Alicia Humbría Mendiola

Reviewer's Comment regarding: "Long-term effects of supervised physical training in secondary prevention of low back pain" (by I. Maul et al.)

Received: 9 January 2005
Accepted: 10 January 2005
Published online: 29 April 2005
© Springer-Verlag 2005

The article to which this comment refers can be found at <http://dx.doi.org/10.1007/s00586-004-0873-3>

A. H. Mendiola
Department of Rheumatology,
Hospital de la Princesa,
Diego de León 62,
28006 Madrid, Spain
E-mail: ALHUMBRIA@telefonica.net

In this paper the authors have tried to accomplish a difficult task: the long-term follow-up after the implementation of a modality of treatment. They have made a great effort considering the difficulty attending a 10 years follow-up.

Regretfully, the results do not allow the extraction of any conclusive evidence. Some of the reasons are that the final number of patients is very small and there is no intention to treat the statistical analysis.

However, this study is important because there are very few papers with 10 years of follow-up, and it would be desirable to follow the example and to improve the methodology and the statistical analysis in future studies.