The Role of Scaffold Architecture and Composition on the Bone Formation by Adipose-Derived Stem Cells

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Scaffold architecture and composition are crucial parameters determining the initial cell spatial distribution and consequently bone tissue formation. Three-dimensional poly- ϵ -caprolactone (PCL) scaffolds with a 0/90° lay-down pattern were plotted and subjected to (1) an oxygen plasma (PCL O) or (2) a postargon plasma modification with gelatin and fibronectin (PCL Fn). These scaffolds with an open pore structure were compared with more compact scaffolds fabricated by conventional processing techniques: oxidized polylactic acid (LA O) and collagen (COL) scaffolds. Human adipose tissue-derived stem cell/scaffold interactions were studied. The study revealed that the biomimetic surface modification of plotted scaffolds did not increase the seeding efficiency. The proliferation and colonization was superior for PCL Fn in comparison with PCL O. The plotted PCL Fn was completely colonized throughout the scaffold, whereas conventional scaffolds only at the edge. Protein-based scaffolds (PCL Fn and COL) enhanced the differentiation, although plotted scaffolds showed a delay in their differentiation compared with compact scaffolds. In conclusion, protein modification of plotted PCL scaffolds enhances uniform tissue formation, but shows a delayed differentiation in comparison with compact scaffolds. The present study demonstrates that biomimetic PCL scaffolds could serve as a guiding template to obtain a uniform bone tissue formation *in vivo*.

Introduction

AMONG THE DIFFERENT tissue engineering (TE) strategies, the scaffold plays an important role as temporary support for the development of new tissue either through *in vivo* guiding cell growth in the scaffold or through *in vitro* culturing cells on the scaffold before implantation. In *in vivo* developmental processes, tissue formation is often preceded by high cell densities.¹ This important biological aspect has to be taken into account at the level of designing three-dimensional (3D) scaffolds for TE applications. During the last decades, many different processing techniques have been developed to design and fabricate 3D scaffolds resulting in an evolution from preformed scaffolds to patient-specific implants. These scaffolds, fabricated by diverse methods, have different physical architectures ranging from porous to fibrous and irregular to uniform. It is known that scaffold architecture plays a critical role in regulating cell spatial distribution, affecting the cellular signal expression and consequently tissue formation.^{2–4} In scaffolds processed by conventional techniques (porogen leaching, gas foaming, solvent casting), cell migration and tissue ingrowth are often limited to the peripheral region resulting in a localized, nonuniform tissue formation.² In contrast, scaffolds fabricated by rapid prototyping (RP) techniques suffer from low

resolution leading to scaffolds with large pore sizes, highly geometrical designs resulting in an open pore architecture with 100% interconnectivity, influencing the tissue formation.⁵ Poly- ϵ -caprolactone (PCL) and poly-lactic acid (LA) find wide application for the processing of scaffolds. Although PCL is a preferred polymer for RP techniques, a disadvantage is its intrinsic hydrophobicity and lack of functional groups resulting in poor cell attachment.⁶ To enhance the bioactive properties of PCL, various surface modification techniques are reported.^{7–19} Among these, plasma-based approaches have gained considerable popularity.^{14–16,18,19} One of the major limitations of plasma technologies is the diversity of functional groups and the fact that the induced surface properties are not permanent.¹⁸ More recently, studies have been focusing on the use of plasma-treated surfaces as interfacial bonding layers for the subsequent immobilization of well-defined chemical species/molecules. Hence, achieving a more controlled surface chemistry, which is designed to elicit specific biological responses, can be reached.^{18,20} Collagen (COL) has been among the most widely used biomaterials for biomedical applications.²¹ However, due to some disadvantages, there is a shift toward surface modification of implants with COL or gelatin.^{8,22} Fibronectin (Fn), a glycoprotein, stimulates initial cell adhesion, but importantly, it should be immobilized in a

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biological active conformation. It was reported that Fn has an affinity for gelatin.²³ In our previous studies, we have shown that PCL films and scaffolds could be successfully modified using a multistep protocol, involving a plasma pretreatment, an UV-induced 2-amino-ethylmethacrylate (AEMA)-graft polymerization followed by the immobilization of gelatin and physisorption of Fn.^{24–26}

The hypothesis of this study is that cell density is a crucial factor in the differentiation process and tissue formation in 3D scaffolds and can be regulated by the scaffold architecture and composition. The influence of scaffold architecture (plotted vs. conventional scaffold) and composition/surface chemistry (oxidized polyester vs. protein-based surfaces) on adipose tissue-derived stem cell (ADSC) adhesion, proliferation, colonization, and differentiation was studied. Two modification strategies (1) an oxygen plasma modification and (2) a double protein coating by means of postargon plasma AEMA grafting followed by gelatin immobilization and Fn physisorption, on plotted PCL scaffolds were compared. These plotted scaffolds with an open pore architecture were compared with conventional scaffolds based on oxidized poly D,D,L,L-lactic acid (LA O) and COL having a more compact architecture with an irregular pore network.

Materials and Methods

Three-dimensional PCL scaffold fabrication

PCL pellets ($MW=80\,000\text{ g}\cdot\text{mol}^{-1}$) were obtained from the Sigma-Aldrich Company. Porous cylindrical PCL scaffolds with a height of 3 mm and a diameter of 4.5 mm were produced using the Bioscaffolder[®] device (Sys-Eng). The scaffolds were designed in Inventor, while PrimCam (Sys-Eng) was used to create the final structure. The needle was 27 gauge, the pressure was maintained at 5 bar, and the temperature was set to 120°C. The selected lay-down pattern was 0/90° and the anticipated pore size was 300 μm .^{26,27}

Scaffold surface modification

Oxygen plasma modification. Scaffolds were subjected to an oxygen plasma treatment (dielectrical discharge plasma reactor, Model Femto, version 3; Diener Electronic) for 60 s.²⁷ These scaffolds will be denoted as PCL O.

Multistep gelatin-Fn modification. Scaffolds were subjected to a multistep procedure involving a double protein coating of gelatin and Fn.^{24–26} Briefly, PCL scaffolds were preactivated by Ar plasma treatment followed by exposure to the atmosphere. These scaffolds were immersed in a 1 M AEMA solution and subsequently subjected to UV irradiation. After thoroughly rinsing with deionized water, the scaffolds were immersed in 1 mg/mL of gelatin type B (gelB) solution in distilled water. Subsequently, 1 mg/mL of water soluble 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide hydrochloride solution was added. After this immobilization step, several cleaning cycles were performed using deionized water followed by an overnight incubation at 37°C. In the last modification step, the scaffolds were coated with Fn by immersion in a 0.1 mg/mL Fn solution for 60 s followed by drying at an ambient atmosphere. These scaffolds will be denoted as PCL Fn.

PCL O and PCL Fn scaffolds were sterilized using ethylene oxide (UZGhent) for the cell culture experiments.

Reference scaffolds

BD™ three dimensional OPLA[®] scaffolds (LA O) (Cat. No. 354614) and BD three dimensional COL scaffolds (Cat. No. 354613) (Becton Dickinson) were used as reference materials. LA O is synthesized from D,D,L,L poly(lactic acid) and oxidized by an atmospheric plasma treatment. COL comprised a mixture of soluble and fibrillar COL (type I and type II COLs). These sponge-type 3D reference scaffolds have a diameter of 4.7 mm and a height of 2.25 mm.

Scaffold characterization

Scanning electron microscopy (SEM) analysis was performed on a JEOL JSM-5600 (Jeol) instrument. The apparatus was used in the secondary electron mode (SEI). Different dimensions of the scaffold were measured: strut diameter, interstrut distance, height of the struts, and pore size (mean and SD of triplicate values). The porosity of 3D plotted scaffolds was calculated.²⁸ Bioplotting PCL and the conventional scaffolds were evaluated using the inverted contrast light microscope (Olympus inverted Research System Microscope; Cell^M Software).

Cell culture and cell seeding onto PCL and conventional scaffolds

ADSCs (Cryo-Save) were plated at a density of 5000 cells/ cm^2 in MesenPRO (Invitrogen) and expanded until P3-6 that was used for all experiments performed in our study. Cells were cultured at 37°C (5% CO_2). For the cell/scaffold experiments, cells were cultured in α -MEM glutamax (Gibco Invitrogen) supplemented with 10% fetal calf serum (Gibco Invitrogen) and 0.5 vol% penicillin–streptomycin (10,000 U/mL–10,000 μg /mL; Gibco Invitrogen) named as standard medium.

Before cell seeding, the scaffolds were immersed in a serum-free standard medium in Eppendorf tubes. Air was removed from their pores by generating vacuum with a 20-mL syringe equipped with a 18-gauge needle. The scaffolds were left in the medium on a gyratory shaker (37°C, 70 rpm). After 24 h, the scaffolds were placed into 96-well tissue culture dishes (for suspension culture). Cells were seeded at a density of 0.75×10^6 cells/40 μL /scaffold and were allowed to adhere for 4 h. Medium (160 μL) was added to each well and the seeded scaffolds were further incubated overnight. After 24 h, cell/scaffold constructs were placed in a 12-well plate. Three milliliters of osteogenic culture medium (standard medium supplemented with 100 μM L-ascorbic acid 2-phosphate [Sigma], 100 nM dexamethasone [Sigma], and 10 mM β -glycerophosphate [Sigma]) was added and the cell/scaffold constructs were cultured for 28 days (5% CO_2 /95% air, 37°C) with a culture medium change twice a week.

Characterization of cell/scaffold constructs

Cell seeding efficiency, adhesion, proliferation, colonization, and differentiation were evaluated at different time points (1, 7, 14, and 28 days postseeding).

Seeding efficiency. Twelve hours postseeding, the scaffolds were removed and the remaining cells in the wells were

counted using a counting chamber. The seeding efficiency was calculated using the equation:

$$\text{seeding efficiency(\%)} = \frac{(\text{cells added to scaffold} - \text{residual cells in well})}{\text{cells added to scaffold} \times 100}$$

(Mean and SD of 12 replicates).

Phase-contrast and fluorescence microscopy. To visualize cell adhesion and colonization on the scaffolds, cell/scaffold constructs were evaluated using inverted contrast light microscopy and fluorescence microscopy (Olympus inverted Research System Microscope, type U-RFL-T; Cell^M Software) after calcein acetoxymethylester/propidium iodide staining as described previously.²¹

Histology. Cell/scaffold constructs were rinsed with phosphate-buffered saline (PBS), fixed with 4% phosphate (10 mM)-buffered formaldehyde (pH 6.9) (4°C, 24 h), dehydrated, and embedded in paraffin. Five- to 7- μ m sections were stained with hematoxylin and eosin and Masson's Trichrome and mounted with a mounting medium (Cat.No. 4111E; Richard-Allan Scientific).

Immunohistochemistry. Immunohistochemistry, using antibodies directed against collagen I (COL I) (polyclonal rabbit anti-human, Acris R1038; Acris) and osteocalcin (OCN, polyclonal goat anti-human, V-19 sc-18319; Santa Cruz Biotechnology), was performed on the tissue sections as described previously.²¹

Protein assay and alkaline phosphatase activity. Cell/scaffold constructs were lysed into 0.5 mL of a 1% Triton X-100 containing Tris HCl buffer, homogenized by two freeze–

thaw cycles and sonicated on ice for 3 $\times$ 10 s (amplitude of 40%) (Vibra CellTM SONICS [ANALIS]). The protein content and alkaline phosphatase (ALP) were determined as previously.²⁹ The ALP activity was expressed as mM p-nitrophenol/mg protein.

Real-time RT-PCR analysis. ADSC cultures were trypsinized, collected, and centrifuged at 1000 rpm, for 5 min. After removal of the supernatant, the TRI Reagent was added. Cell/scaffold constructs were rinsed in PBS and the TRI Reagent was added. RNA was isolated followed by DNA treatment and RNA was transcribed to cDNA. Real-time PCR was performed on the ABI 7500 Fast Real Time PCR device with TaqMan probes for the following genes: runt-related transcription factor (*RUNX2*), collagen type I α 1 (*COL1A1*), and bone γ -carboxyglutamate protein (*BGLAP*) (OCN) as described previously.²¹ Relative quantification (R_q , n fold expression) values were calculated using the equation $2^{-\Delta\Delta C_t}$.

Statistical analysis

A Mann–Whitney test using SPSS 19.0 was performed to compare the differences among groups. Differences among groups were considered as statistically significant when $p \leq 0.05$. Mean and SD are reported in each Figure.

Results

Scaffold characterization

In Figure 1, a photograph of the bioscaffold (Fig. 1a) and a plotted PCL scaffold with a 0/90 lay-down pattern (Fig. 1a, insert) are presented. SEM images of a top view (c) and a cross section (d) are presented. The scaffold properties are presented in Table 1, according to the scaffold dimensional

FIG. 1. Fabrication and characterization of bioplotting poly- ϵ -caprolactone (PCL) scaffolds. (a) Bioscaffolder[®] device, a insert) photograph of a bioplotting PCL scaffold, (b) bioplotting scaffold dimensional parameters. d_1 : fiber diameter, d_2 : interstrut distance, d_3 : layer thickness, d_4 : pore size, (c, d) scanning electron microscopy images (top view and cross section).

TABLE 1. OVERVIEW OF THE SCAFFOLD CHARACTERISTICS

Scaffold	d_1 (μm)	Interstrut d_2 (μm)	d_3 (μm)	Pore size (d_4) (μm)	Porosity (%)
PCL 0/90	253 ± 29	593	288 ± 1	310 ± 24	60–78
LA O	n.a.	n.a.	n.a.	100–200	90–98
COL	n.a.	n.a.	n.a.	100–200	90–98

PCL, poly- ϵ -caprolactone; LA O, oxidized polylactic acid; COL, collagen; n.a., not applicable.

parameters (Fig. 1b). Phase-contrast micrographs of the scaffolds are shown in Figure 2. The plotted scaffolds (Fig. 2a, d) consist of repeating structural units, well controlled interconnected pores with a pore size of $\pm 300 \mu\text{m}$ and a porosity of 60–78%. This is in contrast to LA O (Fig. 2b, e) and COL (Fig. 2c, f) scaffolds, which have a more compact architecture, an irregular structure, and pore morphology (pore size ± 100 – $200 \mu\text{m}$) and a porosity of 90–98%. The fibrillar network of both scaffolds is presented in Figure 2c and f.

The characterization of surface modified PCL scaffolds by direct oxygen plasma (PCL O) and a multistep procedure involving postargon plasma AEMA grafting, gelB immobilization, and Fn physisorption (PCL Fn) was reported earlier.^{24,25,27,30}

Cell seeding efficiency

The seeding efficiency is presented in Figure 3a. Low-seeding efficiencies were obtained for plotted PCL scaffolds: PCL O ($45.1\% \pm 15.9\%$) and PCL Fn ($33.3\% \pm 8.1\%$). Conventional LA O- and COL-based scaffolds reach seeding efficiencies of $78.6\% \pm 2.6\%$, respectively, $82.7\% \pm 5.5\%$.

Cell proliferation and colonization

The results of cell imaging for plotted and conventional scaffolds as a function of time are depicted in Figure 4. After 4 h, a lot of round, nonadherent cells between the polymer struts of the plotted scaffolds are visible by phase-contrast microscopy (Fig. 4a, a', b, b'). Round cells can also be detected on the conventional scaffolds (Fig. 4c, c', d, d'). After 7 days, the polymer struts of the plotted scaffolds are com-

pletely covered with viable cells, independent of the surface modification (Fig. 4e, f). The cells are bridging the pores of the plotted scaffolds (elongated cells) (Fig. 4e', f'). The surface of LA O and COL is completely covered with viable cells (Fig. 4g, h). After 14 days, the surface of the plotted scaffolds is completely covered with viable cells and bridging of the pores continues (Fig. 4i, i', j, j'). The cellular appearance and the amount of viable cells on the surface of the conventional scaffolds remain unchanged (Fig. 4k, k', l).

In a next step, we were interested to study cellular colonization in the scaffolds by looking at cross sections as shown in Figure 5. After 7 days, PCL O scaffolds are colonized only at the edge of the scaffold. In the center of the scaffold, no cells are present (Fig. 5a). PCL Fn scaffolds show a better colonization in the center of the scaffold. The pores are completely filled with cellular material (Fig. 5b). The LA O and COL scaffolds show only cell layers at the edges of the scaffolds (Fig. 5c, d). After 28 days in culture, the colonization of PCL O scaffolds is still limited mostly to the edge of the scaffold (Fig. 5e'). In the center of the scaffold, almost no colonization is detected (Fig. 5e). In contrast, plotted PCL Fn scaffolds are homogeneously colonized throughout the scaffold (Fig. 5f). This is in contrast to the conventional scaffolds where the cellular colonization did not proceed toward the center of the scaffold (Fig. 5g, h). More cell layers can be observed in COL (Fig. 5h) than LA O (Fig. 5g) scaffolds.

The protein content of cell/scaffold constructs after 28 days is shown in Figure 3b. The protein content is highest for COL followed by PCL Fn, LA O, and PCL O. The protein content of blanc protein-based scaffolds (PCL Fn and COL) was negligible. Oxidized (PCL O and LA O) protein-based scaffolds (PCL Fn and COL) have a comparable proliferation ratio (Fig. 3b).

Extracellular matrix formation

The extracellular matrix (ECM) formation is visualized in Figure 6. After 7 days, a dense layer of cells can be seen on the periphery of LA O (Fig. 6c) and COL (Fig. 6d) scaffolds. The initial ECM formed at the edge of the conventional scaffolds already has a dense appearance. In contrast, plotted PCL scaffolds are colonized at the edge (PCL O) or throughout the scaffold (PCL Fn) (Fig. 6a, b). For both

FIG. 2. Phase-contrast images. (a, d) PCL scaffold (0/90° pattern), (b, e) oxidized polylactic acid (LA O) scaffold, (c, f) collagen (COL) scaffold.

FIG. 3. (a) Seeding efficiency of adipose tissue-derived stem cell (ADSC) on biplotted (PCL O, PCL fibronectin [Fn]) and conventional (LA O, COL) scaffolds. *Statistical difference ($p \leq 0.05$) from LA O and COL. (b) Protein content of cell/scaffold constructs cultured in a standard medium for 1 and 28 days. #Statistical difference ($p \leq 0.05$) from other groups.

plotted scaffolds, the ECM formation is loose (Fig. 6e, f). For PCL Fn scaffolds, the ECM is uniformly distributed throughout the scaffold (Fig. 6b, f).

After 28 days, the ECM remains loose in the plotted scaffolds (Fig. 6i, j, m, n). Sometimes, a more dense ECM can be observed at the edge (Fig. 6n') or between the narrow space of 2 struts (artefact) (Fig. 6m'). In the conventional scaffolds, the ECM is dense and situated parallel to the

surface of the scaffold (Fig. 6k, l, o, p). In the center, almost no ECM can be observed.

Differentiation

In the last part of our work, we assessed cell differentiation by evaluating the levels of ALP, *RUNX2*, *COL1A1*, *BGLAP* (OCN) phenotypic expression, and (immuno) histochemistry.

FIG. 4. Influence of surface modification and scaffold design on the colonization of the scaffolds. Phase-contrast (a–d, a'–d', e', f') and fluorescence (e–l, i'–k') (calcein acetoxymethylester/propidium iodide staining) microscopy of three-dimensional (3D) scaffolds after 1 (a–d), 7 (e–h), and 14 (i–l) days in the osteogenic medium. (a, e, i) PCL O; (b, f, j) PCL Fn; (c, g, k) LA O and (d, h, l) COL. Color images available online at www.liebertpub.com/tea

FIG. 5. Influence of surface modification and scaffold design on the colonization of the scaffolds. Histological analysis of 3D scaffolds after 7 (a–d) and 28 (e–h, e') days in the osteogenic medium. H&E staining. (a, e, e') PCL O; (b, f) PCL Fn; (c, g) LA O and (d, h) COL. Color images available online at www.liebertpub.com/tea

FIG. 6. Influence of surface modification and scaffold design on the extracellular matrix formation. Histological analysis of 3D scaffolds after 7 (a–h, a') and 28 (i–p, m', n') days in the osteogenic medium. H&E staining. (a, a', e, i, m, m') PCL O; (b, f, j, n, n') PCL Fn; (c, g, k, o) LA O and (d, h, l, p) COL. Color images available online at www.liebertpub.com/tea

ALP was undetectable for the plotted scaffolds after 7 days, compared to the conventional scaffolds. However, after 14 and 28 days, the ALP activity increased drastically for these structures and reached similar values as the conventional scaffolds (Fig. 7a). The phenotypic expression of *RUNX2* is upregulated after 7 days in COL and PCL Fn scaffolds. An upregulation of *COL1A1* can be observed for the PCL Fn scaffold. An upregulation of *BGLAP* (OCN) can already be noticed for the COL scaffold. For all plasma-treated scaffolds (PCL O and LA O), the three osteogenic markers are downregulated. After 14 days, *RUNX2* is upregulated for all the scaffolds except LA O. Also, *COL1A1* is upregulated in all scaffolds, but highest for PCL Fn and COL. In addition, *BGLAP* (OCN) is upregulated in all scaffolds, but highest in the protein-based scaffolds (PCL Fn and COL). After 28 days, *COL1A1* is still upregulated in protein-based scaffolds (PCL Fn and COL). *BGLAP* (OCN) upregulation is more pronounced in PCL Fn, followed by PCL O, COL, and LA O (Fig. 7d).

Immunohistochemical analysis of the osteogenic differentiation of ADSCs in plotted PCL compared with con-

ventional scaffolds is presented in Figure 8. The formation of an ECM by ADSCs after 28 days in culture was observed in both plotted and conventional scaffolds. However, it must be noted that the conventional scaffolds (LA O and COL) show an intense staining of the ECM by Trichrome Masson (Fig. 8c, d, g, h) in contrast to plotted scaffolds where the stain is less intense (Fig. 8a, b, e, f). Only at the edge (Fig. 8f') or between the narrow space of 2 artefact struts, the ECM is stained more intensely (Fig. 8e'). The ECM is staining positive for COL I. COL I was observed predominantly at the periphery of the conventional scaffolds (Fig. 8k, l) and almost throughout the plotted scaffolds (Fig. 8i, j). Again, the COL I immunostaining is more intense on the conventional than plotted scaffolds. In addition, OCN can be detected in both plotted and conventional scaffolds. The ECM stains of plotted scaffolds are less intense for OCN than the conventional scaffolds. It must be reported that OCN already could be detected by immunostaining after 7 days (photograph not shown), which was also detected by qRT-PCR.

FIG. 7. Influence of surface modification and scaffold design on the differentiation of ADSCs. **(a)** Alkaline phosphatase (ALP) activity (mM pNP/mg protein) of ADSCs seeded on scaffolds with different surface modification and design after 6, 14, and 28 days. *Statistical difference ($p \leq 0.05$) from LA O and COL. **(b–d)** Gene expression (*RUNX2* [RUNX2], *COL1A1* [COL1 α 1], *BGLAP* [OCN]) analysis of ADSCs cultured for 7, 14, and 28 days on scaffolds. #Statistically different from other groups. *Statistically different from LA O and COL.

FIG. 8. Differentiation of ADSCs after 28 days in plotted 3D scaffolds compared with conventional scaffolds. Histological analysis. (a, e, e', i, m) PCL O; (b, f, f', j, n) PCL Fn; (c, g, k, o) LA O and (d, h, l, p) COL. (a–h) Trichrome Masson staining, (i–l) COL I immunostaining, and (m–p) OCN immunostaining. Color images available online at www.liebertpub.com/tea

Discussion

In TE, the scaffold plays an important role as temporary support for the development of new tissue either through *in vivo* cell invasion or through *in vitro* culturing cells on the scaffold before implantation. In this regard, tissue formation in 3D scaffolds is influenced by the scaffold design and composition. Hence, the architecture and physicochemical properties of the scaffold that support cell colonization, growth, and differentiation need to be considered. Scaffold architecture influences passive cell distribution while seeding as well as active cell movement and tissue formation.⁴ The scaffold composition should elicit certain biological cues to direct the cells toward colonization and tissue formation.

In the present study, we analyzed the influence of scaffold architecture and composition on mesenchymal stem cell adhesion, colonization, and differentiation. Two bioplotting PCL scaffolds (surface modified with, respectively, an oxygen plasma and a gelatin/Fn coating) with an open pore and

uniform structure were compared with more compact, irregular LA O- and COL-based scaffolds.

The seeding efficiency has been associated with the surface area available for cells to attach to and the surface characteristics influencing the ability of cells to adhere. In addition, also the scaffold architecture and pore structure could play an important role.³¹

In our study, no increase in the seeding efficiency of double protein-coated PCL (PCL Fn) compared with plasma modification of PCL scaffolds (PCL O) was found. In addition, the conventional plasma-treated LA (LA O) scaffold had a comparable seeding efficiency as the COL scaffold. Cell seeding onto plotted PCL scaffolds was significantly lower ($39.2\% \pm 8.3\%$) compared to the conventional scaffolds ($81.9\% \pm 1.0\%$). The two scaffold types (plotted vs. conventional scaffolds) on which cells were seeded on the surface clearly showed the effect of scaffold architecture. The conventional scaffolds (COL and LA O) are the densest and retain the cells on the surface. In contrast, plotted scaffolds have an open pore network and are highly geometrical

leading to cell loss during seeding. The biomimetic surface modification of the 3D PCL plotted scaffold did not contribute to a higher cell seeding efficiency. Consistent with other studies, higher seeding efficiencies were reported for more compacted architectures.^{10,31,32} From these results, we can suggest that 3D scaffold architecture has a more profound influence on the seeding efficiency than surface chemistry, at least with the pore size geometry combination evaluated in the present work.

Although a biomimetic coating (PCL Fn) or scaffold (COL) did not increase the seeding efficiency compared to oxidized scaffolds (PCL O and LA O), protein-based surfaces (PCL Fn and COL) did have a clear benefit on the proliferation and colonization of ADSC. PCL O and LA O showed little proliferation, whereas PCL Fn and COL showed a high increase in cell/protein content. Histology demonstrated that only the edges of the PCL O scaffolds were colonized, but not the center of the scaffolds, while for PCL Fn the complete structure was colonized after 28 days. COL and LA O scaffolds were only colonized at the edges, but the peripheral tissue layer was denser on COL scaffolds.

We can thus conclude that both surface modification and scaffold architecture have a clear influence on the cellular proliferation and colonization. The influence of a protein-based surface modification was also reported by Yildirim *et al.* who observed an increased cell amount in an oxygen plasma/Fn modification of PCL compared to plasma-only modified PCL.¹⁴ Consistent with other reports,^{4,33,34} a limited colonization at the edge of the conventional scaffolds was observed resulting in a strong gradient of cell density from the surface to the inner scaffold region.

As tissue formation is often preceded by high cell densities, the observed difference in seeding efficiency, proliferation, and colonization between the scaffolds, varying in architecture and composition, will inevitably lead to differences in ECM formation and differentiation. In conventional scaffolds (LA O and COL) with a compact design, a dense ECM is formed at the edge of the scaffold already after 7 days in culture. In contrast, the ECM formed in plotted scaffolds was loose even after 28 days in culture. This is reflected in the osteogenic differentiation: the ALP activity and late-stage osteogenic markers *BGLAP* (OCN) in conventional scaffolds could already be detected after 1 week. Kumar *et al.* described that the scaffold structure was more influential than the scaffold composition on the cellular gene expression of human bone marrow stromal cells.³⁵ Nevertheless, during further culture periods, the osteogenic markers in plotted scaffolds reached levels competing with the conventional scaffolds. Cells on protein-based surfaces (PCL Fn and COL) did show increased osteogenic marker expression throughout the whole culture period. Also, Yildirim *et al.* reported that a combined plasma/Fn modified scaffold led to a higher ALP activity compared to plasma-only modified scaffolds.¹⁴ In general, it can be concluded that protein-based surfaces stimulate the differentiation of ADSCs toward bone cells. However, it should be noticed that the cell differentiation on uniform, open pore structured scaffolds produced by RP is delayed compared to the differentiation on compact, irregular pore structured scaffolds processed by conventional techniques. It can be hypothesized that this is due to the fact that cells need a longer proliferation period on the plotted scaffolds, to colonize the

complete structure. Therefore, the required cell density to differentiate is reached at a later stage compared to the conventional scaffolds where the cells remain on the edge.

Cipitria *et al.* reported that plotted scaffolds acted as a guiding substrate to enable the formation of a fibrous network as a prerequisite for later bone formation. The fibrous network morphology, which in turn is guided by the scaffold architecture, influences the microstructure of the newly formed bone. A structured fibrous tissue across the entire defect was formed, which acted as a secondary supporting network for cells.³⁶

The double protein modified PCL scaffold, combining the advantages of the bioplotter technology and the biomimetic properties, is a promising scaffold serving as a guiding template during the bone regeneration process. Future directions in guided tissue regeneration will focus on optimization of scaffold design by tailoring the scaffold structure or by combining multiple processing techniques to create hybrid scaffolds.^{35,37,38}

Conclusions

In the present study, PCL scaffolds were plotted applying the 3D Bioscaffolder technology and successfully modified with two surface modification strategies: an oxygen plasma modification and a double protein biomimetic coating. Uniform but loose tissue formation was obtained in both plotted scaffolds in contrast to conventional scaffolds, where the tissue formation is dense but non-homogeneous. The biomimetic coating of PCL resulted in an increased osteogenic differentiation compared with oxygen plasma-only modified PCL scaffolds, but a delayed differentiation compared with scaffolds with a more compact architecture. In conclusion, the present study successfully demonstrates that biomimetic PCL scaffolds can serve as a guiding template to obtain a uniform bone tissue formation.

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Disclosure Statement

No competing financial interests exist.

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