JOURNAL OF CHIROPRACTIC MEDICINE: NOW IN ITS FIFTH YEAR

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The *Journal of Chiropractic Medicine* is celebrating its fifth year. Looking back, one can see the improvement that has been made in just a few short years. The contents continue to improve and we see an increase in variety of authors, content, and information that is clinically relevant and applicable to daily practice.

Many doctors of chiropractic have noticed that some patients respond in ways beyond the symptomatic relief of back pain. Although our treatment strategies may do very well in this area, we are still learning about the benefits that chiropractic care can offer our patients. Few journals are dedicated to capturing these types of observations and provide a peer-reviewed forum devoted to disseminating developing a primary care emphasis within the chiropractic profession. We feel that the *Journal of Chiropractic Medicine* is the journal of choice for those who wish to read more about these full scope topics or who wish to contribute to the literature in these areas.

This particular issue highlights the broad scope impact that chiropractic care has in the healthcare of our patients beyond the complaints of back or neck pain. McRae reviews the current evidence that vita-

min C intake has on total serum cholesterol, and that it may provide health-promoting opportunities for our patients. Bablis et al report on the potential impact that chiropractic care may have on infertility in women. Cuthbert proposes various mechanisms and conservative treatment strategies for motion sickness that can be delivered within the practice of chiropractic. Evans relates that health advocacy, stemming from a local chiropractic practice, can have community-wide impact on cleaner air and smoke-free public spaces, thus potentially reducing risks for lung cancer. Keller reviews the literature on exercise therapy and proposes that a targeted approach may best help our patients. Bassano provides a practical guide to calcifications that we sometimes see on patients' lumbar films and how we should follow up with advanced diagnostic imaging for abdominal calcifications.

It is our hope that the journal will continue to grow and attract others who are interested in the full scope and primary care emphasis of chiropractic treatment. The future of chiropractic is still before us and much has yet to be discovered. We hope that the *Journal of Chiropractic Medicine* will help to forge the road ahead as we continue to learn all of the wonderful ways in which chiropractic care may benefit our patients.