Verse and Vision

Artwork by Amanda Lynch

The Other Side of Fear

In giving birth some must go to the other side of fear.
They do not always realize how close it is from here.
May we who care for women travel with them there.

Let us be their guide as they traverse this length
Searching for their power, discovering inner strength.
Help them see in their mind's eye the place where they must go.
Walk with them through that door thoughtfully and slow.

Then looking back toward where they began
They will know, with confidence, they won't be there again.
They will embrace their child in an ever-greater sphere
After finding power on the other side of fear.

—Joan Moon, CNM, MSN
Certified Nurse Midwife