Stepwise protein folding at near amino acid resolution by hydrogen exchange and mass spectrometry

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The kinetic folding of ribonuclease H was studied by hydrogen exchange (HX) pulse labeling with analysis by an advanced fragment separation mass spectrometry technology. The results show that folding proceeds through distinct intermediates in a stepwise pathway that sequentially incorporates cooperative native-like structural elements to build the native protein. Each step is seen as a concerted transition of one or more segments from an HX-unprotected to an HX-protected state. Deconvolution of the data to near amino acid resolution shows that each step corresponds to the folding of a secondary structural element of the native protein, termed a "foldon." Each folded segment is retained through subsequent steps of foldon addition, revealing a stepwise buildup of the native structure via a single dominant pathway. Analysis of the pertinent literature suggests that this model is consistent with experimental results for many proteins and some current theoretical results. Two biophysical principles appear to dictate this behavior. The principle of cooperativity determines the central role of native-like foldon units. An interaction principle termed "sequential stabilization" based on native-like interfoldon interactions orders the pathway.

Do proteins fold through varied and multiple tracks, or do they fold through predetermined intermediates according to understandable biophysical principles (1)? This question is fundamental for the interpretation of a large amount of biophysical and biological research. The question could be resolved if it were possible to define the intermediate structures and pathways that unfolded proteins move through on their way to the native state. Unfortunately, transient intermediates cannot be studied by the usual crystallographic and NMR methods. The range of kinetic and spectroscopic methods has been applied to many proteins, but these methods do not yield the necessary structural information.

We used a developing technology, hydrogen exchange pulse labeling measured by MS (HX MS), to study the folding of a cysteine-free variant of *Escherichia coli* ribonuclease H1 (RNase H), a mixed α/β protein that has served as a major protein-folding model (2–5). Previous studies showed that RNase H folds in a fast, unresolved burst phase (15 ms dead time) to an intermediate termed "I_{core}" and then much more slowly (in seconds) to the native state (3). HX pulse-labeling and equilibrium native-state HX experiments monitored by NMR showed that I_{core} comprises a continuous region of the protein between helix A and strand 5 and that β -strands 1, 2, and 3 and helix E acquire protection much later, consistent with mutational analysis (2–4). Single-molecule and mutational studies indicated that the intermediate is obligatory, on-pathway, and folds first even when I_{core} is not observably populated (6, 7).

The HX MS technique used here is able to follow the entire folding trajectory of RNase H in considerable structural and temporal detail. The analysis monitors every amide site, evaluates the folding cooperativity between them, and describes the separate folding steps. The results identify at near amino acid resolution the formation and stepwise incorporation of native-like foldon elements in four sequential events that progressively assemble the native structure. A comparison with other experimental and

theoretical observations suggests that this pathway behavior is the prevalent mode for protein folding and that it is dictated by two straightforward biophysical principles.

Results

Folding by Spectrophotometry. Fig. 1 shows results for RNase H folding monitored by circular dichroism under the conditions used in the HX MS studies (10 °C, pH 5). Folding is very similar to the observations in previous studies (25 °C, pH 5.5) but with slower final folding to the native state. The results fit to a three-state model [unfolded (U), intermediate (I), and native (N)] with the following parameters at 0 M urea. The free energy of unfolding for the intermediate (ΔG_{UI}) is 4.1 kcal/mol, the free energy of global unfolding (ΔG_{UN}) is 10.1 kcal/mol, and the rate constant for folding from the intermediate to the native state (k_{IN}) is 0.07 s⁻¹. These spectrophotometric data provide population-averaged kinetic and thermodynamic folding parameters with little structural detail or information about pathway steps.

HX MS Experiment. Fig. 2 diagrams the HX MS pulse-labeling experiment. To begin the folding process, denaturant-unfolded protein fully deuterated at amide sites in D₂O is diluted into H₂O folding buffer under conditions in which D-to-H back exchange is very slow (pH 5.0, 10 °C; ~40-s HX time constant). After trial folding times, a brief labeling pulse to high pH is imposed (10 ms, pH 10, 10 °C), equivalent to ~25 times the average HX time constant. When the protection factor (Pf) of an amide site at the time of the labeling pulse is very low (<10), it will appear unprotected and exchange to H. It will appear protected and remain almost fully D-labeled when Pf > 100 or k_{op} < 20 s⁻¹, and it will be fractionally H/D labeled in the narrow range of intermediate Pf values. As a result, any amide position switches from fully unprotected when it is unfolded to almost fully protected when folding occurs. We associate the gain of HX protection with the formation of H-bonded secondary or tertiary structure (8, 9).

The subsequent HX MS analysis is designed to detect which residues are protected and which are not at each folding time. To preserve the H/D labeling reached during the labeling pulse, the protein sample is quenched immediately to a slow exchange condition (pH 2.5, 0 °C) and is proteolyzed quickly into many overlapping peptide fragments. The fragments then are separated and analyzed for carried deuterium by HPLC and mass spectrometry. Previous papers describe how to maximize the number of peptide fragments obtained (10), how to minimize the back exchange of D label during sample preparation (11), and a program (ExMS) for identifying and characterizing the many peptides in the final MS spectra (12). These methods provided

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Fig. 3. (A–D) Illustrative MS spectra versus folding time. Peptides shown (also see [SI Appendix](#)) cover each helical segment plus some neighboring sequence in the native protein. The top and bottom frames show control experiments in which the unfolded and native proteins were subjected to the same labeling pulse and analysis. Fitted envelopes separate the fractional populations of the unfolded, intermediate, and native state present at the time of the labeling pulse. Deuterons on side chains and the first two residues of each peptide are lost during sample preparation. The subpeaks within each isotopic envelope are caused by the natural abundance of ^{13}C (~1%) convolved with the carried number of deuterons. A leftward drift in folded peptide mass at long folding times (D) occurs because not-yet-protected sites are exposed to D-to-H exchange during the prepulse folding period (pH 5, 10 °C). (E and F) The time dependence for the formation of the protected state of different protein regions, color coded to match the RNase H foldon units in Fig. 5. (Inset) The unblocked folding phase of the yellow curves is renormalized to 100% to allow direct comparison with the folding time of the green segment. For this comparison, the experiment was replicated in triplicate, and only the highest-precision peptides were used. The green and yellow segments fold in detectably different phases. Peptides are identified in [SI Appendix, Fig. S1](#).

intermediates, although “native-like” structurally, are not yet fully native and therefore are less stable and more dynamic. This reduced protection before the final folding step may relate to the proposed (un)locking step of a late dry molten globule folding intermediate (13).

Fig. 3 *E* and *F* plot the time dependence for folding of the different protein segments (see also [SI Appendix, Fig. S1](#)). The ordinate refers to the fraction of the protein population that has reached the protected state at specified regions of the protein. The *Inset* shows that the green segment folds detectably faster than the unblocked folding phase of the yellow segment.

These results identify four kinetically separable steps in RNase H folding.

Partially Folded Structure at High Resolution. The HX MS data for the large data set of many overlapping peptides at various folding times can be deconvolved to near amino acid resolution (using the HDsite program). The results (Fig. 4) identify the structural regions that fold in each of the steps just described. They represent secondary structural elements of the native protein.

To guide the interpretation of residue-resolved pulse-labeling results, native RNase H was passed through the same pulse-labeling

Fig. 4. Protected D label at residue resolution. Site-resolved D occupancy was computed from MS data for many overlapping peptides after different folding times: at the earliest folding time in a competition folding versus labeling experiment (*Top*); after different prepulse folding times (*Middle*); and for a native protein control (*Bottom*). Dots through the native frame indicate amide H-bonds to main chain (open) and to side chains (filled) (PDB ID: 1F21). Individually resolved residues are shown in red. Switchable residues not distinguished because of inadequate peptide coverage are in blue and are connected by a dashed line. Small white spaces indicate absent amides because of proline or high probability protease cut sites. Regions in gray indicate segments that are in transition from unfolded to folded conformations and that produce bimodal MS spectra that cannot be analyzed for site resolution. Positions of helices A–E and β -strands 1–5 in the native protein are shown at the top, color coded to match their foldon identities (Fig. 5). Low D retention in the D-to-H labeling pulse indicates an equilibrium protection factor <10 ; full D retention indicates a protection factor >100 or $k_{on} < 20 \text{ s}^{-1}$. A nonzero

and analysis procedure. We expect that sites protected by H-bonding will resist exchange during the D-to-H labeling pulse, regardless of their exposure to solvent (8, 9). The results match this expectation.

To obtain the earliest possible kinetic information, a competition experiment (14, 15) was done in which unfolded deuterated protein was diluted into folding and labeling conditions in the same mixing step. In this experiment, protection competes kinetically with labeling. We find measurable protection in the helix A segment (~50%) and more evanescent protection in segments in β -strand 4 and helices C and D but none in helix B and E or other β -strands (Fig. 4, *Top*). The protection develops as rapidly as the mixing process (perhaps 0.1 ms). Although helix A and strand 4 may fold on this time scale, helix C and D fold later, suggesting either some nascent prefolding protection when the still unfolded protein is placed into native conditions or their interaction with already formed helix A and strand 4 early in structure formation. The protection pattern does not correlate with intrinsic helix propensity, estimated by AGADIR (16) at 50% for helix E (see also ref. 17), 30% for helix A, and as negligible for helices B, C, and D. These observations may relate to current interest in initial protein collapse (18), the unfolded state structure (19), and its significance for subsequent protein folding (20).

By the 9-ms folding time point, the helix A and β -strand 4 segments (blue in Fig. 5A) have achieved protection in 100% of the refolding population. The residue-resolved pattern of protection is similar but not identical to the native protein. For example, the N terminus of helix A is less protected, as might be expected because of end fraying in the partly folded intermediate. The far N- and C-terminal segments remain wholly unprotected.

At this time point, peptides that monitor the segments shown in green and yellow in Fig. 5A exhibit bimodal envelopes (Fig. 3 and *SI Appendix*). The bimodal MS transition documents their concerted stepwise foldon behavior and measures the unfolded and folded fraction of the population at each time point. Bimodal data, noted in gray in Fig. 4, cannot be analyzed to site resolution but this limitation does not hinder the analysis of other peptides.

At the 720-ms folding time, helices A, B/C, and D, their local β -strand segments, and even the connecting C-to-D loop (blue, green, and yellow in Fig. 5A) have achieved protection patterns similar to the native protein. By 20 s, the extensive N- and C-terminal regions have begun to fold in a bimodal, concerted, foldon-dependent way.

Interestingly, the C-terminal Val155 amide remains deuterated in all cases. This apparent anomaly is caused by HX chemistry during the pulse, namely an expected 60-fold slowing factor for the C-terminal amide multiplied fivefold by the valine side-chain effect (21).

Anomalous Slow Exchange for β -Edge Amides. The residue-level analysis at the early folding time points finds that some residues in strand 4 are moderately protected even when their native H-bond acceptors on strand 1 are not yet in place. Although this

protection might be thought to indicate nonnative interactions, several amide hydrogens on the unprotected solvent-exposed edges of β -strands 3 and 5 in the native protein similarly avoid D-to-H exchange in the labeling pulse. Analogous behavior has been seen before (8, 9, 22).

Discussion

Pulse-labeling HX MS results obtained during the kinetic folding of the single-domain RNase H protein graphically display a time-resolved sequence of four concerted steps in structure formation. Each step corresponds to the folding of one or more secondary structural elements of the native protein. The residue-resolved pattern of HX protection mimics that seen for the native protein, implying native-like features for each added foldon unit and the intermediate states that they produce. Once formed, these units remain in place as subsequent units are added, demonstrating a sequential stepwise buildup of the native structure. Essentially the entire protein population joins in each step, indicating a single dominant route.

The helix A+ strand 4 segment (blue in Fig. 5A) folds within the first ms. Helix D and strand 5 (green in Fig. 5A) add on at ~5 ms. In the native protein these two elements pack together to form a major hydrophobic core of the protein. Shortly thereafter (~9 ms), the more tenuously associated yellow segment shown in yellow in Fig. 5A folds to complete the I_{core} intermediate previously identified by pulse-labeling HX NMR (3, 23). Finally, in a much slower reaction (~30 s) the elements shown in red in Fig. 5A (strands 1, 2, and 3 and helix E) fold concertedly, even though they are drawn from the most distant protein termini.

It is hard to picture this sequence of segmental folding events as anything other than a classical pathway that constructs the native protein by the sequential incorporation of native-like foldon units. If any significant fraction of protein (>4%) formed a protecting structure that differed in any significant way, structurally or kinetically (e.g., an alternative parallel pathway), it would be seen clearly, as we see for the 7% yellow population. The folding behavior observed is well represented by the free energy diagram in Fig. 5B.

Experimental Work to the Contrary. The folding model pictured in Fig. 5B is identical to the extensively worked out case of cytochrome *c* for which a series of HX NMR studies defined four native-like foldon-based intermediates in a well-ordered pathway (24–26). It also is consistent with the finding of individual native-like intermediates in many other proteins. However, other experimental studies have been interpreted in terms of more complex models. Those studies have depended mainly on spectroscopic measurements that provide little structural information and therefore are subject to ambiguity; prominent suggestions are that proteins may fold through many alternative intermediates, or through none at all, and that observed intermediates are nonnative and therefore nonproductive, or even obstructive.

In respect to the suggestion that proteins may fold through a number of alternative, independent, parallel routes, we have shown that the kinetic complexity observed in such spectroscopic studies can be explained with fewer fitting factors and equivalent or better χ^2 fit by a single pathway in which a probabilistic barrier insertion affects some fraction of the population and not another (26, 27). Given only kinetic phase data and no structural information, it is not possible to distinguish a multiple pathway interpretation from a single pathway with an optional barrier that slows one population fraction and not another (26, 27).

Many small proteins are known to fold in an apparent two-state manner without observable intermediates. Folding intermediates, however, will be kinetically visible only under certain limited conditions. They must occupy a free-energy well that is relatively low compared with all prior wells and be blocked by a forward barrier that is sufficiently high relative to all prior barriers. Otherwise, intermediates will not accumulate noticeably even when they are present and important. In general, small proteins can be expected to

Fig. 5. RNase H folding pathway. (A) RNase H foldon units. (B) The macroscopic folding reaction is well represented by a conventional free energy diagram.

fold in a two-state manner either because they tend to avoid barrier insertion or may be smaller than two foldons.

The requirement that the population of an intermediate depends on a subsequent large barrier has led to the idea that folding intermediates may be obstructive because visible intermediates and slowed folding go together. Rather it is the barrier, whether optional or intrinsic, that slows folding and correlates it with the population of an otherwise invisible intermediate. In the present experiments, the ability to distinguish and characterize RNase H folding intermediates depended on the presence of barriers between each of the folding steps. However, it seems clear that the sequential intermediates observed are on-pathway and constructive.

Do nonnative interactions imply that an intermediate is non-obligatory and off-pathway? Alternatively, the intermediate is on-pathway and productive but in addition has some nonnative character, which may or may not tend to slow folding. In a partly folded intermediate, energy-minimizing nonnative interactions can be expected (28) and have been seen in intermediates that are clearly on-pathway and constructive (29–33).

In summary, although a quantity of ambiguous protein folding data has led to different interpretations, it appears that the great majority of experimental protein-folding observations can be understood in terms of the reaction scheme in Fig. 5B.

Theoretical Studies. In 1992 Zwanzig et al. (34) showed that, in principle, protein folding need not require any particular pathway. A small energetic bias toward native-like interactions would allow the native state to be found quickly through multiple independent routes. The formulation was phrased in terms of native-centric selectivity at the amino acid level. Theoretical studies before and since, focused at the amino acid level, naturally emphasize the role of an ensemble of microscopically diverse structures, but this diversity is not at odds with higher-level, more deliberate pathway behavior. It now appears that distributed residue-level searching does not lead directly to the native protein but rather functions to construct distinct native-like foldon elements. Here the Levinthal paradox (35) is reduced to a manageable problem, because a random search for a small foldon can be accomplished rapidly. This microscopic behavior is out of the reach of macroscopic experiment. One must look forward to the promise of theoretical approaches for ultimately providing a deep understanding of protein folding from this basic level and up. The present work contributes to this effort by showing that a well-ordered pathway assembles native-like foldons to form structural intermediates and the native protein.

Physically based computational folding simulations can, in principle, discern folding mechanisms from the fundamental residue-level steps and up, but severe challenges exist. These include the immense computer power required to reach the time scale at which foldon behavior emerges, the great accuracy required for the force fields used, and the need for a method that can extract a descriptive trace of the progression of the folding reaction. Recent advances in molecular dynamics trajectory analysis have transcended these limitations in part, bridged the divide between the micro- and macroscopic views of protein folding, and demonstrated that thermally driven amino acid-level searching leads to the native structure through the formation of native-like structural elements and their sequential incorporation in repeatable folding pathways (36–38). A recent approach explicitly uses foldon conservation and sequential stabilization in an iterative search strategy (39). Some other theoretical efforts lead in this same direction (40). These scenarios closely resemble the reaction scheme in Fig. 5B. Other funnel and network models are conceptually different but are not inconsistent with this conclusion (41–46).

Principles of Protein Folding. The results and considerations described here support a determinate mechanism for protein folding and its generality. Two straightforward biophysical principles appear to explain this behavior.

The first is the inherent cooperativity of protein structural units. The unfolding and refolding of cooperative foldon units and their role in forming intermediates and pathways has been detected, in greater or lesser detail, in many proteins by HX methods (23–25, 29, 47–55), by sulfhydryl labeling (56, 57), by relaxation dispersion NMR (58), and in theoretical simulations (36–38). The inherent cooperativity of native-like foldon units predisposes them rather than other fractional elements to account for the unit steps in protein folding and thus dictates the stepwise formation and native-like nature of pathway intermediates.

The second principle orders the pathway and determines its sequential nature. In the initial on-pathway step, a limited structural unit is assembled by a relatively unguided amino acid search (59), which makes the first on-pathway step the intrinsically slow step. In subsequent steps in which amino acid searching can be informed by existing structure, a faster assisted folding mode emerges called “sequential stabilization” (25, 60). Like the process of coupled folding upon binding (61–64), the prior structure will selectively guide and stabilize the units with which it interacts in the native protein. When prior structure can support more than one incoming foldon, the sequential stabilization principle can lead to pathway branching (65).

Simple considerations dictate that the ordered pathway buildup of native structure observed here must depend on the summed free energy of multiple native-like interactions acting together to select each correct step among the many competing alternatives. It seems likely that the concurrent interfoldon interactions produced by the two factors just considered could provide the required degree of selectivity, whereas individual residue-level interactions would not. When the bias toward native interactions is insufficient, probabilistic misfolding is likely to occur (25).

Materials and Methods

Protein. The version of *E. coli* RNase H [Protein Data Bank (PDB) ID: 1F21] used here is the wild-type protein with its three cysteines changed to alanine. It was expressed and purified as described previously (66).

Kinetic Folding and Pulse Labeling. Previously described methods (10–12) were used to obtain the many peptide fragments studied here. Of these, 156 unique peptides (203 with different charge states) were found to pass the ExMS autocheck tests (no operator intervention) and were used in the timed 9-ms to 3-s folding experiments. The HX MS experiment is diagrammed in Fig. 2 and detailed in *SI Appendix*.

Sample Analysis. The selectively H/D-labeled reaction mixture flowed into a home-built cooled chamber containing an online flow analysis system (low pH, 0 °C) in which the protein sample was proteolyzed (immobilized tandem pepsin and fungal protease columns), caught on a trap column, washed, eluted, roughly separated (HPLC column, acetone, acetonitrile gradient), and continuously electrosprayed into the mass spectrometer for a second dimension of separation by mass (~1,000 MS spectra). Previous papers describe methods for obtaining and analyzing many fragments (10) and for minimizing back exchange of the D-label during sample preparation (11).

Mass spectra were processed by the home-written ExMS program (12) to identify and characterize all of the individual peptide isotopic peaks and envelopes and to read out the placement of protecting structure and the time course for its formation during refolding. To quantify folded (HX-protected) and not-yet folded populations present during the H–D exchange-labeling pulse, bimodal MS envelopes were fit by a home-written program (HDpop), using binomial fitting with appropriate weighting. To obtain H–D labeling information at amino acid resolution, MS results for many overlapping peptides were analyzed using in-house software (HDsite).

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