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Mammalian touch catches up

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Abstract

An assortment of touch receptors innervate the skin and encode different tactile features of the environment. Compared with invertebrate touch and other sensory systems, our understanding of the molecular and cellular underpinnings of mammalian touch lags behind. Two recent breakthroughs have accelerated progress. First, an arsenal of cell-type-specific molecular markers allowed the functional and anatomical properties of sensory neurons to be matched, thereby unraveling a cellular code for touch. Such markers have also revealed key roles of non-neuronal cell types, such as Merkel cells and keratinocytes, in touch reception. Second, the discovery of Piezo genes as a new family of mechanically activated channels has fueled the discovery of molecular mechanisms that mediate and mechanotransduction in mammalian touch receptors.

Introduction

Touch has fascinated philosophers and scientists for more than two millennia. The prevailing view in Aristotle's time was that touch and taste (then considered a submodality of touch) are inferior senses because they require direct contact and are easily corrupted by our carnal needs for reproduction and sustenance [1]. By contrast, sight, hearing and smell allow action at a distance and, thus, room for contemplation. But Aristotle developed a different view, linking our power of tactile discrimination to human intelligence [2]:

“In the other senses man is inferior to many animals, but in the sense of touch he far surpasses them all in acuity; that is why he also the most intelligent of animals.” *De anima*, II, 9, 421a 20

Modern neuroscience recognizes the merit of both schools of thought. Touch is one form of mechanotransduction, which is the ability to sense and respond to mechanical disturbances

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in the environment. In animals, tactile inputs guide fundamental behaviors required for species survival, including mating, obtaining nutrients and avoiding predation. On the other hand, discriminative touch allows us to accomplish uniquely human feats, from playing a concerto to typing a manuscript. Although genetic, behavioral and physiological studies of invertebrate nervous systems have identified basic principles of mechanosensory transduction [3], our understanding of the molecular and cellular basis of mammalian touch reception has been slow to emerge.

Two recent breakthroughs, however, have accelerated progress in the field. First, the development of selective genetic markers in transgenic mouse models has enabled functional dissection of identified classes of touch receptors. Second, the advent of rapid gene silencing technologies has fueled discovery of an entirely new family of mechanotransduction channels, the Piezo family. Here, we will summarize these advances, highlight ensuing progress with a particular focus on the past two years, and discuss open questions.

Getting a genetic grip on touch-receptor diversity

Somatosensory neurons located in trigeminal and dorsal root ganglia (DRG) initiate the senses of touch, proprioception and nociception. Each pseudounipolar neuron possesses a bifurcating sensory afferent that connects the periphery to the spinal cord. Sensory stimuli are transformed into action potentials in peripheral afferents that innervate skin and other target tissues. Central branches transmit these neural signals to the spinal cord and brain, where they are processed to direct behavior.

Somatosensory neurons display an array of sensory modalities, anatomical features and physiological properties (Table 1). Afferents can be categorized as A β (thickly myelinated), A δ (thinly myelinated) or C-fibers (unmyelinated) based on action-potential conduction velocity. They are further classified by somatal diameter, sensory threshold, adaptation and modality. Gentle touch is encoded by low-threshold mechanoreceptors (LTMRs) that fall into A β , A δ or C classes. These include slowly adapting type I (SAI) A β afferents, which complex with Merkel cells to form discriminative touch receptors [4]. Rapidly adapting (RA) A β LTMRs include corpuscular vibration receptors and hair-follicle afferents. Other hair-follicle afferents include A δ LTMRs, which are among the most sensitive mammalian touch receptors, and C-LTMRs, which have been proposed to contribute to social touch [5]. Most nociceptors, which respond to noxious mechanical, chemical and/or thermal stimuli, are categorized as A δ or C-fibers.

An important breakthrough has been the development of transgenic mice that selectively express genetic reporters in distinct somatosensory cell types (Table 1) [6–18]. These studies provide an battery of cell-type-specific molecular markers for matching the functional and anatomical properties of sensory neurons [14••]. These markers also allow selective manipulation of neuronal and non-neuronal cell types to determine their roles in tactile encoding (see *Cellular Tuning Mechanisms*, below).

Piezo2 pushes to the forefront of mechanosensory transduction

The Piezo proteins are a recently discovered group of mechanically activated ion channels. They are highly evolutionarily conserved (Fig. 1A) and can form homotetramers, with each subunit consisting of over 30 transmembrane domains (Fig. 1B) [19••,20]. These proteins were first implicated in mechanotransduction through an RNA interference screen for mechanically activated currents *in vitro*. *Fam38A* (*Piezo1*) and *Fam38B* (*Piezo2*) are necessary for mechanically activated currents in N2A cells and DRG neurons, respectively, and are sufficient to confer mechanically activated currents in heterologous cells [19••]. Interestingly, Piezo-dependent currents can be activated by a variety of mechanical stimuli, including direct touch, membrane suction and shear stress [19••,21••] (Fig. 2A). These findings suggest that Piezo-dependent currents are intrinsically activated by membrane deformation. Although Piezo proteins lack sequence similarity with known ion-channel families, purified Piezo1 protein forms ion-conducting pores when reconstituted in lipid bilayers [20], and human disease-causing mutations slow channel gating kinetics [22–24]. Moreover, recent structure-function studies have narrowed the ion permeation pathway to the C-terminal domain and have identified a residue within a highly conserved motif that controls intrinsic pore properties [25,26]. Together, these findings suggest that *Piezo* genes encode bona fide ion channels rather than accessory subunits [20]. Both mammalian *Piezo* isoforms are expressed in tissues replete with mechanosensitive cells [19••]; however, the enrichment of *Piezo2* transcripts in DRGs immediately suggested this gene as a prime candidate to encode transduction channels in touch receptors or nociceptors.

Acute mechanotransduction

Several studies support the hypothesis that Piezo2 mediates gentle touch in vertebrates. The first behavioral evidence emerged from a study of zebrafish Piezo2b, which is expressed in embryonic Rohon-Beard mechanoreceptors [27]. Morpholino-mediated *Piezo2b* gene silencing resulted in loss of behavioral responses to tactile stimulation but not to chemical and noxious mechanical stimuli. These findings indicate that Piezo2b is selectively required for touch-evoked behaviors.

Direct evidence that a mammalian *Piezo* gene is required for mechanotransduction *in vivo* stemmed from studies of epidermal Merkel cells, which are putative mechanosensory cells innervated by SAI afferents (see *Cellular tuning mechanisms*, below). Three groups found that rodent Merkel cells express *Piezo2* and have mechanically activated currents that resemble *Piezo2*-dependent currents in other cell types [28•–30•] (Fig. 2B). These touch-evoked currents were abolished in Merkel cells from epidermal-specific *Piezo2* knockout mice (driven by *Krt14^{Cre}*), as well as rat Merkel cells treated with *Piezo2*-targeted short hairpin RNAs [28•,30•]. Moreover, intact recordings demonstrated that Merkel-cell afferents from *Krt14^{Cre};Piezo2^{flox/flox}* mice have truncated firing patterns rather than sustained SAI responses, demonstrating that Merkel-cell Piezo2 is needed for static firing in their associated afferents [29•,30•]. Finally, epidermal-specific *Piezo2* knockout mice demonstrated a mild behavioral deficit to gentle touch *in vivo* [30•]. The subtle nature of this reflex behavioral deficit is not surprising, given the redundancy of mechanoreceptors (see *Getting a genetic grip on touch-receptor diversity*). Taken together, these data indicate a

requirement for Merkel-cell *Piezo2* in acute touch reception, particularly for pressure sensation.

Disrupting *Piezo2* in DRG neurons produces more dramatic deficits in touch sensitivity. For example, intrathecal injections of *Piezo2* antisense oligonucleotides in mice increased withdrawal thresholds to touch [31]. Moreover, *Advillin^{CreERT2};Piezo2^{flox/flox}* mice, which lack *Piezo2* in Merkel cells and DRG neurons, show a profound loss of gentle-touch responses [21••]. Using a battery of assays, the authors demonstrated that behaviors evoked by innocuous touch are almost completely abolished in *Advillin^{CreERT2};Piezo2^{flox/flox}* mice. The ability to respond to noxious mechanical and thermal stimulation remained intact in these mutants, confirming that *Piezo2* function is not required for nocifensive responses in healthy animals [21••]. Additionally, *in vitro* recording from *Piezo2*-deficient DRG neurons demonstrated that rapidly inactivating currents were severely reduced. In intact recordings, approximately half of all A β LTMRs were rendered touch-insensitive, and those mechanoreceptors that remained showed impaired responsiveness. Together, these data indicate that *Piezo2* is a principal component of mechanosensory signaling in mouse A β LTMRs.

A recent study promisingly indicates that *Piezo2* is also required in human LTMRs. A neurotrophin cocktail was used to derive sensory neurons with LTMR properties from human induced pluripotent stem cells (iPSC) [32]. These human iPSC-derived neurons expressed *Piezo2* transcripts and displayed mechanically activated inward currents with rapidly inactivating time constants, as in mouse LTMRs. When *Piezo2* was ablated in these cells using CRISPR/Cas9 technology, mechanically activated currents were abolished. Along with directly demonstrating that *Piezo2* is necessary for mechanotransduction in human LTMRs, this study opens up new avenues for analyzing and genetically correcting, disease-causing *Piezo2* mutations in human cell types [22,33,34].

Whether *Piezo2* also contributes to acute transduction in A δ and C afferents is not clear. *Piezo2* expression has been reported in medium and small diameter neurons; however, in *Advillin^{CreERT2};Piezo2^{flox/flox}* mice, the proportion of mechanosensitive A δ LTMRs and A-mechanonociceptors did not differ significantly between mutant and control genotypes [21••]. A δ LTMRs showed normal sensitivity, but mechanical thresholds were increased in *Piezo2* mutant A-mechanonociceptors. Although C-LTMRs were not analyzed in this study, C nociceptors did not differ between genotypes, indicating that *Piezo2* is not required for mechanically evoked signaling in these afferents.

Mechanical sensitization

Recent studies also implicate *Piezo2* in mechanosensory signaling under conditions of inflammation or injury. For example, intrathecal *Piezo2* antisense oligonucleotides reduced mechanical allodynia — a condition in which normally innocuous stimuli are experienced as painful — in two different mouse models of neuropathic pain [31]. Moreover, shRNA-mediated gene silencing of *Piezo2* in whisker follicles reduced behavioral responses to whisker deflection after capsaicin-induced sensitization [28•]. At a cellular level, bradykinin (BK), an inflammatory algogen that mediates hyperalgesia, sensitized *Piezo2* currents when co-expressed with bradykinin receptor beta 2 in heterologous systems or in a subset of

putative nociceptors [35]. These data provide a potential mechanism for mechanical hyperalgesia under conditions of inflammation. Moreover, TRPV1 stimulation inhibited Piezo2 currents in heterologous cells and a subset of DRG neurons, which highlights the potential for crosstalk between Piezo2 and ion channels involved in thermal hyperalgesia [36]. Defining the role of Piezo2 and other transduction channels in mechanical hypersensitivity may point the way toward new therapies for common and debilitating pain conditions.

Customizing Piezo function

The biophysical properties of mechanotransduction channels are important for setting the speed, sensitivity and dynamic range of mechanosensory signaling. Mechanisms that govern these biophysical properties in different types of touch receptors are under active investigation.

To evaluate the dynamic range of mechanically activated channels in DRG neurons, a novel elastomeric pillar assay was developed to deliver cellular deflections as small as 10 nm [37•]. This assay was used to analyze mechanical thresholds in neurons lacking stomatin-like protein 3 (STOML3), which is required for normal touch sensitivity in mice [38]. Mechanical activation thresholds of rapidly inactivating Piezo2 currents were increased by an order of magnitude in a subset of *Stoml3* mutant DRG neurons. Conversely, co-expressing Piezo1 or Piezo2 with STOML3 in HEK293 dramatically lowered the stimulus threshold for mechanically evoked currents [37•]. Thus, STOML3 is capable of broadening the dynamic range of Piezo channels by reducing their activation thresholds.

The mechanical sensitivity of transduction channels is another important determinant of sensory signaling. A recent study of trigeminal sensory neurons from tactile foraging ducks showed that their mechanically activated currents have unusually steep displacement-response relations and that a high proportion of their trigeminal neurons express *Piezo2* compared with other species [39]. By contrast, the ultra-tactile-sensitive star organ of the star-nose mole is primarily innervated by trigeminal neurons highly enriched with *Piezo1*, whereas DRG neurons express primarily *Piezo2* [40]. Future studies of these and other tactile-specialist species hold promise for uncovering new mechanisms of tactile sensation [41–43].

Cellular tuning mechanisms

In touch receptors, firing patterns are thought to be shaped by terminal specializations that comprise sensory afferents juxtaposed to non-neuronal cell types. Recent studies have taken advantage of cell-type-specific transgenic technology to dissect how anatomical specializations and non-neuronal cell types contribute to distinctive firing properties in LTMRs.

In mice, hair follicles are innervated by RA A β LTMRs, A δ -LTMRs and/or C-LTMRs, whose innervation patterns have been recently reviewed [5,44]. These neurons form similar lanceolate endings; however, they differ in their physiological responses [14••]. In most cases, different classes of LTMRs innervate the same hair follicle, forming interdigitating

endings enwrapped by a common terminal Schwann cell [45]. This observation suggests that functional differences between these touch receptors reflect intrinsic neuronal mechanisms, such as distinct transduction machinery or ion channels that set membrane excitability. Interestingly, *Piezo2* is required for mechanically evoked firing in RA and SA A β LTMRs, and set the mechanical thresholds observed in A-mechanonociceptors. How one channel can contribute to distinct mechanical properties in these diverse cell types remains to be determined.

Many lanceolate endings polarize to the caudal side of hair follicles [46]. These include TrkB-expressing A δ LTMRs, which preferentially respond to hair movements in the caudal-to-rostral direction [47•]. Interestingly, keratinocytes located on the caudal side of hair follicles express the TrkB ligand BDNF, and epidermal-specific BDNF knockout disrupts the caudal polarization of A δ LTMR endings [47•]. Individual A δ LTMRs displayed directional selectivity in BDNF mutant mice; however, the orientation of their selectivity vectors did not show a strong rostral preference. Together, these findings suggesting that BDNF-independent mechanisms confer polarity in A δ LTMRs, and that keratinocyte-derived BDNF properly orients this polarity.

Merkel cells are another epidermal cell type that governs the firing properties of LTMRs (see *Acute mechanotransduction*, above). Whether Merkel cells actively function in sensory transduction has long been debated. To address this question, optogenetic tools were used to selectively excite or silence Merkel-cell signaling in the intact skin [29•]. When the skin was illuminated to activate Merkel cells, SAI afferents produced sustained volleys of action potentials that mimicked the response to static pressure. Conversely, touch-evoked SAI firing was reversibly inhibited when Merkel cells were optogenetically silenced. Thus, Merkel cells are both necessary and sufficient to confer sustained firing in SAI afferents. Moreover, electrophysiological analysis of mutant mice devoid of Merkel cells demonstrated that Merkel-cell afferents are capable of transducing dynamic touch, but with markedly reduced activity. This finding suggests that Merkel cells facilitate high-frequency firing during dynamic touch. Together with studies of Merkel-cell *Piezo2* summarized above, these findings indicate that the Merkel cell-neurite complex is a compound touch receptor. Future studies are needed to identify neurotransmitters and receptors that mediate signaling between Merkel cells and sensory afferents.

Conclusions and pressing questions

Recent studies have made significant progress in our understanding of the mechanisms underlying mammalian somatosensory transduction. The identification of *Piezo* proteins and the demonstration that *Piezo2* can account for mechanotransduction in most mammalian touch receptors, answers a long-standing question in the field of mechanotransduction. Likewise, the identification of molecular markers for distinct subtypes of touch receptors enables the selective disruption of candidate genes and the ability to temporally manipulate activity in individual classes of sensory neurons. Such approaches can now be used to understand how different neuronal classes contribute to encoding of tactile stimuli. Nonetheless, a number of key questions remain to be addressed. First, how intrinsic neuronal mechanisms differ between functionally distinct somatosensory neurons remains

enigmatic. A recent tour de force used single-cell RNA sequencing to identify unique transcriptional profiles for different classes of somatosensory neurons [48]. These datasets provide an excellent starting point for defining such intrinsic mechanisms. Second, there is a need for new motivated tactile behavioral tasks (rather than reflexive tasks) to assay the function of discriminative touch receptors. Third, the ion channels that transduce noxious mechanical stimuli have yet to be identified. Finally, whether Piezo2 contributes to human tactile disorders or sensory dysfunction remains largely unknown. The significant strides in our understanding of mammalian touch over the past few years suggest that answers to these questions are within reach.

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Highlights

- Selective genetic markers allow functional dissection of identified touch receptors
- Piezo genes encode mechanically activated ion channels
- Piezo2 is a principal component of mechanotransduction in mammalian touch receptors
- Cellular and molecular mechanisms tune the mechanosensory function of touch receptors

Figure 1. Piezo proteins are evolutionarily conserved, widely expressed ion channels
(A) Unrooted circular dendrogram clustering of Piezo1 and Piezo2 proteins (B) Piezo channels are proposed to be homomeric tetramers. Each subunit is predicted to contain over 30 transmembrane domains (orange circles).

A. **B.** **Figure 2. The many modalities of Piezo**

(A) Sample currents demonstrating mechanical activation of Piezo1-transfected HEK293T cells via pressure [19••], suction [19••], and shear stress [50]. (B) Representative touch-evoked Piezo2 currents in transfected HEK293T cells [19••], DRG neurons [19••] and Merkel cells [29•].

Table 1

Somatosensory mechanoreceptors in DRG.

Conduction velocity	Myelination	Soma	Subclasses	Modality	Molecular marker	Ref.
A α	Thick	Large	Muscle spindle & Golgi tendon organ	Proprioception	Runx3 ⁺ Pvalb ⁺	[15]
A β	Thick	Large	SAI (Merkel-cell afferent)	Touch	transient Slc17a8 (VGLUT3), Runx3 ⁺ Pvalb ⁻	[18] [15]
			Merkel cells	Touch	Atoh1, Cck, Krt14	[16,17,29•]
			RA (corpuscles, lanceolates)	Touch	early Ret ⁺	[6,7]
			lanceolate ending	Touch	Npy2r	[14••]
A δ	Thin	Medium	A δ LTMR (D-hair)	Touch	Ntrk2 (TrkB)	[14••]
			A mechanonociceptor	Noiception		
C	None	Small	C-LTMR	Affective touch?	Slc17a8 (VGLUT3), Th	[10,14••]
			C tactile-like afferent	Affective touch?	Mrgprb4	[49]
			Mechanonociceptor & polymodal nociceptor	Noiception	various	