Verse and Vision

Labor Support

Paying heed to what he's said
While assisting her on the labor bed:
"Breathe, breathe, soft and slow.
I know the length you will go
To birth our baby in a natural way
Celebrating birth and your power today."

She finds her strength from deep within
And with calm, supportive coaching from him.

—Joan Moon, CNM, MSN
Certified Nurse Midwife