We know ADAPT works—Now it works for you

HEATHER MOHR, BSc

HAVE YOU HEARD ABOUT ADAPT? OF COURSE you have; everyone has. A recent survey shows that more than 78% of Canadian pharmacists are aware of ADAPT, an online patient care skills development program from the Canadian Pharmacists Association. Peer-reviewed published research demonstrates how transformative the program is: a 2014 study¹ showed that 85% of ADAPT participants continue to report sustained increases in skills and confidence long after they've finished the program. What's more, 40% of these pharmacists report billing more for medication management services as a result of ADAPT!

Team-based care is the solution to many health care challenges, and ADAPT is part of that solution, both in Canada and abroad. Since its inception in 2011, more than 630 pharmacists have participated from across Canada. The American Pharmacists Association has now licensed the complete ADAPT program and began offering its first class in May 2015. With ObamaCare in the United States, and with states such as Washington and California poised to legislate advanced practice credentials and Provider Status for pharmacists, Americans see ADAPT as key to providing the necessary training that

increases pharmacists' knowledge, skills and performance to fill these new roles.

But I know all that, you say. I know ADAPT will transform my practice, and I want to register but I can't! It's too long. It's too intense. It's too expensive.

We agree. So we've made some changes.

Beginning in August 2015, ADAPT will be broken down into 4 manageable courses, offered several times a year:

1. Medication Assessment and Collaboration (6 weeks)
2. Patient Interviewing, Assessment and Documentation (8 weeks)
3. Evidence-Based Decision Making (6-7 weeks)
4. Putting It All Together: The ADAPT Certificate in Patient Care Skills and Medication Management (4 weeks)

Complete them all and earn the ADAPT Certificate in Patient Care Skills, or just complete the parts you want, when you want. Pay as you go for each session.

We've kept your personal trainers and cheering section: our moderators and innovative peer-to-peer learning approach. You'll still learn in an interactive environment with pharmacists from all across Canada. But now it fits better into your schedule and your budget, giving you even more opportunities to put things into practice before you move on.

Now it's easier for you to take advantage of a unique experience, improving the skills and care you offer your patients and practice. Every mountain is climbed one step at a time. No more excuses. It's time for you to ADAPT. ■

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Reference

1. Zeni Marks P, Jennings B, Farrell B, et al. "I gained a skill and a change in attitude": a case study describing how an online continuing professional education course for pharmacists supported achievement of its transfer-to-practice outcomes. *Can J Univ Can Edu* 2014;40(2):1-18.

BOX Recent ADAPT Research

- Zeni Marks P, Jennings B, Farrell B, et al. "I gained a skill and a change in attitude": a case study describing how an online continuing professional education course for pharmacists supported achievement of its transfer-to-practice outcomes. *Can J Univ Can Edu* 2014;40(2):1-18.
- Archibald D, Farrell B, Pizzola L, et al. Impact on practice: did the ADAPT online patient care skills program make a difference for pharmacists? Poster Presented: North American Primary Care Research Group conference, New York, NY, Nov. 24, 2014.
- Visit www.pharmacists.ca/adaptresearch for more.