Trainees Corner

London AiT & First5 Committee: the voice of London General Practice Trainees within the Royal College of General Practitioners (RCGP)

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The London AiT & First5 Committee (formerly the London Faculties Trainee Committee) is a voice for London GP trainees and provides support for GP trainees at all stages and for newly qualified GPs in their first five years.

The aims of the Committee are as follows:

- Raise the profile of the RCGP amongst trainees and encourage the College to adopt a more trainee-centric approach
- Representation of trainees throughout general practitioner specialty training (GP ST) through to newly qualified First 5
- Participation in education and training consultations and decision making by offering insight on trainee perspectives to your local faculty with the scope to expand
- Provide transparency and easy access for trainees to the RCGP Faculties
- Involvement of the College on other trainee committees, the British Medical Association and the London Deanery
- Educational events pertinent to GP training and post qualification career advice and support.

The Committee provides advice and support to all GP trainees in the Pan-London areas throughout their

training. By representation at local faculties, it raises trainee contact with the College and awareness of training needs. The free monthly education and social evenings (EASE) that the committee has developed have been running successfully for over three years and are now an established component of the Faculty's educational programme.

It also recognises the needs of newly qualified GPs within their First 5 post-qualification and aims to provide them with the appropriate guidance and support. The committee is currently looking at a number of exciting new ventures, and is considering holding an AiT & First 5 conference early next year.

We welcome new enthusiastic members who are keen to participate and make an impact. If you would like to join the committee or have any suggestions on activities we should be doing on your behalf, please contact us at LondonGPVTS@rcgp.org.uk

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