The use of trimethylamine *N*-oxide as a primary precipitating agent and related methylamine osmolytes as cryoprotective agents for macromolecular crystallography

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Both crystallization and cryoprotection are often bottlenecks for high-resolution X-ray structure determination of macromolecules. Methylamine osmolytes are known stabilizers of protein structure. One such osmolyte, trimethylamine *N*-oxide (TMAO), has seen occasional use as an additive to improve macromolecular crystal quality and has recently been shown to be an effective cryoprotective agent for low-temperature data collection. Here, TMAO and the related osmolytes sarcosine and betaine are investigated as primary precipitating agents for protein crystal growth. Crystallization experiments were undertaken with 14 proteins. Using TMAO, seven proteins crystallized in a total of 13 crystal forms, including a new tetragonal crystal form of trypsin. The crystals diffracted well, and eight of the 13 crystal forms could be effectively cryocooled as grown with TMAO as an *in situ* cryoprotective agent. Sarcosine and betaine produced crystals of four and two of the 14 proteins, respectively. In addition to TMAO, sarcosine and betaine were effective post-crystallization cryoprotective agents for two different crystal forms of thermolysin. Precipitation reactions of TMAO with several transition-metal ions (Fe^{3+} , Co^{2+} , Cu^{2+} and Zn^{2+}) did not occur with sarcosine or betaine and were inhibited for TMAO at lower pH. Structures of proteins from TMAO-grown crystals and from crystals soaked in TMAO, sarcosine or betaine were determined, showing osmolyte binding in five of the 12 crystals tested. When an osmolyte was shown to bind, it did so near the protein surface, interacting with water molecules, side chains and backbone atoms, often at crystal contacts.

Received 16 August 2011

Accepted 23 November 2011

PDB References: trypsin, TMAO-grown, tetragonal, 3t28; TMAO-grown, trigonal, 3t29; TMAO-grown, orthorhombic, 3t25; in the presence of sarcosine, 3t26; in the presence of betaine, 3t27; insulin, TMAO-grown, 3t2a; thermolysin, in the presence of TMAO, 3t2h; in the presence of sarcosine, 3t2i; in the presence of betaine, 3t2j.

1. Introduction

Macromolecular crystallography is dependent upon effective methods for crystallizing macromolecules of interest as well as cryogenically cooling these crystals for exposure to high-intensity X-ray sources. Both techniques, crystallization and cryocooling, are grounded in physical chemistry, but are most effectively implemented *via* shotgun approaches in which many different solution conditions are tested. Crystallization methods have been classically based on reducing the solubility of the macromolecule *via* salting out (*e.g.* ammonium sulfate), excluded volume depletion forces (*e.g.* polyethylene glycol) or organic solvents (*e.g.* propanol and MPD, which operate *via* a combination of exclusion and modulation of the dielectric constant of the solution) (McPherson, 1999; Dumetz *et al.*, 2008). More recently, other approaches have been discussed, including the use of organic molecules to bind at crystal contacts (*e.g.* silver bullets; McPherson & Cudney, 2006). Despite a long history with recent advances, both crystallization and cryoprotection can be bottlenecks for structure

determinations and additional crystallization and cryoprotective agents would be beneficial for the field.

Osmolytes are naturally occurring solutes that are used for regulating cell volume in response to osmotic stress (Yancey *et al.*, 1982; Hochachka & Somero, 2002). Inorganic ions are sometimes used for such regulation (*e.g.* in some archaea), but at high concentrations they can perturb cellular proteins, requiring molecular adaptations to maintain protein function. Organic osmolytes, on the other hand, help cells adapt to osmotic stress while maintaining normal protein structure and function, and are commonly used by eubacteria and eukaryotic organisms.

Five types of organic osmolytes have been identified: polyhydric alcohols and sugars, free amino acids and amino-acid derivatives, urea, methylsulfonium solutes and methylamines (Yancey *et al.*, 1982; Yancey, 2005). Although the osmolytes in each of these categories differ in general structure and characteristics, they all share a few key qualities: they are highly soluble in water, typically have no net charge at physiological pH and are typically polar molecules (Hochachka & Somero, 2002).

As tools in macromolecular crystallography, alcohols and sugars have seen extensive use as cryoprotective agents and additives in crystallization screens (*e.g.* glycerol, glucose, sucrose and sorbitol). Amino acids (*e.g.* proline) and urea appear occasionally as additives in crystallization experiments. Although not currently extensively used for crystallography, the methylamines are of particular interest because they are known to increase protein stability (Yancey & Somero, 1979; Santoro *et al.*, 1992; Bolen, 2004). In the marine cartilaginous fishes (*e.g.* sharks) methylamines appear in combination with urea, with the kosmotropic methylamines offsetting the chaotropic effects of urea and the combination of the two providing the correct osmotic balance (Yancey *et al.*, 1982).

The methylamine osmolytes include trimethylamine *N*-oxide (TMAO), sarcosine and glycine betaine (or trimethylglycine, hereafter referred to as betaine) (Fig. 1). TMAO has been used in a few cases to improve crystal quality (Hill *et al.*, 2002; Jiang *et al.*, 2006) and appears as an additive in at least one commercial crystallization screen (Index Screen, Hampton

Figure 1

The three osmolytes investigated in this study: TMAO ($\text{pK}_a = 4.6\text{--}4.7$; Lin & Timasheff, 1994; Qu, 2003), sarcosine ($\text{pK}_a = 2.2, 10.0$; Dawson *et al.*, 1959) and betaine ($\text{pK}_a = 1.8$; Dawson *et al.*, 1959). All are zwitterionic over nearly the whole pH range studied.

Table 1

Proteins used in crystallization screening.

The proteins shown in bold were successfully crystallized with TMAO as precipitating agent.

Protein	pI†	Catalog No.‡	Concentration§ (mg ml ⁻¹)	Buffer/cosolvents
HSA	4.7	A1653	40–400	Water
Insulin	5.3	I5523	10	0.05 M CAPS pH 11
β -Galactosidase	5.3	—	12	β -Gal buffer¶
Catalase	5.4	C40	30	Water
Thermolysin	5.4	P1512	25	0.05 M NaOH
MntR	5.7	—	6	MntR buffer¶
Lipase B	6.0	HR7-099	40	Water or 0.7% octylglucoside
Hemoglobin	6.8	H4131	5–30	Water
Myoglobin	7.3	M0630	20–70	Water
Thaumatin	8.5	T7638	12–40	0.1 M potassium tartrate
Chymotrypsinogen	9.0	C4879	15	Water
Xylanase	9.0	HR7-106	11	14% glycerol, 60 mM Na/K phosphate pH 7.0
HEWL	9.3	L6876	80	Water
Trypsin	10.3	T8003	40	5–100 mM benzamidine

† pI is either provided by the manufacturer or predicted from the amino-acid sequence using ExPASy (<http://expasy.org/>). ‡ Catalog Nos. are from Sigma–Aldrich, except for lipase B and xylanase, which were from Hampton Research. § Concentrations were based on searches of the Protein Data Bank and the literature and some optimization with small screens. ¶ β -Gal buffer, 100 mM bis-tris pH 6.0, 200 mM MgCl₂, 100 mM NaCl, 10 mM DTT. MntR buffer, 25 mM HEPES pH 7.5, 200 mM NaCl, 10% (v/v) glycerol.

Research, Aliso Viejo, California, USA). TMAO has also been shown to be an effective cryoprotective agent for low-temperature X-ray data collection (Mueller-Dieckmann *et al.*, 2007, 2011; Pechkova *et al.*, 2009).

Here, we investigate TMAO, sarcosine and betaine for their ability to act as a primary precipitant for protein crystal growth. In concert, we further characterize TMAO, and test sarcosine and betaine, as cryoprotective agents for protein-crystal cryocooling.

2. Materials and methods

All chemicals were purchased from Sigma–Aldrich (St Louis, Missouri, USA). The TMAO (T0514), sarcosine (131776) and betaine (61692) were 98, 98 and 99% pure, respectively. Proteins were purchased from Sigma–Aldrich or Hampton Research or expressed and purified as previously reported (β -galactosidase, Juers *et al.*, 2000; MntR, Glasfeld *et al.*, 2003; Table 1). The following buffers were used: sodium acetate (pH 4.7), citric acid (pH 5.0), malic acid (pH 5.5), 2-(*N*-morpholino)ethanesulfonic acid (MES; pH 6.0), bis(2-hydroxyethyl)amino-tris(hydroxymethyl)methane (bis-tris; pH 7.0), tris(hydroxymethyl)aminomethane (Tris; pH 8.0, 8.5), boric acid (pH 9.0, 9.5, 10.0) and 3-(cyclohexylamino)-1-propanesulfonic acid (CAPS; pH 10.5, 11.0). The pH of each buffer was adjusted with HCl or NaOH.

2.1. Crystal growth

2.1.1. Crystallization screens. Crystals were grown using sitting-drop vapor diffusion in two crystallization screens designed to test the efficacy of TMAO as a primary

(TMAO-pH-salt) was composed of TMAO (1–4 M), buffer (0.1 M) and salt additives [0.2 M (NH₄)₂SO₄, MgCl₂, KCl or

Screens were also created using sarcosine (2.4–7.2 *M*; buffer stock solution pH 5–10; final well pH 5.9–8.5) and betaine (1.0–4.3 *M*; buffer stock solution pH 5–10; final well pH 5.9–12.6) both with and without the presence of 0.2 *M* (NH₄)₂SO₄. Higher concentrations of sarcosine were used than of TMAO and betaine because sarcosine is more soluble than the other two osmolytes (Table 2).

Two control screens were created: a negative control in which the TMAO was omitted from the TMAO-pH-salt screen and a positive control in which $(\text{NH}_4)_2\text{SO}_4$ (0.8–3.6 M) replaced TMAO in the TMAO-pH screen.

Most of the screening was performed in 96-well plates (IntelliPlates; Art Robbins Instruments, Sunnyvale, California), for which the well solution volume was 200 μ l. For the TMAO screens, two drops were set up for each well (total volumes of 3 and 8 μ l with equal volumes of protein solution and well solution). For the other screens, one 6 μ l drop

Phase diagrams for the seven proteins that crystallized with TMAO, listed in order of increasing isoelectric point. Vertical axis, TMAO concentration in *M*. Horizontal axis (see trypsin diagram), buffer used with pH of the 1 *M* buffer stock solution below the two-letter code (AC, sodium acetate; CA, citric acid; MA, malic acid; ME, MES; BT, bis-tris; TR, Tris; BA, boric acid; CA, CAPS). Left, Screen 1: TMAO–pH. Right, Screen 2: TMAO–pH with 0.2 *M* salt additives. The crystal form is indicated numerically, precipitate is indicated by a bullet (●) and blank cells indicate neither precipitate nor crystals. The pH of the well solution is indicated by shading (see trypsin diagram; 6, pH 5.9–6.9; 7, pH 7.0–7.9; 8, pH 8.0–8.9; 9, pH 9.0–9.9; ≥10, pH 10.0–11.9). The phase diagrams were based on observations made 6–8 weeks after tray setup.

Table 2

Physical properties of the osmolytes related to their action as cryoprotective agents.

Cryoprotective agent (MW in g mol ⁻¹)	$\rho_{RT}^\dagger$ (σ) (g ml ⁻¹)	$\rho_{LT}^\dagger$ (σ) (g ml ⁻¹)	Specific volume change ‡ (σ)	Vitrification concentration § (M)	Solubility (RT) † (M)
Betaine (117.2)	1.095 (2)	1.148 (1)	-0.048 (2)	3.5	5.5
Ethylene glycol (62.1)	1.064 (3)	1.139 (2)	-0.070 (3)	5.4	
Glycerol (92.1)	1.130 (3)	1.181 (2)	-0.046 (3)	4.1	
Sarcosine (89.2)	1.151 (2)	1.204 (7)	-0.046 (7)	4.5	8.0
TMAO (75.1)	1.031 (2)	1.098 (2)	-0.065 (3)	3.0	6.0

† RT, room temperature (294 K); LT, low temperature (liquid nitrogen at ~72 K). Several measurements were made for each liquid (5–8 at each temperature), with σ representing the statistical variation in the measurements. All solutions were measured at 50% (w/w), except TMAO, which was measured at 44% (w/w). Values for glycerol and ethylene glycol, for comparison, are from Alcorn & Juers (2010). ‡ The fractional change in the specific volume with cooling, $(\Delta v/\rho_{RT}) = (-\Delta\rho/\rho_{LT})$; σ is the propagated uncertainty. See Alcorn & Juers (2010). § Vitrification concentrations for glycerol and ethylene glycol were both 30% (v/v).

was used. The proteins used were hen egg-white lysozyme (HEWL), bovine pancreatic trypsin, equine skeletal muscle myoglobin, porcine hemoglobin, human serum albumin (HSA), bovine liver catalase, porcine insulin, *Thaumatooccus danielli* thaumatin, bovine α -chymotrypsinogen, *Bacillus thermoproteolyticus* Rokko thermolysin, *B. subtilis* manganese transport regulator (MntR), *Trichoderma* xylanase II, *Escherichia coli* β -galactosidase and *Candida antarctica* lipase B. See Table 1 for more information. The screens were created at room temperature (295 K) and were examined the day after setup, daily during the first week and then every few weeks after that for 3–8 weeks.

The crystals used for the structure determinations discussed below were grown using sitting-drop or hanging-drop vapor diffusion with the following conditions. Trypsin ($P4_12_1$): 3.75 M TMAO, 0.1 M MES, 0.2 M $(\text{NH}_4)_2\text{SO}_4$. Trypsin ($P3_22_1$): 3 M TMAO, 0.1 M boric acid pH 10.0, 0.2 M LiNO_3 . Trypsin ($P2_12_1$): 2 M TMAO, 0.1 M MES, 0.2 M $(\text{NH}_4)_2\text{SO}_4$. Insulin ($I2_13$): 1.2 M TMAO, 0.1 M malic acid.

2.1.2. Crystals for cryoprotection and soaking experiments.

For post-crystallization cryoprotection experiments, two crystal forms of thermolysin were used, both of which were grown by hanging-drop vapor diffusion in 24-well VDX plates (Hampton Research). The hexagonal crystal form ($P6_122$) was grown using a protein solution consisting of 50 mg ml⁻¹ protein in 45% (v/v) dimethyl sulfoxide, 1 M NaCl and 0.1 M MES pH 6.0 set up in 8 μ l drops over 0–30% saturated ammonium sulfate. The tetragonal crystal form ($P4_12_1$) was grown using identical conditions with the addition of 1 M ZnCl_2 to the protein solution (Hausrath & Matthews, 2002). In both cases crystals appeared in a few days and grew to full size within two weeks. For sarcosine and betaine binding, trypsin crystals were grown with protein at 40 mg ml⁻¹ using a well solution consisting of 20% PEG 8000, 0.1 M Tris pH 8.0, 0.2 M $(\text{NH}_4)_2\text{SO}_4$, 0.1 M benzamidine (Leiros *et al.*, 2001).

2.2. Cryoprotection experiments

Two types of cryoprotection experiment were carried out. In the first type of experiment, the osmolytes were used as post-crystallization treatments for crystals grown using previously published conditions. For hexagonal thermolysin,

crystals were transferred using a cryo-loop to sitting drops of pure cryoprotective agent (about 2 M) and then subsequently moved to other concentrations (*i.e.* 1–6 M) of cryoprotective agent in steps of 1 M, letting the crystal equilibrate for a few minutes at each concentration. An initial transfer to 2 M was necessary to prevent crystal cracking. These soaks were typically performed for a total of at least 30 min. Tetragonal thermolysin was marginally stable in pure osmolyte solutions, so short soaks (30–60 s) were performed using a range of osmolyte concentra-

tions in the presence of 0.1 M MES pH 6.5 and 1 M NaCl. Although required for tetragonal crystal growth, ZnCl_2 was not used in the cryoprotection solutions because of precipitation reactions with TMAO.

In the second type of experiment, crystals grown using TMAO as precipitant were cryocooled as grown and tested for diffraction. In these cases, the crystals were mounted directly from the crystallization drop by scooping with a cryoloop (Hampton Research), blotting the excess solution off the cryoloop and flash-cooling directly in the cryostream.

2.3. X-ray diffraction, data processing and structure determination

X-ray diffraction experiments were carried out on an Oxford Diffraction Xcalibur X-ray diffractometer with a Nova X-ray source and Onyx detector (Agilent Technologies, Santa Clara, California, USA) and an Oxford Cryojet temperature controller (Oxford Instruments, Oxford, England). Low-temperature data collection was performed by cryocooling the crystals directly in the cold stream at 100 K using 20 μ m diameter nylon cryoloops (Hampton Research). Room-temperature (294 K) data collection was performed using MicroRT tubes (MiTeGen, Ithaca, New York, USA). Data-collection strategies were created with *CrysAlis^{Pro}* (Agilent Technologies) subject to constraints of desired overall redundancy (>3) and available beamtime, resulting in exposure times of 20–60 s, oscillation ranges of 0.3–1.0° and data sets of 69–454 images (Table 3). Data were integrated with *CrysAlis^{Pro}* and reduced with *SCALA* (Evans, 2006). Most structures were determined by starting with rigid-body refinement with *REFMAC* (Murshudov *et al.*, 2011) using coordinates in the Protein Data Bank from a similar unit cell. The starting coordinates were as follows: for HEWL, 1bvz (tetragonal; Dong *et al.*, 1999), 1f0w (orthorhombic; Biswal *et al.*, 2000) or 5lym (monoclinic; Rao & Sundaralingam, 1996); for trypsin, 1tpo (orthorhombic; Marquart *et al.*, 1983) or 1c1n (trigonal; Katz *et al.*, 1998); for insulin, 1iza (hexagonal; Bentley *et al.*, 1992) or 9ins (cubic; Gursky *et al.*, 1992); for MntR, 2f5e (Kliegman *et al.*, 2006); for xylanase, 1xyo (Törrönen & Rouvinen, 1995) or 2jic (Moukhametzianov *et al.*, 2008); for thaumatin, 1kwn (Sauter *et al.*, 2002); for thermo-

lysin, 113f (tetragonal; Hausrath & Matthews, 2002) or 8tln (hexagonal; Holland *et al.*, 1992). Refinements then continued with a few rounds of restrained refinement alternating with model building in *Coot* (Emsley *et al.*, 2010). The tetragonal trypsin structure required molecular replacement, which was carried out using *MOLREP* (Vagin & Teplyakov, 2010) from the *CCP4* package (Winn *et al.*, 2011) with 1tpo as a search model prior to rigid-body refinement.

In some cases, additional steps were taken to identify ligands in the crystals. For orthorhombic trypsin, a data set was collected from a crystal grown using control conditions (see above) and $F_o - F_o$ difference Fourier maps (*i.e.* $F_o^{\text{osmolyte}} - F_o^{\text{control}}$ phased using a model refined without bound ligands against the osmolyte data set) were used to identify TMAO, betaine and sarcosine binding locations. For the tetragonal thermolysin crystals soaked in the three osmolytes, anomalous difference Fourier maps were used to distinguish between water molecules and heavier ions (*i.e.* Ca^{2+} , Zn^{2+} and Cl^-). The latter were distinguished from each other based on known binding sites and ligand geometry.

2.4. Cryoprotection physical parameters

The physical parameters of the osmolytes were determined and compared with those of two of the more commonly used cryoprotective agents: glycerol and ethylene glycol. Thermal contractions of cryosolutions between 294 and 72 K were determined as previously reported (Alcorn & Juers, 2010). The minimum concentration of cryoprotective agent for vitrification was determined by using a cryoloop of 20 μm diameter nylon with dimensions of 0.4×0.6 mm (Hampton Research). The loop was passed through the cryosolution of interest and flash-cooled in the cryostream (100 K) by first blocking the cryostream, placing the sample on the goniometer and then removing the cryostream block. X-ray diffraction measurements were taken (30 s exposure time) and integrated azimuthally to yield a one-dimensional powder diffraction profile using *CrysAlis^{Pro}*. This was repeated in increments of 0.5 M TMAO, sarcosine or betaine or 2.5% (v/v) glycerol or ethylene glycol. The lowest concentration of cryoprotective

Figure 3

Example crystals grown with TMAO as precipitant. (a) Orthorhombic trypsin; 3 M TMAO, 0.1 M pH 5.5 buffer. (b) Tetragonal trypsin; 4 M TMAO, 0.1 M pH 8.0 buffer, 0.2 M $(\text{NH}_4)_2\text{SO}_4$. (c) Orthorhombic lysozyme; 2 M TMAO, 0.1 M pH 10.0 buffer, 0.2 M KCl. (d) Tetragonal lysozyme; 1 M TMAO, 0.1 M pH 9.0 buffer, 0.2 M MgCl_2 . (e) Monoclinic lysozyme; 1 M TMAO, 0.1 M pH 10.0 buffer, 0.2 M LiNO_3 . (f) Rhombohedral insulin; 1.2 M TMAO, 0.1 M pH 5.5 buffer. (g) Orthorhombic catalase; 0.9 M TMAO, 0.1 M pH 7.0 buffer. (h) Monoclinic xylanase (left, form 2; right, form 1); 3 M TMAO, 0.1 M pH 6.0 buffer, 0.2 M KCl.

agent that prevented the formation of cubic ice (I_c) was recorded as the vitrification concentration.

2.5. Precipitation reactions

Precipitation of the osmolytes with various metal-salt solutions was tested. Solutions of osmolyte in water were prepared and the pH was left as-made or adjusted to 7.0 or 4.0 using HCl (final concentration 4.0 M osmolyte). The osmolyte solutions were mixed with solutions of metal salts (1.0 M MgCl_2 , CaCl_2 , MnCl_2 , FeCl_3 , NiCl_2 , CoCl_2 , CuCl_2 or ZnCl_2) by

Table 3

Data-collection and refinement statistics.

Statistics are given for the whole data set, with values for the high-resolution bin given in parentheses. N_{ref} multiplicity, completeness, $\langle I/\sigma(I) \rangle$ and R_{meas} are taken from the output from *SCALA*. Wilson B is from *TRUNCATE*. Mosaicity is the average of e_1 , e_2 and e_3 from *CrysAlis^{Pro}*, which are the mosaicities in three directions defined in a coordinate system local to each reflection. e_1 and e_2 are the mosaicities in two orthogonal directions tangential to the Ewald sphere (on the image, e_2 is the mosaicity along the direction radial from the beam center), while e_3 is the mosaicity in a direction perpendicular to e_1 and $p^* = S - S_0$, which is roughly the mosaicity in the scanning direction. Here, S is the scattered X-ray vector and S_0 is the incident X-ray vector (Schutt & Winkler, 1977; Kabsch, 2001). R and R_{free} are refined crystallographic R values from *REFMAC* for all data (working and test set) and the test set, respectively. R.m.s. bond length and angle are root-mean-square deviations of bond lengths and angles from the average values in the geometry library of *REFMAC*. For structures listed as 'precip', TMAO was used as the precipitant to grow the crystal. For structures listed as 'soak', the crystal was grown using previously published conditions and then soaked in osmolyte (see §2). TLN, thermolysin.

Protein/osmolyte	Trypsin/ TMAO	Trypsin/ TMAO	Trypsin/ TMAO	Trypsin/ sarcosine	Trypsin/ betaine	Insulin/ TMAO	TLN/ TMAO	TLN/ sarcosine	TLN/ betaine
Space group	$P4_12_12$	$P3_121$	$P2_12_12_1$	$P2_12_12_1$	$P2_12_12_1$	$I2_13$	$P4_12_12$	$P4_12_12$	$P4_12_12$
Unit-cell parameters (Å)	$a = b = 53.9$, $c = 181.9$	$a = b = 54.37$, $c = 105.36$	$a = 54.9$, $b = 58.6$, $c = 67.9$	$a = 54.9$, $b = 58.6$, $c = 67.7$	$a = 55.1$, $b = 58.2$, $c = 68.9$	$a = b =$ $c = 79.1$	$a = b = 96.9$, $c = 105.6$	$a = b = 96.4$, $c = 105.9$	$a = b = 96.2$, $c = 105.10$
[Osmolyte] (<i>M</i>)	3.75, precip	3.0, precip	1.0, precip	4.0, soak	4.0, soak	1.2, precip	3.0, soak	4.0, soak	3.0, soak
Temperature (K)	100	100	296	296	296	296	100	100	100
N_{ref}	7217 (1017)	18745 (2629)	24788 (3555)	24708 (3548)	16718 (2383)	4954 (721)	37207 (5303)	29727 (4252)	33919 (4855)
No. of images	454	213	215	273	182	69	162	172	90
Detector distance (mm)	90	90	65	65	65	65	74	90	280
Scan width (°)/time (s)	0.3/60	0.75/20	1.0/45	1.0/26.2	1.0/60	1.0/60	0.75/45	0.75/20	0.75/20
Multiplicity	10.0 (10.3)	3.7 (2.7)	5.3 (3.2)	5.6 (4.0)	5.8 (3.7)	6.8 (5.0)	6.9 (3.6)	6.0 (4.0)	8.6 (5.6)
Completeness (%)	99.7 (100.0)	99.5 (97.8)	99.9 (100.0)	99.9 (99.9)	99.8 (99.3)	99.9 (100.0)	99.8 (99.3)	99.9 (100.0)	99.9 (100.0)
$\langle I/\sigma(I) \rangle$	7.0 (2.6)	6.2 (3.1)	9.1 (1.5)	6.6 (1.3)	7.6 (1.3)	3.0 (1.8)	5.4 (3.3)	4.9 (1.3)	14.0 (2.9)
R_{meas} (%)	10.5 (30.2)	10.3 (30.3)	7.4 (52.5)	9.5 (59.4)	9.7 (60.2)	14.2 (46.4)	9.4 (25.5)	14.2 (68.4)	12.5 (62.2)
Resolution limits (Å)	51.7–2.80 (2.95–2.80)	47.1–1.75 (1.84–1.75)	44.4–1.70 (1.79–1.70)	44.3–1.70 (1.79–1.70)	44.5–1.95 (2.06–1.95)	18.6–2.10 (2.21–2.10)	71.4–1.95 (2.06–1.95)	71.2–2.10 (2.21–2.10)	70.9–2.00 (2.11–2.00)
Wilson B (Å ²)	40.6	13.0	13.4	14.4	18.5	27.2	13.9	19.4	18.1
Mosaicity (°)	0.57	0.76	0.71	0.67	0.71	0.72	0.83	0.73	0.71
R (%)	18.5	14.8	15.8	15.8	14.9	17.6	15.6	17.3	16.2
R_{free} (%)	24.8	19.0	18.8	18.7	19.1	22.3	18.3	21.6	18.8
$\langle B \rangle_{\text{prot}}$ (Å ²)	16.2	12.8	13.3	14.2	19.7	29.9	11.7	17.4	17.2
$\langle B \rangle_{\text{wat}}$ (Å ²)	9.1	25.3	28.3	29.3	33.9	44.0	28.6	24.0	32.2
No. of waters	34	241	160	168	132	35	449	194	350
R.m.s. bond length (Å)	0.013	0.014	0.014	0.015	0.019	0.017	0.017	0.022	0.019
R.m.s. bond angle (°)	1.7	1.5	1.4	1.5	1.7	1.5	1.4	1.7	1.6
PDB code	3t28	3t29	3t25	3t26	3t27	3t2a	3t2h	3t2i	3t2j

adding 100 µl osmolyte solution to 10 µl salt solution in a microbatch crystallization tray (Nunc, Rochester, New York, USA). The drops were observed immediately after mixing in a stereomicroscope to assess for precipitate formation. For those drops that precipitated, the test was repeated with sulfate and/or acetate salts: $\text{Fe}_2(\text{SO}_4)_3$, NiSO_4 , $\text{Ni}(\text{CH}_3\text{CO}_2)_2$, $\text{Co}(\text{CH}_3\text{CO}_2)_2$, CuSO_4 and $\text{Zn}(\text{CH}_3\text{CO}_2)_2$.

3. Results

3.1. Crystal growth

Fig. 3 shows example crystals produced with TMAO as precipitant. Of the 14 proteins tested, seven crystallized, some in multiple crystal forms. The TMAO–pH and TMAO–pH–salt screens produced crystals of lysozyme (three crystal forms), trypsin (three crystal forms), insulin (two crystal forms), catalase, xylanase (two crystal forms) and MntR (Fig. 2). Subsequent experiments, in which 0.1 *M* sodium/potassium tartrate was used as an additional additive, produced thaumatococcus crystals. A control screen lacking TMAO but including the salts and buffers failed to crystallize all proteins except for monoclinic lysozyme, which crystallized with 0.2 *M* nitrate. Diffraction experiments showed that all of the crystal forms

observed have been reported before, with the exception of the tetragonal form of trypsin ($P4_12_12$).

Most of the protein crystal growth occurred in the first week or two following screen setup. In many cases, the drop size has an impact on whether crystals formed or which crystal form appeared. For example, in some cases smaller drops produced tetragonal lysozyme crystals while larger drops produced orthorhombic crystals.

Sarcosine produced crystals of four proteins: lysozyme, insulin, xylanase and thaumatococcus. Betaine produced crystals of insulin and lysozyme. The ammonium sulfate–pH screen produced crystals of nine of the 14 proteins: α -chymotrypsin, catalase, hemoglobin, insulin, myoglobin, thaumatococcus, trypsin and xylanase.

Structures of TMAO-grown crystals were determined for HEWL (all three forms), trypsin (all three forms), insulin (both forms), xylanase (form 2), thaumatococcus and MntR. Bound TMAO molecules were found in all trypsin structures and cubic insulin (see below), but not in the other TMAO-grown crystals.

3.2. Cryoprotection

All three osmolytes can act as effective cryoprotective agents in post-crystallization treatment of thermolysin crys-

Figure 4

Cryoprotective efficacy of methylamine osmolytes as post-growth treatments. Shown are diffraction images of cryocooled tetragonal thermolysin after 30–60 s soaks as described in §2. (a) Cryosolution composed of 1 M TMAO, 1 M NaCl and 0.1 M MES (see §2). Powder rings for ice I_c are visible and the protein diffraction limit is 3.3 Å. (b) Cryosolution using 3 M TMAO. The diffraction limit is now approximately 2.1 Å. (c) Cryosolution using 4 M sarcosine, giving a diffraction limit of ~2.1 Å (1 M sarcosine yielded ~3.5 Å diffraction). (d) Cryosolution using 3 M betaine, giving a diffraction limit of ~2.4 Å (1 M betaine yielded ~3.6 Å diffraction).

tals. Figs. 4 and 5 show the diffraction properties of the two thermolysin crystal forms with the methylamine osmolytes as cryoprotective agents. In all cases the diffraction improves to a higher resolution limit and lower mosaicity with increasing concentrations of cryoprotective agent up to a certain concentration, at which point the diffraction degrades. In most cases, crystals grown from TMAO could be cryocooled with low mosaicity as grown without further treatment (Tables 3 and 4). Physical properties of the methylamine cryoprotective solutions are shown in Table 2 and are similar to those of solutions of glycerol and ethylene glycol.

3.3. Precipitation

Precipitation on adding 100 µl 4.0 M TMAO to 10 µl 1.0 M chloride salt (final concentrations 3.6 M osmolyte/90 mM salt)

occurred with FeCl_3 , CoCl_2 , CuCl_2 and ZnCl_2 at pH 9.8, the pH of 4.0 M TMAO dihydrate. At pH 7.0 FeCl_3 and CuCl_2 precipitated and at pH 4.0 only FeCl_3 precipitated. Precipitation also occurred with sulfate and/or acetate salts of the same four cations (Fe^{3+} , Co^{2+} , Cu^{2+} and Zn^{2+}). Sarcosine and betaine did not precipitate with the same salts under identical concentration and pH conditions, but did cause a color change, turning the solutions of FeCl_3 and CuCl_2 darker red/brown and blue, respectively.

4. Discussion

4.1. TMAO is an efficient primary precipitant for protein crystal growth

Previous investigations have shown that when used as an additive in crystallization experiments, TMAO can improve crystal order, a consequence of the well known protein structure-stabilizing aspect of this osmolyte (Hill *et al.*, 2002; Jiang *et al.*, 2006). The effects of TMAO on protein solubility, however, have been less well studied. Here, we have demonstrated that TMAO can function effectively as the primary precipitant for protein crystal growth, producing crystals of seven of the 14 proteins studied in a total of 13 different crystal forms (Figs. 2 and 3). In

most cases, the presence of salt additives [$(\text{NH}_4)_2\text{SO}_4$, MgCl_2 , KCl or LiNO_3] seemed to increase the probability of crystals appearing rather than precipitate (Fig. 2). The control screen using ammonium sulfate in place of TMAO produced crystals of nine of the 14 proteins. Thus, the efficiency of TMAO as a crystallization agent is slightly lower than that of ammonium sulfate.

Sarcosine and betaine were less efficient, producing crystals of four and two of the 14 proteins studied, respectively. In most cases, betaine did not cause precipitation during tray setup or after equilibration. The exceptions were insulin and thermolysin. For thermolysin, which has a low solubility in pure water, there was less precipitation at higher betaine concentrations. Sarcosine precipitated about half of the proteins, including thermolysin, with more precipitate at higher sarcosine concentrations.

Methylamine osmolytes are depleted from the protein backbone by about 50% relative to the bulk solution concentration, which stabilizes the more compact folded form of the protein (Bolen, 2004; Street *et al.*, 2006; Hu *et al.*, 2010). This osmolyte exclusion from the protein backbone should also reduce protein solubility, since crystallization involves burying at least some backbone groups at crystal contacts. However, side-chain interactions must also be considered (Auton *et al.*, 2011). For example, proline is also depleted from backbone atoms, but makes favorable side-chain interactions which dominate, thus increasing solubility (Bolen, 2004). TMAO, on the other hand, has only marginally favorable side-chain interactions. The net result is overall unfavorable interactions between TMAO and the folded protein, which decreases the solubility of the protein relative to pure water.

Table 4

Mosaicity of TMAO-grown crystals upon cryocooling.

Protein	Crystal form	[TMAO] (M)	$\eta^\dagger$ (°)
Catalase	Orthorhombic	2.0	No diffraction
Insulin	Hexagonal	1.0	0.81
	Cubic	1.0	0.57
	Tetragonal	1.0	0.82
Lysozyme	Orthorhombic	2.0, 4.0‡	0.67
	Monoclinic	1.0	2.03
Thaumatococcus	Tetragonal	3.0	0.72
Trypsin	Orthorhombic	2.0	0.87
	Tetragonal	3.8	0.63
	Trigonal	3.0	0.78
Xylanase	Monoclinic (1)§	2.0	1.10

† Average mosaicity from *CrysAlis^{Pro}* (i.e. average of e_1 , e_2 and e_3 ; see headnote to Table 3). ‡ For orthorhombic lysozyme, two crystals were tested (one at 2 M TMAO and one at 4 M TMAO) and the average η is given. For the other proteins, one crystal was tested. § Monoclinic xylanase with $\beta \approx 94^\circ$.

Figure 5

Plots of mosaicity versus concentration of cryoprotective agent for hexagonal (a) and tetragonal (b) thermolysin at 100 K. The plots for sarcosine (squares) and betaine (triangles) are offset horizontally by 0.1 and 0.2 M, respectively. The room-temperature (294 K) mosaicities in the absence of cryoprotective agent are 0.6–0.7°. The error is the average of 2–6 measurements and the error bar is the standard error of the mean.

Betaine behaves similarly to proline, being strongly excluded from the protein backbone, but with more favorable side-chain interactions than TMAO, especially with basic side chains. Betaine is therefore a protein solubilizer, as has been observed experimentally (Paleg *et al.*, 1984). Sarcosine, while being similar in structure to betaine, is expected to reduce protein solubility nearly as effectively as TMAO and should be a protein precipitant (Auton *et al.*, 2011). Sarcosine is strongly excluded from the backbone but interacts less favourably with side chains than betaine. As a crystallization agent, sarcosine was intermediate in effectiveness between betaine and TMAO. Below, we discuss some specific aspects of the proteins studied.

4.1.1. Insulin. The TMAO screens produced two crystal forms of porcine insulin, rhombohedral ($R3$; unit-cell parameters $a = 82.3$, $c = 34.1$ Å) and cubic ($I2_13$; $a = 78.9$ Å), both of which diffracted beyond 2.0 Å resolution. Insulin crystals have been grown from a variety of conditions, generally using salts including phosphate, citrate and sodium chloride (Harding *et al.*, 1966; Gursky *et al.*, 1992; Mueller-Dieckmann *et al.*, 2007). Here, the rhombohedral form appeared in a large range of conditions, more readily at lower pH values closer to the pI of 5.3. Structure determination showed the rhombohedral form to be the 2Zn variety (Harding *et al.*, 1966) with two bound zinc ions along a threefold crystal axis, although the crystallization buffer included no supplemental zinc. Cubic insulin crystals are commonly grown in the presence of EDTA to chelate zinc ions, which are absent from the cubic lattice. Here, the cubic form appeared sporadically throughout the screens. No TMAO molecules were observed in the rhombohedral form (based on a 294 K 2.0 Å resolution X-ray data set from a 1 M TMAO-grown crystal), but in the cubic form (294 K 1.8 Å resolution data set from a 1.2 M TMAO-grown crystal) a TMAO molecule was found at a crystal contact on a threefold axis in a location normally occupied by five water molecules.

4.1.2. Catalase. Bovine liver catalase crystals have been grown using ammonium sulfate and polyethylene glycol as precipitants (Ko *et al.*, 1999; Mueller-Dieckmann *et al.*, 2011; Purwar *et al.*, 2011). As with insulin, the TMAO-grown crystals

appeared more readily at lower pH values closer to the pI of 5.4. The crystals were orthorhombic, diffracting to 3.5 Å resolution, with unit-cell parameters $a = 88$, $b = 141$, $c = 231$ Å, similar to previously reported catalase crystals. A full X-ray diffraction data set was not collected from the catalase crystals owing to the relatively poor diffraction.

4.1.3. MntR. Crystals of the manganese transport regulator (MntR) are typically grown using PEG 4000 or PEG 400 as the precipitating agent (Kliegman *et al.*, 2006). Here, MntR crystals appeared in both TMAO screens, principally at lower concentrations of TMAO (space group $P2_1$; $a = 50.5$, $b = 46.5$, $c = 75.7$ Å; diffraction to 2.5 Å resolution). Two manganese coordination geometries called 'AB' and 'AC' have previously been reported for MntR and seem to be dependent on the temperature of X-ray data collection. Structure determination to 2.8 Å resolution at 294 K of a crystal grown in 0.6 M TMAO confirmed the expected AC coordination geometry, while no TMAO molecules were observed bound to the crystal.

4.1.4. Thaumatin. Tetragonal thaumatin is normally grown using a variety of precipitating agents in the presence of tartrate (McPherson, 2001). This was also true for TMAO. With 0.1 M tartrate present, TMAO was necessary and sufficient to produce thaumatin crystals (space group $P4_12_12$; $a = 58.5$, $c = 151.8$ Å; diffraction beyond 2.0 Å resolution), but without tartrate no crystals were produced. A 1.8 Å resolution structure was determined from a crystal grown in 2 M TMAO and flash-cooled directly from the crystallization drop into the cryostream; no bound TMAO molecules were observed.

4.1.5. Xylanase II. Xylanase II crystals are typically grown using ammonium sulfate as the precipitant (Törrönen & Rouvinen, 1995; Moukhametzianov *et al.*, 2008). Two monoclinic crystal forms of xylanase appeared in the TMAO screens under a variety of conditions. The first form (space group $P2_1$; $a = 56.3$, $b = 40.1$, $c = 82.3$ Å, $\beta = 94.7^\circ$), resembling the published coordinates of PDB entry 1xyo, were thick plates (Fig. 3) that appeared only in the presence of the salt additives. They diffracted to maximum resolution of 2.0 Å. The second form, with larger β angle (space group $P2_1$; $a = 40.9$, $b = 39.3$, $c = 57.4$ Å, $\beta = 110.8^\circ$), resembled the published coordinates of PDB entry 2jic, and were thin plates (Fig. 3) that appeared with or without salt additives. They diffracted to about 2.5 Å resolution. A structure of the first form was determined to 2.2 Å resolution at 294 K from a 1 M TMAO-grown crystal and no TMAO molecules were found bound to the crystal.

4.1.6. Lysozyme. Tetragonal HEWL crystals have previously been obtained using chloride, bromide, nitrate and sulfate anions as precipitating agents (Forsythe *et al.*, 1999; Pusey & Nadarajah, 2002). Fig. 2 shows that tetragonal crystals appear broadly across Screen 2 with chloride, nitrate and sulfate, but interestingly they also appear in the TMAO–pH screen. Under these conditions, the crystallization solution contains only TMAO and 0.1 M buffer, so the only anions present should be those from the buffer.

Orthorhombic lysozyme crystals usually appear under similar conditions to tetragonal lysozyme crystals, but at higher temperature and higher protein concentrations (Forsythe *et al.*, 1999; Pusey & Nadarajah, 2002). Here, higher concentrations

of TMAO as well as a larger drop size favored orthorhombic crystals.

Monoclinic lysozyme crystals have been obtained using nitrate, iodide and thiocyanate anions (Pusey & Nadarajah, 2002). Here, the monoclinic form appeared in control screens without TMAO. The monoclinic crystals could be grown in a few hours to 1 d using 0.2–0.4 M LiNO_3 at pH 9 with protein at 40–80 mg ml^{−1}. With 1 M TMAO present under otherwise identical conditions, the crystals appeared at the same time to 1 d sooner than without TMAO.

Structures were determined of all three lysozyme crystal forms at 294 K (tetragonal, 1.8 Å resolution, 1 M TMAO; orthorhombic, 2.1 Å resolution, 2 M TMAO; monoclinic, 1.7 Å resolution, 1 M TMAO) and no bound TMAO molecules were observed.

4.1.7. Trypsin. Bovine trypsin appeared in three crystal forms. The orthorhombic form is commonly grown using ammonium sulfate or PEG (Kurinov & Harrison, 1994; Leiros *et al.*, 2001). Here, the orthorhombic form occurred under a variety of conditions. The trigonal form of trypsin is normally grown with ammonium sulfate and often appears in the same drop as the orthorhombic form, which was also true with TMAO as precipitant. The refined structures of the orthorhombic and trigonal TMAO-grown crystals showed several TMAO molecules bound to the protein. In contrast, in a recent report trigonal trypsin crystals showed no bound TMAO molecules after a 10 s soak in 4 M TMAO (Mueller-Dieckmann *et al.*, 2011).

The third crystal form of trypsin produced with TMAO was a tetragonal form (space group $P4_12_12$; $a = 53.9$, $c = 181.9$ Å; 57% solvent content), which took longer to appear than the orthorhombic form, growing to maximum dimensions of 0.5 × 0.2 × 0.2 mm in about two weeks and typically diffracting to about 2.8 Å resolution at both 294 K and when directly cooled to 100 K as-grown. Another tetragonal form of trypsin has previously been reported with similar unit-cell parameters (Tsunogae *et al.*, 1986; Koepke *et al.*, 2000; PDB entry 1tab; space group $P4_12_12$; $a = 55.4$, $c = 181.7$ Å; 48% solvent content) but with trypsin in complex with a 97-amino-acid inhibitor (the Bowman–Birk inhibitor, BBI) and crystallized using ammonium sulfate and magnesium sulfate. The crystal packing in the TMAO-grown tetragonal trypsin crystals is quite different from that of the trypsin–BBI complex. About 40 and 50 residues make 4.0 Å trypsin–trypsin crystal contacts in the TMAO-grown trypsin and the trypsin–BBI crystals, respectively, but only about 20 of these residues are in common. It is therefore coincidental that the two crystal forms occur in the same space group with similar unit-cell parameters. TMAO thus produced a new form of the commonly crystallized protein trypsin.

The three trypsin crystal forms produced with TMAO, orthorhombic, trigonal and tetragonal, have four, six and eight molecules per unit cell, respectively. There is one crystal contact in common amongst the three crystal forms, creating a crystallographic dimer that appears in all three forms and binds a TMAO molecule. There are TMAO molecules involved in other crystal contacts, but none offer a ready

Figure 6

Examples of bound TMAO molecules. Red, oxygen; blue, nitrogen; yellow or wheat, carbon; light blue, symmetry molecule. Numbers indicate contact distances in Å. Red dashed lines, contacts of 3.0 Å or less. Yellow dashed lines, contacts of >3.0 Å. The maps show OMIT DELFT/PHDELFT electron density from REFMAC contoured at $+3\sigma/-3\sigma$ (cyan/red) (Murshudov *et al.*, 2011). (a–c) Examples from trigonal trypsin at 1.75 Å resolution. The maps were calculated after ten cycles of restrained refinement of the final model with the TMAO molecules removed. (d) Example from orthorhombic trypsin at 1.70 Å resolution. The map was calculated after restrained refinement of the initial model with waters in the vicinity of the TMAO molecules removed but before building TMAO molecules into the model. This figure was prepared with PyMOL (Schrödinger LLC).

explanation for the growth of the tetragonal crystal form with TMAO.

4.2. Methylamines as cryoprotective agents

Figs. 4 and 5 show that the three methylamine osmolytes TMAO, sarcosine and betaine are all effective post-crystallization cryoprotective agents. The cryocooled crystals diffracted poorly at 1 M osmolyte but to higher resolution and lower mosaicity at higher osmolyte concentrations, indicating that (i) the crystals require cryoprotective agents for successful cooling and (ii) the osmolytes are effective in the role of cryoprotection. It has recently been reported that TMAO can act as an effective cryoprotective agent (Mueller-Dieckmann *et al.*, 2011). Here, we have demonstrated the effectiveness of TMAO for two additional crystals and that the related osmolytes sarcosine and betaine are also effective cryoprotective agents.

In post-crystallization soaks of tetragonal thermolysin in TMAO, a precipitation reaction occurred which was traced to TMAO and zinc chloride. Subsequent experiments showed that precipitation occurs with TMAO in the presence of salts

of Fe^{3+} , Co^{2+} , Cu^{2+} or Zn^{2+} and that the precipitation reactions diminish with lower pH. TMAO-induced precipitation of iron is thought to be involved in iron deficiency in mink fed certain marine fish high in TMAO (Cheeke & Dierfeldt, 2010). Color changes of Cu^{2+} and Fe^{3+} solutions when mixed with sarcosine or betaine suggest changes in the metal ligands or a change of the oxidation state of the metal. The structure of tetragonal thermolysin in the presence of betaine showed direct interactions between zinc ions and betaine carboxylate groups (see below). Because they did not precipitate with the metal-salt solutions, sarcosine and betaine are good alternative cryoprotective agents to TMAO if metal ions are present.

TMAO-grown crystals could also be cryocooled *in situ* without further treatment (Tables 3 and 4; $P4_12_1$ trypsin and $P3_12_1$ trypsin). Since in some cases crystals appear at relatively low TMAO concentrations (*i.e.* < 2 M; Fig. 2) cryocooling may be improved by equilibrating the TMAO-grown crystal with higher TMAO concentrations prior to cooling or by using an external oil to eliminate ice formation on the outside of the crystal (Kwong & Liu, 1999).

TMAO prevented the formation of cubic ice at the lowest concentration (3.0 M) of the cryoprotective agents tested (Table 2). With respect to cryosolution thermal contraction, TMAO was similar to ethylene glycol, while sarcosine and betaine were closer to glycerol.

4.3. Osmolyte binding

Several studies have shown that TMAO and other stabilizing osmolytes are excluded from the protein surface (Lee & Timasheff, 1981; Lin & Timasheff, 1994; Bolen, 2004). Since this exclusion is relative to bulk solvent, we may still expect to find TMAO molecules in the vicinity of the protein. For example, a simple model predicts that in 1 M TMAO the local TMAO concentration near backbone groups should be about 0.5 M (Street *et al.*, 2006). There were 12 unique places that TMAO molecules were bound in the five crystals (the three crystal forms of trypsin, cubic insulin and thermolysin), including seven at crystal contacts. The pseudotetrahedral symmetry of the TMAO molecule made it necessary to deduce the binding orientation from interaction partners, which was possible in most cases. The oxide group forms polar contacts with water molecules (Figs. 6a, 6b and 6c), protein side chains (Figs. 6c and 6d) and backbone amides (Fig. 6d). In about half

Figure 7

Examples of bound betaine and sarcosine molecules. The color scheme is identical to that in Fig. 6. Cyan spheres, Cl^- ions. Large sticks, betaine. Small sticks, sarcosine. The maps show OMIT DELFT/PHDELFT electron density from *REFMAC* contoured at $+3\sigma/-3\sigma$ (cyan/red) (Murshudov *et al.*, 2011). The maps were calculated after restrained refinement of the initial model with water molecules in the vicinity of the ligands removed but before building betaine molecules into the model. (a, c) Two examples from tetragonal thermolysin at 2.00 Å resolution (betaine) and 2.10 Å resolution (sarcosine). (b, d) Two examples from orthorhombic trypsin at 1.95 Å resolution (betaine) and 1.70 Å resolution (sarcosine). This figure was prepared with *PyMOL* (Schrödinger LLC).

of the cases the TMAO molecule appears to interact directly with only solvent molecules. The methyl groups, which each carry a partial positive charge (Zou *et al.*, 2002), sometimes make van der Waals contacts with a variety of protein atoms, including backbone carbonyl groups, which bear a partial negative charge (Fig. 6a). In other cases, the trimethyl group projects into bulk solvent (Figs. 6b and 6d).

Structures were determined of proteins in the presence of sarcosine and betaine for comparison with TMAO binding. Orthorhombic trypsin and tetragonal thermolysin crystals were grown using previously published conditions and soaked in solutions of sarcosine and betaine prior to X-ray data collection (see §2). Trypsin and thermolysin bound four and six betaine molecules, respectively. In each case, the betaine carboxylate group contacts polar atoms on the protein, including arginine (Fig. 7a), lysine (Fig. 7b) and histidine side chains and backbone amide groups (Fig. 7c) as well as water molecules (Fig. 7d). In one case the betaine molecule interacts directly with primarily water molecules. Interactions between carboxylate groups of betaine and basic side chains are consistent with a free-energy transfer model in which the increase in protein solubility in the presence of betaine is largely a consequence of interactions between betaine and charged side chains (Auton *et al.*, 2011). As with TMAO, the betaine methyl

groups make van der Waals contacts with some carbonyl atoms (Figs. 7b and 7c). Two of the betaine molecules bound to thermolysin interact with bound zinc ions directly *via* their carboxylate groups: one in the active site and another in a different region of the protein (Fig. 7d). In the sarcosine-soaked crystals, five sarcosine molecules were observed, all of which were bound at betaine sites with similar osmolyte–protein interactions (Figs. 7a and 7c).

4.4. Stabilizing methylamine osmolytes for protein crystal growth and cryo-protection

TMAO is a crystallization agent with unique chemical and physical properties. Like many precipitants, it reduces protein solubility *via* an exclusion mechanism, which for TMAO is based on the preference of backbone atoms to interact with water rather than osmolyte (Bolen & Rose, 2008). In contrast, the exclusion mechanism for polyethylene glycol is based on excluded volume (Arakawa & Timasheff, 1985). Unlike some precipitants (*e.g.* MPD and PEG), TMAO increases protein stability (Yancey & Somero, 1979; Bolen, 2004). Above pH ~ 4.6 – 4.8 TMAO is zwitterionic, a feature shared with none of the

commonly used precipitating agents. TMAO produced diffraction-quality crystals of proteins normally grown using either salt or polyethylene glycol as precipitants. Furthermore, TMAO was able to produce a heretofore unreported crystal form of trypsin. The binding of TMAO at crystal contacts suggests that this osmolyte may not only be able to provide the overall thermodynamic driving force for crystallization, but may also be able to provide specificity in mediating crystal contacts to yield new crystal forms. Sarcosine and betaine also produced crystals, but less effectively than TMAO.

For cryoprotection, both protein stability and solubility are important. Ideally, the cryoprotective agent will increase stability and decrease solubility, but both criteria are not always met. Some cryoprotective agents destabilize proteins [*e.g.* low-molecular-weight PEGs (Arakawa & Timasheff, 1985) and DMSO (Arakawa *et al.*, 2007)]. Glycerol, while being a known protein stabilizer (Vagenende *et al.*, 2009), increases solubility (Zukoski & Farnum, 1999; Schall *et al.*, 2009; Auton *et al.*, 2011) and sometimes dissolves crystals when used as a post-crystallization cryoprotective agent. Other cryoprotective agents that solubilize proteins include sucrose (Henry *et al.*, 2005) and ethylene glycol (Zukoski & Kulkarni, 2002). Here, all three methylamine osmolytes were effective cryoprotective agents and all three increase protein stability.

Betaine, however, increases solubility (Paleg *et al.*, 1984) and should therefore tend to dissolve crystals, similar to the effect of glycerol. Here, the betaine concentrations (3–4 *M*) tolerated by thermolysin crystals were lower than for sarcosine or TMAO (5–6 *M*), but were adequate for successful cryocooling. TMAO and sarcosine reduce solubility and should therefore stabilize both the crystal and the protein when used as post-crystallization cryoprotective agents.

5. Conclusions

The stabilizing osmolyte TMAO is an efficient primary precipitant for protein crystal growth, providing new routes for crystallographers to find crystallization conditions. All three methylamine osmolytes explored (TMAO, sarcosine and betaine) can function as effective cryoprotective agents. In cases where transition-metal ions are present, the use of TMAO as cryoprotective agent may produce precipitation reactions, which can be avoided by using sarcosine or betaine. The combined properties of protein stabilization and cryoprotection give the methylamine osmolytes in general, and owing to its efficient crystallization capabilities TMAO in particular, great potential as tools for macromolecular crystallography.

This work was supported in part by NIH Grant GM090248 (DHJ) and in part by a grant from HHMI to Whitman College. We would like to thank Paul Yancey for helpful discussions.

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