PLWC Resources

Cancer and the Holidays: ASCO's Resources for Patients and Caregivers

People living with cancer often face unique challenges during the holiday season, ranging from balancing mixed emotions to facing physical limitations that may curb traditional activities. It may also be a time of added stress for caretakers and loved ones. To help, the patient information Web site of the American Society of Clinical Oncology (ASCO), People Living With Cancer (PLWC), offers a variety of resources in its Coping section that specifically address concerns that arise during this time of the year, particularly from Thanksgiving to New Year's Day. Among these items is the new *PLWC Podcast: Cancer and the Holidays* that can be downloaded free of charge at www.plwc.org/podcasts.

Updated ASCO Patient Guide on Breast Cancer Tumor Markers

The updated *ASCO Patient Guide: Tumor Markers for Breast Cancer* is available on PLWC at www.plwc.org/patientguides in text-only and PDF formats. Based on an updated clinical practice guideline published by ASCO, this patient guide describes the recommendations regarding different tumor markers that should be used at specific points during the diagnosis and treatment of breast cancer, a brief analysis of what the recommendations mean for patients, questions patients can ask their doctors, and a list of resources for additional information.

Patient Information From the 2007 Breast Cancer Symposium

People with breast cancer can find several resources on PLWC from the 2007 Breast Cancer Symposium, cosponsored by ASCO on September 7 to 8 in San Francisco, California. First, a special edition of the *Cancer Advances* newsletter summarizes some of the research presented at this meeting. In addition, there is an *ASCO Expert Corner* article regarding the

symposium from ASCO President Nancy Davidson, MD, as well as a *PLWC Podcast* led by Program Committee Cochair Eric Winer, MD. For more information, direct your patients to www.plwc.org/breastsymposium.

Series Offers Experts' Perspective on Timely Cancer Topics

In addition to Dr Davidson's article, mentioned previously, other new articles in PLWC's "ASCO Expert Corner" series are now available. This ongoing series provides timely information for patients on cancer-related topics. Recent articles' experts and topics include:

- Karen Fasciano, PsyD: Returning to School After Cancer
- Lisa Ann Newman, MD, MPH, FACS: Race and Breast Cancer
- Gregory Reaman, MD: Talking With Your Child About His or Her Cancer
- Patricia A. Ganz, MD: ASCO Cancer Treatment Plans and Summaries
- Derek Raghavan, MD, PhD: Health Disparities and Cancer

This monthly Q&A format is part of PLWC's Feature articles, which are practical articles written specifically for patients about topics in cancer care. The library of articles can be found at www.plwc.org/features.

DOI: 10.1200/JOP.0765001

JOP Online Submission System Available As of August 8, 2007

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