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Book Review

Eliades Theodore, *Research Method in Orthodontics: A Guide to Understanding Orthodontic Research*, Springer, Berlin-Heidelberg (2013), , Number of Pages: 211. Number of Illustrations: 63. Hard Bound: Dec 2014, ISBN 978-3-642-31376-9

Evidence based dentistry is the need of the hour and is the current modality being practiced world-wide. Orthodontics as a specialty is involved in treatment planning of various age group of patients starting from neonate to adults with multitude problems which portray a wide variety of varied clinical situations for the orthodontist who needs evidence based answers to deliver the best results. Multi array problems lead to a multidisciplinary approach, hence research should also focus on the same. "Research Method in Orthodontics: A Guide to Understanding Orthodontic Research" is a recently introduced book especially for this purpose which focuses on all areas of research related to orthodontics for the clinician and the academician. The book focuses on all aspects of orthodontics such as material science, clinical orthodontic research, biological research and use of computers in orthodontics. The author has prudently divided the book into the above mentioned sections with special emphasis on their clinical usage. Each chapter has been authored by specialists of respective fields showcasing the multidisciplinary approach towards each aspect. The author has judiciously introduced the requisites for a good research design including appropriate

statistical tests and requirements to reach to a valid conclusion for a research question. Results of In-vitro studies, material based research and applications to a clinical scenario with their limitations has been very well described making it easy to understand for the reader. This book is very well illustrated and presented. The editor and his team have produced commendable work making it easy for Orthodontists to take on valid research in the future. This book is a contemporary work and shall prove to be a valuable addition in any library for students and Orthodontists interested in research.

Lt Col Mohit Sharma*

Associate Professor (Orthodontics), Dept of Dental Surgery,
Armed Forces Medical College, Pune 411040, India

Maj Amit Kumar Bansal

Resident (Orthodontics), Dept of Dental Surgery, Armed Forces
Medical College, Pune 411040, India

*Corresponding author. Tel.: +91 7507994058 (mobile)

E-mail address: dr.ms16@gmail.com

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