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Urinary Phenylacetylglutamine as Dosing Biomarker for Patients with Urea Cycle Disorders

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Abstract

We have analyzed pharmacokinetic data for glycerol phenylbutyrate (also GT4P or HPN-100) and sodium phenylbutyrate with respect to possible dosing biomarkers in patients with urea cycle disorders (UCD).

Study Design—These analyses are based on over 3000 urine and plasma data points from 54 adult and 11 pediatric UCD patients (ages 6–17) who participated in three clinical studies comparing ammonia control and pharmacokinetics during steady state treatment with glycerol phenylbutyrate or sodium phenylbutyrate. All patients received phenylbutyric acid equivalent doses of glycerol phenylbutyrate or sodium phenylbutyrate in a cross over fashion and underwent 24-hour blood samples and urine sampling for phenylbutyric acid, phenylacetic acid and phenylacetylglutamine.

Results—Patients received phenylbutyric acid equivalent doses of glycerol phenylbutyrate ranging from 1.5–31.8 g/day and of sodium phenylbutyrate ranging from 1.3–31.7 g/day. Plasma metabolite levels varied widely, with average fluctuation indices ranging from 1979% –5690% for phenylbutyric acid, 843% to 3931% for phenylacetic acid, and 881% -to 1434% for phenylacetylglutamine. Mean percent recovery of phenylbutyric acid as urinary phenylacetylglutamine was 66.4 and 69.0 for pediatric patients and 68.7 and 71.4 for adult patients on glycerol phenylbutyrate and sodium phenylbutyrate, respectively. The correlation with dose was strongest for urinary phenylacetylglutamine excretion, either as morning spot urine ($r=0.730$, $p<0.001$) or as total 24-hour excretion ($r=0.791$ $p<0.001$), followed by plasma phenylacetylglutamine AUC_{24-hour}, plasma phenylacetic acid AUC_{24-hour} and phenylbutyric acid AUC_{24-hour}. Plasma phenylacetic acid levels in adult and pediatric patients did not show a consistent relationship with either urinary phenylacetylglutamine or ammonia control.

Conclusion—The findings are collectively consistent with substantial yet variable pre-systemic (1st pass) conversion of phenylbutyric acid to phenylacetic acid and/or phenylacetylglutamine. The variability of blood metabolite levels during the day, their weaker correlation with dose, the need for multiple blood samples to capture trough and peak, and the inconsistency between phenylacetic acid and urinary phenylacetylglutamine as a marker of waste nitrogen scavenging limit the utility of plasma levels for therapeutic monitoring. By contrast, 24-hour urinary phenylacetylglutamine and morning spot urine phenylacetylglutamine correlate strongly with dose and appear to be clinically useful non-invasive biomarkers for compliance and therapeutic monitoring.

INTRODUCTION

Urea Cycle Disorders (UCDs), which include several inherited enzyme and transporter deficiencies, result in the accumulation of toxic levels of ammonia in the blood and brain and can present in the neonatal period or later in life depending on the severity and type of defect (1–3). Control of hyperammonemia, the major cause of morbidity and mortality in UCD patients, is a major objective of treatment (4–5).

UCD patients whose symptoms are not adequately controlled with diet alone are generally treated with alternate pathway drugs such as sodium phenylbutyrate, which is approved in the US (trade name: BUPHENYL[®]) (sodium phenylbutyrate) Powder and Tablets) and Europe (trade name: AMMONAPS[®]) for the chronic treatment of UCDs and lowers ammonia by enhancing excretion of waste nitrogen in the form of phenylacetylglutamine. Although sodium phenylbutyrate has been used for the treatment of UCDs since at least 1979, comparatively little information is available to guide physicians regarding its optimal dosing (6–8).

Blood ammonia is routinely evaluated; however, ammonia values vary up to 10-fold over the course of a day, even in well controlled patients, a fact which limits the use of random blood ammonia for dose adjustment (9, 10). The major metabolites of sodium phenylbutyrate and glycerol phenylbutyrate metabolites, phenylbutyric acid, phenylacetic acid and phenylacetylglutamine, all have comparatively short circulating half lives and vary many-fold during the day (9, 10). For example, in a study of pediatric UCD patients with three times daily dosing of sodium phenylbutyrate or glycerol phenylbutyrate, daily plasma phenylacetic acid values ranged from <1 to 148 ug/mL on sodium phenylbutyrate and <1 to 244 ug/mL on glycerol phenylbutyrate (10).

Moreover, in adult UCD patients, Lee et al have reported differences in systemic exposure to PBA (plasma PBA AUC_{0–24 hour} of 740 vs 540 ug* h/mL) despite nearly identical urinary recovery of the administered dose of PBA as PAGN (54%) after sodium phenylbutyrate and glycerol phenylbutyrate treatment (9). A similar disparity between systemic exposure and urinary recovery of administered dose of PBA as sodium phenylbutyrate and glycerol phenylbutyrate has also been reported in pediatric UCD patients (10). These findings suggest that metabolite blood levels may not fully reflect waste nitrogen removal and exhibit variability which limits their utility for therapeutic monitoring.

Glycerol phenylbutyrate is an investigational agent being developed for UCDs. It has the same mechanism of action as sodium phenylbutyrate, except that, unlike sodium phenylbutyrate which is a salt, glycerol phenylbutyrate is a short chain triglyceride consisting of 3 molecules of phenylbutyric acid attached to glycerol in ester linkage that contains no sodium and is hydrolyzed in the small intestine by pancreatic lipases to release phenylbutyric acid (8, 9, 11). Upon absorption, phenylbutyric acid is converted via β -oxidation to phenylacetic acid, which is conjugated with L-glutamine by phenylacetyl CoA: L glutamine N acetyltransferase found in primates liver and kidney to form PAGN to form

phenylacetylglutamine, which is excreted in the urine and mediates excretion of waste nitrogen (13,14). The glycerol phenylbutyrate clinical trials, for which sodium phenylbutyrate has served as the approved comparator, have afforded the opportunity to systematically evaluate the clinical utility of blood and urine metabolites as dosing biomarkers.

MATERIALS AND METHODS

Study Design and Treatments

Clinical Studies—Pharmacokinetic data from 3 switch over studies in UCD patients are presented in these analyses. Patients received exclusively sodium phenylbutyrate or the equivalent dose of glycerol phenylbutyrate during each period. Studies UP1204-003 and HPN-100-005 were open-label, fixed sequence switchover studies completed by 10 adult and 11 pediatric (6–17yr) UCD patients, respectively. Study HPN-100-006 was a pivotal, randomized, active-controlled, cross-over study completed by 44 adult UCD patients and designed to establish the non-inferiority of glycerol phenylbutyrate to sodium phenylbutyrate as assessed by venous ammonia. In all three studies, patients were on a stable dose of sodium phenylbutyrate and were clinically controlled at entry. Patients received sodium phenylbutyrate or an equivalent dose of glycerol phenylbutyrate divided into 3 daily doses taken with meals for 7–14 days, sufficient to reach steady state (9, 10, 11, 12). At the end of each period, in a controlled clinical setting, serial blood samples (8 to 11 samples) for measurement of ammonia and drug metabolites were obtained as well as urine samples for measurement of phenylbutyric acid, phenylacetic acid and phenylacetylglutamine. The similarity of study design and measurements allows pooling of the data across all three studies.

Biochemical Analyses—Sodium phenylbutyrate and glycerol phenylbutyrate metabolites including phenylbutyric acid, phenylacetic acid, and phenylacetylglutamine were measured by a validated liquid chromatography tandem mass spectrometry method whereby data were acquired and processed (integrated) using Analyst (version 1.4) (Applied Biosystems, Inc.) and the peak area information analyzed in relation to separate standard curves for phenylbutyric acid, phenylacetic acid, and phenylacetylglutamine at the bioanalytical laboratory, Quest Pharma Services (9, 10, 12, 15). Although other metabolites of phenylbutyric acid such as phenylbutyrylglutamine or phenylacetylglutamine have been reported in humans (16), these metabolites were not detected in plasma samples and accounted for less than 1% of the administered doses of phenylbutyric acid in adult UCD patients (9) and, therefore, were not evaluated in the present study. Venous ammonia was measured by the accredited hospital laboratory at each site.

Pharmacokinetic and Ammonia Sampling—Blood samples for analysis of venous ammonia, phenylbutyric acid, phenylacetic acid and phenylacetylglutamine (major glycerol phenylbutyrate and sodium phenylbutyrate metabolites) were collected on the last day of dosing with either sodium phenylbutyrate or glycerol phenylbutyrate at various time points that included 0, 30 min, and 1, 2, 4, 5, 6, 8, 12, 16, 20 and 24 hours post-first dose. The number and timing of blood samples varied per study, however, times 0, 4, 8, 12 and 24 hours after the first daily dose were common between all 3 studies and time points 0, 2, 4, 8, 12, 16, 20 and 24 hours were common between at least 2 studies. Lunch and dinner typically were eaten after the 4 and 8 hour collections, respectively. Urine was collected in aliquots of 0–12 hours (beginning with the first dose of the day) and 12–24 hours.

Pharmacokinetic Analyses—Pharmacokinetic parameters of phenylbutyric acid, phenylacetic acid and phenylacetyl glutamine in plasma and urine were calculated using a

validated version of WinNonlin® Enterprise (Version 5.2). Statistical analyses were performed using WinNonlin v.5.2 (LinMix Module). Plasma PK parameters, including mean and coefficient of variation (standard deviation [SD], expressed as a percentage of the mean), were calculated using actual time-concentration profiles for each subject and included the following: Area under the concentration versus time curve from time 0 (pre-dose) to 24 hours (AUC_{0-24}), was calculated using the linear trapezoid rule, maximum plasma concentration at steady state (C_{maxss}), and minimum plasma concentration at steady state (C_{minss}) among other PK parameters. However, for practical purposes in this analysis, trough plasma levels were defined as plasma levels obtained at the 24-hour time point after observed overnight fasting. Peak plasma levels were defined as plasma levels at 12-hour time points, which is approximately 2 hours after dinner and the third and last daily dose of study drug. The amount of PAGN excreted in urine over 24 hours was calculated by multiplying urine volume with urinary concentrations. The fluctuation between maximum and minimum plasma concentrations of plasma metabolites (PBA, PAA and PAGN) was assessed for each subject using the following formula

$$[\%fluctuation = (C_{maxss} - C_{min}) / C_{min} \times 100].$$

Statistical Analyses

The correlation of total dose of sodium phenylbutyrate or glycerol phenylbutyrate with urine and plasma metabolites using the Spearman rank-order correlation was performed. Data were summarized using descriptive statistics and presented by treatment group and overall (i.e., data from both treatment groups). The administered dose was correlated with plasma AUC_{0-24} , peak (12-hour time point) and trough (24-hour time point) levels of ammonia, phenylbutyric acid, phenylacetic acid and phenylacetyl glutamine and with morning concentration of phenylacetyl glutamine in urine as well as 24-hour excretion of phenylacetyl glutamine as the major urinary metabolite.

RESULTS

Analysis Data Set

A total of 65 UCD patients, including 11 pediatric patients ages 6–17, were enrolled. The majority of patients were female and OTC subtype. Each patient received an equivalent amount of sodium phenylbutyrate or glycerol phenylbutyrate; the dose of glycerol phenylbutyrate was calculated based on each patient's prescribed dose of sodium phenylbutyrate at the time of enrollment, which ranged from 197 – 476 mg/kg with a mean of 321 mg/kg. Pediatric patients received slightly lower total doses as compared to adults (Table 1).

Correlates of Drug Dose with Metabolites and Ammonia

Table 2 summarizes the PK parameters in all studies. Plasma metabolites varied several fold during the day and showed a high degree of variability with fluctuation indices, a measure of difference between minimum and maximum concentration at steady state, ranging from approximately 800% to more than 5000%. The fluctuation index was highest with the parent metabolite phenylbutyric acid (5690% in pediatric patients receiving glycerol phenylbutyrate) and lowest with the terminal metabolite phenylacetylglutamine (881% in adult patients receiving glycerol phenylbutyrate). With the exception of phenylbutyric acid in pediatric patients, fluctuation indices tended to be smaller after glycerol phenylbutyrate administration than sodium phenylbutyrate. Total plasma exposure ($AUC_{24-hour}$) and maximum exposure (C_{max}) were lower in adult patients following glycerol phenylbutyrate treatment than sodium phenylbutyrate, while in pediatric patients it was slightly higher following glycerol phenylbutyrate treatments for all metabolites. However, the minimum concentrations (C_{min}) of all metabolites were consistently higher after glycerol

phenylbutyrate treatment than sodium phenylbutyrate in either adults or pediatric patients. The 24-hour excretion of urinary phenylacetylglutamine ranged from 11 to 14 grams and was similar between the two drugs and in adults and pediatric populations. The percent recovery of the administered dose of phenylbutyric acid as urinary phenylacetylglutamine was also similar between the two drugs, with a mean of 66.4% and 69.0% in pediatrics to 68.7% and 71.4% in adults for glycerol phenylbutyrate and sodium phenylbutyrate respectively (Table 2). The total administered dose correlated positively with urinary phenylacetylglutamine (Figure 1) as well as with blood metabolites (Table 3). While many correlations achieved statistical significance, the strongest correlations for the dose of either glycerol phenylbutyrate or sodium phenylbutyrate were observed for 24-hour excretion of urinary phenylacetylglutamine ($r = 0.795$; $p < 0.001$ and $r = 0.800$; $p < 0.001$, Spearman rank order, respectively) followed by plasma phenylacetylglutamine, plasma phenylacetic acid, and plasma phenylbutyric acid assessed as AUC_{0-24} or, generally less strongly, as peak (12-hour time point) or trough (24-hour time point). The total dose also correlated positively and significantly with concentration of urinary phenylacetylglutamine on spot urine.

There was a weak and mostly positive correlation between blood ammonia and metabolite levels (Table 4). Although some achieved statistical significance, (phenylacetic acid $AUC_{24\text{-hour}}$ ($r=0.238$ $p=0.008$), the correlations appeared inconsistent and weak with correlation coefficients ranging from -0.004 to 0.236 (Table 4).

DISCUSSION

Twenty-four hour pharmacokinetic profiles of 65 UCD patients receiving both sodium phenylbutyrate and glycerol phenylbutyrate for treatment of their UCD in 3 cross over studies have been analyzed in relation to total exposure to plasma metabolites, urinary excretion of terminal metabolites and correlation of plasma and urine metabolites with the administered dose. Plasma metabolite concentrations vary greatly during the day after TID dosing with either sodium phenylbutyrate or glycerol phenylbutyrate. There was high inter- and intra-subject variability noted in plasma metabolite levels. The high inter-subject variability is explained in part by a wide range of doses that the study population received. However, the intra-subject variability, as reflected in the high fluctuation indices, is explained by the short metabolite half-life and limits the utility of random measurement of plasma metabolite. Thus, the correlation of dose administered with plasma metabolites is most reliable when measured as 24-hour AUC.

Contrary to what might be expected, plasma concentration of the parent compound, phenylbutyric acid, shows the weakest correlation with dose, while plasma concentration of the terminal metabolite, phenylacetylglutamine, shows the strongest correlation. A similar pattern is observed when peak or trough plasma levels are correlated with the dose. The correlation of urinary phenylacetylglutamine excretion with the administered dose is both the strongest and most consistent. Similarly, the weak and mainly positive correlation between blood ammonia, a measure of pharmacodynamic (PD) effects of administered dose, and plasma metabolite levels likely reflects a 'dose-to-effect' phenomenon. The dosing of UCD patients is highly individualized and tailored to reflect the severity of each patient's deficiency in urea synthesis and nutritional requirements.

Therefore, severely affected patients or patients with higher protein requirements such as pediatric patients may have higher levels of blood ammonia and, hence, higher drug requirements, leading to higher levels of plasma metabolites. This is in contrast to the conventional PK/PD inverse relationship whereby higher metabolite levels typically are associated with lower PD markers (e.g., lower blood pressure with higher antihypertensive drug dose).

These findings pertaining to the relative strength of the correction of metabolites with dose (urinary phenylacetylglutamine > plasma phenylacetylglutamine > plasma phenylacetic acid > plasma phenylbutyric acid) are likely explained by the unusual pharmacology of these drugs and consistent with the interpretation that a variable fraction of phenylbutyric acid absorbed from the gastrointestinal tract is converted to phenylacetic acid and/or phenylacetylglutamine prior to reaching the systemic circulation, presumably via pre-systemic or first pass metabolism (Figure 2). Enterocytes and hepatocytes, which are exposed to phenylbutyric acid prior to its reaching the systemic circulation, are both enzymatically equipped for beta oxidation and, hence, conversion of phenylbutyric acid to phenylacetic acid (17). Hepatocytes (as well as kidney) are enzymatically equipped to conjugate phenylacetic acid with glutamine to form phenylacetylglutamine (18). Therefore, enterocytes and hepatocytes presumably constitute the pre-systemic compartment in which phenylbutyric acid exerts its nitrogen scavenging activity, at least in part, through formation of phenylacetylglutamine prior to its reaching the systemic circulation. This mechanistic interpretation is supported by population PK modeling of several thousand data points (15). By contrast, most phenylacetylglutamine presumably must pass through the systemic circulation in order to reach the kidneys for excretion, although it is possible that some intrarenal conversion of phenylacetic acid to phenylacetylglutamine may occur (18), whereas phenylacetic acid exhibits intermediate behaviour (Figure 2).

Based on the present findings a single plasma metabolite level, peak or trough, is unlikely to reliably reflect either the dose or drug administered or drug effect. In contrast, urinary phenylacetylglutamine, either collected over 24-hour or as a single morning spot sample after a period of fasting, correlates strongly with dose. While measurement of phenylacetic acid, which has been reported to be associated with reversible toxicity when administered IV to cancer patients (19, 20), may be useful for safety monitoring, the considerable variability of blood metabolite levels, their weaker correlation with dose, as well as practical considerations, limit their utility for therapeutic and compliance monitoring.

By contrast, either 24-hour urinary phenylacetylglutamine or morning spot urine phenylacetylglutamine appear to be clinically useful non-invasive biomarkers for monitoring compliance and the need for dose adjustment. However, unlike the conclusions reached by Brusilow in his pioneering work exploring phenylacetylglutamine as an alternative to urea for excretion of waste nitrogen, phenylbutyric acid is not completely, or nearly so converted to urinary phenylacetylglutamine (7, 8). Rather, the conversion of orally administered phenylbutyric acid, either as sodium phenylbutyrate or glycerol phenylbutyrate, to urinary phenylacetylglutamine is variable among patients and averages between 60 and 75% in both pediatric and adult patients. Thus, quantitative assessment of how effectively a given patient utilizes his or her dose of drug for purposes of waste nitrogen excretion should not be based on administered dose, but rather on measurement of urinary phenylacetylglutamine output.

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List of Abbreviations

ASL	argininosuccinate lyase deficiency
ASS	argininosuccinate synthetase deficiency
AUC₀₋₂₄	24 hour area under the curve
CV%	coefficient of variation
DSMB	Data Safety and Monitoring Board
GPB	glycerol phenylbutyrate (generic name for glyceryl tri (4-phenylbutyrate), also referred to as HPN-100)
ITT	intention to treat
NaPBA	sodium phenylbutyrate
NH₃24-hour AUC	ammonia 24-hour area under the curve
OTC	ornithine transcarbamylase deficiency
PAA	phenylacetic acid
PAGN	phenylacetylglutamine
PBA	phenylbutyric acid
PK	pharmacokinetic
UCD	urea cycle disorder
ULN	upper limit of normal
U-PAGN_{24-hour Excr}	PAGN excreted in urine over 24 hours

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Highlights

- Relation of administered dose of phenylbutyrate compounds and plasma and urinary metabolites is described
- First pass mechanism and degrees of absorption of phenylbutyrate compounds is discussed
- The variability of plasma metabolites levels is discussed
- Urinary PAGN is discussed as a practical biomarker for dose adjustment and assessing compliance

Figure 1.

Urinary phenylacetylglutamine excretion versus total dose of glycerol phenylbutyrate or sodium phenylbutyrate administered. A strong correlation was observed between 24-hour urinary phenylacetylglutamine (PAGN) excretion and total daily administered dose of either glycerol phenylbutyrate (GPB) ($r=0.821$ $p<0.001$) or sodium phenylbutyrate ($r=0.788$; $p<0.001$). Depicted are the data from 3 controlled studies of glycerol phenylbutyrate (GPB) vs. sodium phenylbutyrate (NaPBA) in UCD patients ages 6 and above. Black circles represent GPB and red squares represent NaPBA. Urinary PAGN is expressed as total micrograms of phenylacetylglutamine excretion over 24 -hour. Dose is expressed as total grams of PBA delivered orally either as GPB or NaPBA.

Figure 2.

Presystemic and systemic metabolism of glycerol phenylbutyrate and sodium phenylbutyrate. Unlike most other drugs which need to reach the systemic circulation to exert their effect, PBA delivered either as GPB or NaPBA does not need to reach the systemic circulation to mediate urinary excretion of waste nitrogen in the form of PAGN. Rather, phenylbutyric acid (PBA) released by dissolution of sodium phenylbutyrate (NaPBA) or by pancreatic lipases via hydrolysis of glycerol phenylbutyrate (GPB) undergoes partial pre-systemic (1st pass) metabolism to phenylacetic acid (PAA) and/or phenylacetylglutamine (PAGN) in enterocytes and/or hepatocytes. Patient to patient variability in the degree of 1st pass metabolism accounts for differences in systemic exposure to PBA, PAA, and PAGN despite similar urinary recovery of PAGN. The kidney is also enzymatically equipped to conjugate PAA with PAGN to form PAGN.

Table 1

Patient Demographics

Demographic Characteristics (Safety Population)		UP 1204-003 (N = 14)	HPN-100-006 (N = 45)	HPN-100-005 (N = 11)
Sex, N (%)	Male	5 (35.7)	14 (31.1)	1 (9.1)
	Female	9 (64.3)	31 (68.9)	10 (90.9)
Age (years) at screening visit	Mean (SD)	35.71 (16.3)	32.73 (13.5)	10.18 (3.9)
	Median	30.00	28.00	10.00
UCD Subtype N (%)	OTC	12 (85.7)	40 (88.9)	9 (81.8)
	CPS 1	0	2 (4.4)	0
	ARG	0	–	0
	ASS	1 (7.1)	3 (6.7)	1 (9.1)
	ASL	0	–	1 (9.1)
	HHH	1 (7.1)	–	0
Daily dose of NaPBA (g)	Mean (SD)	13.49 (6.075)	14.54 (6.808)	12.41 (4.392)
	Median	12.78	15.00	10.50
Duration of NaPBA Treatment (mo)	Mean (SD)	97.89 (88.4)	128.57 (97.4)	74.68 (48.2)
	Median	84.00	120.00	76.0
Dose during study (grams of PBA/day) Mean (SD)	NaPBA	12.22 (4.048)	12.33 (5.582)	10.90 (3.858)
	GPB	12.36 (3.917)	12.50 (5.529)	11.10 (3.805)

ARG = arginase deficiency; ASS = argininosuccinate synthetase deficiency; ASL = argininosuccinate lyase deficiency; CPS = carbamyl phosphate synthetase deficiency; HHH = ornithine translocase deficiency; OTC = ornithine transcarbamylase deficiency; SD = standard deviation; UCD = urea cycle disorder; GPB= Glycerol Phenylbutyrate, NaPBA = sodium phenylbutyrate (BUPHENYL®); HA = Hyperammonemic Crisis.

Table 2

Pharmacokinetics of Glycerol Phenylbutyrate (GPB) or Sodium Phenylbutyrate (NaPBA) in Adult and Pediatric Patients with UCDS

PK Variable	Study UP 1204-003 Adult Patients (N = 10)		Study HPN-100-006 Adult Patients (N = 44)		Study HPN-100-005 Pediatric Patients (N = 11)	
	GPB	NaPBA	GPB	NaPBA	GPB	NaPBA
Plasma PBA - Mean (%CV)						
AUC ₀₋₂₄ (μg h/mL)	540 (60)	739 (49)	433 (77)	508 (73)	631 (45)	236 (105)
C _{max-ss} (μg/mL)	70.1 (65)	141 (44)	51.9 (67)	80.9 (65)	95.6 (42)	37.4 (102)
C _{min-ss} (μg/mL)	2.87 (265)	0.59 (255)	1.44 (201)	0.09 (392)	1.50 (100)	0.37 (171)
% Fluctuation	3016 (107)	4864 (70)	2582 (85)	3579 (114)	5690 (57)	1979 (124)
Plasma PAA - Mean (%CV)						
AUC ₀₋₂₄ (μg h/mL)	574.6 (169)	595.6 (124)	447 (130)	599 (92)	964 (64)	773 (73)
C _{max-ss} (μg/mL)	40.5 (148)	53.0 (95)	38.5 (103)	52.2 (80)	90.5 (69)	75.1 (64)
C _{min-ss} (μg/mL)	7.06 (311)	3.56 (194)	2.11 (381)	0.903 (378)	2.99 (122)	0.674 (131)
% Fluctuation	843 (72)	956 (62)	1368 (92)	2150 (103)	3483 (53)	3931 (85)
Plasma PAGN - Mean (%CV)						
AUC ₀₋₂₄ (μg h/mL)	1098 (44)	1133 (31)	1127 (62)	1252 (57)	1378 (40)	1015 (45)
C _{max-ss} (μg/mL)	71.9 (56)	83.3 (26)	78.6 (56)	86.8 (52)	105 (34)	74.8 (37)
C _{min-ss} (μg/mL)	12.1 (134)	16.8 (86)	15.1 (138)	9.09 (155)	13.1 (65)	4.6 (66)
% Fluctuation	1145 (85)	952 (120)	881 (74)	1434 (58)	1001 (85)	1917 (55)
U-PAGN 0-24 hour Excretion- Mean (%CV)						
Ae (g)	10.8 (25)	12.2 (48)	13.5 (52)	13.6 (52)	12.5 (56.9)	12.5 (51)
Fe % dose	NA	NA	68.7 (25)	71.4 (26)	66.4 (24)	69.0 (24)

Ae = amount excreted after dose; AUC = area under the concentration versus time curve; CL/F = apparent clearance; C_{max} = maximum plasma concentration at a steady state; Fe = fraction excreted in urine; GPB = glycerol phenylbutyrate; min = minimum; NA = not available; NaPBA = sodium phenylbutyrate; PAA = phenylacetic acid; PAGN = phenylacetylglutamine; PBA = phenylbutyric acid; PK = pharmacokinetic; SD = standard deviation; SS = steady state; T_{max} = time maximum plasma concentration; UCD = urea cycle disorder; U-PAGN = urinary phenylacetylglutamine.

Table 3
Correlation of Total Dose with Glycerol Phenylbutyrate (GPB) or Sodium Phenylbutyrate (NaPBA) Metabolites

Metabolite	Variable	GPB (N = 65)		NaPBA (N = 65)		Overall (N = 130)	
		Coefficient (r) ^a	p-value ^a	Coefficient (r) ^a	p-value ^a	Coefficient (r) ^a	p-value ^a
U-PAGN Excretion	0–24 h	0.795	< 0.001	0.800	< 0.001	0.791	< 0.001
	0–12 h	0.683	< 0.001	0.731	< 0.001	0.685	< 0.001
	12–24 h	0.738	< 0.001	0.780	< 0.001	0.747	< 0.001
Plasma PAGN	AUC _{0–24}	0.709	< 0.001	0.731	< 0.001	0.716	< 0.001
	24 h (trough)	0.791	< 0.001	0.640	< 0.001	0.699	< 0.001
	12 h (peak)	0.524	< 0.001	0.629	< 0.001	0.559	< 0.001
Plasma PAA	AUC _{0–24}	0.516	< 0.001	0.579	< 0.001	0.535	< 0.001
	24 h (trough)	0.442	< 0.001	0.117	0.376	0.406	< 0.001
	12 h (peak)	0.442	< 0.001	0.532	< 0.001	0.482	< 0.001
Plasma PBA	AUC _{0–24}	0.474	< 0.001	0.602	< 0.001	0.534	< 0.001
	24 h (trough)	0.520	< 0.001	–0.031	0.816	0.285	0.002
	12 h (peak)	0.524	< 0.001	0.629	< 0.001	0.559	< 0.001

AUC_{0–24} = area under the concentration from time 0 (pre-dose) to 24 hours, C_{max} = maximum plasma concentration, C_{min} = minimum plasma concentration, PAA = phenylacetic acid, PAGN = phenylacetylglutamine, PBA = phenylbutyric acid, U-PAGN = urinary phenylacetylglutamine, GPB = glycerol phenylbutyrate, NaPBA = sodium phenylbutyrate.

^aCorrelation obtained using the Spearman rank-order correlation.

Table 4
Correlation of Blood Ammonia with Glycerol Phenylbutyrate (GPB) or Sodium Phenylbutyrate (NaPBA) Metabolites

Metabolite	Variable	GPB (N=65)		NaPBA (N=65)		Overall (N=130)	
		Coefficient (r) ^a	p-value ^a	Coefficient (r) ^a	p-value ^a	Coefficient (r) ^a	p-value ^a
U-PAGN Excretion	0-24 h	0.088	0.485	0.183	0.144	0.141	0.109
	0-12 h	0.278	0.025	0.122	0.333	0.204	0.020
	12-24 h	-0.045	0.719	0.197	0.115	0.068	0.445
Plasma PAGN	AUC ₀₋₂₄	-0.087	0.497	0.138	0.277	0.028	0.759
	24 h (trough)	-0.097	0.444	0.037	0.774	-0.042	0.634
	12 h (peak)	-0.036	0.783	0.127	0.315	0.050	0.580
Plasma PAA	AUC ₀₋₂₄	0.129	0.317	0.340	0.007	0.236	0.008
	24 h (trough)	-0.078	0.553	0.154	0.244	0.011	0.904
	12 h (peak)	0.172	0.182	0.251	0.044	0.228	0.010
Plasma PBA	AUC ₀₋₂₄	0.040	0.756	0.227	0.074	0.131	0.142
	24 h (trough)	-0.082	0.535	0.173	0.195	0.011	0.903
	12 h (peak)	-0.037	0.775	0.005	0.970	-0.004	0.962

PAA = phenylacetic acid, PAGN = phenylacetylglutamine, PBA = phenylbutyric acid, U-PAGN = urinary phenylacetylglutamine, GPB = glycerol phenylbutyrate, NaPBA = sodium phenylbutyrate.

^aCorrelation obtained using the Spearman rank-order correlation.