-field-derived regions of the heart and branchiomic muscles.

Figure 1. The striking heterogeneity of the human head and heart musculature

The head includes at least six different muscle groups, all arising from the cardiopharyngeal field and being branchiomic, except the hypobranchial and perhaps the extraocular muscles. On the left side of the body (right part of figure) the facial expression muscles have been removed to show the masticatory muscles. The six groups are: first/mandibular arch muscles, including cells clonally related to the right ventricle; left second/hyoid arch muscles related to myocardium at the base of the pulmonary trunk; right second/hyoid arch muscles, related to myocardium at the base of the aorta; muscles of the most posterior pharyngeal arches, including muscles of the pharynx and larynx and the cucullaris-derived neck muscles trapezius and sternocleidomastoideus; extraocular muscles, which are often not considered to be branchiomic, but according to classic embryological studies and recent retrospective clonal analyses in mice contain cells related to those of the branchiomic mandibular muscles; and hypobranchial muscles, including tongue and infrahyoid muscles that derive from somites and migrate into the head and neck^{36,38,70}.

Figure 2. An evolutionarily conserved cardiopharyngeal ontogenetic motif

a, Mouse embryos at embryonic days (E)8 and 10, the four-chambered mouse heart at E12, and the mouse head at E14. First heart field (FHF)-derived regions of heart (left ventricle (LV) and atria) are in red; second heart field (SHF)-derived regions of heart (right ventricle (RV), left atrium (LA), right atrium (RA) and outflow tract (OFT)) are in orange; branchiomic skeletal muscles are in yellow; extraocular muscles are in purple. **b**, Lineage tree depicting the origins of cardiac compartments and branchiomic muscles in mice. All cells derive from common pan-cardiopharyngeal progenitors (dark green) that produce the FHF, precursors of the left ventricle and atria, and the second *Tbx1*⁺ cardiopharyngeal progenitors (light green). Broken lines indicate that the early common FHF and SHF progenitor remains to be identified in mice. In anterior cardiopharyngeal mesoderm (CPM), progenitor cells activate *Lhx2*, self-renew and produce the SHF-derived RV and OFT, and first and second arch branchiomic muscles (including muscles of mastication and facial expression). **c**, Cardiopharyngeal precursors in *Ciona intestinalis* hatching larva (left) and their derivatives in the metamorphosed juvenile (right). The first heart precursors (FHP) (red) and second heart precursors (SHP) (orange) contribute to the heart (red and orange mix), whereas atrial siphon muscle precursors (ASM, yellow) form atrial siphon and longitudinal muscles (LoM, yellow). Oral siphon muscles (OSM, blue) derive from a heterogenous larval population of trunk lateral cells (TLC, blue). ATM, anterior tail muscles. CPM is bilaterally symmetrical around the midline (dotted line). **d**, Lineage tree depicting clonal relationships and gene activities deployed in *C. intestinalis* cardiopharyngeal precursors. All cells derive from *Mesp*⁺ B7.5 blastomeres, which produce ATM (grey, see also left panel of **c**) and trunk ventral cells (TVC, dark green). The latter pan-cardiopharyngeal progenitors express *Nk4* and divide asymmetrically to produce the FHP (red) and second TVCs, the *Tbx1/10*⁺ second cardiopharyngeal progenitors (second TVC, light green disk). The latter divide again asymmetrically to produce SHP (orange) and the precursors of ASM and LoM, which upregulate *Islet*. The OSM arise from A7.6-derived trunk lateral cells (TLC, light blue).

Figure 3. Some of the synapomorphies of the Chordata and its subgroups, according to our own data and review of the literature

a, Somites and branchiomic muscles. **b**, Placodes, neural-crest-like cells and cardiopharyngeal field (CPF) (although within invertebrates, conclusive evidence for these features was only reported in urochordates, some of these features may have been already present in the last common ancestor of extant chordates) giving rise to first- and second-heart-field-derived parts of the heart and to branchiomic muscles (possibly not all of them, that is, inclusion of oral/velar muscles into CPF might have occurred during vertebrate evolution). **c**, Skull, cardiac chambers, and differentiation of epibranchial and hypobranchial somitic muscles. **d**, Jaws and differentiation between hypaxial and epaxial somitic musculature; paired appendages and fin muscles; origin of the branchiomic muscle cucullaris. **e**, Loss of epibranchial muscles; cucullaris divided into levatores arcuum branchialium (going to pharyngeal arches) and protractor pectoralis (going to pectoral girdle), an exaptation that later allowed the emergence of the tetrapod neck. **f**, Within sarcopterygians, the protractor pectoralis gave rise to the amniote neck muscles trapezius and sternocleidomastoideus.

Figure 4. Homology hypotheses of placodes and branchiomeric muscles within chordates

a, Location of ectodermal placodes in the vertebrate head according to Graham and Shimeld's³ hypothesis (anterior to the left): olfactory placode or pit (red) at the tip of the forebrain; lens placodes (orange) form posteriorly as part of eye; adenohypophyseal placode (Ad, yellow) lies ventrally to forebrain; trigeminal placodes form alongside the anterior hindbrain at the levels of rhombomeres 1 and 2 (R1 and R2), the anterior one being the ophthalmic placode (To, light blue) and the posterior one the maxillomandibular placode (Tmm, purple); otic placode (Ot, brown) forms opposite the central domain of hindbrain; lateral line placodes (LL, pink) form anteriorly and posteriorly to otic placode; epibranchial placodes (green) — geniculate (Eg), petrosal (Ep) and nodose (En) — form as part of pharyngeal series. Forebrain, midbrain and R1–4, and neural tube are shown in dark blue. **b**, Urochordate tadpole-like larva (anterior to the left). The notochord is in red and two siphon primordia are in green and orange, with putative relationships to the anterior and posterior placode territories shown in **a**. **c**, Adult urochordate showing siphon primordia after metamorphosis. **d**, Adult cephalochordate showing the urochordate–cephalochordate muscle homology hypotheses proposed in the present Review. Figures based on images from refs 3, 22, 105.