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Early Metabolic Crisis-Related Brain Atrophy and Cognition in Traumatic Brain Injury

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Abstract

Traumatic brain injury often results in acute metabolic crisis. We recently demonstrated that this is associated with chronic brain atrophy, which is most prominent in the frontal and temporal lobes. Interestingly, the neuropsychological profile of traumatic brain injury is often characterized as ‘frontal-temporal’ in nature, suggesting a possible link between acute metabolic crisis related-brain atrophy and neurocognitive impairment in this population. While focal lesions and diffuse axonal injury have a well-established role in the neuropsychological deficits observed following traumatic brain injury, no studies to date have examined the possible contribution of acute metabolic crisis-related atrophy in the neuropsychological sequelae of traumatic brain injury. In the current study we employed positron emission tomography, magnetic resonance imaging, and neuropsychological assessments to ascertain the relationship between acute metabolic crisis related-brain atrophy and neurocognitive outcome in a sample of 14 right-handed traumatic brain injury survivors. We found that acute metabolic crisis related-atrophy in the frontal and temporal lobes was associated with poorer attention, executive functioning, and psychomotor abilities at 12 months post-injury. Furthermore, participants with gross frontal and/or temporal lobe atrophy exhibited numerous clinically significant neuropsychological deficits in contrast to participants with other patterns of brain atrophy. Our findings suggest that interventions that reduce acute metabolic crisis may lead to improved functional outcomes for traumatic brain injury survivors.

Keywords

traumatic brain injury; metabolic crisis; neuropsychology; brain atrophy; neuroimaging

Introduction

While there is great heterogeneity in the etiology and neuropathology of traumatic brain injury (TBI; National Institutes of Health, 1999; Williamson et al., 1996), most cases are associated with acceleration-deceleration forces and result in diffuse axonal injury (DAI; Adams & Jennett, Adams et al., 1989; 2001; Bigler, 2001; Takaoka et al., 2002; Williamson et al., 1996; Adams et al., 1980) in addition to lesions to ventral frontal lobe and ventral anterior medial temporal areas (Adams et al., 1980; Adams et al., 1989; Wilson et al., 1995). Data from our group indicate another mechanism of chronic brain injury following TBI, early metabolic crisis.

Even in the absence of ischemia, early alterations of oxygen (decreased) and glucose (increased) metabolism in addition to increased lactate levels are common in moderate to severe TBI (Glenn et al., 2003; Vespa et al. 2005). Our work indicates that early metabolic dysfunction in TBI is not a spatially or temporally uniform phenomenon, rather altered metabolism varies greatly by brain region and time since injury (Hattori et al., 2003; Marcoux et al., 2008; Vespa et al., 2004; Vespa et al., 2007; Xu et al., 2010). While pericontusional tissue appears to exhibit the greatest disruption, metabolic disturbances extend to normal appearing brain tissue as well (Xu et al., 2010). Early metabolic crises are associated with chronic atrophy in the frontal, temporal, and parietal lobes, with the frontal and temporal lobes generally exhibiting the greatest atrophic changes (Xu et al., 2010). It is important to note that early metabolic crisis-related atrophy is not associated with ischemia and appears to be distinct from DAI (Hattori et al., 2003; Xu et al., 2010).

Moderate to severe TBI routinely results in marked impairments in attention/speeded processing, memory, and executive functioning (Lezak et al., 2004). The deficit profile associated with TBI has often characterized as reflecting ‘frontal’ (Stuss & Gow, 1992; Vakil, 2005) or ‘frontal-temporal’ (Lezak et al., 2004) dysfunction, as attention, memory, and executive abilities require intact function of the frontal and temporal lobes. Indeed, we have found that distinct ‘frontal’ and ‘temporal’ components contribute to deficits in various forms of memory following severe TBI (Schmitter-Edgecombe & Wright, 2003; Schmitter-Edgecombe & Wright, 2004; Schmitter-Edgecombe et al., 2004; Wright & Schmitter-Edgecombe, 2011; Wright et al., 2010). For example, in a study of verbal memory where we employed a novel item analytic technique for discerning process disruptions on list-learning tests (Wright et al., 2009), we found that severe acceleration-deceleration TBI related-memory deficits were driven by strategic encoding deficits (primary) and consolidation problems (secondary) (Wright et al., 2010). Additionally, our data indicated that while these encoding and consolidation deficits interacted, they made significant independent contributions to the memory impairments observed in our TBI sample. This was an important finding, as it suggested optimal targets for cognitive rehabilitation in TBI and because echoed neuroimaging research that has shown that strategic encoding (reliant on prefrontal-hippocampal interactions; see Bor et al., 2004; Habib et al., 2003) and consolidation/storage (dependant on medial temporal lobe structures—namely, the hippocampus; see Squire, 1994, 1980; Squire & Zola, 1998) of verbal material requires seemingly simultaneous independent and integrative processing (Bohlman & Knight, 1994;

Gleissner et al., 1997). That said, not all abilities that rely on frontal and temporal lobe function are necessarily disturbed following moderate to severe TBI (e.g., language) (Schmitter-Edgecombe et al., 1993) and the characterization of cognitive deficits following TBI as ‘frontal-temporal’ should be considered a useful heuristic rather than an absolute.

While the presence of DAI and focal lesions (often to the frontal and temporal lobes) predicts cognitive outcome in TBI (Auerbach, 1986; Bigler, 2001; Fork et al. 2005; Kraus et al., 2007; Lehtonen et al., 2005; Levine et al., 2002; Wallesch et al., 2001; Williamson et al., 1996), it is not clear whether or not early metabolic crisis-related brain atrophy (MCBA) is associated with cognitive impairment following TBI. The ‘frontal-temporal’ cognitive profile of TBI and the ‘frontal-temporal’ impact of MCBA suggests a possible link between chronic cognitive abilities in TBI survivors and acute metabolic crisis. However, the ‘frontal-temporal’ cognitive profile of TBI could be due to higher lesion burden in the frontal and temporal lobes, DAI mediated reductions in connectivity between brain regions, and/or the relative vulnerability of the frontal and temporal lobes owing to their later ontogenetic development (Bentourkia et al., 2000; Head et al., 2004; Raz, 2000).

In the current study, we investigated neuropsychological function at 12 months post-injury in a sample of TBI participants who demonstrated non-ischemic MCBA (see Xu et al., 2010). Our goal was to determine if MCBA following TBI is associated with chronic neuropsychological impairments. Additionally, based on the regional pattern of MCBA and the typical of neurocognitive deficits observed in TBI, we hypothesized that: (1) frontal and temporal lobe MCBA would be associated with neuropsychological impairments to a greater degree than atrophy in other brain regions; (2) TBI participants with gross frontal and/or temporal lobe atrophy would exhibit poorer neuropsychological performances in comparison to TBI participants with other patterns of brain atrophy.

Materials and Methods

Participants

The current study was approved by the institutional review board of the University of California, Los Angeles and all participants consented directly or by proxy to voluntary participation between 09/06/1999 and 03/12/2006. Inclusion/exclusion criteria included (1) a Glasgow Coma Scale (GCS) score of 8 or a GCS between 9 and 15 with evidence of intracranial bleeding on acute computerized tomography brain scans; (2) a level of acute medicophysiological stability necessary to complete positron emission tomography (PET) and magnetic resonance imaging (MRI) brain studies; (3) follow-up MRI brain study at around 6 months post-injury; (4) acute and chronic brain image quality sufficient for evaluation (e.g., minimal or no motion artifact); and (5) completion of most or all of a brief neuropsychological test battery at around 12 months post-injury. The current study included 14 right hand dominant TBI participants who exhibited non-ischemic MCBA; this sample consists of a subset of participants in a previous imaging study (see Xu et al., 2010). Neuropsychological test completion rates were variable due to injury severity and fatigue; the number of participants completing specific tests ranged from 10–14. All of the TBIs were due to acceleration-deceleration forces and were moderate to severe in nature (Table 1). Seven participants indicated gross frontal/temporal lobe atrophy (FTA) relative to the

sample. FTA subgroup membership was defined by bilateral frontal, bilateral temporal, or a least one temporal and frontal lobe with atrophy above the sample median. Mann-Whitney U tests showed that the FTA and other atrophy (OA) groups were not significantly different in terms of injury severity (initial and best in 8 Glasgow Coma Scale (GCS) scores; FTA: $Mdn=8.00$, OA: $Mdn=10.00$, $Z=-.77$, $p=.44$, $r=-.21$; FTA: $Mdn=7.00$, OA: $Mdn=8.00$, $Z=-.71$, $p=.48$, $r=-.19$, respectively), years of age (FTA: $Mdn=22.00$, OA: $Mdn=27.00$, $Z=.00$, $p=1.00$, $r=.00$), or years of education (FTA: $Mdn=12.00$, OA: $Mdn=16.00$, $Z=-1.75$, $p=.08$, $r=-.47$). While the groups were not significantly different in years of education, their achieved educational levels were qualitatively different; the FTA group achieved a high school level education and many of the OA group completed college. Additionally, while the two groups were statistically similar in age, their absolute difference in median age could potentially impact comparisons of their neuropsychological test performances. Differences in age and education during group comparisons were adjusted via normative corrections to neuropsychological test scores (see below for details).

Procedures

Acute care protocol—All participants were admitted to a neurointensive care unit following surgery or initial stabilization in the emergency room. Craniotomies were performed for evacuation of intracranial mass lesions and hematomas. We measured intracranial pressure (ICP), which was maintained below 20mmHg using a standardized treatment protocol that including head of bed up to 30°, mild hyperventilation ($PaCO_2 = 30$ to 35mmHg), external ventriculostomy with cerebrospinal fluid drainage, moderate sedation with low doses of propofol, normoglycemia (80 to 120mg/dL), and maintenance of mild hypernatremia (sodium = 140 to 145 mmol/L). Refractory ICP was managed by pentobarbital-induced burst suppression coma. We kept cerebral perfusion pressure above 60mmHg with volume repletion and vasopressors. Continuous jugular venous oxygen saturation was monitored and kept at 60% to 70% via adjustments in cerebral perfusion pressure. Possible seizure activity and barbiturate effects were assessed via continuous electroencephalographic monitoring. Additionally, all participants received acute rehabilitation and 50% received Commission on Accreditation of Rehabilitation Facilities (CARF) accredited rehabilitation. No other data regarding participant therapies was collected for the current study.

Neuroimaging protocol and processing—We employed PET and MRI to ascertain metabolic state and atrophy, respectively. Our PET protocol was initiated at a median of 5 days post-injury and included serial O-15 PET scans ($C^{15}O$, $O^{15}O$, $H_2^{15}O$) using dynamic blood sampling to assess regional cerebral blood flow [CBF; ml per (100 g/min)], oxygen extraction fraction (OEF), and cerebral metabolic rate of oxygen [$CMRO_2$; ml per (100 g/min)]. While in the PET scanner, each participant received continuous physiologic monitoring of ICP, end-tidal CO_2 , arterial blood gases, arterial blood pressure, electroencephalography, core temperature, and heart rate. These physiologic parameters were maintained to those present in the intensive care unit. OEF images were generated from the initial 5min of the $O^{15}O$ study and were assessed via compartmental model for oxygen that accounts for recirculated $H_2^{15}O$ (Ohta et al, 1992). The $O^{15}O$ images ($1.471 \times 1.471 \times 2.45mm^3$) were smoothed with a three-dimensional filter (in plane full-width

at half-maximum=2.942mm, axial full-width at half-maximum= 2.45mm) before OEF images were generated on a voxel by voxel basis. Subsequently, a 2-Deoxy-2-[18F] fluorodeoxyglucose PET scan was obtained using a quantitative technique for the calculation of the regional cerebral metabolic rate of glucose [mg per (100 g/min)]. Each PET scan contained 63 slices, and each brain lobe contained 20 to 30 slices.

PET coregistration with volumetric MRI was accomplished using a six-parameter rigid-body transformation program and visual evaluation (Lin et al., 1994) with realignment and partitioning. Four slices with equal intervals were selected, and the brain lobe regions of interest (ROIs) were drawn manually with the contusion areas excluded. The means of the metabolic parameters for the ROIs over four planes were calculated for each lobe. This image processing was carried via Janus Program version 6.3 (Los Angeles, CA, USA; <http://149.142.143.7/BIRC/INDEX.HTML>).

Acute (median of 8 days post-injury) and chronic (median of 195 days post-injury) structural imaging studies were conducted using a Siemens Sonata 1.5T MRI scanner (Siemens, Munich, Germany). Both acquisitions included volumetric T1-weighted magnetization-prepared gradient echo [MP-RAGE; TR (repetition time)=1,900ms, echo time (TE)=3.5ms, field of view(FOV)=256×256, 1mm slice thickness], axial fluid-attenuated inversion recovery (FLAIR; TR=9,590ms, TE=70ms, FOV=512×384, slice thickness 3mm), axial diffusion weighted [DWI: TR=6,000ms, TE=105ms, FOV=96×128, 7mm slice, b=0 and 1,000 (3 directions), 1-scan trace] imaging studies. The DWI study was used to generate apparent diffusion coefficient (ADC) images.

An independent radiological expert blinded to the clinical data performed volumetric measurements on the T1-weighted images. Lobar ROIs were drawn using home-written plug-in software for ImageJ (NIH, Bethesda, MD, USA) 1.37v (<http://rsb.info.nih.gov>) to perform semiautomated lobar segmentation. ImageJ was utilized to determine lobar volume, which accounted for volume elements (voxels) metabolic parameters in each lobar ROI, and multiplied by the voxel volume. Lobar boundaries were defined using a standard approach (Hayman, 1992) and an anatomic atlas (<http://www.med.harvard.edu/AANLIB/cases/caseNA/pb9.htm>). Additionally, we utilized acute lobar ROIs as a qualitative guide to exclude primary contusions in the chronic scans. To accommodate shift due to reabsorbing blood and resolving macroscopic edema, careful attention was paid to multiple anatomic landmarks. Thus, consistent verification of lobar geographic limits was maintained. Contusions, dura matter, blood vessels, cranial nerves, the superior sagittal sinus, and the choroid plexus were excluded. FLAIR images were used to identify and exclude contusions. The primary contusion was judged to be the region containing a GRE hypointense lesion with a volume >1cm³. Brain edema was controlled for via a computational approach using LONI Pipeline Software (UCLA, Los Angeles, CA, USA) (<http://www.loni.ucla.edu/Software/Pipeline>; see Dinov et al., 2009). An automated pipeline extracted brain volumes, classified tissue voxels (background, normal gray matter, normal white matter, cerebrospinal fluid), and quantified brain volume (normal gray matter + normal white matter) from T1-weighted MP-RAGE images. Automatically generated volumes were visually inspected for errors. Acute and chronic volumetric studies were compared to derive the percent of lobar atrophy [$((\text{acute lobe volume} - \text{chronic lobe volume}) / \text{acute lobe volume}) \times 100$]. For each

participant, coregistered DWI-ADC and GRE images and a structured visual scoring system were used to discern acute ischemic injury. All ADC hypointense lesions $>0.1\text{cm}$ in diameter were visually identified. An ischemic lesion was defined as any lesion with $>0.1\text{cm}$ diameter that exhibited ADC reduced to a threshold of $550\mu\text{m}^2/\text{sec}$ without a reduction in GRE signal intensity. Diffuse axonal lesions were defined as lesions $>0.1\text{cm}$ in diameter in where ADC was $550\mu\text{m}^2/\text{sec}$ with GRE hypointensity. Lesions having hyperintense FLAIR signal and ADC increase in the absence of GRE hypointensity were considered ischemic lesions that had progressed beyond the acute stage. Additionally, to address small vessel ischemia that may have been precipitated during the early posttraumatic period we inspected DWI-ADC lesions in the border zone regions of the anterior and middle cerebral arteries. Brainsuite Software (UCLA, Los Angeles, CA, USA) (Shattuck and Leahy, 2002) was used for final three-dimensional visualization. All atrophy values attributed to sources other than acute metabolic crisis were excluded from the present analysis.

Neuropsychological assessment—Neuropsychological assessments were conducted by a clinical neuropsychologist. We utilized a modified version of a test battery designed for TBI clinical trials (Clifton et al., 1992). All tests were administered and scored in accordance with standard instructions. The battery of tests required approximately 40min to complete. The assessments were conducted at approximately 12 months ($M=11.50$, $SD=1.40$) post-injury. Test scores were age and education corrected for group comparisons. This was accomplished by calculating T-scores via common normative datasets for the Symbol Digit Modalities Test (SDMT; Smith, 1991; norms: Smith, 1991), Controlled Oral Association Test (COWAT, F-A-S; Benton, Hemsher, Varney, and Spreen, 1983; norms: Mitrushina et al., 2005), 6-trial version of the Selective Reminding Test (SRT-6; Hannay and Levine, 1985; norms: Larrabee et al., 2000), part B of the Trail Making Test (TMT-B; Army Individual Test Battery, 1944; norms: Mitrushina et al., 2005), Rey-Osterrieth Complex Figure Test (ROCFT; Corwin and Bylsma, 1993; norms: Mitrushina et al., 2005); and Grooved Pegboard Test dominant hand performance (GPT; Matthews and Kløve, 1964; norms: Mitrushina et al., 2005). Additionally, Disability Rating Scale (DRS) and Glasgow Coma Scale Extended (GOSE) data were collected from all participants during the assessment visit.

Statistical analyses

A threshold of $p < .05$ for statistical significance was set for all analyses and we corrected for multiple tests via q -values with a predetermined false discovery rate (FDR) cut-off of .05 (Storey, 2002). We did not utilize q -value corrections for analyses of confounding variables; p -values for potential group differences with regard to age, education, and injury severity and correlational analyses between GCS and MCBA were not corrected for so that any indication of confounding could be detected. Nonparametric statistics were utilized in the current study due to our sample size and non-normal distribution of some the neuropsychological and neuroimaging data. Spearman rank correlations were computed to determine associations between neuroimaging, injury severity, and raw 12 month post-injury test values. Mann-Whitney U tests were utilized to determine differences between age, education, injury severity, and neuropsychological performances between participants with FTA and OA. Finally, one-sample Wilcoxon signed rank tests were employed to examine

the degree to which each group differed from the norm ($T=50$) to assess the clinical significance of their cognitive deficits. For group comparisons and group-norm comparisons, raw neuropsychological test scores were converted to T-scores via common normative datasets (see above).

Results

Brain atrophy-cognitive associations

MCBA values excluded any identified area contusion or lesion. Prior to determining the association between MCBA and neuropsychological test data, we assessed if lobar MCBA values were related to initial GCS (thought to reflect degree of DAI; Hattori et al., 2003). Initial GCS was not significantly related to atrophy in any lobe ($\rho_s = -.09-.21$, $ps > .05$). Additionally, even though participants indicated chronic partial disability on the DRS ($M = 2.43$, $SD = 2.44$, $Mdn = 3.0$, $range = 0.0-7.0$) and the GOSE ($M = 4.5$, $SD = 0.76$, $Mdn = 5.0$, $range = 3.0-5.0$) these scores failed to correlate with total MCBA ($\rho_s = -.38-.20$, $ps > .05$).

As can be seen in Table 2, MCBA was associated with neuropsychological function at 12 months post-injury. Total atrophy was associated with attention (SDMT, oral). Atrophy in the left frontal lobe was related to poor executive ability (TMT-B) and psychomotor function (GPT). Temporal lobe atrophy was associated with reduced attention (SDMT, oral-both lobes, written-left lobe), executive skills (TMT-B-both lobes), and psychomotor ability (GPT-both lobes). No other significant lobar MCBA-neuropsychological associations were found.

Atrophy group differences

Brain atrophy for both groups is listed in Table 3 and the overall brain atrophy in the sample from a representative participant is displayed in Figure 1. As can be seen in Table 3, the groups differed on percent median total atrophy ($Z = -3.13$, $p = .002$, $q = .002$, $r = -.84$), parietal lobe atrophy (right: $Z = -2.71$, $p = .007$, $q = .003$, $r = -.75$; left: $Z = -2.29$, $p = .02$, $q = .006$, $r = -.63$), frontal lobe atrophy (right: $Z = -2.43$, $p = .02$, $q = .005$, $r = -.67$; left: $Z = -2.24$, $p = .03$, $q = .006$, $r = -.65$), and temporal lobe atrophy (right: $Z = -3.13$, $p = .002$, $q = .002$, $r = -.84$; left: $Z = -2.75$, $p = .006$, $q = .003$, $r = -.73$); there was no group difference in occipital lobe atrophy (right: $Z = -.19$, $p = .85$, $q = .16$, $r = -.05$; left: $Z = -.70$, $p = .48$, $q = .10$, $r = -.19$).

Additional Mann-Whitney U tests for group comparisons on neuropsychological tests failed to reveal any significant differences ($Z_s = -.29 - -1.98$, $ps = .05 - .78$, $qs = .047 - .78$, $rs = -.08 - -.53$), although there was a trend toward a significant difference on a test of attention (SDMT oral; FTA: $Mdn = 36.32$, OA: $Mdn = 44.78$, $Z = -1.98$, $p = .047$, $q = .32$, $r = -.53$).

Median age and education corrected scores were contrasted with normative data ($T = 50$) for each neuropsychological test to assess the clinical significance of the deficits exhibited by each group. One-sample Wilcoxon signed rank tests revealed that the FTA group exhibited many clinically significant deficits at 12 months post-injury. Specifically, they performed significantly worse than the norm on measures of attention (SDMT written, $Z = -2.20$, $p = .03$, $q = .04$, $r = -.83$; SDMT oral, $Z = -2.37$, $p = .02$, $q = .04$, $r = -.89$), executive skill (TMT-B, $Z = -2.37$, $p = .02$, $q = .04$, $r = -.89$; COWAT, $Z = -2.20$, $p = .03$, $q = .04$, $r = -.83$), verbal

memory (SRT-6 delayed, $Z = -2.03$, $p = .04$, $q = .048$, $r = -.77$), nonverbal memory (ROFCT immediate, $Z = -2.03$, $p = .04$, $q = .048$, $r = -.77$; ROFCT delayed, $Z = -2.20$, $p = .03$, $q = .04$, $r = -.83$), and psychomotor function (GPT, $Z = -2.20$, $p = .03$, $q = .04$, $r = -.90$). While the FTA group's verbal learning performances were not significantly different from the norm, we found a trend toward a significant difference (SRT-6 total, $Z = -1.86$, $p = .06$, $q = .06$, $r = -.70$).

One-sample Wilcoxon signed rank tests revealed that the OA group did not significantly differ from the norm at 12 months post-injury ($Z_s = -.51 - -2.37$, $p_s = .02 - .61$, $q_s = .16 - .61$, $r_s = -.19 - -.89$), although a trend toward a significant difference in verbal learning was detected (SRT-6 total, $Z = -2.37$, $p = .02$, $q = .16$, $r = -.89$).

Discussion

Our primary objective was to determine if MCBA following TBI is associated with neuropsychological impairments at 12 months post-injury. We found that nonischemic MCBA was strongly correlated with attention, executive functioning, and psychomotor abilities at 12 months post-injury. It is important to note that we accounted for all identified contusions and lesions in our quantification of MCBA. We did not find significant cognitive differences between participants with early metabolic crisis-related FTA and OA as we had hypothesized. However, participants with FTA demonstrated clinically significant deficits ($-2SDs$ or more from the norm) in attention, memory (verbal and nonverbal), executive ability, and psychomotor function, while those with OA did not indicate a pattern of clinically significant neuropsychological deficits. That said, the participants with FTA also demonstrated greater nonischemic early metabolic crisis-related parietal lobe atrophy in contrast to the OA participants. Nevertheless, our data suggest that cognitive impairments associated with MCBA are regionally driven, as chronic neuropsychological impairments were only related to frontal (executive and psychomotor performances) and temporal (attention, executive, and psychomotor performances) lobe atrophy, although the study was underpowered to detect smaller brain-behavior relationships.

Previous work from our group has indicted that acute metabolic disturbances are related to chronic atrophy in the frontal, temporal, and parietal lobes, with the frontal and temporal lobes generally exhibiting the greatest atrophy (Xu et al., 2010). Interestingly, neuropsychological data have often characterized TBI-related deficits in attention/speeded processing, memory, and executive functioning as 'frontal-temporal' in nature (Lezak et al., 2004; Stuss & Gow, 1992; Vakil, 2005). The current study suggests that MCBA may significantly contribute to the 'frontal-temporal' profile of TBI.

Limitations

While our study was the first to demonstrate a link between MCBA and chronic neuropsychological deficits in TBI, our results are based on data from a small sample of participants. While this reinforces the magnitude of the relationship between MCBA and cognition, it also means that we had relatively low statistical power and may have missed significant associations between cognitive functioning and MCBA in the parietal and occipital lobes, as well as additional associations in the frontal and temporal lobes. Also,

sample size precluded contrasting neuropsychological performances in multiple atrophy groups to determine the most meaningful patterns and levels of MCBA as they relate to neuropsychological outcome. Additionally, although we went to great lengths to control for contusions, ischemic lesions, and axonal injuries and found no correlation between MCBA and an indirect indicator of DAI (initial GCS score), we cannot completely rule out the possible impact of one or more of these factors on our results, although our atrophy data is most clearly related to acute metabolic crisis in contrast to any other obvious causes. That said, additional studies are needed to determine how lesion burden, DAI mediated reductions connectivity between brain regions, and acute metabolic crisis interact to contribute to TBI-related cognitive impairment.

Conclusions

This study was the first to demonstrate an association between acute metabolic crisis and neuropsychological outcome in TBI. Specifically, our data showed that MCBA in the frontal and temporal lobes was very strongly associated with deficits in attention, executive functioning, and psychomotor abilities at 12 months post-injury. These findings provide a meaningful link between our work showing that MCBA is most prominent in the frontal and temporal lobes (Xu et al., 2010) and neuropsychological studies characterizing TBI-related cognitive impairments as ‘frontal-temporal’ in nature. Moreover, we found that participants with gross frontal and/or temporal lobe pathology exhibited more clinically significant neuropsychological deficits relative to clinical norms. While it is currently unclear how various neuropathological processes interact and impact neuropsychological functioning in TBI, it is clear that MCBA plays a prominent role in the neuropsychological sequelae of TBI. That said, additional studies are needed to determine if various markers of acute brain metabolism may be salient predictors of outcome in TBI survivors and if interventions focused on reducing acute metabolic crisis might result in greater functional outcomes for TBI survivors. Moreover, future work should also investigate the interaction between MCBA and other TBI-related neuropathology.

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FIG. 1.

Three-dimensional representation of atrophy in the left and right hemisphere (left and right images, respectively) derived from co-registered acute (transparent blue) and chronic (grey) magnetic resonance images from a study participant. Note that areas of blue over grey indicate atrophy. This participant, like most of our participants, evidenced gross cortical atrophy. Images represent total atrophy, not just that due to early metabolic crisis.

Table 1

Sample Characteristics

	n	Mean (SD)	Median	Range	%
<i>Demographics</i>					
Age (yrs)	14	28.93 (11.71)	25.50	37.00	-
Education (yrs)	14	13.64 (3.48)	13.50	14.00	-
Sex (% male)	11/14	-	-	-	78.60
<i>Ethnicity (%)</i>					
African American	3/14	-	-	-	21.40
Asian/Pac. Islander	3/14	-	-	-	21.40
Caucasian/White	7/14	-	-	-	50.00
Hispanic/Latino/a	1/14	-	-	-	7.10
Handedness (% Rt.)	14/14	-	-	-	100.00
<i>Injury Characteristics</i>					
Initial GCS	14	8.57 (3.46)	9.00	10.00	-
Best in 8 GCS	14	7.57 (2.07)	7.50	8.00	-
<i>Injury Type (%)</i>					
MVA	6/14	-	-	-	42.90
MVA vs. Pedestrian	2/14	-	-	-	14.30
Bicycle Accident	2/14	-	-	-	14.3
Long Fall	4/14	-	-	-	28.6
Closed Head Injury	7/14	-	-	-	50.00

Note. Yrs= years; % male= percentage of sample that was male; Initial GCS= Glasgow Coma Scale score obtained in the emergency room; Best in 8 GCS= best of eight Glasgow Coma Scale scores obtained during hospitalization; MVA= motor vehicle accident; Long Fall= any fall of the participants height or greater.

Associations (Spearman's rho (ρ)) between Early Metabolic Crisis-Related Brain Atrophy and Neuropsychological Performances 12 months Post-Injury

Table 2

	Total Atrophy	Rt. Temporal	Lt. Temporal	Rt. Frontal	Lt. Frontal	Rt. Parietal	Lt. Parietal	Rt. Occipital	Lt. Occipital
SDMT Oral	.62 ^{a*}	.60 ^{a*}	.66 ^{d*}	.39 ^c	.63 ^d	.21 ^b	.47 ^b	-.06 ^a	.06 ^a
SDMT Written	.39 ^a	.56	.60 ^{a*}	.18 ^c	.40 ^d	.20 ^b	.31 ^b	.13 ^a	.18 ^a
ROCFT Imm.	.48 ^a	.33 ^a	.27 ^a	.35 ^c	.45 ^d	.28 ^b	.46 ^b	.00 ^a	-.26 ^a
ROCFT Delay	.42 ^b	.30 ^b	.28 ^b	.34 ^d	.62 ^e	.20 ^b	.49 ^b	-.23 ^b	-.23 ^b
SRT-6 Total	.11 ^a	.10 ^a	.18 ^a	-.18 ^c	.07 ^d	.08 ^d	-.08 ^d	.42 ^a	.25 ^a
SRT-6 Delay	-.07 ^a	-.16 ^a	-.04 ^a	-.09 ^c	-.17 ^d	-.13 ^c	-.06 ^b	.33 ^a	.27 ^a
TMT-B	-.51 ^a	-.65 ^{a*}	-.71 ^{a**}	-.33 ^c	-.67 ^{d*}	-.19 ^b	-.42 ^b	.02 ^a	-.05 ^a
COWAT	.36 ^a	.49 ^a	.54 ^a	.38 ^c	.45 ^d	.43 ^b	.42 ^b	-.12 ^a	-.12 ^a
GPT Dom.	-.53 ^b	-.62 ^{b*}	-.66 ^{b*}	-.42 ^d	-.69 ^{e*}	-.26 ^c	-.36 ^c	.10 ^b	.06 ^b

Note. SDMT Oral= Symbol Digit Modalities Test, oral trial (attention); SDMT Written= Symbol Digit Modalities Test, written trial (attention); ROCFT Imm.= Rey-Osterrieth Complex Figure Test, immediate recall trial (nonverbal memory); ROCFT Delay= Rey-Osterrieth Complex Figure Test, delayed recall trial (nonverbal memory); SRT-6 Total= Selective Reminding Test, 6-trial version, total learning trial recall (verbal memory); SRT-6 Delay= Selective Reminding Test, 6-trial version, delayed recall (verbal memory); TMT-B= Trail Making Test, part B (executive ability); COWAT= Controlled Oral Association Test, F-A-S version (executive ability); GPT Dom. = Grooved Pegboard Test, dominant hand (psychomotor ability). Performance on the TMT-B and the GPT are based on time (lower scores are better); the other test scores on based on correct responses (higher scores are better).

^a $n = 14$,

^b $n = 13$,

^c $n = 12$,

^d $n = 11$,

^e $n = 10$

* $p < 0.05$, FDR $< .05$

** $p < 0.01$, FDR $< .05$

Table 3

Percent Median Atrophy for entire sample and by subgroup

	Sample	n	FTA	n	OA	n
Total	.05	14	.12	7	.03	7
Rt. Temporal Lobe	5.54	14	14.80	7	2.91	7
Lt. Temporal Lobe	8.98	14	14.76	7	4.14	7
Rt. Frontal Lobe	4.78	13	11.68	6	2.16	7
Lt. Frontal Lobe	3.06	12	5.36	6	1.56	6
Rt. Parietal Lobe	9.72	13	16.28	7	4.00	6
Lt. Parietal Lobe	6.60	13	12.86	7	2.27	6
Rt. Occipital Lobe	3.39	14	3.38	7	3.60	7
Lt. Occipital Lobe	5.08	14	7.26	7	4.83	7

Note. Atrophy values exclude any identified area contusion or lesion.

Percent atrophy = ((acute volume – chronic volume)/acute volume) × 100.

FTA= gross frontal/temporal lobe atrophy group; OA= other atrophy group.