Verse and Vision

Nature's Force

Some run toward the sun away from cold and wet
Or commiserate about the weather,
Is it any better yet?
Nature's force—beyond control—
We rally against it as too cold or hot.
Dissatisfied on the spot.

This woman of Wyoming knows of nature's power.
She is at the mercy of the elements.
But when the force of nature erupts within her
She can neither run nor hide,
Needing instead to be on nature's side
To discover that labor's power
Is her power . . . it is her hour
To be at one with nature's force—
Birth.

—Joan Moon, CNM, MSN
Certified Nurse Midwife