DISCUSSION

This method aids compliance with recent guidance on managing latex allergy within healthcare^{1,3,4} without compromising on operative technique or patient safety. An added benefit is a cost saving of 46% (unit cost £0.76 vs £1.40, based on 25 units of DryDam at £34.90 and 30 units of Flexi Dam® at £22.81).

Figure 2 Adapted latex-free rubber dam in use during root canal treatment

References

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Technical tip for knee arthroscopy

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The arthroscopic visualisation of posterior horn of the medial meniscus can sometimes be a challenge. It is usual to apply a valgus load, using a side post. However, some patients tend to move into internal rotation of the hip, negating the effectiveness of the applied valgus. We describe a simple technique of placing a sandbag under the contralateral buttock to counter this effect. The 15° pelvic tilt thus created places the hip effectively in internal rotation. When a valgus load is applied to the knee, the hip cannot rotate much further, thereby achieving distraction of the medial joint space.

A simple method to optimise graft tailoring in ascending aorta replacement

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BACKGROUND

We describe a simple method to optimise graft tailoring in ascending aorta replacement that can facilitate optimal tailoring and orientation of the implanted graft.

TECHNIQUE

The aneurysmal ascending aorta is carefully excised (Fig 1). A graft is selected of the appropriate length and a diameter matched to the aortic valve annulus or the sinotubular junction at the root outflow. The graft is held in a gentle curve, mimicking the curve of the excised segment of aorta (Fig 2). The graft is cut to the same length as the

Figure 1 Excision of aneurysmal ascending aorta

Figure 2 The graft is held in a gentle curve