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BOOK REVIEWS

Challenges in Colorectal Cancer. Edited by J H Scholefield (Pp230; illustrated; £69.50). Oxford, UK: Blackwell Science, 2000. ISBN 0 63205 116 7.

If asked to supply a subtitle for this excellent eminently readable book, I would suggest "All you ever wanted to know about the basics of colorectal cancer but were afraid to ask because you assumed that people would expect you to know already". The chapters are written by experts renowned in their field and each topic is dealt with comprehensively and clearly with the reader being led from one line of argument to the next in a satisfyingly logical way. Although aimed at the clinician rather than the scientist, where necessary the scientific evidence is given in sufficient detail without overwhelming the non-expert with technical jargon. Similarly, in this era of evidence based medicine, the authors are to be congratulated on choosing judiciously the most relevant clinical trials which help explain the development of currently accepted clinical practice. Areas of controversy (such as the use of total mesorectal excision (TME) in rectal cancer) are presented in a fair and (largely) unbiased way.

Perhaps a few more figures or diagrams might have been useful, although the easily readable text makes this less of a problem than it might have been (I assume the labelling of the first two figures in the chapter on adjuvant chemotherapy which does not correspond with the text will have been corrected by the time the book is published).

There are a few minor quibbles concerning details of individual chapters. The statement that in rectal cancer the use of TME to reduce local recurrence rates to less than 10% precludes the need for adjuvant therapy should have read adjuvant radiotherapy—adjuvant chemotherapy is still indicated in these patients. The chapter on surgery for recurrent and metastatic disease deals mainly with local recurrence: it would have been interesting to have greater discussion of the role of surgery for hepatic and pulmonary metastases. A short historical introduction to the Dukes' staging system (although well known) and its modifications (perhaps not so well known) would have been appreciated in the chapter on pathology. Some readers may find a little too much technical detail in the otherwise excellent chapter on radiotherapy.

The authors of the chapter on adjuvant chemotherapy may have changed their emphasis on radiotherapy as the "prime adjuvant weapon" in rectal cancer if they had known the results of the recently published

NSABP-R02 trial which showed that radiotherapy seems to be more useful at reducing local recurrence rates (which is probably more of a problem in the subgroup of patients with positive circumferential margins or who undergo suboptimal surgery) rather than improving overall survival: the clinical choice for adjuvant treatment in these patients is probably between chemotherapy alone or combined chemoradiation.

The chapter on future directions misses the opportunity to discuss in greater detail the potential of the new drugs irinotecan, oxaliplatin, and the oral fluoropyrimidines. A separate chapter on imaging techniques might be considered for the next edition, considering the increasing interest in virtual colonoscopy and the value of MRI in helping to determine the resectability of rectal tumours.

I am somewhat loath to mention these points as they are probably a reflection of individual opinion and certainly should not detract from this valuable book, which would be an excellent introduction for a registrar or SHO plunged into the field and expected to be a knowledgeable expert from the outset. Likewise, as the relevance of a multidisciplinary approach to colorectal cancer becomes increasingly important, it is essential that the specialist in one discipline keeps up to date with the current thinking in related specialties: a function which this book serves admirably.

M ALLEN

Surgery of the Anus, Rectum, and Colon, 2nd edn, vols 1 and 2. Edited by M R B Keighley, N S Williams (Pp 2702; illustrated; £285). UK: Harcourt Publishers Ltd, 2000. ISBN 0702023353.

This is a monumental effort and the editors, who have written much of this textbook themselves, are to be congratulated on a terrific job. They have taken on the task of reworking the iconic textbook first started by the late and great John Goligher. His was a very personal style, with repeated references to his own practice and results, and then a weighing of the evidence and a firm opinion, an approach which was much loved. With the growing emphasis on a larger body of evidence, the editors have widened their search in the world's literature and updated it for the now established specialty of coloproctology which tends to be surgical but spans the many disciplines looking after patients with diseases of the lower gastrointestinal tract. And here, despite the view that electronic publishing will consign many textbooks to history, is a second edition, tribute to its success and what Vie Fazio in his foreword calls the perspective "thing". There must still be a place for one or two prominent and authoritative reference textbooks in any specialty provided they are kept up to date, and I have no doubt this will continue to be just such a tome.

There is much here which will be of interest to gastroenterologists as well as surgeons. If you want to argue the point with your local surgeon, give a talk which includes some surgical outcomes, write a medicolegal report, or find a reference, it is all there. The style of the previous edition has been retained, with clear text, excellent line drawings, and helpful tables. The bibliography arranged at the end of each section is exhaustive and comprehensive. New sections have been added on medical management of anal fissure, newer

treatments for incontinence, and the combined management of pelvic floor disorders. In inflammatory bowel disease, the place of newer therapies have been discussed, and pouch salvage procedures are reviewed. Cancer has been updated with additions to the whole area of biology, natural history, and hereditary and polyposis syndromes, as well as adjuvant therapy. The chapter on laparoscopy in colorectal cancer which includes length of stay and cost issues, anticipates the recent pronouncement of the NICE in concluding that open surgery still has room for improvement, and until specialisation and quality improve these results and there are clear advantages, laparoscopic resection must remain in abeyance outside clinical trials. A good examination of the place of local excision includes transanal endoscopic microsurgery but with so many surgical staff carrying out colonoscopy, the section on technique was rather short and the newer approaches to polypectomy, including endoscopic mucosal resection, and placement of clips and ligatures, and tattooing was disappointing.

Inevitably there are some gaps. Although the place of nitrites is reviewed for the treatment of fissure, the more recent introduction of calcium channel blockers and a growing disenchantment with GTN are missed. In the management of Crohn's fistulae, anti-tumour necrosis factor may have a profound impact on surgical practice but this too did not reach the cut. And the controversial new stapling procedure for haemorrhoids arrived too recently for inclusion.

These are minor criticisms however. Although it comes in two hefty volumes and at a similarly weighty price, this is a must have. It is in my view the finest reference textbook on the subject on both sides of the Atlantic, and will be taken frequently and enjoyably from the bookshelves in offices and studies of those who really care deeply about the management, medical and surgical, of these embarrassing, distressing, and challenging conditions. The owners will just have to make sure the books are returned.

N MORTENSEN

Practical Management of Oesophageal Disease. Edited by A Adam, R Mason, W Owen (£69.95). UK: Isis Medical Media Ltd, 2000. ISBN 1-899066-94-2.

The choice of title for a book can make or break its sales. Despite any caution or maturity of judgement we may claim, it seems we are all at risk of being seduced by books with titles such as "Improve your golf", or "Make the stock market work for you". Read the book and find the success/wealth/glamorous lifestyle or whatever that has eluded you up to now. *Practical management of oesophageal disease* is in this mould—the title hints not at a glamorous lifestyle admittedly, but at delivering the easy answers gastroenterologists would like to find for all oesophageal problems. And of course it does not deliver them. However, if expectations are tempered to the real world rather than fantasy, this is a useful book, written by people who know their subject, describing what they do and why.

In 12 chapters, the 20 authors give their own perspectives on the major topics in oesophageal disease. There is a surgical bias (for example, medical management of gastro-oesophageal reflux disease is covered in two