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Editorial

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ISRNM

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15th ICRNM 2010

Dear JREN Reader,

It is our great pleasure to invite you to participate in the upcoming 15th International Congress on Nutrition and Metabolism (ICRNM) in Lausanne, Switzerland, in May 25th – 28th 2010 (www.isrnm-lausanne2010.org). Building on the extraordinary success achieved in 14th ICRNM in Marseilles in 2008 with more than 500 attendees and 200 abstracts, we are confident that the forthcoming Congress will be even more scientifically rewarding.

This particular meeting is one of the most important scientific activities of the International Society of Renal Nutrition and Metabolism (ISRNM). It is dedicated to disseminating the latest scientific advances in the field of nutrition and metabolism as they relate to patients with chronic kidney disease (CKD). The local Organizing Committee in Lausanne, lead by Dr. Teta and colleagues, has made significant efforts to assemble an outstanding scientific program which will include 15 scientific sessions, 8 symposia, 6 free communication sessions, 2 poster sessions and one multidisciplinary workshop. These scientific sessions will cover a wide range of contemporary topics, including but not limited to prevention and early treatment of protein-energy wasting, management of anorexia in patients on maintenance dialysis, inflammation and insulin resistance as emerging metabolic derangements in CKD, new developments in calcium and phosphate metabolism and dyslipidaemia in chronic kidney disease. In addition, this Congress will focus on specific nutritional issues that have not been covered in detail previously but are of great relevance to CKD patients such as vitamins and trace elements in kidney disease, the role of salt intake in hypertension, the significance of uric acid in diabetic nephropathy and nutritional management of nephrolithiasis. Dedicated scientific sessions are planned for peritoneal dialysis, metabolic nutritional considerations in transplantation and effects of dialysis techniques and kidney transplantation on growth and metabolism in children. Finally, obesity and the role adipokines in kidney diseases will be discussed in depth. Overall, there will be over 60 scientific lectures that will be delivered by highly accomplished experts in the field.

A unique aspect of the upcoming Congress is that endorsements from the major societies in Nephrology have been obtained, which will undoubtedly increase the visibility of this Congress even further. These endorsements have resulted in special symposia within the Congress. The first event scheduled on May 25th will be through the patronage of the International Olympic Committee and will be covered intensively by the media. This

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opening symposium of the ICRNM 2010 titled “Sports and the Kidney” will focus on specific aspects of sport competition as they relate to renal issues such as electrolyte disturbances and supplement use. A top sport competitor is invited to share his/her perspective as a case testimonial. The second event is scheduled for May 28th as the concluding symposia of the Congress and will be a Joint Symposium of the International Society Nephrology and the ISRNM. This symposium is dedicated to “Exercise in patients with CKD” featuring presentations from current ISN and ISRNM Presidents, Drs. Feehally and Ikizler. By highlighting sport and exercise in the 15th ICRNM, the city of Lausanne is the perfect fit with its designation as the Olympic Capital which hosts the International Olympic Committee, its Museum and many International Sport Federations.

The organizing Committee of the ICRNM 2010 is expecting the attendance of more than 700 participants, including renal physicians, dieticians and scientists interested in nutritional and metabolism. Multiple pharmaceutical and biomedical companies have committed to support the Congress. The number of abstracts submitted has already surpassed the numbers achieved in previous meetings and reflect the ever-expanding interest in nutrition and metabolism in the setting of kidney disease. Notably, the organizing committee has adjusted registration fees to allow maximum participation to this unique event, which attests their commitment to propagation of the most recent scientific advances to the largest possible audience. We hope that this will hopefully stimulate JREN readers not only to register to the Congress but also to join the ISRNM as new members.

Along with an exceptional scientific program, Lausanne will provide a very pleasant venue for the attendees. The city is located in the Western French-speaking part of Switzerland, lying along the shores of the lake of Geneva which forms the border with France. In 2007, the Lavaux Region, which is part of Lausanne’s surroundings, became a UNESCO World Heritage Site, for its exceptional scenery with its spectacular terraces and vineyards overlooking the lake and the Alps. Participants of the Congress will have the chance to admire the exceptional beauty of this landscape by registering to the Evening and Dining Boat Tour (26th May).

There is now indisputable evidence regarding the paramount importance of nutrition and metabolism in the global care of patients with kidney disease. Along with the recent developments of the science and technology in medicine, there have been numerous advances in this particular field as well. The 15th ICRNM represents an unparalleled opportunity to communicate this scientific information amongst a highly devoted group of individuals dedicated in the care of patients with kidney disease. We kindly invite to participate in this outstanding event and we are looking forward to hosting you in Lausanne very soon.

With our best regards,