children I have unwittingly vaccinated over the past 10 years unprotected against polio? If so, shall we have to reimmunise all these children previously given oral polio vaccine, and if not why all the present fuss?

To jab or not to jab—that is the question. Could we please have some answers?

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Thyroid extract

SIR,—My friend Dr Raymond Greene (16 September, p 832) states that the potency of thyroid extract is very variable and that hypothyroid patients treated with the extract may suddenly become myxoedematous. A far more likely cause for this occurrence than the varying strength of the extract is the patient's failure to take the tablets—compliance, to use the current jargon. Some patients successfully treated with L-thyroxine suddenly become myxoedematous; they have invariably failed to take their tablets.

Patients on replacement L-thyroxine are seen here twice a year or more when serum thyroxine (T₄), thyroid-stimulating hormone (TSH), and cholesterol estimations are done. A raised serum cholesterol concentration is often the first evidence that they are failing to take their full thyroid replacement but a raised TSH value is the most reliable check on compliance and the T₄ level falls only in the more foolish patients who repeatedly fail to take their tablets.

My obsession with the correct treatment of hypothyroidism must make tedious reading, but I wish to show that patients given adequate replacement over a three-year period do not subsequently develop coronary heart disease de novo.

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Propranolol for acute migraine

SIR,—During the past few years more and more notice has been taken of the adverse effects of ergotamine. The value of propranolol in the prophylactic treatment of the migraine syndrome has been established¹⁻⁴; there has also been a case report of severe cluster headache treated with propranolol.⁵

We studied the effect of propranolol on acute attacks of migraine in an open trial with 30 patients in the Mehiläinen Migraine Clinic in Helsinki. The series consisted of 26 women and four men. The mean age was 36.4 years, with a range of 16 to 63 years. Nineteen patients suffered from common migraine and 11 from classic migraine. A single dose of propranolol was 40 mg; in 15 cases the total dose was 40 mg, in 14 cases 80 mg, and in one case 120 mg. Seventeen of the attacks studied were classified as severe, 11 moderate, and two mild. Excellent or good response to the medication was observed in 16 (53.3%) of the patients. Seven patients of this group became totally painless and nine had only mild symptoms at the end of an observation period of two hours. Nausea, which occurred in 19 cases, became less severe or stopped in 12 of these (63.2%). Vomiting, which occurred in 11 cases, was relieved in seven (63.6%). Sensitivity to light was reduced or stopped in

12 of 26 persons (46.1%). In the subjective evaluation 71% of the patients formerly treated with ergotamine found propranolol better than or as good as ergotamine; more than half of them preferred propranolol. No serious adverse reactions were observed and 27 patients showed no side effects whatsoever.

This pilot study gives some evidence of the therapeutic value of propranolol in treating acute attacks of migraine; what we now lack are controlled studies.

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¹ Weber, R B, and Reinmuth, O M, *Neurology*, 1972, 22, 366.

² Widere, T-E, and Vigander, T, *British Medical Journal*, 1974, 2, 699.

³ Forssman, B, et al, *Headache*, 1976, 16, 238.

⁴ Stensrud, P, and Sjaastad, O, *Acta Neurologica Scandinavica*, 1976, 53, 229.

⁵ Fogelholm, R, *British Medical Journal*, 1972, 4, 110.

Indwelling pericardial catheter in cardiac tamponade

SIR,—I read with much interest the report by Dr M Dancy and others (14 January, p 79), in particular the method of inserting a catheter into the pericardium in the management of cardiac tamponade following perforation of the myocardium by a pacing electrode. I have subsequently used this method in treating a 66-year-old man who developed a haemopericardium following a large anterior myocardial infarct.

Under image intensifier control a soft catheter (Vyflon Desilet FGO5) was introduced into the pericardium by the xiphisternal route and its location confirmed with 5 ml of Conray solution. With a two-way tap intermittent aspiration (judged by central venous pressure measurement) was performed over a three-week period and a total of 840 ml of blood was recovered from the pericardial sac. The objective was that of supportive management until definitive surgery could be undertaken.

Unfortunately, three weeks after admission to hospital the patient suffered a fatal cardiac arrest. Necropsy showed an old inferior myocardial infarct and a recent anterior infarct with extravasation of blood through the infarcted muscle. There was some residual blood in the pericardial cavity and some clot loosely adherent to the inferior heart surface.

The method of insertion of a catheter into the pericardium is relatively easy when the Seldinger wire technique is used and is made easier under image intensifier screening. The catheter may then be secured to the skin and aspiration performed by intensive treatment unit staff. It precludes the necessity of repeated needle aspiration (with its inherent dangers) and thereby spares the patient much distress.

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Paracetamol poisoning

SIR,—The period covered by the 1975 *Mortality Statistics* and discussed by Dr T J Meredith and others (12 August, p 478) overlaps with that of the recently published North-east Regional Paracetamol Overdose Survey.¹ In this we found a mortality due to consequent hepatic necrosis of 3.5% in 201 patients referred over the 12-month period

November 1974–November 1975. We also extrapolated our local incidence to find a total UK annual figure of 6000 cases of overdose, an estimate similar to that of an earlier publication.² When these rates are applied to just England and Wales we find an estimated mortality of 185, quite close to the official figure of 212 deaths.

Although the fallibility of this approach is obvious, it suggests that the methodology devised by Mr J G Harvey and Dr J B Spooner (16 September, p 832) has resulted in an underestimate of true mortality due to paracetamol. It may be noted that a significant proportion of our patients were alcoholic or psychiatrically afflicted in such circumstances that their deaths would be recorded under other headings in official figures. Furthermore, the majority of our deaths occurred in patients referred too late, up to 48 h after the overdose, for treatment to be effective. The contribution of delay to mortality is thus significant. How then may 84 deaths before hospital admission be totally excluded?

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¹ Hamlyn, A N, Douglas, A P, and James, O, *Postgraduate Medical Journal*, 1978, 54, 400.

² Proudfoot, A T, and Wright, V N, *British Medical Journal*, 1970, 3, 557.

Razoxane in treatment of acute myeloid leukaemia

SIR,—Dr M Bhavnani and his colleagues (16 September, p 801) conclude that treatment with oral razoxane (125 mg three times daily) along with a low dose of cytarabine (1 mg/kg, day intravenously) is not satisfactory in acute myeloid leukaemia (AML). This is in contrast to the preliminary report by Hellmann and his associates.¹ We should like to contribute additional information from a small series.

We have used this regimen in the treatment of seven consecutive, previously untreated adults with AML aged 17–67 years; at the time of diagnosis the haematological values were in the following ranges: haemoglobin 4.2–10.6 g/dl, leucocyte count 5–157 × 10⁹/l (5000–157 000/mm³), platelets <50–80 × 10⁹/l (<50 000–80 000/mm³). Both drugs were given daily for three days and the course repeated at intervals of 10 days. One patient died five days after starting treatment and there was gross leukaemic infiltration of all organs at post-mortem. The other six all went into good partial remission after 2–4 courses; there were no blast cells in the peripheral blood film and clinically the patients were well. One patient relapsed after six months and died within five days of overwhelming sepsis. A further patient died after six weeks from an apparently unrelated cause. The other four are alive and well after 10, 14, 26, and 32 weeks. In marked contrast to the findings of Dr Bhavnani and his colleagues our patients were not troubled by nausea and vomiting and there were no haemorrhagic or infective complications except those present at the time of diagnosis.

Recently complete remission rates of 79% and 85% have been achieved with combinations of daunorubicin, cytarabine, and thioguanine (DAT),^{2,3} but the problem of the maintenance of remission has not been solved and the mean survival times in these studies were 54 and 70 weeks. Clearly clinical trials involving aggressive chemotherapy and the