The Outgoing President of INASL: An Officer, an Academician and a Gentleman

Lt Gen Anil C Anand, VSM

MD (Medicine) DM (Gastroenterology) FICP FACP FACG FAMS
Chief Consultant (Medicine & Gastroenterology)
Armed Forces Medical Services
New Delhi – 110001, India

Lt Gen Anil C Anand, VSM graduated from the King George's Medical College in Lucknow in 1974 holding first position in the university. He did his training in Gastroenterology in 1988 from the All India Institute of Medical Sciences and was the first Armed Forces Officer to be trained for Liver Transplantation at the Liver Transplantation Unit of the Queen Elizabeth Hospital Birmingham (UK).

He joined the Armed Forces in 1975 where he has excelled as an officer standing first in every course which he has attended. He has received numerous honors and awards including the Vishisth Seva Medal for distinguished and meritorious service in the Army. He has risen to the rank of Lieutenant General and is currently the Chief Consultant in Medicine and Gastroenterology. He was instrumental in developing the Hepatobiliary unit in the Armed Forces at Army Hospital (Research and Referral) where he conceived, planned and established the first Liver Transplant center of the Armed Forces. He has also been instrumental in modernization of other Gastroenterology centers in the Armed Forces.

In his brilliant academic career, he has received numerous awards and has >250 scientific papers in national and international journals including some landmark original research papers. He has written numerous chapters in textbooks and has also authored textbooks including one on Environmental Medicine. His varied experience in the Armed Forces has stimulated him to publish research papers like portal vein thrombosis in soldiers due to extended stay at high altitudes, jaundice in malaria, and

epidemic multi-drug resistant enteric fever in eastern India. Besides these, he has other landmark publications like nondysenteric intestinal amoebiasis, which was published in *Lancet* and has also done research on bio-artificial liver from cultured fetal hepatocytes. He also has many popular papers where he has introspected on the ethical practice of modern medicine and life.

He is one of the sharpest intellects in Academic Gastroenterology and Hepatology in India, one who has his feet firmly on the ground and is blessed with a wicked, tongue-in-cheek brand of self-deprecating humor. He has a flair for grasping new concepts and paradigms, adapting them and applying them to his areas of work, whether they be the Army or the Association.

During his tenure as the President of the INASL, he has presided over a phase in which the Association broke new grounds by starting its own Journal, the *Journal of Clinical and Experimental Hepatology (JCEH)*, and is poised to enter a new phase in its existence. He has guided the National Association in charting its course for the future with his vision and his ability to make quick decisions. Although, he is relinquishing the role of president of INASL, the society will always fall back on him for guidance and suggestions.

Col Pankaj Puri

Senior Advisor (Medicine & Gastroenterology),
Department of Gastroenterology,
Command Hospital (SC), Pune – 411040,
India.
puripankaj@gmail.com