Multivariate analysis of the factors involved in loss of renal differential function after laparoscopic partial nephrectomy: a role for warm ischemia time

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Abstract

Background: Partial nephrectomy (PN) is now the gold standard for the surgical treatment of small renal masses. We evaluated the effect of WIT and other factors on RDF assessed by preoperative and postoperative renal scintigraphy.

Methods: Between 2003 and 2008, 182 consecutive laparoscopic PN (LPN) were performed in an academic centre. Among those, 56 had mercaptoacetyl triglycine (MAG3) lasix renal scintigraphy preoperatively and postoperatively.

Results: Medians for age, preoperative estimated glomerular filtration rate and computed tomography scan tumour size were 62 years, 82 mL/min/1.73m² and 26 mm, respectively. Median WIT and preoperative RDF were 30 minutes and 50%, respectively. Median loss of RDF after surgery was 14%. Linear regression curves showed that loss in RDF rate was 0.2% per minute when WIT was <30 minutes and 0.7% per minute when WIT was ≥30 minutes. In multivariate analysis, length of WIT and endophytic tumour location were associated with a statistically significant loss of RDF ($p < 0.05$), but only in the group who experienced >30 minutes of WIT.

Interpretation: Our results suggest that the factors associated with loss of RDF are not the same before and after 30 minutes of WIT and that the rate of loss in RDF increases after 30 minutes. Since, the effect of WIT is small up to 30 minutes, we believe that surgery should focus on limiting the resection of normal parenchyma and to ensure negative margins and hemostasis, rather than on premature unclamping.

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Résumé

Contexte : La néphrectomie partielle (NP) est maintenant la norme thérapeutique pour le traitement chirurgical des petites masses rénales. Nous avons évalué l'effet du temps d'ischémie chaude et d'autres facteurs sur la fonction rénale différentielle par scintigraphie rénale préopératoire et postopératoire.

Méthodologie : Entre 2003 et 2008, 182 NP par laparoscopie ont été effectuées de façon consécutive dans un centre universitaire. De ces cas, 56 ont subi une scintigraphie rénale Lasix au MAG3

(mercaptoacétyltriglycine) avant et après l'opération.

Résultats : Les valeurs médianes pour l'âge, le taux de filtration glomérulaire préopératoire évalué et la taille de la tumeur mesurée par tomодensitométrie étaient de 62 ans, 82 mL/min/1,73 m² et 26 mm, respectivement. Le temps médian d'ischémie chaude et la fonction rénale différentielle avant l'opération étaient de 30 minutes et de 50 %, respectivement. La perte médiane de fonction rénale différentielle après l'intervention était de 14 %. Les courbes de régression linéaire ont révélé que la perte de fonction rénale différentielle était de 0,2 % par minute lorsque le temps d'ischémie chaude était inférieur à 30 minutes et de 0,7 % par minute lorsque le temps d'ischémie chaude était ≥ 30 minutes. Dans l'analyse multivariée, la durée de l'ischémie chaude et une tumeur endophytique ont été associées à une perte de fonction rénale différentielle significative sur le plan statistique ($p < 0,05$), mais seulement dans le groupe ayant subi une ischémie chaude de plus de 30 minutes.

Interprétation : Nos résultats portent à croire que les facteurs associés à la perte de fonction rénale différentielle diffèrent avant et après 30 minutes d'ischémie chaude, et que le taux de perte de fonction rénale différentielle augmente après 30 minutes. Comme l'effet de l'ischémie chaude est minimal lorsque celle-ci est de 30 minutes ou moins, nous croyons qu'il faut chercher à limiter la résection du parenchyme normal et assurer des marges négatives et l'hémostase plutôt que de viser un déclampage prématuré.

Introduction

The annual number of patients with renal cell carcinoma (RCC) has increased in the last decade secondary in part due to an increase in incidentally found tumours;¹ the highest increase has been observed in the incidence of localized tumours.^{2,3} This trend has led to the more frequent use of partial nephrectomy (PN), which has now become a standard, if not the preferred treatment, for smaller renal masses.⁴ One of the modifiable factors associated with the loss of renal function (RF) during PN is warm ischemia time (WIT), but the safe duration of clamping time is unknown. Some studies based on creatinine or estimated glomerular filtration rate (eGFR) suggest that WIT should be kept under 20 minutes, while others have suggested 40 minutes as a cut-off.⁵⁻¹¹ This discrepancy between studies underscores the

need for homogenous data using RF tools that evaluate the damage to the operated kidney.

To evaluate the impact of WIT after laparoscopic PN (LPN), we analyzed its effect on the loss of renal differential function (RDF) on the operated kidney in a series of LPN. In a small cohort of patients, we demonstrate that the factors associated with loss in RDF before and after 30 minutes are different.

Methods

Data collection and patient selection

We included 56 patients who had a MAG3-lasix renal scintigraphy performed both preoperatively and postoperatively from a cohort of 182 patients who underwent LPN for organ-confined enhancing tumours on preoperative imaging. All procedures were performed by 1 surgeon in a single institution. Tumour size was defined by the longest single dimension of the lesion on the computed tomography scan. The localization of the tumour was defined as endophytic if more than 5 mm of the tumour was located in the renal parenchyma consistent with the Johntson classification.¹²

Transperitoneal laparoscopic partial nephrectomy technique

A 4-port approach was used. Initial dissection was directed toward defining the renal hilum. The renal hilum was cross-clamped with a Aesculap (Aesculap, Inc., Center Valley, PA) noncrushing laparoscopic bulldog clamp or with an Aesculap Satinsky clamp. The lesion with a rim of normal parenchyma was sharply resected. Renal repair began with runs of sutures to close the collecting system. Subsequently, 2 or 3 parenchymal buttress sutures were placed. FloSeal (Baxter Healthcare Corporation, Hayward, CA) and polyglactin mesh rolls (Surgicel, Ethicon 360, Inc.) were placed to fill the parenchymal void and stabilized by tying down the buttress sutures. A Jackson-Pratt drain was placed.

Follow-up

Serum creatinine (Cr) was measured preoperatively and postoperatively at day 1, at 3 months and at the last date of follow-up. Renal function was evaluated by assessing the split RF using MAG-3-lasix scintigraphy at a median of 10 days.

Statistical analysis

Discrete variables were reported as a percentage and continuous variables as a median and mean $\pm$ standard deviation. Differences between patient groups among the discrete

variables were tested using the chi-square test, while differences among continuous variables were tested using the two-sample t-test or the one-way ANOVA. The association of RDF with each characteristic was investigated using a univariate linear regression model. When investigating the relationship of RDF across different WIT intervals, the one-way ANOVA model was used and a linear contrast was used to test for a linear trend. When investigating the relationship between RDF and WIT (measured continuously), a four-degree polynomial curve was fitted. Derivatives of the curve's equation were calculated to obtain the WIT where the maximal change in the RDF loss rate occurred. To adjust for possible confounders, multivariate linear regression models were also used. All analyses were conducted using SAS version 9.1.3 (SAS Institute Inc., Cary, NC).

Results

We detailed the characteristics of the patients (Table 1). No statistical difference was observed between the 56 patients selected for the study and the other 130 patients of our series, with the exception of tumour stage, WIT, postoperative creatinine and eGFR. Of note, the WIT in our cohort of 56 patients was on average 29.8 ± 8.8 minutes (range 9-60 minutes) and loss of RDF was on average 14.2 ± 9.7 %. Endophytic location of the tumour, WIT, postoperative eGFR, operative time and blood loss were associated with a loss of RDF (Table 2). Since WIT was the modifiable factor with the strongest association, we first analyzed the effect of WIT at different intervals on loss of RDF. As the WIT increases, there is a statistically significant increase in loss of RDF in univariate analysis (Table 3). Next, we evaluated whether the loss of WIT was the same over time by plotting the effect of WIT as a continuous variable on the RDF of the operated kidney (Fig. 1). A polynomial curve drawn from the relation between WIT and loss in RDF illustrates that the rate of loss of RDF (% per minute) before and after 30 minutes is not the same. Almost two separate linear curves are observed before and after 30 minutes. The calculated point of inflection (point of maximal change in the rate of loss in RDF) of this polynomial curve is 32 minutes. We next analyzed the relation between WIT and loss in RDF using linear regression analysis before and after 30 minutes (data not shown). The coefficient of determination (r^2) of the two linear regression curves was not the same ($r^2 = 0.06$ before vs. $r^2 = 0.39$ after 30 minutes). Therefore, the discrepancy between the two coefficients of correlation suggests that there is a different association between WIT and loss in RDF for the two groups. Hence, we constructed two multivariate linear regression models: one with the group WIT <30 minutes and another with the group WIT $\geq$ 30 minutes. The characteristics of our two groups were similar except for loss in RDF, hypertension (HTN) and WIT (Table 4).

Table 1. Characteristics of patients in our series of laparoscopic partial nephrectomy with or without renal scintigraphy

Characteristics	Renal scintigraphy				p value
	Yes (n = 56)		No (n = 130)		
	Value	Median	Value	Median	
Patient					
Age (years)	62±11	62	58±12	59	0.06
Female (%)	46	-	47	-	0.92
BMI (kg/m²)	28±5	27	29±6	28	0.30
Diabetes (%)	17	-	17	-	0.90
HTN (%)	30	-	26.4	-	0.80
ASA (%)					0.11
1	43	-	41		
2	35	-	45		
3	22	-	14		
Renal function					
Preoperative eGFR (MDRD)	78±19	82	82±19	81	0.16
Preoperative creatinine (μM)	87±29	83	82±20	81	0.23
Preoperative RDF (%)	50±8	50	nd	nd	nd
Postoperative RDF (%)	36±12	36	nd	nd	nd
Postoperative eGFR (MDRD)	63±16	63	72±18	70	0.005
Postoperative creatinine (μM)	105±36	100	94±29	89	0.02
3 months eGFR (MDRD)	68±16	67	74±19	73	0.08
Tumour					
Right side (%)	57	-	49	-	0.35
CT-size (cm)	3.2±1.6	2.6	3.2±1.4	3.0	0.92
Exophytic tumour (%)	27	-	18	-	0.25
Pathological stage (%)	-	-	-	-	0.008
pT1a	62	-	78	-	-
pT1b	8		14		
pT2	8		2		
pT3	23		7		
<i>Furhman grade (%)</i>					0.32
Grade 1-2	83		73		
Grade 3-4	17		28		
Operative					
WIT (minutes)	30±9	30	26±9	24	0.006
OR-time (minutes)	123±29	120	124±27	120	0.95
Blood loss (mL)	181±259	50	176±258	100	0.85
Postoperative					
Hospitalization (days)	4.6±3.3	4	4.0±2.2	4	0.18
Complications (%)	25	-	28	-	0.42

BMI: body mass index; HTN: hypertension; ASA: American Society of Anesthesiologists (ASA) score; eGFR: estimated glomerular filtration rate; MDRD: modification of diet in renal disease; RDF: renal differential function; CT: computed tomography; WIT: warm ischemia time; OR: operating room; nd: not determined.

When the data were analyzed using the multivariate regression models, the factors with the strongest association with a loss in RDF (but not statistically significant) for the group WIT <30 were HTN ($p = 0.09$), solid texture ($p = 0.06$) and endophytic location of the tumour ($p = 0.08$) (Table 5). The WIT was not associated with loss in RDF. In the group WIT ≥30, WIT was the main factor associated with a loss in RDF ($p = 0.002$), while the endophytic location of the tumour was the other statistically significant factor

($p = 0.02$). We next determined the rate of loss of RDF when only considering WIT as a factor. We used our models to correct the loss in RDF for every factor other than WIT. By comparing the linear relation between WIT and loss of RDF between the two groups, we observed that the adjusted rate of RDF-loss was 3.5-fold higher in the group with WIT ≥30 minutes than the group <30 minutes. The calculated rate of loss in RDF was 0.2% per minute in the group WIT <30 as compared to 0.7% per minute in the WIT ≥30 group (Fig. 2).

Table 2. Factors associated with loss in renal differential function in univariate analysis

Characteristics	<i>p</i> value
Patient related	
Age	0.98
Male sex	0.44
BMI	0.68
HTN	0.80
Diabetes	0.15
Renal function related	
Preoperative RDF	0.36
Creatinine	0.64
eGFR Preoperative (MDRD)	0.39
eGFR Postoperative (MDRD)	0.003
Postoperative creatinine (μM)	0.68
Creatinine at 3 months (MDRD)	0.28
Tumour related	
Right side	0.71
CT size	0.16
Exophytic location	0.003
Pathological stage	0.72
Histological type	0.26
Furhman grade	0.66
Surgery related	
OR time	0.03
Blood loss	0.03
Margin	0.07
WIT (minutes)	<0.001
Urinary leak	0.95
Transfusion	0.63
Ureteral catheter usage	0.15
Complications (all)	0.47
Complications (urological)	0.47

BMI: body mass index; HTN: hypertension; eGFR: estimated glomerular filtration rate; MDRD: modification of diet in renal disease; RDF: renal differential function; CT: computed tomography; WIT: warm ischemia time; OR: operating room.

Discussion

In this study, we have used preoperative and postoperative MAG-3-lasix renal scintigraphy to evaluate the factors most responsible for a loss of RDF after laparoscopic partial nephrectomy. We have identified WIT as the factor with the strongest association with a loss of RDF in multivariate analysis. We also demonstrated that the effect of WIT varies over time, being 3.5-fold higher after 30 minutes than before.

Accumulating evidence from population-based analyses demonstrates that impaired renal function has adverse effects on several health outcomes.¹³ Moreover, it has been shown that 24% of patients with cT1a tumours have an eGFR of less than 60 mL/min/1.73m².¹⁴ The evidence heightens the interest in techniques that have the potential to preserve RF. Indeed, the identification of modifiable factors that could alter renal function during or after nephron-sparing nephrec-

Fig. 1. Effect of WIT on RDF. Patients undergoing LPN had a preoperative and a postoperative renal scintigraphy and the change in RDF was plotted against WIT. The rate of change in loss in RDF increases after 30 minutes. The point of maximal inflection of the curve was calculated at 32 minutes.

tomy is of the utmost importance to minimize the effect of the intervention on the operating kidney. Most studies have based their conclusions on serum creatinine and eGFR, two parameters that do not accurately reflect the damage to the operating kidney.¹⁵ For instance, Porpiglia and colleagues have reported that WIT was associated with loss in RDF, while it did not affect the eGFR, showing the higher sensitivity of RDF to detect renal damage. Since the goal of PN is to preserve RF on the operating kidney, we believe that looking at loss of RDF or eGFR by renal scintigraphy is the best method to identify damage to the operating kidney. On the other hand, RF assessment using eGFR would be better to delineate the patients that are at risk for global RF deterioration and subsequent renal insufficiency. In multivariate analysis, only the endophytic location of the tumour and WIT were statistically associated with loss of RDF. We believe that the association of tumour location and loss of RDF occurs due to extirpation of normal parenchyma when there is more than 5 mm of parenchymal incursion (our definition of endophytic). Interestingly, the association between loss of RDF and the size of normal parenchymal margins resected almost achieved statistical significance ($p = 0.07$). A study with more power would likely achieve significance. Three other studies have used renal scintigraphy to evaluate factors that can predict loss of RF on the operating kidney (Appendix 1). The removal of normal parenchyma seems to be a common factor associated with loss in RF.^{15,16} We also showed that WIT is strongly associated with loss in RDF. On average, the absolute loss in RDF was 14% and relative loss in RDF was 29% (relative loss = absolute loss RDF/preoperative RDF $\times$ 100). This finding concurs with three recent studies that showed that loss in RF by renal scintigraphy was of 29%,¹⁶ 29 %¹⁷ and 24%¹⁵ in the early postoperative period when using renal scintigraphy

Fig. 2. Effect of WIT on the loss of RDF after adjusting for confounding factors using multivariate analysis regression models.

(Appendix 1). Based on these series and the current study, the estimated loss of RDF on the operating kidney after a LPN with a WIT of 30 minutes for a tumour of about 3 cm should be expected to be between 25% and 30%.

The difference in the factors responsible for a loss of RDF before and after 30 minutes is interesting from a clinical perspective. We have shown in a multivariate regression model that the factors associated with loss of RDF before 30 minutes are patient- or tumour -related, while those associated loss of RDF after 30 minutes are tumour- and surgery-related. An important finding of this study is that the impact of WIT before 30 minutes is minimal, whereas after 30 minutes, it is the main factor associated with a loss of RDF. Since our series is not sufficiently powered to conclude that WIT has no impact on RDF before 30 minutes, it does show that its effect is minimal when loss of RDF is corrected for other patient- and tumour-related factors. Therefore, we believe that surgeons should focus on minimizing the removal of normal parenchyma, ensur-

Table 3. Loss in renal differential function according to warm ischemia time intervals

WIT (min)	n	RDF loss*±	
		Average	SD
<20	8	7.5	7.6
20-30	20	11.8	9.2
30-40	24	17.0	8.4
>40	3	29.7	4.9

*: $p < 0.001$; ±: $p = 0.04$ when patients with WIT <30 and >30 minutes are compared.
WIT: warm ischemia time; RDF: renal differential function; SD: standard deviation.

ing negative margins and careful hemostasis as opposed to an unnecessary premature unclamping of the renal artery before 30 minutes. By analyzing loss in RDF as a continuous variable, we also demonstrated that there is no specific time at which the renal artery clamp should be removed, but instead that the rate of loss of RDF changes around 30 minutes. We have estimated that the rate of loss in RDF due to WIT increases to 0.7% per minute after 30 minutes. For a kidney with a 50% RDF, this translates into a loss of 1.4 % per minute of functional parenchyma. This estimated rate may help surgeons plan their surgeries based on the pre-operative RF of the patient, the characteristics of the tumour and the estimated clamping time. Many techniques have been described to limit ischemic damages during LPN. such as renal cooling, early unclamping, on-demand clamping and parenchymal compression with a Kaufman clamp, all of which should be considered if the WIT is anticipated to be longer than 30 minutes.¹⁸ Open PN should also be strongly considered with or without ice cooling in cases where LPN is anticipated to be difficult.

Our study has the limitation of using an early postoperative renal scintigraphy and therefore, the ischemic damage observed may be more reflective of acute renal ischemic

Table 4. Comparative analysis of characteristics of the patients with warm ischemia times < or ≥ than 30 minutes that were used for the multivariate analysis

Variable	Descriptive statistics				p value
	WIT <30 minutes (n = 23)		WIT ≥30 minutes (n = 29)		
	Mean	SD	Mean	SD	
Change in RDF	10.6	9.4	17.6	8.9	0.01
Patient related					
HTN (%)	46	-	17	-	0.04
Diabetes (%)	13	-	21	-	0.49
Preoperative RDF (%)	49	-	50.5	9.0	0.42
Tumour related					
Endophytic (%)	64	-	80	-	0.23
Solid texture (%)	80	-	73	-	0.75
Pathological stage T1 (%)	80	-	73	-	0.75
Surgery related					
WIT (min)	22.5	4.5	35.8	6.6	<0.001
Blood loss (g/L)	20.6	11.0	24.6	15.8	0.30

WIT: warm ischemia time; RDF: renal differential function; HTN: hypertension; SD: standard deviation.

Table 5. Factors associated with loss in renal differential function in multivariate analysis

Variable	Multivariate analysis					
	WIT <30 minutes (n = 23)			WIT ≥30 minutes (n = 29)		
	Estimate	SE	p value	Estimate	SE	p value
Patient related						
HTN (%)	-6.6	3.6	0.09	2.9	3.3	0.4
Diabetes (%)	4.6	6.1	0.46	-3.6	2.9	0.22
Preoperative RDF (%)	0.1	0.3	0.68	-0.2	0.2	0.28
Tumour related						
Endophytic (%)	6.8	3.5	0.08	8.9	3.6	0.02
Solid texture (%)	10.1	4.9	0.06	-5.1	3.2	0.12
Pathological stage T1 (%)	6.3	5.3	0.25	-1.9	2.8	0.5
Surgery related						
WIT (min)	0.2	0.4	0.64	0.7	0.2	0.002
Blood loss (g/L)	0.2	0.2	0.21	0.1	0.1	0.46

WIT: warm ischemia time; RDF: renal differential function; HTN: hypertension; SE: standard error; confidence interval = 95%.

injuries than the chronic damage responsible for late renal insufficiency. However, since loss of RDF is greater immediately after surgery, this period probably allows for a more sensitive assessment of factors involved. Hence, we have shown that WIT has little impact on renal function before 30 minutes in the early postoperative period (the period of maximal acute injury), which might reinforce our conclusion that surgery should focus on surgical precision rather than WIT before 30 minutes.

Another limitation of our study is the use of RDF as the measure of renal function. Because it is relative to the function of the other kidney, this measure cannot be extended to every patient, especially those with an asymmetric renal function, solitary kidney or comorbidities which affect renal function. Finally, the small number of patients included in the series might have limited our ability to detect significant factors involved in loss of RDF despite our efforts to perform a multivariate statistical analysis. Further studies with more patients will be needed to confirm our results.

Conclusion

Our multivariate analysis suggests that the effect of WIT on RDF of the operated kidney is not the same before and after 30 minutes. Since WIT has less impact on loss of RDF before 30 minutes, this suggests that LPN surgery should focus on limiting the resection margins, careful closure of the collecting system and hemostasis. After 30 minutes of WIT, the rate of loss of RDF increases and minimizing the loss of RDF should be the priority.

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Appendix 1. Published studies that have used renal scintigraphy to evaluate renal function on the operated kidney after laparoscopic nephrectomy

Author	n	Tumour size (cm)	WIT	Loss in RF (%)	
				Average (%)	Associated factors
Porpiglia et al ¹²	18	3.4	39	24	WIT, size of normal parenchyma removed
Song et al ¹³	117	2.9	28	29	Age, kidney volume loss, upper pole location
Funahashi et al ¹⁴	30	3.2	24	29	WIT
Present study	56	3.2	29	28 ^a	WIT, endophytic location of the tumour

*: 14.2% in absolute loss in renal differential function (RDF) is approximated to 28.4% of relative loss in RDF in a kidney representing 50% of the total renal function. WIT: warm ischemia time; RF: renal function.

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Determining optimal surgical care for patients with renal masses

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The recent literature has emphasized the importance of renal function on life expectancy and cardiovascular morbidity. This has been demonstrated in both the medical¹ and surgical literature,^{2,3} and has led to the expansion of the indications for partial nephrectomy in treatment of renal masses. In fact, the American Urological Association guidelines for the management of clinical stage 1 renal masses recommend partial nephrectomy be considered the standard of care in tumours <4 cm when judged to be technically feasible by a urologic surgeon.⁴

The current article evaluates the effect of warm ischemia time and other clinical variables on renal differential function measured by MAG3-lasix renal scintigraphy.⁵ They conclude that factors associated postoperative renal function were not the same before and after 30 minutes, and that the rate of functional loss increases significantly after 30 minutes. However, drawing any firm conclusions or altering clinical practice based on these findings may not be advisable. Firstly, this study assessed renal function as a median of 10 days after surgery, which is more reflective of acute kidney injury rather than long-term renal function. And it is likely that long-term renal function is of greater clinical importance. Secondly, this article is severely limited by its small sample size. Performing multivariable analyses with such small numbers risks overfitting the model, and is statistically inadvisable. Nonetheless, this article confirms the findings of others that renal functional loss is not linearly associated with warm ischemia at the time of partial nephrectomy, and that functional deterioration appears to accelerate with time.⁶ However, studies continue to find that any period of ischemia results in a negative effect on ultimate renal function.⁷

In summary, although level-1 evidence is lacking, observational studies suggest the importance of renal functional preservation in the treatment of small renal masses, which is best achieved with partial nephrectomy and minimization of renal ischemia when extirpation is deemed necessary. However, prospective, preferably randomized, studies are needed to more convincingly determine optimal surgical care in patients with renal masses.

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