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Bicelles at Low Concentrations†

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Abstract

Bilayered detergent-lipid assemblies known as bicelles have been widely used as model membranes in structural biological studies and are being explored for wider applications, including pharmaceutical use. Most studies to date have involved the use of concentrated bicelle mixtures, such that little is known about the capacity of bicellar mixtures to be diluted without unwanted transitions to non-isotropic phases. Here, different detergent/lipid mixtures have been explored, leading to the identification of two different families of bicelles for which it is possible to lower the total amphiphile (detergent+lipid) concentration to <1% (w/v) while retaining isotropic assemblies. These include a novel family of bicelles based on mixtures of 6-cyclohexyl-1-hexylphosphocholine (Cyclofos-6) and the lipid dimyristoylphosphatidylcholine (DMPC). Bicelles formed by these mixtures can be diluted to <0.5% and also have attractive biochemical properties. However, a caveat of our results is that the diffusion coefficients measured for the lipid component of the different bicelles tested were seen to be dependent on sample history, even though all samples were optically transparent. This suggests that the phase behavior of bicelles at low lipid-to-detergent ratios may be more complex than previously appreciated.

Keywords

bicelles; detergents; micelles; mixed micelles; NMR; membranes; membrane proteins; isotropic

Introduction

Bicelles represent a class of model membranes that is increasingly employed in structural biology^{1–8} and that remains under exploration for wider applications, including pharmaceutical use.^{9–12} Bicelles are lipid-detergent mixtures that are more lipid-rich than classical mixed micelles, such that the lipid present retains a bilayered state. At the detergent-rich extreme of the bicellar regime assemblies are thought to be discoidal bilayer fragments that are edge-stabilized by an annulus of detergent.^{4,13–19} At higher lipid-to-detergent *q* values (lipid-to-detergent mole ratio) bicelles are Swiss cheese-like perforated bilayer sheets in which the holes are edge-stabilized by detergent.^{6,20–26}

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Bicelles are appealing for use as model membranes because they provide a bilayered phase in which to solubilize membrane proteins and other hydrophobic molecules while sharing a number of attractive features with detergent micelles such as optical clarity and ease of mixing. Depending on composition and temperature, bicelles either tumble rapidly and isotropically in solution or form phases with high viscosity and long range order.^{4,6,13–26} Indeed in the viscous $q > 2$ regime, bicelles can be uniformly aligned using high magnetic field.^{1,5,27–28} Unlike lipoprotein-phospholipid nanodiscs that have a diameter fixed by the length of the apolipoprotein used to provide bilayer edge-stabilization,²⁹ the size of bicelles can be systematically varied by altering the lipid-to-detergent molar ratio.

One problem sometimes encountered when working with bicelles is that the detergents most commonly used for bicelle formation, CHAPSO and dihexanoylphosphatidylcholine (D6PC), have relatively high critical micelle concentrations (10–15 mM). This significantly limits the degree to which bicelles can be diluted without the lipid phase transforming to vesicles as a result of depleting the edge-stabilizing detergent as the total detergent population (edge-associated + free) shifts towards the soluble monomeric form in order to sustain a CMC concentration of free detergent. Consider the example of bicelles composed of D6PC and dimyristoylphosphatidylcholine (DMPC, a phospholipid). D6PC has a critical micelle concentration of 14 mM.³⁰ When D6PC-DMPC bicelles are diluted, they can be expected to convert into a mixture of free D6PC plus bilayered DMPC vesicles as the total D6PC concentration is lowered to 14 mM or below. Consequently for $q = 3$ D6PC-DMPC mixtures, bicelles no longer form below a total D6PC+DMPC concentration of approximately 3% w/v (D6PC total = 12 mM), as has previously been experimentally documented.³¹ For D6PC-rich $q = 0.3$ D6PC/DMPC bicelles, bicelles do not form below approximately 1% w/v (where the total D6PC concentration is 15 mM), as is shown experimentally in this work. The requirement to work at D6PC+DMPC concentrations of 10 mg/mL or higher creates a formidable expense barrier to using bicelles in applications requiring relatively large volumes of solution, such as in the mobile phase during liquid chromatography.

In this work we explore the development of detergent-lipid mixtures that retain bicelle-like properties even at concentrations below 1% w/v. The focus is on bicelles in the detergent-rich low q regime ($q = 0.25–0.5$), conditions that are widely used in solution NMR studies of membrane proteins.^{32–37} Two different systems that retain at least some bicellar properties when diluted below 1% were identified in this work, one of which represents a novel family of bicelles. However, this work also provides evidence that the phase behavior of isotropic lipid-detergent mixtures that are described as “bicelles” may be complex.

Materials and Methods

Preparation of Bicelles

D6PC, 1,2-diheptanoyl-sn-glycero-3-phosphocholine (D7PC), 1,2-dioctanoyl-sn-glycero-3-phosphocholine (D8PC), DMPC, 4-cyclohexyl-1-butylphosphocholine (Cyclofos-4), 5-cyclohexyl-1-pentylphosphocholine (Cyclofos-5), 6-cyclohexyl-1-hexylphosphocholine (Cyclofos-6), and 7-cyclohexyl-1-heptylphosphocholine (Cyclofos-7) were purchased from Avanti Polar Lipids (Alabaster, AL) or Affymetrix-Anatrace (Maumee, OH). Bicelles were prepared by weighing out appropriate amounts of lipid and detergent and co-dissolving both in 25mM sodium phosphate plus 100 mM NaCl and 10% D₂O at pH 7.0. Two different methods for mixing samples were employed. In “Method A” samples were mixed by cycles of vortexing, warming in a 318 K water bath, and cooling in an ice bath well beyond the point where samples became optically clear. In “Method B” samples were additionally subjected to 5 cycles of freezing in liquid nitrogen followed by thawing in the presence of bath sonication in warm water.

Use of NMR to Measure Translational Diffusion Coefficients

Translational diffusion coefficients, D_t , were measured using bipolar-gradient based diffusion-ordered spectroscopy (DOSY) experiments³⁸ carried out on a Bruker AMX-600 NMR spectrometer equipped with a cryogenic probe. The diffusion time interval and gradient pulse lengths were fixed for each experiment, with values optimized for each sample. Diffusion time intervals were set to 300 ms for all measurements except D8PC/DMPC bicelles, with corresponding gradient pulse durations being set to 0.75–2.0 ms for bicelle diffusion coefficient measurements. Water diffusion coefficient measurements were carried out using a 30 ms diffusion time and a 0.75 ms gradient pulse duration. The pulsed gradient field strength was incremented linearly from 2% to 95% in 16 steps. Peak intensity versus gradient field strength data was then fit to the following equation:

$$I = I_0 \exp[-\gamma^2 g^2 \delta^2 D_t (\Delta - \frac{\delta}{3} - \frac{\tau}{2})] \quad (1)$$

to determine D_t ,³⁹ where I is measured peak intensity, I_0 is the reference intensity, γ is the gyromagnetic ratio of the observed nucleus, g is the gradient strength, δ is the length of the gradient pulse, Δ is the diffusion time, and τ is the delay between the bipolar gradient. A 5 sec recycle delay was used for all measurements to allow for effectively complete relaxation between scans. The maximum gradient strength was calibrated to be 65.57 G/cm using a doped water standard sample (Bruker number Z10906; 0.1 mg GdCl_3 per mL in D_2O with 1% H_2O + 0.1% $^{13}\text{CH}_3\text{OH}$), in which water has a known diffusion coefficient value of $1.91 \times 10^{-9} \text{ m}^2/\text{s}$ at 298.15 K (Bruker Biospin NMR user manual). The temperature was calibrated to 303.0 ± 0.1 K for each measurement with perdeuterated methanol.⁴⁰ The translational diffusion coefficients for D6PC/DMPC, D7PC/DMPC and D8PC/DMPC bicelles were measured based on the methyl resonances from the acyl chains of DMPC at 0.81 ppm (Figure 2, top panel). This proton resonance is well separated from any resonances of D6PC, D7PC, and D8PC in the bicelle samples. Data fitting was carried out using Origin 8 (OriginLab, Northampton, MA). Diffusion coefficients measured using DMPC resonances will reflect the D_t of the bicellar (or other isotropic) assemblies because the aqueous solubility of free DMPC is very low (6 nM; <http://avantilipids.com>). In the absence of a bicelle-forming detergent, DMPC forms higher order lipid aggregates (e.g., vesicles) which are large and yield only broad NMR resonances. Diffusion coefficients for Cyclofos/DMPC based bicelles were measured as above except in the case of very low concentration Cyclofos-6/DMPC bicelles, conditions in which the DMPC methyl peaks overlap severely with peaks from Cyclofos-6. For such samples comparison of the 1D ^1H NMR spectra between Cyclofos micelles and Cyclofos/DMPC bicelles shows that peaks in the region from 2.2 ppm to 2.5 ppm arise exclusively from DMPC. Therefore, peaks in this region were used to monitor the translational diffusion for low concentration Cyclofos/DMPC bicelle samples.

The water diffusion coefficient was also measured in many samples to determine the solution viscosity. The viscosity of the NMR sample (η) can be estimated according to the equation:⁴¹

$$\eta = (D_{w,20}/D)(T/293)\eta_{w,20} \quad (2)$$

where T is the working temperature and $D_{w,20}$ and $\eta_{w,20}$ are the diffusion coefficient and viscosity of water at 293 K, respectively. The measured D_t for water was largely independent of the bicelle concentration used in this study, which varied from 0.1% to 12% weight/volume total amphiphile, and clustered around an average D_t value of $2.1 \times 10^{-9} \text{ m}^2/\text{s}$

at 303 K and $2.5 \times 10^{-9} \text{ m}^2/\text{s}$ at 313 K. Based on the equation above and the approximate constancy of the water translational diffusion coefficients, we estimated sample viscosities.

Measured bicelle diffusion coefficients and solution viscosities were then used to determine the effective hydrodynamic radius of the bicelles. For this the Stokes-Einstein equation was employed:

$$D_t = k_B T / 6\pi\eta R_s \quad (3)$$

D_t is the measured diffusion coefficient, R_s is the hydrodynamic radius, η is the measured viscosity, T is the absolute temperature, and k_B is the Boltzmann constant. Because this equation assumes a spherical shape and bicelles are not spherical, the determined hydrodynamic radii are *effective*. They allow varying sizes of bicelles to be qualitatively compared, but do not correspond to true dimensions.

Preparation of the Transmembrane/Cytosolic Domain of the Human Integrin β_1 Protein (Integrin β_1 -TM-CTD) for NMR Spectroscopy

N-terminally 6 $\times$ His-tagged integrin β_1 -TM-CTD (residues 719 to 798 of the full length protein) was cloned into a pET16b vector, which was then transformed into BL21(DE3) CodonPlus-RP cells. The transformed cells were plated on a Luria broth/ampicillin/chloramphenicol plate and incubated overnight at 310 K. A single colony was used to inoculate 5 mL of Luria broth medium containing ampicillin and chloramphenicol, which was rotary shaken overnight at room temperature. Approximately 1–2 mL of this culture was then used to inoculate 1 L of ^{15}N -M9 media at room temperature, which was rotary shaken until OD_{600} reached 0.8, at which point protein expression was induced by adding IPTG to 1 mM, followed by continued rotary shaking for approximately 16 h at room temperature. Cells were harvested by centrifugation and the His₆-tagged protein was purified.

Cells were suspended in Lysis buffer (75 mM Tris-HCl, 300 mM NaCl, 0.2 mM EDTA, 0.2 mg/mL PMSF, lysozyme/deoxyribonuclease/ribonuclease at 0.2/0.02/0.02 mg/mL and 5 mM magnesium acetate, pH 7.7) and tumbled at room temperature for ~30 minutes. The cells on ice were probe-sonicated for 5 minutes with cycles of 5 sec on and 5 sec off. The detergent Empigen (30% solution) was added to the cell lysate (1 mL per 10 mL lysate) and mixed at 277 K for 30 min. Solubilized cell lysate was then centrifuged at $20,000 \times g$ for 20 minutes. The supernatant was mixed with Ni(II)-NTA resin (1 mL of resin per gram of cells) for 45 min at 277 K. The resin was then collected by centrifugation at $3400 \times g$ for 10 min. The Ni resin was washed with 5×1 column volumes of ice cold Emp/A (3% Empigen in 40 mM HEPES, 300 mM NaCl, pH 7.5) and then washed with wash buffer (1.5% Empigen, 40 mM imidazole, 40 mM HEPES, 300 mM NaCl, pH 7.8) until all non-6 $\times$ His tagged proteins eluted. Next, the resin was flushed using 8×1 column volumes of pre-equilibration buffer (20 mM imidazole, 100 mM NaCl, 0.5 mM DTT, and 1% D6PC, pH 6.5) and further with 2×1 column volumes of column equilibration buffer (20 mM imidazole, 100 mM NaCl, 0.5 mM DTT, 10% D₂O, pH 6.5) plus 2% $q=0.3$ D6PC/DMPC bicelles. The protein was eluted using elution buffer (250 mM imidazole, 0.5 mM DTT, 10% D₂O, pH 7.4) plus 2% $q=0.3$ D6PC/DMPC bicelles. The yield of integrin β_1 -TM-CTD prepared in this manner from 1 L of culture was ~8 mg pure protein. The pH of the eluted protein solution was adjusted to 6.5 after addition of 1 mM EDTA and concentrated using 10 kDa molecular weight cut-off centrifugal ultrafiltration cartridges. For protein purified into $q=0.3$ Cyclofos-6/DMPC bicelles, the same procedure was used as that described above except that Cyclofos-6 was substituted for all steps for which use of D6PC is denoted. Purification of the protein using

0.5% Cyclofos-6/DMPC bicelles yielded a similar amount of integrin as when elution was carried out using a 2% D6PC/DMPC bicelle solution.

2-D ^1H - ^{15}N TROSY-HSQC spectra were recorded at 600 MHz using a version of the TROSY pulse sequence described in the literature,⁴² with 1024×128 complex data points in the ^1H and ^{15}N dimensions and 32 scans per increment. The spectra width was 13 ppm and 30 ppm for ^1H and ^{15}N , respectively. The carrier frequency for the ^{15}N dimension was set to 118.5 ppm and a recycle delay of 1.5 s was used.

Results

Overview of Bicelle Systems Tested and General Experimental Approach

The exploratory studies of this work focused on $q = 0.3$ mixtures, reflecting a detergent-to-lipid ratio (3.3) that is at the high end of the composition range believed to remain within the bicellar regime. This is also the q the value most commonly used in solution NMR-based structural studies of membrane proteins that employ bicelles as models membranes.^{32–37}

Four different types of detergents were examined (Figure 1). D6PC was used as a “control” detergent—a detergent that forms bicelles with DMPC but that has a relatively high CMC (14 mM), such that isotropic bicelles do not persist below a high overall detergent+lipid w/v concentration. D6PC/DMPC bicelles also represent the best-characterized bicelle system. We also tested both D7PC and D8PC because they are closely related to D6PC but have much lower critical micelle concentrations (see Table 1). D7PC has previously been shown to form bicelles with DMPC.^{43,44} We also examined a straight chain alkylphosphocholine (dodecylphosphocholine, DPC). Finally, much attention was devoted to Cyclofos series alkylphosphcholines, for which the chains are terminated by a cyclohexyl moiety. The total number of alkyl chain carbons is 6 plus the number denoted in association with the Cyclofos designation. For example Cyclofos-6 has 12 carbons in the cyclohexyl-terminated chain attached to the phosphocholine head group. CMC values for the detergents are listed in Table 1.

Bicelle samples were prepared using two different mixing methods, both of which led to optically clear samples that were indistinguishable upon visual inspection. Method A (see methods) was a fairly gentle sample mixing protocol, while method B represents a much more thorough protocol that includes cycles of both mild sonication and freeze/thaw.

1-D ^1H NMR spectra were acquired that reveal peaks from both the detergent and DMPC components of the mixtures. The DMPC peaks are only cleanly observed when DMPC is in its isotropic bicellar form (Figure 2, top). Upon transition to much larger assemblies that do not tumble isotropically, DMPC peaks either broaden dramatically or disappear completely as a result of reduced motions and the onset of extensive non-isotropically-averaged ^1H - ^1H dipolar coupling (Figure 2, top). Thus, 1-D ^1H NMR can be used to determine the lowest w/v detergent+lipid concentration at which isotropic bicelles persist.

For each detergent+DMPC mixture ^1H NMR methods were used to measure the translational diffusion coefficients, D_t , for the bicelles (Figure 2, middle and bottom panels). D_t is a function both of the size and shape of the bicelles and the solution viscosity, the latter of which was observed to vary little in most of the $\leq 12\%$ amphiphile mixtures examined in this work. Rather than invoke a series of assumptions in order to calculate disc dimensions from diffusion coefficients, the more assumption-free approach was taken of calculating hydrodynamic radii for the detergent-DMPC assemblies. While this means the bicelles are treated as spheres, which they are not, this approach does provide a straightforward approach to gaining qualitative insight into size differences between bicelles in solutions of

different compositions. Bear in mind that aggregate molecular weight is expected to scale with the radius to the cubed power. The measured bicelle D_t are also useful in assessing the suitability of different bicelle mixtures for NMR spectroscopic use because bicelle rotational correlation time is inversely proportional to the cube of the D_t value⁴⁵, which will determine NMR linewidths (assuming no contribution from intermediate timescale exchange processes).

D6PC-DMPC Bicelles

For $q = 0.3$ bicelles the diffusion coefficients measured at 303 K were seen to increase when diluting from 12% bicelles to 1% bicelles, regardless of whether sample mixing method A or B was used. Although part of this increase may be due to a small decrease in viscosity that accompanies dilution, diffusion measurements for water in these samples suggest that a decrease in viscosity cannot account for all of the increases in D_t . A possible explanation is that the size of the aggregates is dependent on the total D6PC+DMPC concentration, with the lipid-detergent assemblies actually getting smaller as the concentration is reduced. Alternatively, there may be other changes in the morphology, self-aggregation, or polydispersity of the lipid-containing isotropic assemblies that account for the reduction in D_t .

Below 1% the shift of D6PC from the bicelles to solution reached the point at which the NMR peaks from DMPC disappear, indicating complete loss of isotropic bicelles and formation of large anisotropic bilayered assemblies in coexistence with free DHPC. This result is expected based on the high CMC of D6PC (see Introduction).

It is surprising that the diffusion coefficient measurements observed for DMPC in D6PC/DMPC bicelles were dependent on whether samples were mixed using method A or method B, with the differences being more pronounced at low % compositions. Inspection of the 1-D 1H NMR spectra from samples prepared with mixing methods A and B were identical and did not reveal differences that shed light on this phenomenon. This dependency of the observed D_t on sample history suggests that the size, shape, and/or morphology of the isotropic lipid-detergent assemblies are dependent on sample history. It is also possible that there is more than one phase present in these samples, with the relative populations of the phases being dependent on sample history.

D7PC-DMPC Bicelles

In the dilute bicelle regime (0.1–3%) the diffusion coefficients for D7PC-DMPC are very similar to those for corresponding D6PC-DMPC mixtures. However, in the more concentrated 6–12% regime, the D_t for D7PC-DMPC is greatly reduced (e.g. larger particle size), suggesting either that a major change in the size the bicelles takes place at the higher concentrations or that some sort of morphological transition has occurred. One possibility is that at the higher concentrations, partitioning of D7PC into the central bilayered domain of the bicelles is increased at the expense of the edge-stabilizing population, which would increase the bicelle size. It has previously been shown that D7PC has a higher affinity for the bilayered domain of bicelles than D6PC.^{43–44}

Notable in light of the goals of this work, D_t indicated that D7PC-DMPC mixtures retain bicelles properties at concentrations even as low as 0.1% total D7PC+DMPC. For D7PC/DMPC mixtures bicelles persist at very low concentrations. However, in the dilute bicelles regime diffusion coefficient measurements were extremely dependent on whether mixing method A or B was employed.

D8PC-DMPC Assemblies

Only mixing method A was employed in characterizing these mixtures. At 303 K in the 3–12% concentration range $q = 0.3$ D8PC-DMPC assemblies exhibited diffusion coefficients that are more than an order of magnitude lower than the lowest D_t observed for D7PC-DMPC. Only when diluted to 0.1% did D8PC-DMPC bicelles exhibit diffusion coefficients that approached the *lowest* values observed for D7PC-DMPC. It seems possible that D8PC-DMPC assemblies may be morphologically distinct from isotropic D6PC/DMPC and D7PC/DMPC mixtures, at least in the more concentrated samples. Further studies are required to establish the nature of the phases formed by these mixtures.

Cyclofos/DMPC Bicelles

$q = 0.3$ bicelles were examined for 12% mixtures of Cyclofos-4, 5, 6, or 7 with DMPC at 303 K. The diffusion coefficient for the Cyclofos-4/DMPC sample was an order of magnitude lower than for the other mixtures, suggesting that the morphology of the assemblies in this mixture is very different from the small isotropic bicelles formed by D6PC/DMPC and D7PC/DMPC mixtures. For DMPC/Cyclofos-5, -6, and -7 mixtures prepared using mixing method A, diffusion coefficients were fairly similar to that observed for the 12% D6PC/DMPC mixture. Of these, Cyclofos-6 yielded the largest D_t , indicative of the smallest aggregate size. For this reason we focused on Cyclofos-6/DMPC mixtures.

As Cyclofos-6/DMPC bicelles were serially diluted, D_t increased to plateau around 1.5% (Table 1). Once again, D_t values were seen to be dependent on sample history (mixing using method A versus method B). Upon further dilution below 0.5%, D_t decreased, suggesting that the CMC is being approached such that the bicelle size is increasing. This is reasonable: the reported CMC of Cyclofos-6 is 2.7 mM (www.anatrace.affymetrix.com), and the total concentration of this detergent in 0.3% $q = 0.3$ bicelles is 5.4 mM. Below 0.3%, all of the DMPC has shifted out of isotropic assemblies to become spectroscopically invisible, suggesting a transition to vesicles.

Diffusion coefficients were also measured for 3% $q = 0.3$ Cyclofos-6/DMPC bicelles at 293 and 313 K. The diffusion coefficients for the bicelles are temperature dependent to an extent that goes well beyond the changes expected from the modest variations in the viscosity of water. Whether the observed changes seen when the temperature is lowered from 303 to 293 K is in any way related to the fact that pure DMPC bilayers exhibit a gel-to-liquid crystalline phase transition temperature at 298 K is unclear, but seems possible because high q bicelles have been shown to undergo a profound morphological change when the temperature is lowered below this temperature.^{20,31,46}

DPC-DMPC Bicelles

The D_t observed for a $q = 0.3$ 12% mixture of dodecylphosphocholine (DPC) and DMPC at 303 K was significantly smaller than for the corresponding Cyclofos-6/DMPC mixture, regardless of whether samples were prepared with mixing method A or B. This suggests there is little benefit to working with DPC-DMPC bicelles relative to Cyclofos-6/DMPC, given that the CMC of DPC is similar to that of Cyclofos-6 (both of which have 12 carbons in their alkyl tails). Accordingly, we did not further examine straight chain alkylphosphocholine/lipid mixtures.

NMR Spectra of an Integral Membrane Protein in Cyclofos-6/DMPC Bicelles

Integrins are the principal receptors that mediate interactions of cells with the extracellular matrix and are composed of transmembrane heterodimers between α and β subunits. The 18 α subunits and 8 β subunits found in mammals are thought to form some 24 different heterodimers. In human and other animals, certain $\beta 1$ -containing integrins are major

receptors for extracellular collagen, laminin or fibronectin, and are broadly distributed in many tissues.^{47–48} For this work we prepared an 80 residue fragment of the human integrin $\beta 1$ subunit that encompasses its entire transmembrane and cytosolic domains ($\beta 1$ -TM-CTD) and purified it into bicelles. A high total amphiphile concentration (20%) was used in order to maintain a high amphiphile-to-protein ratio, so as to avoid protein aggregation.

The NMR spectra of $\beta 1$ -TM-CTD in either D6PC/DMPC or Cyclofos-6/DMPC bicelles as $q=0.3$ are shown in Figure 3. The spectra are of comparable quality, which are typical of the moderately well-dispersed spectra acquired from helical integral membrane proteins in micelles or bicelles. The spectra from the two bicelle types are similar, suggesting the protein adopts similar conformational states in both types of bicelles. The Cyclofos-6/DMPC bicelles yield similar or perhaps slightly better spectra than D6PC/DMPC (in that several additional peaks can be detected in the spectrum from Cyclofos-6/DMPC—see the 8.5 ppm ^1H region). That the tryptophan indole side chain NH resonances (inset to Figure 3) are shifted to higher ppm values and are slightly better dispersed for Cyclofos-6/DMPC suggests that the protein may be slightly better ordered in these bicelles relative to D6PC/DMPC. That three indole peaks are observed in both bicelle mixtures even though the protein contains only two tryptophans suggest that one of the two tryptophan residues populates two different conformations, which are not in rapid exchange.

NMR spectra of $\beta 1$ -TM-CTD in $q=0.3$ Cyclofos-6/DMPC mixtures were also acquired as a function of temperature (Figure 4). As is typical for membrane proteins, the spectral quality increased significantly when the temperature was raised from 293 to 313 K. For example, a number of peaks above 8.5 ppm in the ^1H dimension and below 110 ppm in the ^{15}N dimension are seen only at the highest temperature tested (see peaks highlighted with asterisks). These peaks most likely derive from the transmembrane segment, which will have little motion beyond overall bicelle tumbling, the latter of which is known for Cyclofos-6/DMPC bicelles to be highly temperature dependent (see Table 1).

NMR spectra were also acquired for $\text{U-}^{15}\text{N-}\beta 1$ -TM-CTD prepared in 12% $q=0.3$ 303K D6PC/DMPC and Cyclofos-6/DMPC mixtures that were prepared with bicelles that were mixed using either method A or method B. For each type of bicelle it was observed that the resulting TROSY NMR spectrum of the protein was seen to be identical regardless of mixing method, with the spectral quality from the D6PC/DMPC samples being similar to the spectral quality from the Cyclofos-6/DMPC samples (data not shown).

Discussion

The results of this work suggest that $q = 0.3$ D7PC/DMPC and Cyclofos-6/DMPC both form small bicelles that are likely to be similar to the relatively well-characterized D6PC/DMPC bicelles, but that have the advantage that they remain isotropic at concentrations lower than the 1% limit observed for $q = 0.3$ D6PC/DMPC. Isotropic assemblies persist down to 0.3% for Cyclofos-6/DMPC and down to 0.1% for D7PC/DMPC. Use of these bicelles at concentrations of 0.5% or less may lead to considerable cost savings over the use of $\geq 1\%$ D6PC/DMPC in high volume applications such as liquid chromatography.

Aside from the possibility of working at very low bicelle concentrations, there appears to be little advantage to working with D7PC/DMPC relative to D6PC/DMPC bicelles. The most favorable (highest) observed diffusion coefficients in each of these systems are comparable. On the other hand, when concentrations of D7PC/DMPC bicelles are raised above 3%, as is often required for NMR studies of membrane proteins, the observed D_t for the D7PC/DMPC assemblies falls off steeply, indicating effective aggregate sizes increase significantly at higher % detergent+lipid. This phenomenon would have an adverse effect on NMR

linewidths. We suggest that D7PC/DMPC bicelles may best be employed in non-NMR applications where it is desirable to work at as low bicelle concentrations as possible.

Some of the most promising results of this work pertain to a newly introduced system: bicelles composed of the detergent Cyclofos-6 and DMPC. Over the 0.5–12% range, these bicelles yielded diffusion coefficients that are comparable with corresponding D6PC/DMPC mixtures. A possible advantage of Cyclofos-6 is that because of the bulky cyclohexyl group at the end of the alkyl tail of Cyclofos-6, this detergent may be less likely to partition with DMPC in the bilayered domain of bicelles, potentially providing a more native-like bilayered interior relative to D6PC- or D7PC-based bicelles, for which the detergent component is known to significantly partition into the bilayered phase, especially D7PC.^{43,44} Of course, only future experiments can confirm this hypothesis. It is, however, interesting to note that the bulkiness of the cyclohexyl group of the Cyclofos series has previously been exploited for biochemical reasons. Kay and co-workers found that conventional straight-chain alkyl-based detergents inhibit lipid substrate binding to PagP, a beta-barrel outer membrane enzyme that has a lipid substrate.⁴⁹ By employing Cyclofos-7 as the detergent used to solubilize PagP for NMR studies, they were able to study the complex of PagP with its lipid substrate. This is because the bulky cyclohexyl group of the detergent cannot penetrate the substrate binding site to interfere with substrate binding.

An unusual observation made in this work is that bicelle properties in $q = 0.3$ bicelles (3.3:1 detergent-to-lipid mole ratio) seem to be dependent on exact sample history, specifically how samples were mixed. This was true for all the bicelle types tested. Dependence of bicelle properties on the method used to prepare them indicates the size, shape, morphology, and/or population distribution of the lipid-detergent assemblies depends on sample history. While the coexistence of more than one aggregate type or phase would not be unusual, that the assemblies seem to be kinetically trapped (sample history dependent) is very surprising at such high detergent-to-lipid ratios and also in light of the fact that ^1H NMR spectra do not seem to reveal the presence of multiple phases in slow exchange. We do not have a good explanation for the sample history dependence of the diffusion coefficient measurements, which may be worthy of further study. From a practical standpoint, the fact that identical NMR spectra were for the integrin β_1 -TM-CTD protein in both Cyclofos-6 and D6PC-based bicelles regardless of which mixing method was used suggests that the sample history issues documented herein may not complicate biochemical and biophysical applications of low q bicelles as model membranes.

To conclude, this work has identified two detergent/DMPC systems for which isotropic assemblies persist at total amphiphile concentrations well below 1%: D7PC/DMPC and Cyclofos-6/DMPC mixtures. This work has also introduced Cyclofos-6/DMPC assemblies as a novel family of bicelles that is both highly dilutable and that appears to have attractive biochemical properties. It is emphasized, however, that the phase behavior of bicelles at low q ratios may be more complex than previously realized.

Abbreviations

CHAPSO	3-(cholamidopropyl)dimethylammonio-2-hydroxy-1-propanesulfonate
CMC	critical micelle concentration
CTD	C-terminal domain
Cyclofos-4	4-cyclohexyl-1-butylphosphocholine
Cyclofos-5	5-Cyclohexyl-1-pentylphosphocholine

Cyclofos-6	6-cyclohexyl-1-hexylphosphocholine
Cyclofos-7	7-cyclohexyl-1-heptylphosphocholine
D6PC	1,2-dihexanoyl-sn-glycero-3-phosphocholine(D6PC)
D7PC	1,2-diheptanoyl-sn-glycero-3-phosphocholine
D8PC	1,2-dioctanoyl-sn-glycero-3-phosphocholine
DMPC	1,2-dimyristoyl-sn-glycero-3-phosphocholine
D_t	translational diffusion coefficient
EDTA	ethylenediaminetetraacetic acid
HEPES	4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid
IPTG	isopropylthiogalactoside
NMR	nuclear magnetic resonance
OD	optical density
NTA	nitriloacetate
PMSF	phenylmethylsulfonylfluoride
TM	transmembrane

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Figure 1.
Chemical structures of selected detergents and lipids used in this work.

Figure 2.

(Top) ^1H NMR spectra of $q = 0.3$ D6PC-DMPC bicelles at different total amphiphile concentrations and 303 K. The bottom spectrum shows a D6PC-only sample, which provides the basis for distinguishing DMPC peaks from D6PC peaks. These spectra include DMPC peaks at 0.8 and 1.2 ppm that broaden beyond detectability when the isotropic bicellar phase is lost upon dilution to below 1%. The gradient strength-modulated intensity of the DMPC peak at 0.8 ppm was measured as the basis for diffusion coefficient measurements. **(Middle)** Modulation of ^1H NMR DMPC methyl peak intensity as a function of the gradient strength (as shown, in Gauss/cm) when the bipolar-gradient based diffusion-ordered spectroscopy (DOSY) experiments. The sample is the 12% case described for the

top panel. **(Bottom)** Modulation of the DMPC methyl peak intensity as a function of gradient strength and fit of equation 1 to the data determine the translational diffusion coefficient. The sample is the 12% case described for the top panel.

Figure 3. Superimposed 600 MHz 2-D ^1H , ^{15}N -TROSY NMR spectra of integrin $\beta 1$ -TM-CTD in $q = 0.3$ bicelles composed of either DHPC/DMPC (red) or Cyclofos-6/DMPC (black). The total amphiphile concentration was 20% and the temperature was 313 K. The inset plot shows the tryptophan side chain peaks.

Figure 4. Temperature-dependent 600 MHz 2-D ^1H , ^{15}N -TROSY NMR spectra of integrin $\beta 1$ -TM-CTD in $q = 0.3$ Cyclofos-6/DMPC bicelles at 20% total amphiphile concentration.

Table 1

Translational Diffusion Coefficients (D_t) for DMPC In $q = 0.3$ Bicelle Mixtures

Bicelle (Detergent/Lipid)	Weight % (Detergent + Lipid)	Detergent CMC ¹ (mM)	Temp K	D_t for Bicelles ($\times 10^{-11} \text{m}^2/\text{s}$) (Bicelle Preparative Method B)	Effective Hydrodynamic Radius of Bicelles (Å) (Bicelle Preparative Method B)	D_t for Bicelles ($\times 10^{-11} \text{m}^2/\text{s}$) (Bicelle Preparative Method A)	Effective Hydrodynamic Radius of Bicelles (Å) (Bicelle Preparative Method A)
DPC/DMPC	12%	2	303	8.9±0.2	25±1	7.2±0.1	31±1
D6PC/DMPC	12%	14	303	10.4±0.3	22±1	9.5±0.1	24±1
D6PC/DMPC	6%	14	303	13.9±0.3	16±1	13.1±0.1	17±1
D6PC/DMPC	3%	14	303	ND ²	ND	14.4±0.1	16±1
D6PC/DMPC	1.5%	14	303	ND	ND	13.9±0.1	16±1
D6PC/DMPC	1%	14	303	18.5±0.3	12±1	13.4±0.1	17±1
D6PC/DMPC	0.5%	14	303	ND	ND	No bicelles	No bicelles
D6PC/DMPC	0.25%	14	303	ND	ND	No bicelles	No bicelles
D6PC/DMPC	0.1%	14	303	ND	ND	No bicelles	No bicelles
D7PC/DMPC	12%	1.5	303	4.0±0.2	56±3	4.4±0.1	51±1
D7PC/DMPC	6%	1.5	303	6.4±0.2	35±1	6.8±0.1	32±1
D7PC/DMPC	3%	1.5	303	ND	ND	8.4±0.1	27±1
D7PC/DMPC	1.5%	1.5	303	18.0±0.2	12±1	9.1±0.1	25±1
D7PC/DMPC	0.5%	1.5	303	ND	ND	9.8±0.2	23±1
D7PC/DMPC	0.25%	1.5	303	20±0.2	11±1	9.7±0.3	23±1
D7PC/DMPC	0.1%	1.5	303	18.4±0.4	12±1	10.0±0.3	22±1
D8PC/DMPC	12%	0.3	303	ND	ND	0.20±0.01	1134±57
D8PC/DMPC	6%	0.3	303	ND	ND	0.19±0.01	1194±63
D8PC/DMPC	3%	0.3	303	ND	ND	0.27±0.01	840±31
D8PC/DMPC	1.5%	0.3	303	ND	ND	1.1±0.1	207±19
D8PC/DMPC	1%	0.3	303	ND	ND	1.1±0.1	207±19
D8PC/DMPC	0.5%	0.3	303	ND	ND	2.2±0.1	103±5
D8PC/DMPC	0.25%	0.3	303	ND	ND	3.2±0.1	71±3
D8PC/DMPC	0.1%	0.3	303	ND	ND	4.7±0.2	48±2
Cyclotos-4/DMPC	12%	8.5	303	8.3±0.3	27±1	6.9±0.1	33±1

Bicelle (Detergent/Lipid)	Weight % (Detergent + Lipid)	Detergent CMC ¹ (mM)	Temp K	D _t for Bicelles (×10 ⁻¹¹ m ² /s) (Bicelle Preparative Method B)	Effective Hydrodynamic Radius of Bicelles (Å) (Bicelle Preparative Method B)	D _t for Bicelles (×10 ⁻¹¹ m ² /s) (Bicelle Preparative Method A)	Effective Hydrodynamic Radius of Bicelles (Å) (Bicelle Preparative Method A)
Cyclofos-5/DMPC	12%	4.5	303	10±0.2	22±1	7.1±0.1	32±1
Cyclofos-7/DMPC	12%	0.6	303	9.5±0.1	23±1	7.0±0.1	32±1
Cyclofos-6/DMPC	12%	2.7	303	10.5±0.2	21±1	8.4±0.1	27±1
Cyclofos-6/DMPC	12%	2.7	313	21.3±0.3	12±1	16.0±0.1	16±1
Cyclofos-6/DMPC	12%	2.7	293	6.6±0.2	26±1	5.2±0.1	33±1
Cyclofos-6/DMPC	6%	2.7	303	14.7±0.3	15±1	9.4±0.1	24±1
Cyclofos-6/DMPC	3%	2.7	303	14.2±0.3	16±1	11.0±0.1	20±1
Cyclofos-6/DMPC	1.5%	2.7	303	16.4±0.2	14±1	11.0±0.1	20±1
Cyclofos-6/DMPC	0.75%	2.7	303	ND	ND	10.5±0.1	21±1
Cyclofos-6/DMPC	0.5%	2.7	303	15.0±0.5	15±1	10.6±0.4	21±2
Cyclofos-6/DMPC	0.3%	2.7	303	13.1±0.3	17±1	6.8±0.1	33±1
Cyclofos-6/DMPC	0.2%	2.7	303	ND	ND	No bicelles	No bicelles
Cyclofos-6/DMPC	0.1%	2.7	303	ND	ND	No bicelles	No bicelles

Citations for CMC values: DPC and Cyclofos series: Affymetrix-Anatrace products catalog (antrace.affymetrix.com); D6PC, D7PC, and D8PC⁵⁰⁻⁵³.

ND: not determined