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Characterization of a lanthanide complex encapsulated with MRI contrast agents into liposomes for biosensor imaging of redundant deviation in shifts (BIRDS)

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Abstract

Purposely-designed magnetic resonance imaging (MRI) probes encapsulated in liposomes, which alter contrast by their paramagnetic effect on longitudinal (T_1) and transverse (T_2) relaxation times of tissue water, hold promise for molecular imaging. However a challenge with liposomal MRI probes that are solely dependent on enhancement of water relaxation is lack of specific molecular readouts, especially in strong paramagnetic environments, thereby reducing the potential for monitoring disease treatment (e.g., cancer) beyond the generated MRI contrast. Previously it has been shown that molecular imaging with magnetic resonance is also possible by detecting the signal of non-exchangeable protons emanating from paramagnetic lanthanide complexes themselves (e.g., TmDOTP⁵⁻, which is a Tm³⁺-containing biosensor based on a macrocyclic chelate 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetrakis(methylene phosphonate), DOTP⁵⁻) with a method called Biosensor Imaging of Redundant Deviation in Shifts (BIRDS). Here we show that BIRDS is useful for molecular imaging with probes like TmDOTP⁵⁻ even when they are encapsulated inside liposomes with ultra-strong T_1 and T_2 contrast agents (e.g., Magnevist and Molday ION, respectively). We demonstrate that molecular readouts like pH and temperature determined from probes like TmDOTP⁵⁻ are resilient, because sensitivity of the chemical shifts to the probe's environment is not compromised by presence of other paramagnetic agents contained within the same nanocarrier milieu. Because high liposomal encapsulation efficiency allows for robust MRI contrast and signal amplification for BIRDS, nanoengineered liposomal probes containing both monomers like TmDOTP⁵⁻ and paramagnetic contrast agents could allow high spatial resolution imaging of disease diagnosis (with MRI) and status monitoring (with BIRDS).

Introduction

Traditional magnetic resonance imaging (MRI) contrast agents, which affect the longitudinal (T_1) and transverse (T_2) relaxation times of tissue water, have improved clinical imaging. Paramagnetic agents like Magnevist (for T_1) and Molday ION (for T_2) when encapsulated into liposomes can further enhance contrast for the tissue being targeted (e.g., tumor) (1). However liposomal research is still in the preclinical stage with potential concerns about MRI contrast agent stability, which could lead to transmetallation problems in vivo. The goal of these paramagnetic nanoprobes is to generate the strongest contrast possible. Because dynamic range of T_1 contrast enhancement from gadolinium agents is low (i.e., beyond endogenous T_1 contrast), molecular MRI readouts from such agents are difficult. With iron oxide based T_2 agents, which shorten the T_2 of water due to the magnetic susceptibility field gradients that span large spatial domains to dramatically enhance water relaxation, a molecular readout specific to the local environment of the molecular target becomes challenging. The detection of enhanced water relaxation scheme is further complicated by the fact that T_1 and T_2 agents when encapsulated into nanocarriers develop slightly different properties compared to the bare agent, primarily because of altered water access into the paramagnetic core of the probe (2). Because of the translational possibilities of MRI technologies, a magnetic resonance method by which molecular readout is possible even in the presence of strong paramagnetic milieu is highly desirable to enable clinical diagnosis in conjunction with monitoring of disease.

It was recently shown that molecular imaging with magnetic resonance is also possible by detecting the chemical shift of non-exchangeable protons (or other nuclei) on paramagnetic lanthanide complexes themselves (e.g., TmDOTP⁵⁻ and TmDOTMA⁻, which are Tm³⁺-containing biosensors based on macrocyclic chelates 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetrakis(methylene phosphonate), DOTP⁵⁻ and 1,4,7,10-tetramethyl-1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetate, DOTMA⁴⁻, respectively) with a method called Biosensor Imaging of Redundant Deviation in Shifts (BIRDS) (3, 4). In other words, the BIRDS approach bypasses the need to detect relaxation of abundant water protons, but instead focuses on the chemical shift of dilute non-exchangeable protons on lanthanide complexes like TmDOTP⁵⁻ and TmDOTMA⁻. Moderately high resolution BIRDS data are possible with optimally designed probes and/or improved chemical shift imaging (CSI) schemes (5), because the magnetic resonance properties of the non-exchangeable protons on paramagnetic probes like TmDOTP⁵⁻ and TmDOTMA⁻ are quite unusual (e.g., ultra-short relaxation times, highly broadened peaks, hyperfine shifted peaks, etc.).

Probes like TmDOTP⁵⁻ and TmDOTMA⁻, and others, have the advantage that the resonances of their non-exchangeable protons have almost no overlap with existing in vivo proton resonances (e.g., water, metabolites, macromolecules) and once detected (i.e., on the order of less than 0.5 mmol/kg), the resonances of these monomers can be used for concentration-independent molecular imaging (e.g., temperature and pH mapping sensitivities with TmDOTP⁵⁻ do not differ at high or low concentrations) (3, 4). Furthermore BIRDS with lanthanide complexes like TmDOTP⁵⁻ has potential for other biomedical applications (e.g., pH/temperature mapping (3, 4) and calibration of Chemical

Exchange Saturation Transfer (CEST) contrast (6)) using the ^1H detection scheme. But if the monomers are modified to include ^{19}F into the chelate, BIRDS could also provide a chemical shift based alternative to molecular imaging with ^{19}F MRI.

Despite these advantages of BIRDS, monomers like TmDOTP^{5-} and TmDOTMA^- suffer from low spatial resolution CSI voxels (e.g., $\sim 1\ \mu\text{L}$) compared to MRI voxels (e.g., $\sim 0.1\ \mu\text{L}$). It should be noted, however, that the best CSI resolution of $1\ \mu\text{L}$ for 3 dimensional (i.e., 3D) imaging with BIRDS of the whole rat brain in merely a few minutes that has been achieved with $0.5\ \text{mmol/kg}$ of TmDOTMA^- (5) can be further improved using faster imaging (e.g., shorter recycle time, faster gradient switching to higher amplitudes, etc) and increased signal-to-noise ratio (SNR). To improve BIRDS sensitivity further with liposomal encapsulation of the lanthanide monomer (i.e., for improved monitoring of disease status with BIRDS) and considering the possibility of combining BIRDS with other T_1 and T_2 agents typically used for MRI (i.e., to generate superior contrast for disease diagnosis with MRI), we postulated that BIRDS would stand resilient in the presence of large perturbing paramagnetic fields generated by strong T_1 and T_2 contrast agents like Magnevist and Molday ION respectively, especially in nanocarriers like liposomes.

The use of liposomes for drug and/or contrast agent delivery is well established (7, 8). Liposomes can be easily synthesized, they are biocompatible, and their sizes can be readily tailored for biomedical needs. Hydrophilic agents and drugs can be encapsulated in the inner core of the liposomes, while hydrophobic and amphiphilic molecules can be incorporated on to the liposome membrane. Additionally, controlled release (7, 9) in combination with liposome targeting (10-12) can be utilized to reduce unintended side effects of drugs by delivering the drug preferentially to the desired site. Liposomes have recently been used to deliver a high payload of various magnetic resonance agents either encapsulated or incorporated into the liposome membrane for relaxation and sensitivity enhancement (1, 13, 14).

In this work, we report on the utility of BIRDS for molecular imaging with TmDOTP^{5-} in presence of highly paramagnetic T_1 (Magnevist) and T_2 (Molday ION) contrast agents. We investigated the resiliency of the BIRDS signal for temperature and pH detection with TmDOTP^{5-} co-encapsulated with Magnevist and Molday ION in liposomes. Additionally, we obtained in vitro temperature and pH maps of phantoms containing TmDOTP^{5-} in presence of Magnevist and Molday ION in free solution and with liposome encapsulation at different pH values as a precursor to in vivo demonstration of this technology. Overall, these nanoengineered liposomal probes containing TmDOTP^{5-} co-encapsulated with Magnevist and Molday ION show great potential for high spatial resolution imaging of disease diagnosis (with improved contrast for MRI) and status monitoring (with signal amplification for BIRDS).

Materials and Methods

Liposome preparation

Liposomes were prepared using the thin film hydration method, where 30 mg of 1,2-dipalmitoyl-sn-glycerophosphocholine (DPPC) was dissolved in 5 mL chloroform, and dried

under a gentle stream of nitrogen gas at room temperature to yield a thin film. To remove residual chloroform the thin film was dried under strong vacuum for at least six hours at room temperature. The dry film was hydrated at 55 °C for 45 minutes with varying concentrations of TmDOTP⁵⁻ (0.25, 1, 2, 5, 10, 25, and 100 mM) in phosphate buffer solution (PBS) at the desired pH (ranging from 6.5 to 8.0). The resulting liposomal suspension was vortexed vigorously and subjected to 7 free-thaw cycles, alternating between dry ice and a 55 °C water bath. The liposomal suspension (2 mL) was then dialyzed twice using a 2000 MWCO regenerated cellulose (RC) dialysis membrane in 1 liter of isotonic NaCl solution (the required tonicity was calculated based on TmDOTP⁵⁻ concentration) and left to stir for 24 hours at 4 °C. The NaCl solution was replaced after 24 hours with another 1 L NaCl solution of the same tonicity and stirred for another 24 hours at 4 °C. This procedure removes almost completely the un-encapsulated TmDOTP⁵⁻ by diluting its concentration by a factor equal to 250000 ($= (1000/2)^2$). Thus, the NMR signal of TmDOTP⁵⁻ after dialysis represents exclusively the encapsulated TmDOTP⁵⁻. The dialyzed liposomes were then subjected to a 10 minute (bath) sonication at 35 °C.

The resulting liposomes were extruded sequentially through polycarbonate filters of different pore sizes (100-800 nm; starting from the larger to the smaller diameter filters) at 55 °C at least 15 times for each filter size. The liposomes were then cooled to room temperature. Liposome size was measured by dynamic light scattering (DLS) using a Malvern Zetasizer Nano ZS instrument with Malvern disposable cuvettes (Malvern USA). Several types of DPPC liposomes were made: liposomes containing only 20 mM TmDOTP⁵⁻ and 20 mM TmDOTP⁵⁻ co-encapsulated with either Magnevist (0.5-10 mM) or Molday ION (3.5-35 mg/kg Fe). TmDOTP⁵⁻ samples in presence of varying concentrations of Magnevist (0.5-10 mM) and Molday ION (3.5-35 mg/kg Fe) in free solution (i.e., without encapsulation) were also prepared to assess the effect of increasing concentrations of these paramagnetic MRI contrast agents. We measured time-dependent release of TmDOTP⁵⁻ from liposomes. The TmDOTP⁵⁻ signal was measured after the first dialysis. The same sample was dialyzed again after one year and the TmDOTP⁵⁻ signal measured again. The TmDOTP⁵⁻ signal (i.e., concentration) change after one year was expressed as a percentage of the first measurement.

Characterization of BIRDS properties

All free solution and liposome-encapsulated samples were characterized for their temperature and pH dependent BIRDS properties for different MRI contrast agent concentrations. The pH of each sample was measured with a pH meter (Corning 430, NY, USA) using a glass electrode (5×178 mm, Calomel, Beckman, Fullerton, CA, USA). ¹H spectra were acquired on an 11.7T Bruker (Billerica, MA, USA) vertical-bore spectrometer between 25-40 °C for all samples and fit to a Lorentzian lineshape. The spectra were line-broadened (50 Hz), phased (zeroth-order), and baseline corrected (first-order). Temperature and pH sensitivities of the non-exchangeable protons of TmDOTP⁵⁻ were fit to a second-order polynomial model that includes temperature (T), pH, and chemical shift (δ). (4)

T₁ and T₂ values for H₂, H₃, and H₆ protons of TmDOTP⁵⁻ (Figure 1) were obtained at 35 °C using standard inversion recovery and spin echo sequences respectively using several

delays of 0.02-10 ms in increments of 0.1 ms for T_1 and 0.2 ms-3 ms in increments of 0.1 ms for T_2 because the intrinsic T_1 and T_2 relaxation times of the non-exchangeable protons of monomers like TmDOTP^{5-} are very short. (4) The resulting time dependent intensities were fitted to single exponentials to obtain T_1 and T_2 for each resonance. T_1 and T_2 relaxation times for H2, H3, and H6 protons of TmDOTP^{5-} samples in the presence of varying concentrations of Magnevist (0.5-10 mM) and Molday ION (3.5-35 mg/kg Fe) in free solution and with liposome encapsulation were also determined to assess the effect of increasing concentrations of these paramagnetic MRI contrast agents.

In vitro phantoms for CSI and MRI experiments

Parallel glass tubes containing 0.6 mL samples of known concentrations and pH (see below) were placed in a falcon tube filled with deionized water. The sample tubes were arranged so as to have alternating higher (~pH 7.6) and lower pH (~pH 7.0) values. The sample tubes were held in place by a polystyrene stopper that had holes specially prepared to fit the glass tubes tightly. Sample temperatures were measured before and after the CSI experiment.

In vitro CSI of TmDOTP^{5-}

25×25×25 3D CSI datasets of phantoms were obtained on a 9.4T Agilent horizontal-bore spectrometer using a ^1H radio frequency (RF) volume coil (4 cm diameter). A similar experimental set up was used for liposome-encapsulated samples. Two 3D CSI datasets of TmDOTP^{5-} were acquired for each phantom, one with the transmitter offset at +30 kHz from water frequency, (to selectively excite the H2 and H3 resonances) and the other with the transmitter offset at -65 kHz (to selectively excite the H6 resonance). The excitation of H2, H3 and H6 protons was achieved using a single-banded refocused 90° Shinnar-Le Roux (SLR) RF pulse of 30 kHz bandwidth and 300 μs duration. The CSI datasets were acquired using reduced spherical encoding with uniform sampling of k-space with 1743 encoding steps (5) with a recycle time (TR) of 8 ms, 32 averages per encoding step, 2048 points per FID, and a field of view (FOV) of 32×32×32 mm^3 . The phase encode gradient duration was 136 μs and the spectral window was 192 kHz. The spectrum for each encoding step was line broadened (50 Hz), phased (zero order), and baseline corrected (first order). The temperature and pH maps were calculated according to the model described previously (3, 4).

In vitro T_1 and T_2 mapping of water

Water-based T_1 and T_2 maps were acquired on the 9.4T Agilent spectrometer using the ^1H RF volume coil (4 cm diameter). A spin-echo MRI pulse sequence was used to image a 128×128 slice of 2 mm thickness with 32×32 mm^2 FOV. For T_1 mapping, five different TR values were used (0.4, 0.7, 1, 2 and 5 s), while for T_2 mapping, ten different echo time (TE) values were used (in the range from 7 to 70 ms, with 7 ms increments). The T_1 and T_2 values were calculated by fitting the absolute intensity to a single exponential function.

Results

Encapsulation efficiency and signal amplification with liposomal BIRDS

Figures 1A and 1B respectively show the structure and assignments of four (H1, H2, H3 and H6) of the six non-exchangeable protons of TmDOTP^{5-} , which are based on 2D NMR

assignments of the chelate but the hyperfine shifted signals of the complex can be easily distinguished by 1D NMR as well (15). The spectrum was truncated to exclude the signals from the two protons furthest from the water resonance, H4 and H5 (+500 and -385 ppm respectively). TmDOTP⁵⁻ was successfully encapsulated in the liposomes and exhaustive dialysis was carried out to remove the non-encapsulated TmDOTP⁵⁻ (see Methods for detailed description). The encapsulation efficiency of the liposomes was determined by comparing the signal intensities, given by the area under the resonances (which is T₂-independent) of the H2 and H3 protons of the liposomal TmDOTP⁵⁻ against the areas of the corresponding signals in the free-solution TmDOTP⁵⁻ (i.e., non-encapsulated) as shown in Figure 1C. The NMR spectra were acquired with very long repetition time (TR = 100 ms) to allow complete T₁ relaxation of all TmDOTP⁵⁻ protons. Both the encapsulated and the free-solution had the same TmDOTP⁵⁻ concentration of 100 mM. The H2 and H3 intensities of the free solution TmDOTP⁵⁻ were 1.23 times greater than the corresponding intensities of the liposome-encapsulated TmDOTP⁵⁻ providing an encapsulation efficiency of 88%. The utility of the liposome encapsulation for delivering a high local payload of MRI contrast agent was evaluated by comparing the signal intensities of liposome-encapsulated 0.25 mM and 100 mM TmDOTP⁵⁻ under the same experimental conditions and acquisition parameters as shown in Figure 1D. Comparison of H2 and H3 signal intensities (for the 0.25 mM and 100 mM TmDOTP⁵⁻ in liposome) shows signal amplification of ×388, which represents about 97% signal enhancement from the low to the high concentration. We emphasize that the signal enhancement refers to the gain in 'payload' that liposomes can deliver. For example, if 100 mM TmDOTP⁵⁻ is injected directly into the body the monomer gets diluted with tissue/blood fluids, whereas liposomes encapsulated with 100 mM TmDOTP⁵⁻ if injected would generate a concentrated (i.e., amplified) signal provided that the monomer is not released from the liposome (see below).

The DPPC liposomes generated from our procedure resulted in size range of 70-75 nm (Supplementary Figure 1A). A linear dependence was observed for 1 to 100 mM of TmDOTP⁵⁻ encapsulated in DPPC liposomes (Supplementary Figures 1B and 1C). Comparison of the spectra in Figures 1C and 1D suggest that the TmDOTP⁵⁻ signals remain largely unaffected upon liposome encapsulation. Furthermore the DPPC liposome encapsulated with TmDOTP⁵⁻ was stable over time (Supplementary Figure 1D). We found that liposomes encapsulated with higher concentration of TmDOTP⁵⁻ released more of the monomer over a one year time period than in the case of liposomes encapsulated with lower concentration of TmDOTP⁵⁻. While these results suggest that the extra-liposomal release of the monomer is dependent on the initial TmDOTP⁵⁻ concentration, freshly made liposomes encapsulated with TmDOTP⁵⁻ could provide maximal payload necessary for in vivo experiments.

Characterization of BIRDS with and without co-encapsulation of contrast agents

The resiliency of the BIRDS with TmDOTP⁵⁻ was evaluated in presence of strong paramagnetic T₁ and T₂ contrast agents (Magnevist and Molday ION respectively), both in free solution and with liposome encapsulation, over a temperature range of 25-40 °C and pH range of 6.5-8.0. Figures 2A and 2B respectively show ¹H spectra of 10 mM TmDOTP⁵⁻ samples in presence of 14 mg/kg Fe of Molday ION or 1 mM Magnevist as free solutions

and with liposome encapsulation. Inspection of these spectra suggests that the TmDOTP⁵⁻ chemical shifts remain largely unaltered by the two MRI contrast agents, regardless of encapsulation. Figures 3A and 3B show that pH and temperature sensitivities of the TmDOTP⁵⁻ signals were not affected (within the experimental error of the measurement) by the presence of the MRI contrast agents or by liposome encapsulation. Therefore, TmDOTP⁵⁻ can still be used as a dual (temperature and pH) sensor in the presence of these agents at the respective doses. Temperature measured with BIRDS were within 0.1 °C of temperature measured with a thermocouple and pH measured with BIRDS were within 0.1 pH units verified with a pH meter.

Figure 4 shows the effect of the strong paramagnetic MRI contrast agents on BIRDS by independent measures of the linewidths for the non-exchangeable protons of TmDOTP⁵⁻ when the concentration of the contrast agent was increased, both in free solution and with co-encapsulation. The MRI contrast agents only minimally affected the linewidths of the TmDOTP⁵⁻ resonances with increasing concentrations of Magnevist (Figure 4A) and Molday ION (Figure 4C) in free solution. However the resonance linewidths increased slightly upon liposome encapsulation with Magnevist (Figure 4B) and Molday ION (Figure 4D), but also in absence of any contrast agent. The small linewidth differences between TmDOTP⁵⁻ peaks in free solution and in liposome, as shown in Figure 4, are primarily due to T₂-based line broadening upon encapsulation of the monomer and the contrast agent (see below).

The effect of the strong paramagnetic MRI contrast agents on BIRDS properties were tested by independent measurements of the relaxation times for the non-exchangeable protons when the concentration of the contrast agent was increased, both in free solution and with co-encapsulation, as shown in Figure 5. Both T₁ and T₂ values in free solution were on the order of 0.5-2.5 ms for TmDOTP⁵⁻ resonances, either alone or in presence of Magnevist and Molday ION (Figures 5A and 5B). In fact increasing concentrations of Magnevist and Molday ION in free solution did not significantly affect the T₁ and T₂ values for TmDOTP resonances. Upon encapsulation T₁ values remained largely unaffected, whereas T₂ values were shortened (Figures 5C and 5D). The error bars in Figure 5 depend on goodness of exponential fits to the relaxometry data of the non-exchangeable protons of TmDOTP⁵⁻.

In vitro BIRDS and MRI with and without co-encapsulation of contrast agents

We tested the BIRDS properties of TmDOTP⁵⁻ in presence of other contrast agents, both in free solution and with liposome encapsulation. Two phantoms were made, one with TmDOTP⁵⁻ in free solution (with/without agents) and another with TmDOTP⁵⁻ encapsulated (with/without agents) under different conditions described below. Each phantom consisted of six glass tubes of 5 mm outer diameter (in clockwise order from **a-f** in Figure 6). Figure 6A shows TmDOTP⁵⁻ in presence of Magnevist and Molday ION in free solution, where tubes **a** and **b** contained 20 mM TmDOTP⁵⁻ at pH 7.7 and 7.0, respectively; **c** and **d** contained 10 mM TmDOTP⁵⁻ with 14 mg/kg of Fe in Molday ION at pH 7.6 and 6.8, respectively; **e** and **f** contained 10 mM TmDOTP⁵⁻ with 1 mM Magnevist at pH 7.5 and 6.8, respectively. Figure 6B shows TmDOTP⁵⁻ encapsulated into liposome with Magnevist and Molday ION, where tubes **a** and **b** contained 20 mM TmDOTP⁵⁻ at pH 7.6 and 7.0,

respectively; **c** and **d** contained 10 mM TmDOTP⁵⁻ with 14 mg/kg of Fe in Molday ION at pH 7.6 and 6.9, respectively; **e** and **f** contained 10 mM TmDOTP⁵⁻ with 1 mM Magnevist at pH 7.6 and 7.0, respectively.

Temperature and pH measured by BIRDS showed excellent agreement (less than 0.1 °C for temperature and less than 0.1 units for pH) with independent temperature and pH measurements by thermocouple and pH meter, respectively, regardless of the presence of contrast agents with TmDOTP⁵⁻ in free solution (Figure 6A) or co-encapsulation of TmDOTP⁵⁻ with other contrast agents into liposomes (Figure 6B). Temperature maps of the phantoms showed that all bottles had the same temperature, 20 °C for the free solution phantom in Figure 6A and 22 °C for the liposome-encapsulated phantoms in Figure 6B. Importantly temperature and pH determination was not affected by the presence of paramagnetic MRI contrast agents or by encapsulation. For the same phantoms shown in Figure 6, we also measured the water relaxation properties (Supplementary Figure 2). Imaging of the phantoms with standard inversion recovery (for T₁) and spin-echo (for T₂) sequences showed R₁ (i.e., = 1/T₁) enhancement with Magnevist and R₂ (i.e., = 1/T₂) enhancement with Molday ION. The relaxation enhancements were pH independent for the samples in free solution while the encapsulated samples showed pH dependent relaxation enhancements, except for the samples containing Molday ION.

Discussion

A continuing challenge in molecular imaging of disease (e.g., cancer) diagnosis is the need for non-invasive and translational magnetic resonance methods that will allow for quantitative monitoring of tissue status prior to, during, and following treatment, in addition to high resolution contrast imaging. A probe that will report on the local environment and physiology (e.g., temperature and pH) of the tumor and its microscopic location is thus highly desirable for clinical applications. Temperature and pH imaging with lanthanide complexes like TmDOTP⁵⁻ has previously been demonstrated *in vitro* and *in vivo* using BIRDS (3-6). While we used TmDOTP⁵⁻ as a model monomer in this study for liposomal BIRDS, we expect that other paramagnetic (i.e., lanthanide or transition) metal complexes would provide similar results.

However BIRDS with monomer provides low SNR because of the low local concentration detected. In this work, we sought to amplify the BIRDS signal through encapsulation of a high payload of TmDOTP⁵⁻ in liposomes and we achieved a signal amplification of ×388 using nanomolar amounts of liposome (Figure 1). TmDOTP⁵⁻ was successfully co-encapsulated with Magnevist and Molday ION in DPPC-based liposomes with high encapsulation efficiency (Supplementary Figure 1). BIRDS signal was found to be resilient even in the presence of strong MRI contrast agents like Magnevist and Molday ION, whether they were encapsulated or not (Figure 2). Molecular readouts of pH and temperature from TmDOTP⁵⁻ were not significantly compromised by presence of other paramagnetic agents, either in free solution or when encapsulated into liposomes (Figure 3).

Upon liposome encapsulation, regardless of contrast agent that was co-encapsulated, the BIRDS properties were slightly affected (Figures 4 and 5), as the TmDOTP⁵⁻ resonances

were broadened due to T_2 shortening. The T_2 decrease of the TmDOTP^{5-} resonances upon encapsulation is probably due to enhanced spin-spin interaction mediated by longer correlation times arising with compartmentalization of TmDOTP^{5-} molecules inside the liposomes. While the shortened T_2 values lead to broader signals and thus render these signals insensitive to static magnetic field inhomogeneity (i.e., shim insensitive), the short T_1 values can be utilized for rapid signal averaging enabling higher SNR. However, the molecular imaging capability of TmDOTP^{5-} in the presence of MRI contrast agents with BIRDS remained promising regardless of liposome encapsulation (Figure 6). Additionally, relaxation enhancements of bulk water (i.e., R_1 and R_2) were achieved with Magnevist and Molday ION, respectively, for improved MRI contrast (Supplementary Figure 2). However the R_1 enhancements with Magnevist and the R_2 enhancements with Molday ION observed with TmDOTP^{5-} in free solution were attenuated when encapsulated into liposomes. This is probably due to exchange-limited relaxation processes in liposomes, whereby membrane impermeability makes the paramagnetic liposome core less accessible to bulk water. The exchange-limited relaxation has previously been observed for MRI contrast agents encapsulated in liposomes made from saturated lipids (2, 16).

Unconventional properties of BIRDS for molecular imaging

The BIRDS scheme is unusual because in molecular MRI the norm is to detect the paramagnetic contrast agent's effect on relaxation rates of water protons. The BIRDS platform is an ultra-high speed, high spatial resolution, 3D CSI mode where the paramagnetically-shifted and non-exchangeable protons from lanthanide (or transition) metal complexes are detected. These protons have extremely short relaxation times (to allow high-speed CSI signal averaging) and their shifts are sensitive reporters of ambient conditions (to allow molecular sensing by CSI). The distinctiveness of BIRDS, compared to other MRI or MRS methods used for biosensing (17-21), is based on specific properties that these protons possess. The proton resonances are paramagnetically shifted away from the chemical shift of water protons and thus the signals are easily detected by CSI without any need for water suppression or outer volume suppression. All such lanthanide (and transition metal) complexes report data on temperature, whereas complexes with phosphonate pendant arms (e.g., DOTP^{8-} (4) or DOTA4AmP^{8-} (22)) report on both temperature and pH. Because lanthanide monomers like TmDOTP^{5-} can reach brain's interstitial space (23), they report extracellular pH. Temperature and/or pH sensitivities of these paramagnetic complexes are notably better than with other diamagnetic MRS methods (3, 4, 24-30).

The T_1 and T_2 of the paramagnetically shifted protons are significantly shortened such that the (T_2/T_1) ratio, which is a crucial factor in SNR for all MRI and MRS methods, begins to approach unity. In comparison, the (T_2/T_1) ratio for diamagnetic proton signals is in the range of 0.01-0.1 (31). Thus high spatial resolution CSI is possible with BIRDS (3-5). Signal averaging is enhanced without cost of additional acquisition time because T_1 of paramagnetically shifted protons is usually a few ms. In comparison, T_1 of diamagnetic protons is on the order of 10^3 ms. Thus ultra-high speed CSI is possible with BIRDS. The paramagnetically shifted protons are impervious to static magnetic field inhomogeneities (i.e., shim) because T_2 is less than a few ms. In contrast, T_2 of diamagnetic protons is 10^1 - 10^2 ms and thus are susceptible to poor shim conditions. Thus no additional shimming

is needed for BIRDS. Since the paramagnetically shifted signals do not overlap with other endogenous or exogenous diamagnetic proton signals, the BIRDS detection scheme requires little further calibration or optimization. Because multiple protons are detected from a monomer simultaneously and each has slightly different sensitivity to the same molecular event, redundant detection improves accuracy for temperature and/or pH mapping (4). Finally, because the BIRDS detection scheme is purely based on chemical shift, the molecular reporting by BIRDS is independent of complex concentration, blood flow, and/or metabolism. Thus detection of signals from a monomer like TmDOTP⁵⁻ is quantitative with BIRDS under most circumstances as long as a reliable MRS signal is detected.

Resiliency of BIRDS in highly paramagnetic environments

The current results demonstrate that lanthanide complexes like TmDOTP⁵⁻ manifest similar BIRDS properties regardless of presence of strong MRI contrast agents (e.g., Magnevist and Molday ION) and liposome encapsulation. To understand how BIRDS properties remain essentially unaffected in such dire situations when usually the water proton relaxation rates are dramatically affected, the mechanisms that underlie the unusual properties of protons on monomers like TmDOTP⁵⁻ need to be discussed.

The paramagnetic core of monomers like TmDOTP⁵⁻ is similar to the paramagnetic center in a protein, as protons of both complexes interact with the unpaired electrons of the metal ion (15, 32, 33). Because these effects mainly depend on the distance and orientation between the proton nuclear spin and the lanthanide (or transition) metal ion, structural attributes of the complexes can be gathered from contributions to the relaxation rate and the chemical shift of the nuclear spins. In fact, it is the structural manifestations of the monomer responding to the immediate environment changes that enables BIRDS. If the paramagnetic center possesses magnetic susceptibility anisotropy (i.e., departure of the susceptibility tensor from symmetry and as is the case for lanthanide ions, except for paramagnetic gadolinium and diamagnetic lanthanide ions), then the proton nuclear spin features enhanced relaxation rates in conjunction with the so-called hyperfine shifts. A key feature of BIRDS (i.e., where protons attached to the monomer itself are detected) is that the paramagnetic effect of the metal ion on the protons for complexes like TmDOTP⁵⁻ is constant (i.e., pseudo-static), a property which arises from the kinetic stability and in vivo inertness of such complexes under a variety of conditions (34).

The magnetic susceptibility of a substance (i.e., potential for it to interact with a magnetic field) is the sum of diamagnetic and paramagnetic terms. The diamagnetic term can be neglected for small complexes like TmDOTP⁵⁻, but this term cannot be ignored for repetitive ring systems that stack up (e.g., DNA or RNA). Thus the paramagnetic term, which is the main contributor to the anisotropy, dominates in complexes like TmDOTP⁵⁻. The fixed spatial proximity of the proton nuclear spin to the unpaired electrons severely enhances the transverse relaxation rate (i.e., $1/T_2$) via dipolar and Curie-spin contributions, enough to induce line broadening ($\propto 1/T_2$),

$$\pi \cdot \Delta v_{1/2} = \frac{1}{T_2} = \left\{ \left(f \left(\gamma_H^2, \dots \right) \cdot \tau_s / r^6 \right) + \left(f \left(\omega_H^2, \dots \right) \cdot \tau_R / r^6 \right) \right\} \geq \frac{1}{T_1} \quad (2)$$

where γ_H and ω_H are respectively the gyromagnetic ratio and Larmor frequency of protons, τ_S is the electron spin relaxation time (about 0.1 ps), τ_R is the re-orientational correlation time of the complex (about 80 ps), and ρ is the proton-metal distance (about 10^{-2} - 10^{-1} nm). Eq. 2 shows that the dependence of $\psi_{1/2}$ on the inverse sixth power for ρ dictates a very irrepressible effect compared to other effects. Previously it was shown that monomers like TmDOTP⁵⁻ demonstrate a very mild dependence on the static magnetic field, ranging from 4T to 11.7T (4). In the current study we observed that T_1 of the monomer's protons are unaltered significantly by different ambient conditions (i.e., T_1 of the free complex in solution and T_1 of the complex in presence of strong paramagnetic agents (regardless of liposomal encapsulation) are quite similar), whereas T_2 of the monomer's protons are just as resilient except that they shorten with liposomal encapsulation. We believe that the T_2 shortening with encapsulation is primarily due to increased correlation times (see above), which is expected due to restricted molecular motion, an effect that depends on liposome size (see below).

The paramagnetic effect of the metal ion on the protons of monomers like TmDOTP⁵⁻ also dictates the hyperfine shifts of the complex because of the fixed spatial orientation between the proton and the unpaired electrons. The hyperfine shifts have two contributions: the contact shift observed at very short distances around the metal ion and the pseudo-contact shift whose orientation- and distance-dependence over longer distances can also reveal structural features. Lanthanide complexes like TmDOTP⁵⁻ generally depend on pseudo-contact shifts although presence of both effects is possible in specific scenarios. Since the effect on chemical shift depends on a set vector L between the proton and the unpaired electrons, factors like temperature and pH affecting L will influence the shift. Thus variation of the total shift term for a given proton, δ_o , with both temperature (T) and pH (ignoring other effects) is then given by

$$\Delta\delta_o = C_T \cdot \Delta T + C_{pH} \cdot \Delta pH \quad (3)$$

where $C_T = (\delta_o / T)_{pH}$ is the temperature dependence of chemical shift at a given pH and $C_{pH} = (\delta_o / pH)_T$ is the pH dependence of chemical shift at a given temperature. Eq. 3 shows that if the main determinants of the chemical shift effect (i.e., C_T and C_{pH}) are dominated by fixed (i.e., pseudo-static) interactions, similar to the relaxation enhancements, then the biosensing properties are likely to be resilient over a wide range of conditions as long as the complex is kinetically stable. In the current study we observed that temperature and/or pH sensitivities of the monomer's protons are practically unchanged by different ambient conditions (i.e., BIRDS properties of the free complex in solution and BIRDS properties of the complex in presence of strong paramagnetic agents (regardless of liposomal encapsulation) are quite similar). This stands in contrast to water relaxation based temperature detection (35) as Hijnen et al recently reported that temperature dependence of water proton shifts induced by Gd-DTPA is -0.00038 ppm/mM/°C. In our case, the most concentrated Magnevist (i.e., 10 mM) would afford about 0.0038 ppm/°C, which is negligible compared to the BIRDS sensitivities for the protons of TmDOTP⁵⁻. Small changes in pH sensitivities, especially in the case of liposomal encapsulation, might be due to the low permeability of the membrane and/or slow water exchange, a property that can be modified with materials used to make the liposome (see next section).

The fact that the BIRDS properties of the protons on TmDOTP⁵⁻ are not significantly affected by presence of strong MRI contrast agents (at doses equal to or higher than used in preclinical molecular imaging research) suggests that interaction between the chelate proton and the paramagnetic field of the chelate metal is much stronger than the interaction between the chelate proton and the paramagnetic field of the MRI contrast agent. It does not seem that TmDOTP⁵⁻ and the MRI contrast agents are in direct contact because the measured properties of the monomer under various experimental conditions do not suggest that the monomer and the agent are linked by hydrogen bonding and/or electrostatic forces. The interaction between the chelate proton and the paramagnetic field of the chelate metal is likely to be very strong for two reasons: first, the effect occurs over short distances (i.e., on the order of 10^{-2} - 10^{-1} nm); second, the effect is static (i.e., the complex is kinetically stable in solution).

Alternatively the interaction between the chelate proton and the paramagnetic field of the MRI contrast agent is likely to be weaker in comparison because the two interacting moieties are much farther away (i.e., on the order of 10^{-1} - 10^0 nm) and probably tumbling at different time constants. This type of space-time paramagnetic interaction for shift and relaxation effects has been explained by hard sphere model (36). However the bulk magnetic susceptibility shifts created by the MRI contrast agents may not be ignored if their concentrations are substantially high (37).

Considerations of lipid type and size

The relaxation enhancement of TmDOTP⁵⁻ resonances that was observed upon encapsulation can be explained by an exchange-limited relaxation process whereby diffusion of water molecules across the DPPC liposome membrane is decreased. Formulation of liposomes with lipids that are more permeable will not only improve the relaxivity of the encapsulated contrast agent, but also the ability to report on the molecular environment. Fossheim and colleagues characterized the effect of lipid type (which affects water permeability) and liposome size and showed that R_1 was enhanced with decreasing liposome size and degree of lipid unsaturation (2, 38). The enhanced R_1 with increased permeability and small size of liposome suggests an exchange-limited relaxation process.

Castelli et al showed that R_2 enhancement of a lanthanide-encapsulating liposome could be improved by incorporating an amphiphilic lanthanide complex on the liposome membrane and by increasing the size of the liposome (10). Larger liposomes have higher magnetic susceptibility because they are able to encapsulate a higher amount of contrast agent, and thus have higher transverse relaxivity. On this basis, it may be expected that encapsulation (and incorporation on the lipid bilayer) of neutral (or hydrophobic) agents will allow for encapsulation (or incorporation) of a larger amount of agent and thus enhance the relaxivities even further.

The drawback to increasing the liposome size to enhance sensitivity is that at larger sizes, liposome clearance by the reticuloendothelial system is increased (39). The problem of reticuloendothelial system clearance can be reduced by specially formulating the liposomes by steric stabilization, e.g., with polyethylene glycol (PEG) and cholesterol. Lokling et al improved the stability of the pH-sensitive dipalmitoyl phosphatidyl ethanolamine / palmitic

acid (DPPE/PA) liposomal GdDTPA-BMA (previously shown to be unstable in blood) by incorporating cholesterol onto the membrane. Incorporation of cholesterol had the added effect of reducing pH sensitivity of the liposome (16). However, they showed that replacing the palmitic acid (PA) with the unsaturated amphiphile dipalmitoylglycerosuccinate (DPSG) made the liposomes stable in blood and more pH-sensitive. Steric stabilization of liposomes by incorporation of PEG has been shown to result in liposomes with higher plasma stability and increased circulation time (40). However a potential drawback of increasing the liposome size is reduced accessibility of the nanoparticle to tissular and/or interstitial domains for pH or temperature mapping. Thus nanoprobe like these would provide vascular physiology at best. However with liposome surface modification the nanoprobe could be designed for extravascular targets.

Active targeting of liposomes

Active targeting of liposomes co-encapsulating drugs, monomers with BIRDS capability, and MRI contrast agents could allow for the delivery as well as quantitative monitoring of the effects of a drug treatment non-invasively at high resolution. Through active targeting, smaller amounts of drug or contrast agent can be used to achieve the same or even higher accumulation in tissue relative to unencapsulated or encapsulated, but untargeted agents (41). Additionally, the use of targeted liposomes will reduce cytotoxicity and undesired side effects that would otherwise result from stochastic distribution of the agents or drugs. Glutamine-functionalized liposomes encapsulating Dy-DTPA-BMA have been previously been used for monitoring liposomal drug release and accumulation *in vivo* (10). Flament et al demonstrated lipoCEST effect using RGD-conjugated thulium(4,7-bis-carboxymethyl-1,4,7,10-tetraaza-cyclododeca-1-yl)-acetic acid liposome composed of 32:5:58:5 POPC:DOPG:Chol:DSPE-PEG (13). Liver targeting with gadolinium-labeled liposomes containing the amphiphile Gd-DTPA derivatives of varying chains has also been reported (42). Active targeting of liposomes in such manner may allow for the potential utility of such liposomes in image-guided drug delivery (43), monitoring disease status prior to, during, and following treatment to will allow for longitudinal study without the need for invasive surgical procedures (or animal sacrifice).

Summary

Nanomolar liposome formulations encapsulating a high payload of TmDOTP⁵⁻ were prepared and their BIRDS properties examined. TmDOTP⁵⁻ signal was shown to be resilient while BIRDS temperature and pH sensitivities were insignificantly affected by co-encapsulation of TmDOTP⁵⁻ in the presence of strong paramagnetic agents like Magnevist and Molday ION inside liposomes. At constant TmDOTP⁵⁻ concentration, increasing concentrations of the co-encapsulated MRI contrast agents does not affect the relaxation times and linewidths of the non-exchangeable protons of TmDOTP⁵⁻. Formulation of liposomes with lipids that are more permeable will not only improve the water relaxivity of the encapsulated agents, but also the ability to report on the molecular environment. Because all contrast agents and liposome formulations used herein have previously been used *in vivo*, this work should be translatable. This molecular imaging platform may allow for *in vivo* image-guided drug delivery whereby hydrophilic drugs are co-encapsulated with the

contrast agents, while hydrophobic drugs may be incorporated into the liposome membrane. Additionally, amphiphilic TmDOTP⁵⁻-like monomers may be incorporated on to the liposome membrane to enhance sensitivity and/ or avoid reacting with encapsulated drug.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1.

Encapsulation efficiency and signal amplification of TmDOTP⁵⁻ in liposomes. (A) Structure of TmDOTP⁵⁻, where H1-H6 are non-exchangeable protons. (B) ¹H spectrum of TmDOTP⁵⁻, where H1, H2, H3, and H6 protons are detectable within ± 200 ppm of water. (C) Comparison of H2 and H3 signal intensities of 100 mM TmDOTP⁵⁻ shows the intensity in free solution is $\times 1.23$ that of a liposome sample, which represents encapsulation efficiency of 81% and where the liposome was composed of DPPC (see text). (D) Comparison of H2 and H3 signal intensities for 0.25 mM and 100 mM TmDOTP⁵⁻ in liposome shows signal amplification of $\times 388$, which represents about 97% signal enhancement from the low to the high concentration. See Supplementary Figure 1 demonstrating details on further liposome characterization.

Figure 2.

Resiliency of BIRDS demonstrated with TmDOTP⁵⁻ in presence of strong contrast agents in free solution and encapsulated in liposomes. (A) Comparison of H6 and H1 signal intensities of 10 mM TmDOTP⁵⁻ in free solution (bottom) and in presence of 14 mg/kg Fe in Molday ION (middle) or 1 mM Magnevist (top). (B) Comparison of H6 and H1 signal intensities of 10 mM TmDOTP⁵⁻ encapsulated in liposome (bottom) and in presence of 14 mg/kg Fe in Molday ION (middle) or 1 mM Magnevist (top) within the liposomes. It is evident from comparison of (A) and (B) that the TmDOTP⁵⁻ signal (i.e., chemical shift by BIRDS) is resilient even in the presence of strong paramagnetic contrast agents like Magnevist and Molday ION, regardless of whether the agent is encapsulated or not. All spectra were acquired at 11.7T, 308 K, and pH 7.2.

Figure 3.

Temperature and pH sensitivities of TmDOTP⁵⁻ in free solution and liposome encapsulation in presence of T₁ and T₂ contrast agents. (A) Comparison of pH sensitivities for H1, H2, H3, and H6 protons of 10 mM TmDOTP⁵⁻ in presence of 14 mg/kg of Fe in Molday ION and 1 mM Magnevist in free solution (F) and under liposome encapsulation (L). The pH sensitivities are not affected much by Molday ION or Magnevist. (B) Comparison of temperature sensitivities for H1, H2, H3, and H6 protons of 10 mM TmDOTP⁵⁻ in presence of 14 mg/kg of Fe in Molday ION and 1 mM Magnevist in free solution (F) and under liposome encapsulation (L). The temperature sensitivities are not significantly affected by Molday ION or Magnevist.

Figure 4.

Impact on line broadening of TmDOTP⁵⁻ protons assessed by varying concentrations of strong contrast agents (i.e., Magnevist and Molday ION) in free solution and encapsulated in liposomes. (A) Comparison of H6 signal intensities of 10 mM TmDOTP⁵⁻ in free solution in presence of 0.5 mM (blue), 1 mM (red), and 10 mM (green) Magnevist. The full-width at half maximum (FWHM) values of the three spectra are in the range of 340-350 Hz, with the broadest FWHM at the highest contrast agent dose. (B) Comparison of H6 signal intensities of 10 mM TmDOTP⁵⁻ encapsulated within liposomes in presence of 0.5 mM (blue), 1 mM (red), and 10 mM (green) Magnevist. The FWHM values of the three spectra are in the range of 390-480 Hz, with the broadest FWHM at the highest contrast agent dose. (C) Comparison of H6 signal intensities of 5 mM TmDOTP⁵⁻ in free solution in presence of 3.5 mg/kg (blue), 14 mg/kg (red), and 35 mg/kg (green) of Fe in Molday ION. The FWHM values of the three spectra are in the range of 370-420 Hz, with the broadest FWHM at the highest contrast agent dose. (D) Comparison of H6 signal intensities of 10 mM TmDOTP⁵⁻ encapsulated within liposomes in presence of 3.5 mg/kg (blue), 14 mg/kg (red), and 35 mg/kg (green) of Fe in Molday ION. The FWHM values of the three spectra are in the range of 410-510 Hz, with the broadest FWHM at the highest contrast agent dose. Comparison of (A) and (C) suggests minimal line broadening with Magnevist and Molday ION, but comparison of (B) and (D) suggests some degree of line broadening upon encapsulation.

Figure 5.

Impact on relaxation times of TmDOTP⁵⁻ protons assessed by varying concentrations of strong contrast agents (i.e., Magnevist and Molday ION) in free solution and encapsulated in liposomes. Comparison of (A) T₁ and (B) T₂ values for H2 (gray), H3 (white), and H6 (black) signals of 10 mM TmDOTP⁵⁻ in free solution with increasing concentrations of Molday ION (top) and Magnevist (bottom). Comparison of (C) T₁ and (D) T₂ values for H2 (gray), H3 (white), and H6 (black) signals of 10 mM TmDOTP⁵⁻ encapsulated within liposomes with increasing concentrations of Molday ION (top) and Magnevist (bottom). In

free solution, while Magnevist does not seem to affect T values for the TmDOTP⁵⁻ protons significantly, at the highest Molday ION concentrations the T values for the TmDOTP⁵⁻ protons are marginally attenuated. However upon encapsulation, the both contrast agents significantly affect the T₂ values for the TmDOTP⁵⁻ protons without affecting the temperature and pH sensitivities.

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Figure 6.

In vitro temperature and pH maps from BIRDS using TmDOTP^{5-} either in (A) free solution or (B) encapsulated in liposomes. (A) Comparison of BIRDS data from different bottle phantoms with 20 mM TmDOTP^{5-} in free solution at pH 7.0 in bottle **a** and at pH 7.7 in bottle **b**, 10 mM TmDOTP^{5-} in free solution with 14 mg/kg of Fe in Molday ION at pH 6.8 in bottle **c** and at pH 7.6 in bottle **d**, and 10 mM TmDOTP^{5-} in free solution with 1 mM Magnevist at pH 6.8 in bottle **e** and at pH 7.5 in bottle **f**. Thus bottles **a-f** had pH values of 7.6, 7.0, 7.6, 6.8, 7.5, and 6.8, respectively, but each bottle contained TmDOTP^{5-} in free solution with or without a contrast agent. (B) Comparison of BIRDS data from different bottle phantoms with 20 mM TmDOTP^{5-} encapsulated in liposomes at pH 7.6 in bottle **a** and at pH 7.0 in bottle **b**, 10 mM TmDOTP^{5-} in free solution with 14 mg/kg of Fe in Molday ION at pH 7.6 in bottle **c** and at pH 6.9 in bottle **d**, and 10 mM TmDOTP^{5-} in free solution with 1 mM Magnevist at pH 7.6 in bottle **e** and at pH 7.0 in bottle **f**. Thus bottles **a-f** had pH values of 7.6, 7.0, 7.6, 6.9, 7.6, and 7.0, respectively, but each bottle contained TmDOTP^{5-} encapsulated in liposomes with or without a contrast agent. Regardless of whether TmDOTP^{5-} was encapsulated or not, the BIRDS data showed that all bottles had approximately the same measured temperature given that they were all imaged at the same room temperature, which was $\sim 20^{\circ}\text{C}$ for (A) and $\sim 22^{\circ}\text{C}$ for (B), whereas the measured pH values were within 0.1 pH units of the actual pH in each bottle. See Supplementary Figure 2 for water proton relaxation data acquired for these phantoms.