Letter to the Editor

To the Editor,
I enjoyed the recent issue dealing with patellofemoral disease (*Sports Health* March/April 2011). We all are aware of the therapeutic problems with this condition. Yet, we have seen too many articles citing “old time” clinical results, whereby “100 patients are treated and 80 said they were improved, thus proving a clinical efficiency of 80%.” I think your authors critically examined the literature and demonstrated how weak the scientific process has been, often because of poor statistical analysis. Granted, it is difficult to

do proper comparative or double-blind studies with taping treatment and so on, but we still have too many of the “they got better” studies. The natural history of early symptomatic untreated patellofemoral disease is of interest too. Your authors have shown the way.

Thank you,

Robert Leach, MD
Weston, MA