THE BRITISH PAIN SOCIETY

Letter to the Editor

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To the Editor

I write with reference to the article on trauma pain in the trauma issue of the *British Journal of Pain* (BJP).¹ I had the misfortune to injure a lower limb while white water rafting in the Rio Grande. Pain after injury extended from the lumbar region to the ankle. I travelled by train some days later from Durango to Silverton return and observed an increase in pain with altitude (5000 ft range).

Pain correlated with hypobarica on both journeys, and I thought these observations were of particular significance on the return journey for this involved two cycles

of altitude change whilst standing. There was a similar correlation of pain and altitude some days later with two air flights. Pain had a tight characteristic, was maximal over the thigh and associated with muscle spasm. Limb dependence was taken into account on all occasions.

Mark Churcher
First Secretary of the IPS

Reference

1. Wyldbore M and Aldington D. Trauma pain – a military perspective. *Br J Pain* 2013; 7(2): 74–78.