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## Current Topics in Angiotensin II Type 1 Receptor Research: Focus on Inverse Agonism, Receptor Dimerization and Biased Agonism

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### Abstract

Although the octapeptide hormone angiotensin II (Ang II) regulates cardiovascular and renal homeostasis through the Ang II type 1 receptor (AT1R), overstimulation of AT1R causes various human diseases, such as hypertension and cardiac hypertrophy. Therefore, AT1R blockers (ARBs) have been widely used as therapeutic drugs for these diseases. Recent basic research and clinical studies have resulted in the discovery of interesting phenomena associated with AT1R function. For example, ligand-independent activation of AT1R by mechanical stress and agonistic autoantibodies, as well as via receptor mutations, has been shown to decrease the inverse agonistic efficacy of ARBs, though the molecular mechanisms of such phenomena had remained elusive until recently. Furthermore, although AT1R is believed to exist as a monomer, recent studies have demonstrated that AT1R can homodimerize and heterodimerize with other G-protein coupled receptors (GPCR), altering the receptor signaling properties. Therefore, formation of both AT1R homodimers and AT1R-GPCR heterodimers may be involved in the pathogenesis of human disease states, such as atherosclerosis and preeclampsia. Finally, biased AT1R ligands that can preferentially activate the  $\beta$ -arrestin-mediated signaling pathway have been discovered. Such  $\beta$ -arrestin-biased AT1R ligands may be better therapeutic drugs for cardiovascular diseases. New findings on AT1R described herein could provide a conceptual framework for application of ARBs in the treatment of diseases, as well as for novel drug development. Since AT1R is an extensively studied member of the GPCR superfamily encoded in the human genome, this review is relevant for understanding the functions of other members of this superfamily.

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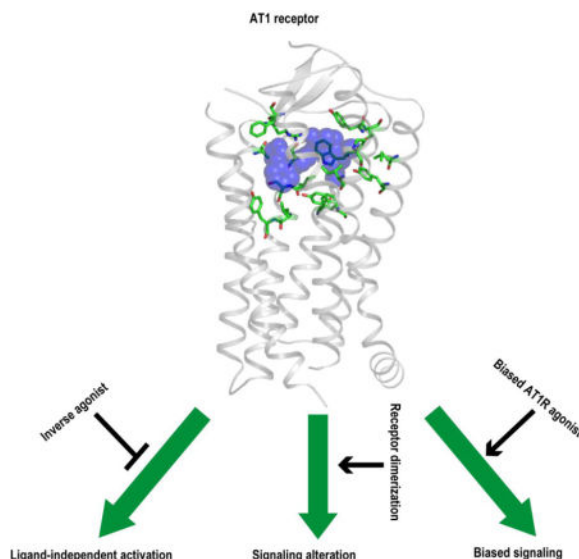
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## Graphical abstract



## Keywords

angiotensin II type 1 receptor; G-protein coupled receptor; inverse agonism; receptor dimerization; biased agonism; conformational change

## Chemical compounds described in this article

Losartan (PubChem CID: 3961); EXP3174 (PubChem CID: 108185); Candesartan (PubChem CID: 2541); Valsartan (PubChem CID: 60846); Irbesartan (PubChem CID: 3749); Olmesartan (PubChem CID: 158781); Azilsartan (PubChem CID: 9825285); Telmisartan (PubChem CID: 65999); Eprosartan (PubChem CID: 5281037)

## 1. Introduction

G protein-coupled receptors (GPCRs) are characterized by a seven-transmembrane  $\alpha$ -helical architecture. GPCRs constitute one of the largest gene superfamilies, encoding more than 800 GPCR genes in the human genome [1]. Activation of GPCRs promotes intracellular signaling cascades and regulates numerous physiological and pathological processes. Therefore, GPCRs are known to be major targets for treating human diseases. In fact, approximately 26% of clinically available drugs target GPCRs [2].

Physiological levels of the octapeptide hormone angiotensin II (Ang II) regulate blood pressure and body fluid homeostasis, and also maintain cardiovascular and renal homeostasis by activation of the Ang II type 1 receptor (AT1R), which belongs to the GPCR superfamily. Human disease states, such as hypertension, coronary artery disease, cardiac hypertrophy, heart failure, arrhythmia, stroke, diabetic nephropathy, and ischemic heart and renal diseases are associated with overstimulation of AT1R [3–6]. These disease conditions can be treated with AT1R blocking drugs, known as ARBs. Recently, a number of

interesting phenomena have been discovered regarding AT1R function. For example, studies have demonstrated that mechanical stress and AT1R-directed agonistic autoantibodies can activate AT1R without Ang II binding (Fig. 1) [7–11]. Such ligand-independent activation of AT1R may occur clinically, as in hypertension, cardiac overload conditions or in preeclampsia [12, 13]. Inverse agonists such as candesartan can inhibit ligand-independent activation of AT1R and may exhibit enhanced therapeutic effects for these disease states [12, 13].

Experiments on constitutively active AT1R mutants that mimic the active AT1R conformation have shown that the ability of ARBs to decrease the inositol phosphate (IP) accumulation of the constitutively active mutant receptor is reduced [14, 15]. We recently identified the molecular mechanism associated with the decrease in inverse agonism [16]. Furthermore, studies revealed that AT1R can form both homodimers and AT1R-GPCR heterodimers, which can alter ligand binding and receptor function [17–25]. Both AT1R homodimers and AT1R-GPCR heterodimers play important roles in the pathogenesis of human disease states, such as atherosclerosis and preeclampsia [18, 24, 26]. Finally, GPCR ligands that can preferentially activate one signaling pathway, referred to as biased agonists, have recently been discovered [27], including biased AT1R agonists that preferentially activate the  $\beta$ -arrestin signaling pathway [28, 29]. Such  $\beta$ -arrestin-biased AT1R agonists may exhibit enhanced therapeutic potential for cardiovascular diseases [30, 31]. In this review, we describe the current state of AT1R research, with a specific focus on inverse agonism, receptor dimerization, and biased agonism.

## 2. Structural classification of ARBs

ARBs are non-peptide small molecular weight compounds with high specificity for AT1R. Eight ARBs (Fig. 2) are clinically used as antihypertensive drugs, all of which function as competitive inhibitors of Ang II binding to AT1R [32–37]. Furthermore, ARBs harbor variable inverse agonist activity for AT1R, which may be due to differences in their molecular structures. Five of the eight ARBs (losartan, candesartan, olmesartan, valsartan, irbesartan) share a common biphenyl-tetrazole scaffold and are referred to as biphenyl-tetrazole ARBs. Azilsartan is derived from candesartan by substitution of the oxadiazole for tetrazole, and thus contains a biphenyl-oxadiazole scaffold. Telmisartan and eprosartan exhibit structural differences compared to the biphenyl-tetrazole ARBs. In particular, telmisartan contains a carboxyl group instead of a tetrazole at the 2' position of the biphenyl moiety, in addition to bulky bis-benzimidazole rings. Eprosartan contains both carboxyphenyl and thiophenepropanoic acid groups.

We recently analyzed the structure-function relationships of losartan, EXP3174 (an active metabolite of losartan), valsartan and irbesartan for the basal and constitutively active states of AT1R, and identified the molecular mechanism of decreased maximal inverse agonist activity of the ARBs for the active state of AT1R compared to the ground state [16]. Details of the mechanism are described in Sections 3 through 5.

### 3. Crystal structure of AT1R provides precise ligand-receptor interactions

As the crystal structure of AT1R is not available, ligand-receptor interactions were previously analyzed using models of AT1R based on the crystal structures of other GPCRs, such as bovine rhodopsin,  $\beta$ 2-adrenergic receptor and CXCR4 [32, 38–42]. An understanding of the structural basis for AT1R function is therefore limited. However, the crystal structures of human AT1R bound to the biphenyl-tetrazole ARBs ZD7155 and olmesartan were recently solved (Fig. 3) [43, 44], providing insight into understanding the structural basis for AT1R function, and demonstrating considerable differences from the previous models of AT1R based on the crystal structures of other GPCRs (Fig. 4). This landmark achievement paved the way for determination of the precise docking models of various ARBs based on the solved crystal structure [16, 43]. Energy-based docking simulations of the ARBs using the crystal structure of human AT1R revealed that the interactions of the biphenyl-tetrazole ARBs with AT1R were completely different from previously proposed ARB-AT1R interactions [16, 43, 44]. For example, differences of losartan binding mode between in a previously proposed AT1R model based on bovine rhodopsin structure and crystal structure of human AT1R are shown in Fig. 4.

The docking results showed that all biphenyl-tetrazole ARBs were bound in similar orientations in the ligand-binding pocket (Figs. 5A–E). Although the previous models of AT1R based on the crystal structures of other GPCRs proposed that the tetrazole group, a common acidic moiety present in the biphenyl-tetrazole ARBs, interacts with Lys199 in the transmembrane (TM) 5 domain, or doubly interacts with Lys199<sup>TM5</sup> and His256<sup>TM6</sup>, or triply interacts with Lys199<sup>TM5</sup>, His256<sup>TM6</sup> and Gln257<sup>TM6</sup> [32, 38–40], the ARB/AT1R crystal structure suggests that these previously proposed interactions are incorrect (Fig. 4) [32, 43, 44].

Docking results using the crystal structure of human AT1R indicate that the tetrazole moiety of the biphenyl-tetrazole ARBs actually forms salt bridges/hydrogen bonds with Arg167 located in the second extracellular loop (ECL2) (Figs. 5A–E). Although EXP3174 and candesartan bind in orientations similar to that of losartan, the carboxyl groups of EXP3174 and candesartan could form additional salt bridges with Arg167<sup>ECL2</sup> (Figs. 5B and C) [16, 43]. Moreover, the tetrazole group of candesartan is predicted to form a second salt bridge with Lys199<sup>TM5</sup> (Fig. 5C) [43]. These additional salt bridges may be responsible for the differences between the surmountable behavior of losartan and the insurmountable behavior of EXP3174 and candesartan (discussed in Section 4).

The imidazole rings of losartan and EXP3174, as well as equivalent substituents in irbesartan and candesartan, form  $\pi$ - $\pi$  contacts with Trp84 in TM2 (Figs. 5A–C, E) and interact with the following residues that constitute the common floor of the binding pocket: Val108<sup>TM3</sup>, Ser109<sup>TM3</sup>, Tyr113<sup>TM3</sup>, Ala163<sup>TM4</sup>, Gln257<sup>TM6</sup>, Tyr292<sup>TM7</sup> and Asn295<sup>TM7</sup> (Fig. 6). In contrast, the N-acylated valine residue of valsartan, that substitutes the imidazole ring, does not interact with Trp84 (Fig. 5D), but does interact with the above residues (Fig. 6). The short alkyl tails of the biphenyl-tetrazole ARBs interact with Tyr35<sup>TM1</sup>, and their biphenyl rings interact with Val108<sup>TM3</sup> and Ser109<sup>TM3</sup>, as well as Trp253<sup>TM6</sup> and Gln257<sup>TM6</sup>. In addition, the biphenyl-tetrazole ARBs may interact hydrophobically with

Tyr113<sup>TM3</sup>, Phe182<sup>ECL2</sup>, Tyr184<sup>ECL2</sup> and His256<sup>TM6</sup>. The residues Phe77<sup>TM2</sup>, Tyr87<sup>TM2</sup>, Ser105<sup>TM3</sup>, Leu112<sup>TM3</sup> and Ile288<sup>TM7</sup> also contribute to ARB-AT1R interactions and the structure of the ligand-binding pocket [43].

#### 4. Mechanism of insurmountable AT1R antagonism

The ARBs are classified as either surmountable or insurmountable according to their inhibitory patterns (based on the Ang II concentration-response curve) and dissociation rates from the receptor [45]. The surmountable ARBs result in a parallel rightward shift of the Ang II concentration-response curve without affecting the maximal response, and exhibit a fast dissociation rate from the receptor. On the other hand, the insurmountable ARBs result in a partial to complete waning of the response accompanied by a parallel rightward shift of the Ang II concentration-response curve and slow dissociation rates from the receptor. Losartan and eprosartan are classified as surmountable ARBs [46], whereas EXP3174, valsartan, irbesartan, candesartan, olmesartan, telmisartan and azilsartan are classified as insurmountable ARBs [32–34, 37].

Herein, the molecular mechanism of insurmountable AT1R antagonism is discussed based on the results of previous site-directed mutagenesis studies for losartan, EXP3174 and candesartan [32, 47], as well as docking simulations using the crystal structure of human AT1R [43]. Docking simulations indicated that the tetrazole moieties of all three ARBs form salt bridges/hydrogen bonds with Arg167<sup>ECL2</sup> (Fig. 5A–C). Furthermore, EXP3174 and candesartan, but not losartan, form additional salt bridges with Arg167<sup>ECL2</sup>. During EXP3174 binding, one oxygen atom of the carboxyl group forms a salt bridge with Arg167<sup>ECL2</sup> (Fig. 5B), whereas two oxygen atoms of the carboxyl group form two salt bridges with Arg167<sup>ECL2</sup> during candesartan binding (Fig. 5C). Differences in the distances and angles between the carboxyl group and Arg167<sup>ECL2</sup> are partly due to differences in the structures of EXP3174 and candesartan. These results suggest that the insurmountable ARBs form at least two salt bridges with Arg167<sup>ECL2</sup>, with the strength of insurmountable antagonism correlating with the number of salt bridges formed. In addition, the docking simulations also suggested that the flexible side chain of Lys199<sup>TM5</sup> provides some conformational heterogeneity in AT1R. The amino group of the side chain of this residue may reach the carboxyl group of candesartan by forming a salt bridge (Fig. 5C), or it may interact with the biphenyl scaffold in losartan and EXP3174 via water-mediated interactions, which may explain the stronger insurmountable antagonism of candesartan compared to EXP3174, as well as the increased dissociation rate of candesartan from the receptor and decreased binding affinity of losartan, EXP3174 and candesartan upon mutation of Lys199 [47, 48].

As described in Section 3, the following residues constitute the common floor of the binding pocket among the different ARBs: Val108<sup>TM3</sup>, Ser109<sup>TM3</sup>, Tyr113<sup>TM3</sup>, Ala163<sup>TM4</sup>, Gln257<sup>TM6</sup>, Tyr292<sup>TM7</sup> and Asn295<sup>TM7</sup> (Fig. 6) [16]. Therefore, mutation of these residues may alter the conformation of the binding pocket floor, which may explain the decreased binding affinity of losartan, EXP3174 and candesartan upon mutation of these residues [16, 32, 49–52]. In addition, mutation of Gln257<sup>TM6</sup> has been shown to transform the binding mode of candesartan and EXP3174 from insurmountable antagonism to surmountable

antagonism [32]. Conformational alteration of the binding pocket floor upon mutation of Gln257<sup>TM6</sup> may cause attenuation of the interaction of EXP3174 and candesartan with Arg167<sup>ECL2</sup> and Lys199<sup>TM5</sup>. Although it has not been examined whether mutations of Val108<sup>TM3</sup>, Ser109<sup>TM3</sup>, Tyr113<sup>TM3</sup>, Ala163<sup>TM4</sup>, Tyr292<sup>TM7</sup> or Asn295<sup>TM7</sup> transform the binding property of the ARBs from insurmountable antagonism to surmountable antagonism, these residues, along with Gln257<sup>TM6</sup>, may play an important role in the mechanism of insurmountable antagonism. Taken together, we propose that the above residues support the structure of the binding pocket, enabling EXP3174 and candesartan to strongly interact with Arg167<sup>ECL2</sup>, which could explain their insurmountable behavior. Additional interactions of candesartan with Arg167<sup>ECL2</sup> and Lys199<sup>TM5</sup> make it a stronger insurmountable antagonist than EXP3174.

## 5. Basis of inverse agonism of biphenyl-tetrazole ARBs for AT1R in the ground state

As wild-type AT1R (WT-AT1R) displays only modest constitutive activity, previous studies could not examine the molecular mechanism of inverse agonism of the biphenyl-tetrazole ARBs for AT1R in the ground state [38, 39]. However, we found that constitutive IP accumulation was increased in a linear fashion along with the incubation period, reaching levels adequate to measure the constitutive activity of WT-AT1R, and enabling us to examine the inverse agonist efficacy using WT-AT1R. Thus, we identified the molecular mechanism of inverse agonism of the biphenyl-tetrazole ARBs for the ground state of AT1R [16].

A hydrogen bond (H-bond) between Asn111<sup>TM3</sup> and Asn295<sup>TM7</sup> (Asn111-Asn295 H-bond) was previously suggested to stabilize AT1R in the inactive state, which is confirmed by the crystal structure of human AT1R bound to ZD7155 [43]. A recent molecular dynamics simulation proposed that AT1R activation disrupts this H-bond, leading to Asn295<sup>TM7</sup> interaction with the conserved Asp74<sup>TM2</sup> to form the Asn46-Asp74-Asn295 H-bond network [42]. This H-bond network in the active state involves additional residues, namely Trp253<sup>TM6</sup> from the “toggle-switch” motif [53, 54], and Phe77<sup>TM2</sup>, Val108<sup>TM3</sup>, Ile288<sup>TM7</sup>, Tyr292<sup>TM7</sup> and Asn298<sup>TM7</sup> from the NPxxY motif [42, 43]. Thus, the network of interacting residues around Asn111<sup>TM3</sup> and Asn295<sup>TM7</sup> likely conveys conformational changes in the ligand-binding pocket to the cytoplasmic domain coupling to the G proteins, which plays an essential role in the AT1R activation process. This network may also be responsible for the inter-helical interactions required for the binding and functional properties of the biphenyl-tetrazole ARBs, as well as consequent inactivation of AT1R. However, since biphenyl-tetrazole ARBs exhibit slightly different structures, e.g., the carboxyl group of EXP3174, valsartan and candesartan, the cyclopentane group of irbesartan and the N-acylated valine in valsartan (Fig. 2), differences in ligand-receptor interactions may explain the differences in their binding affinities and inverse agonist activities. Therefore, the inverse agonism potential of the biphenyl-tetrazole ARBs toward AT1R must be based on differences in energy gained through their binding with residues. However, we propose that all biphenyl-tetrazole ARBs tightly interact with the set of residues, namely Ser109<sup>TM3</sup>, Phe182<sup>ECL2</sup>, Gln257<sup>TM6</sup>, Tyr292<sup>TM7</sup> and Asn295<sup>TM7</sup>, that stabilize the



Asn111-Asn295 H-bond and the network of the above-mentioned residues around Asn111<sup>TM3</sup> and Asn295<sup>TM7</sup> in the inactive conformation, thereby leading to stabilization of AT1R in an inactive state, and resulting in robust inverse agonism in the ground state (Fig. 7A). All residues involved in the inverse agonism of the biphenyl-tetrazole ARBs toward AT1R, with the exception of Phe182<sup>ECL2</sup>, are conserved in many other GPCRs, implying that this may be a general mechanism for inverse agonism in GPCRs. On the other hand, the role of Phe182<sup>ECL2</sup> in the inverse agonism of the biphenyl-tetrazole ARBs may be unique to AT1R, as supported by previous functional studies [55, 56], as well as the crystal structure of AT1R [43].

## 6. Mechanism of decreased maximal inverse agonist activity of the biphenyl-tetrazole ARBs upon transition of AT1R toward the activated state

Similar to reports of various GPCRs, modeling the active state of AT1R is problematic because long time scales are untenable in such molecular dynamics simulations [57]. In addition, superposition of multiple active and inactive crystal structures of the adenosine A2a receptor, bovine rhodopsin and the  $\beta$ 2 adrenergic receptor have been reported to show only modest changes in the ligand-binding pocket residues in each receptor, with the two states being remarkably similar in the ligand-binding pocket [58]. Therefore, although the crystal structure of the active state of AT1R is not currently available, results obtained for GPCRs suggest that the active structure of AT1R should show only modest conformational changes in the ligand-binding pocket compared to the inactive structure of AT1R. Therefore, we identified the molecular mechanism by which the AT1R transition toward the activated state decreased maximal inverse agonist activity of the ARBs by superimposing the experimental data (effect of mutations on binding affinity and inverse agonist activity) for each ARB in the ground and active states of AT1R using the inactive crystal structure of AT1R [16].

Previous AT1R structure-function studies have suggested both rotational and translational motion of TM2, TM3, TM5, TM6 and TM7 in the constitutively active mutant N111G-AT1R, which mimics the active state of AT1R [59–62]. In the active state, formation of the Asn46-Asp74-Asn295 H-bond network is proposed, which involves additional interacting residues around Asn111<sup>TM3</sup> and Asn295<sup>TM7</sup> (see Section 5). The active state of AT1R was also proposed to hydrate the hydrophobic core and facilitate the interaction of the “toggle switch” residue Trp253<sup>TM6</sup> with Ala291<sup>TM7</sup> and Leu112<sup>TM3</sup> [42]. The biphenyl-tetrazole ARBs may destabilize the Asn46-Asp74-Asn295 H-bond network, as well as the residues around Asn111<sup>TM3</sup> and Asn295<sup>TM7</sup>, and reduce hydration of the TM core due to their hydrophobic characteristics. In our recent structure-function study, we obtained evidence that the active-state transition of AT1R indeed decreased maximal inverse agonist activity of four biphenyl-tetrazole ARBs to different extents via changes in specific ligand-receptor interactions. In the ground state, four ARBs interacted with a set of residues, namely Ser109<sup>TM3</sup>, Phe182<sup>ECL2</sup>, Gln257<sup>TM6</sup>, Tyr292<sup>TM7</sup>, and Asn295<sup>TM7</sup>. In N111G-AT1R, the ARB interactions were shifted to a different set of residues (Val108<sup>TM3</sup>, Ser109<sup>TM3</sup>, Ala163<sup>TM4</sup>, Phe182<sup>ECL2</sup>, Lys199<sup>TM5</sup>, Tyr292<sup>TM7</sup>, and Asn295<sup>TM7</sup>), resulting in decreased inverse agonism (Fig. 6). Further, we observed that differences in the chemical structures of

the ARBs indeed switched the interacting residues in the activated state. The effects of different mutations on the inverse agonism of the four ARBs in the active state of N111G-AT1R were quite different from those observed in the basal state of WT-AT1R, which may also account for efficacy differences (discussed in detail later). Thus, we propose that rearrangement of the ARB-AT1R interactions in the active-state of AT1R insufficiently destabilize the Asn46-Asp74-Asn295 H-bond network, as well as the interacting residues around Asn111<sup>TM3</sup> and Asn295<sup>TM7</sup>, and may insufficiently reduce hydration of the TM core, resulting in decreased inverse agonism of the biphenyl-tetrazole ARBs (Fig. 7B).

## 7. Efficacy switching residues in the active state of AT1R

We observed that mutation of the residues Val108<sup>TM3</sup>, Ala163<sup>TM4</sup>, Asn295<sup>TM7</sup> and Phe182<sup>ECL2</sup> in N111G-AT1R (active state of AT1R), but not in WT-AT1R (ground state of AT1R), switched the biphenyl-tetrazole ARBs from inverse agonist to agonist in the active state of AT1R [16]. Substitution of Val108 for an Ile in the N111G-AT1R switched valsartan and EXP3174 from inverse agonist to agonist, and substitutions of Ala163 for a Thr, Phe182 for an Ala and Asn295 for an Ala in the N111G-AT1R switched losartan and irbesartan from inverse agonist to agonist. Furthermore, simultaneous substitutions of Ala163 for a Thr and Asn295 for an Ala in the N111G-AT1R additively increase agonist activity of losartan and irbesartan. Although the exact mechanism for this phenomenon is unclear, one possible mechanism is described as follows. Bulky substitution of the Val108<sup>TM3</sup> and Ala163<sup>TM4</sup> residues may cause steric hindrance for the biphenyl-tetrazole ARBs, which may hydrate the hydrophobic core and stabilize the Asn46-Asp74-Asn295 H-bond network (Fig. 7C). On the other hand, removal of the side chains of Asn295<sup>TM7</sup> and Phe182<sup>ECL2</sup> may weaken interactions with the biphenyl-tetrazole ARBs, which may also hydrate the hydrophobic core and stabilize the Asn46-Asp74-Asn295 H-bond network (Fig. 7C). Elucidating the precise mechanism of such transformation of the pharmacological behavior of the ligands requires additional biophysical experiments, such as visualization of bound water molecules in both the active and inactive states. However, the current resolution of the crystal structure of human AT1R is not sufficient for this type of analysis. Site-saturation mutagenesis of Val108<sup>TM3</sup>, Ala163<sup>TM4</sup>, Asn295<sup>TM7</sup> and Phe182<sup>ECL2</sup>, followed by assessment of binding affinity and receptor function may be an indirect method that would elucidate a potential mechanism for this phenomenon. Ultimately, both types of analyses should provide insights into the regulatory mechanism of GPCR function.

## 8. Homo- and heterodimerization of AT1R

GPCRs were previously believed to exist as monomers. However, recent studies have demonstrated that GPCRs can form homodimers as well as heterodimers with other GPCRs, which can alter receptor signaling properties, and result in the progression of human diseases [63]. AT1R is not an exception. In fact, levels of the AT1R homodimer are reported to be increased in monocytes of hypertensive patients as well as hypercholesterolemic Apo E deficient mice [18]. Factor XIIIa transglutaminase induces covalently crosslinked homodimers of AT1R, which enhance Ang II signaling efficacy. Inhibition of factor XIIIa transglutaminase activity, on the other hand, decreases the level of AT1R homodimers in monocytes and reduces atherosclerotic lesions in Apo E deficient mice. Furthermore, AT1R



can form complexes (i.e., heterodimers) with the bradykinin B2 receptor (B2R), namely AT1R-B2R heterodimers [17, 26]. Increased potency and efficacy of AT1R-B2R heterodimers toward Ang II was shown to cause hypersensitivity to Ang II in patients with preeclampsia [17, 26]. Although independent groups confirmed formation of AT1R-B2R heterodimers by fluorescent resonance energy transfer (FRET) and bioluminescence resonance energy transfer (BRET) [64, 65], other groups failed to detect AT1R-B2R heterodimer formation using BRET [66, 67]. The most plausible explanation for the failure to detect the formation of AT1R-B2R heterodimers is the lack of essential chaperones in the cellular system, which are required for receptor-heterodimer folding [68–70], thus resulting in apoptosis of the cells by AT1R-B2R heterodimer-mediated overstimulation of Gq/11 signaling [71]. AT1R is also known to heterodimerize with other GPCRs. Heterodimerization of AT1R with the Ang II type 2 receptor, the apelin receptor, and the MAS receptor antagonize AT1R signaling [25, 72, 73]. Heterodimerization of AT1R with the  $\beta$ 1- and  $\beta$ 2-adrenergic receptors ( $\beta$ 1AR and  $\beta$ 2AR, respectively) causes cross-inhibition of opposing receptor signaling by either valsartan or  $\beta$ AR blockers [74]. Furthermore, AT1R may also heterodimerize with dopamine D1, D3, D4 and D5 receptors and alter receptor signaling [75–78].

Previous studies proposed that ligand binding to a GPCR protomer controls activation of both GPCRs in the dimer, thus fine-tuning signaling by both molecules [79–83]. However, a recent study indicated that the two protomers collaborate to form a unique conformational state of the heterodimer [20]. This study examined structural and functional properties of a heterodimer formed by Gq protein-coupled AT1R and Gi protein-coupled  $\alpha$ 2c adrenergic receptor ( $\alpha$ 2cAR). The Ang II bound AT1R protomer stabilized the  $\alpha$ 2cAR-AT1R heterodimer in the Gq activating conformation (Fig. 8A), while the norepinephrine (NE) bound  $\alpha$ 2cAR protomer stabilized the  $\alpha$ 2cAR-AT1R heterodimer in the Gi activating conformation (Fig. 8B). Interestingly, simultaneous binding of NE and Ang II to each protomer stabilized the  $\alpha$ 2cAR-AT1R heterodimer in a new Gs activating conformation that was different from the single agonist bound conformation (Fig. 8C). This study suggests that dual occupancy of the heterodimer by two selective agonists stabilizes GPCR heterodimers in a unique conformation, which may play a different role in both physiological and pathophysiological conditions compared to the GPCR monomer.

## 9. Biased agonism of AT1R

Activation of GPCRs is known to promote not only G protein-dependent signaling pathways, but also G protein-independent signaling pathways, such as  $\beta$ -arrestin signaling. Generally, natural GPCR agonists are known to activate all signaling pathways. However, recent studies have demonstrated that GPCR ligand analogs can preferentially activate one pathway, and are therefore referred to as biased agonists [84–86]. Some AT1R ligands have been identified as biased agonists. Although the Ang II analog [Sar<sup>1</sup>, Ile<sup>4</sup>, Ile<sup>8</sup>]Ang II (SII-Ang II) is known as an antagonist, recent studies demonstrated that this ligand can activate the  $\beta$ -arrestin-dependent signaling pathway but not the Gq-dependent signaling pathway, and was thus identified as a  $\beta$ -arrestin-biased AT1R agonist (Fig. 9) [28]. However, as SII-Ang II exhibits very low affinity for AT1R, the high affinity  $\beta$ -arrestin-biased AT1R agonists TRV120023 and TRV027 were developed based on the structure of SII-Ang II [29]. These

$\beta$ -arrestin-biased AT1R agonists have been reported to cause beneficial cardiovascular effects in experimental settings. For example, SII-Ang II activates  $\beta$ -arrestin 2 and promotes anti-apoptotic effects in rat vascular smooth muscle cells endogenously expressing AT1R [87]. TRV120023 diminishes myocyte apoptosis caused by mechanical stress and ischemia/reperfusion injury in mice [88], and increases cardiac performance in a transgenic mouse model of familial dilated cardiomyopathy [89]. TRV027 causes cardiac unloading action while preserving renal function in a canine model of acute heart failure [30]. However, as studies comparing the preventive effects of  $\beta$ -arrestin-biased AT1R agonists with those of the ARBs for cardiovascular diseases have not yet been performed, it is not clear whether  $\beta$ -arrestin-biased AT1R agonists demonstrate more beneficial effects in this setting. Therefore, a comparative study of the effects of both  $\beta$ -arrestin-biased AT1R agonists and the ARBs in cardiovascular disease is needed.

## 10. Conclusion

The biphenyl-tetrazole ARBs are important drugs used for the treatment of hypertension and cardiovascular diseases. Although the biphenyl-tetrazole ARBs demonstrate robust inverse agonist activity for the ground state of AT1R, transitioning toward the activated state decreases the inverse agonist activity of the biphenyl-tetrazole ARBs. Since AT1R can be activated independent of ligands in disease states by mechanical stress and auto-antibodies, as well as by key receptor mutations, biphenyl-tetrazole ARBs may show different degrees of reduced therapeutic effects in clinical settings such as hypertension, preeclampsia and renal transplantation. Therefore, novel ARBs need to be developed with enhanced inverse agonist activity, relative to the current biphenyl-tetrazole ARBs, for the active state of AT1R. Moreover, AT1R can form both homodimers and AT1R-GPCR heterodimers, which results in altered receptor signaling associated with human diseases such as hypertension, atherosclerosis and preeclampsia. Finally, as AT1R-GPCR heterodimers adopt different conformational states compared to the AT1R monomer, the binding mode of ARBs may be changed, and may alter their pharmacological properties. Therefore, the effect of ARBs on signaling of AT1R-GPCR heterodimers needs to be examined. Further,  $\beta$ -arrestin-biased AT1R agonists have demonstrated beneficial cardiovascular effects in experimental conditions. However, whether such  $\beta$ -arrestin-biased AT1R agonists exhibit enhanced therapeutic effects for cardiovascular diseases, relative to ARBs, has not yet been elucidated, so that comparative studies are needed. Taken together, this review provides significant information for the development of a new class of drugs targeting AT1R.

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## Abbreviations

**Ang II**  
angiotensin II

**SII-Ang II**[Sar<sup>1</sup>, Ile<sup>4</sup>, Ile<sup>8</sup>]Ang II**AT1R**

Angiotensin II type 1 receptor

**ARB**

AT1R blocker

**AT1R-directed autoantibody**

AT1R-directed AA

**GPCR**

G protein-coupled receptor

**H-bond**

hydrogen bond

**IP**

inositol phosphate

**WT-AT1R**

wild-type AT1R

**ECL2**

second extracellular loop

**TM**

transmembrane

**NE**

norepinephrine

**α2cAR**

α2c adrenergic receptor

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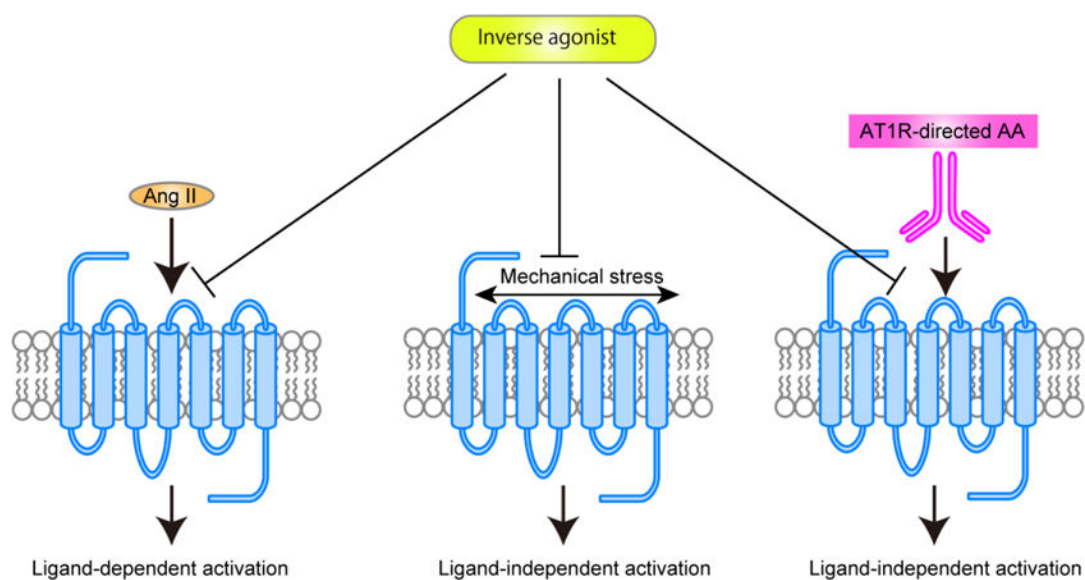
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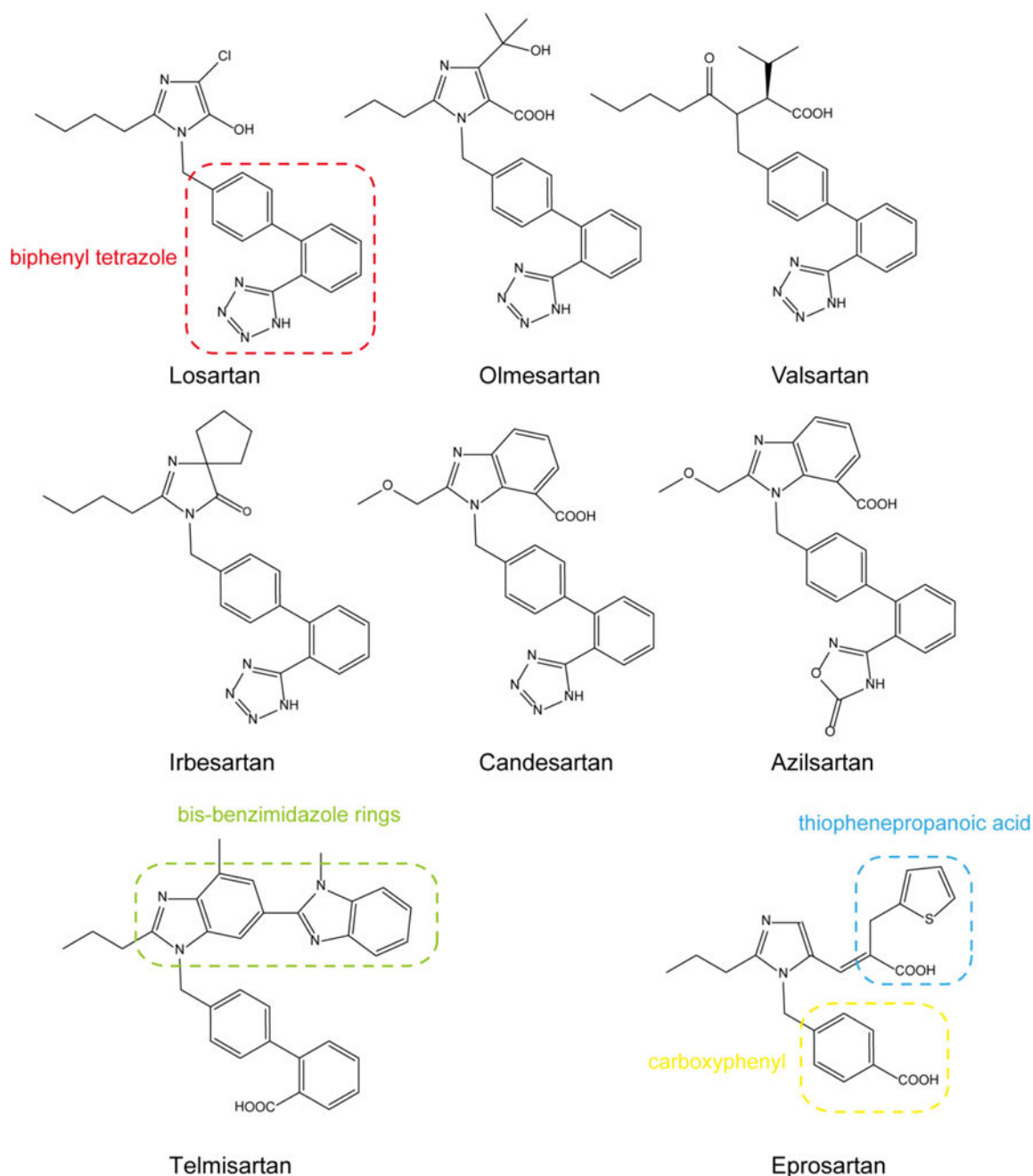
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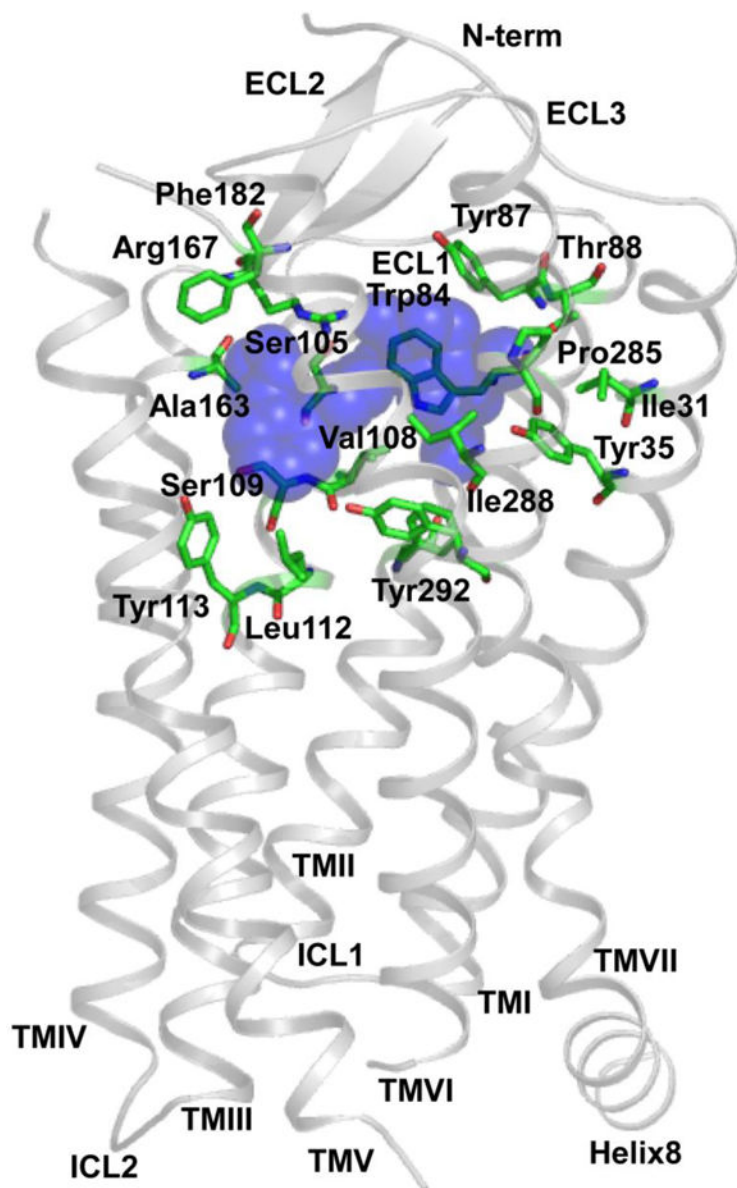


**Figure 1.**

Ligand-dependent and ligand-independent activation of AT1R. Ang II binds to AT1R and causes ligand-dependent AT1R activation. On the other hand, mechanical stress and AT1R-directed autoantibodies (AT1R-directed AA) cause ligand-independent AT1R activation. Inverse agonists block not only ligand-dependent activation, but also ligand-independent AT1R activation.

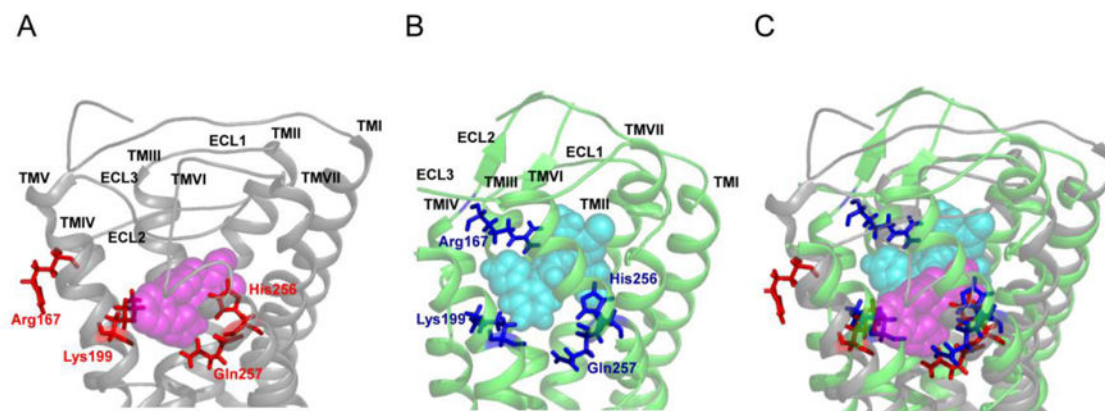
**Figure 2.**

Chemical structures of losartan, olmesartan, valsartan, irbesartan, candesartan, azilsartan, telmisartan and eprosartan. Five of the eight ARBs share a common biphenyl tetrazole scaffold structure. Azilsartan contains a biphenyl-oxadiazole scaffold structure. Telmisartan and eprosartan do not belong to the class of biphenyl-tetrazole ARBs. The biphenyl-tetrazole is outlined by a red dashed box. The bis-benzimidazole rings of telmisartan are outlined by a light green dashed box. The carboxyphenyl and thiophenepropanoic acid groups of eprosartan are outlined by yellow and light blue dashed boxes, respectively.



**Figure 3.**

Crystal structure of human AT1R bound to ZD7155. ZD7155 is shown as blue spheres. The following residues interact with ZD7155: Ile31<sup>TM1</sup>, Tyr35<sup>TM1</sup>, Trp84<sup>TM2</sup>, Tyr87<sup>TM2</sup>, Thr88<sup>TM2</sup>, Ser105<sup>TM3</sup>, Val108<sup>TM3</sup>, Ser109<sup>TM3</sup>, Leu112<sup>TM3</sup>, Tyr113<sup>TM3</sup>, Ala163<sup>TM4</sup>, Arg167<sup>TM4</sup>, Phe182<sup>ECL2</sup>, Pro285<sup>TM7</sup>, Ile288<sup>TM7</sup> and Tyr292<sup>TM7</sup>. Modified with permission from Molecular Pharmacology [16].

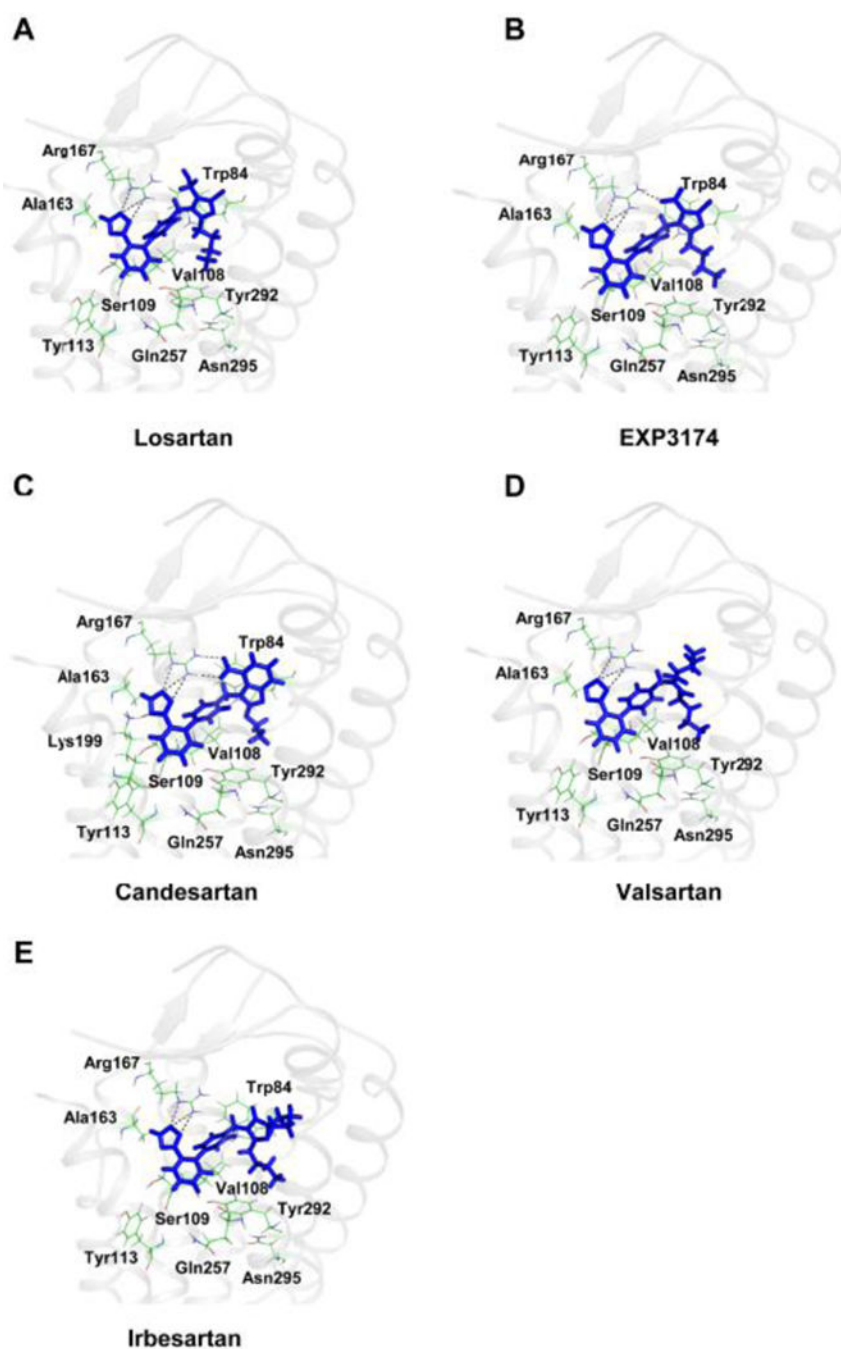


**Figure 4.**

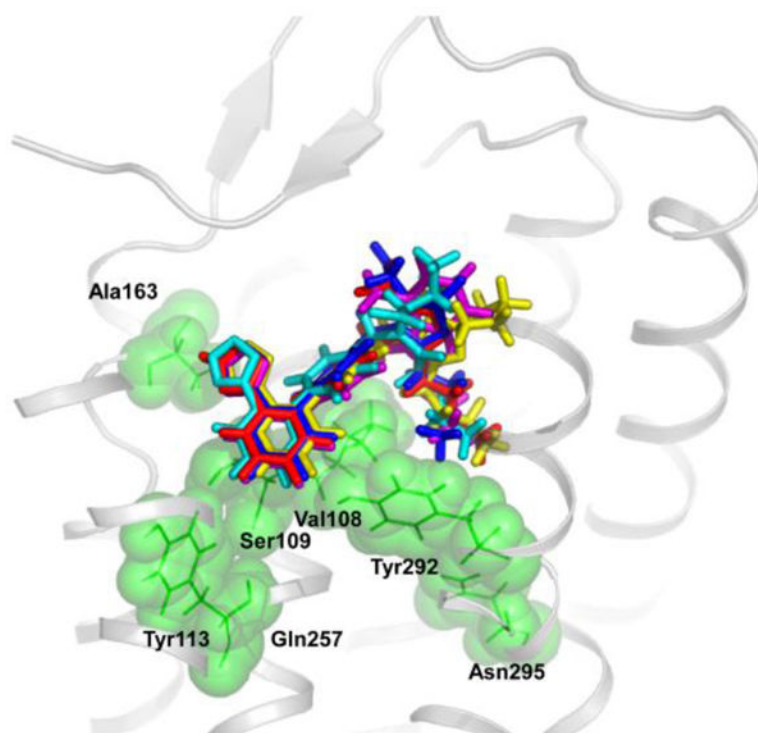
Differences in losartan binding to an AT1R model and the crystal structure of human AT1R.

(A) Docking model of losartan bound to an AT1R model based on the crystal structure of bovine rhodopsin (AT1R model). Modified with permission from the Journal of Biological Chemistry [32]. (B) Docking model of losartan bound to the crystal structure of human AT1R. Modified with permission from Molecular Pharmacology [16]. (C) Superposition of losartan bound to both the AT1R model (gray ribbon structure) and the crystal structure of human AT1R (green ribbon structure); losartan is shown as magenta spheres in the former, and as cyan spheres in the latter, while the residues Arg167, Lys199, His256 and Gln257 are denoted as red sticks in the former, and as blue sticks in latter.



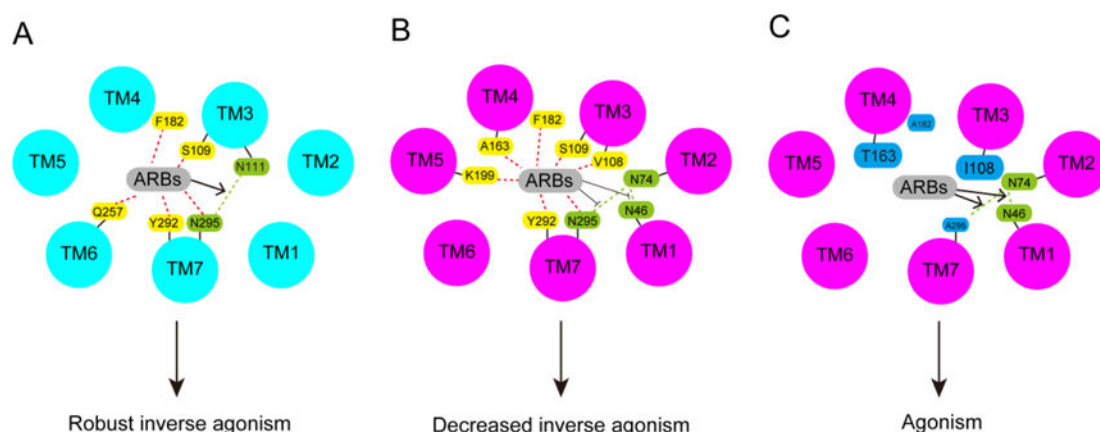


**Figure 5.** AT1R interaction with losartan (A), EXP3174 (B), candesartan (C), valsartan (D) and irbesartan (E) in the AT1R crystal structure. The ARBs are shown as sticks with blue carbons. Residues with the side-chains within 10 Å from each ARB are shown. The hydrogen bonds are shown as black dashed lines. Modified with permission from Cell [43].

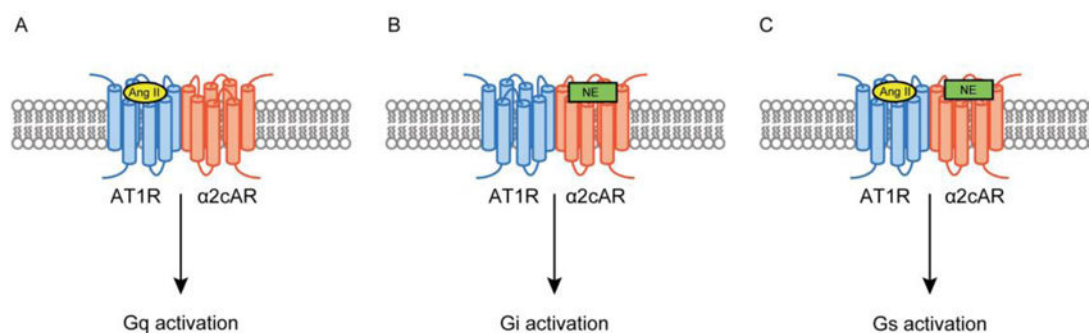


**Figure 6.**

The common floor of the ARB binding pocket. The ARBs are shown as sticks with blue (losartan), red (EXP3174), magenta (candesartan), cyan (valsartan) and yellow (irbesartan) carbons. The residues that comprise the common floor of the binding pocket are shown as green spheres.

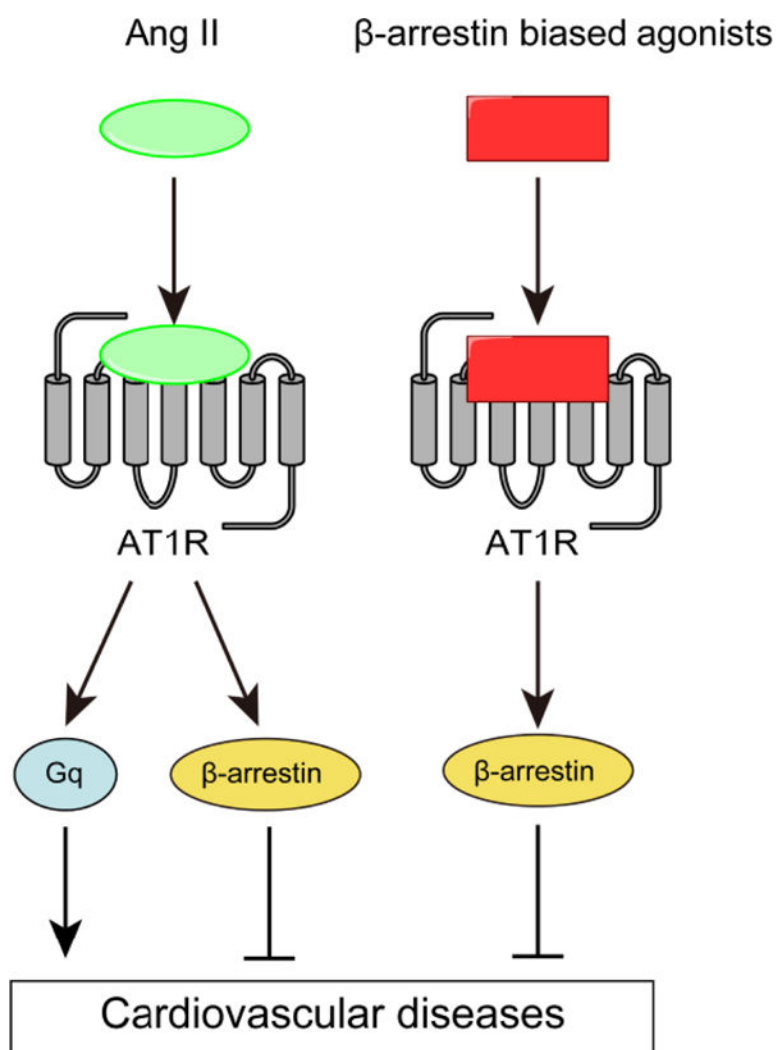
**Figure 7.**

ARB-receptor interactions in the ground and active states of AT1R, and possible mechanism by which mutation of the residues Val108, Ala163, Asn295 and Phe182 switch the efficacy of biphenyl-tetrazole ARBs from inverse agonism to agonism in the active state of AT1R. (A) The ARBs stabilize the Asn111-Asn295 H-bond in the ground state of AT1R and cause robust inverse agonism. (B) The ARBs destabilize the Asn46-Asp74-Asn295 H-bond network in the active state of AT1R and cause inverse agonism. (C) Bulky substitution of Val108 and Ala163, and removal of the side chains of Asn295 and Phe182, may alter ARB-AT1R interactions, which may hydrate the hydrophobic core and stabilize the Asn46-Asp74-Asn295 H-bond network, causing agonism. The ground and active states of AT1R are colored light blue and light purple, respectively. The residues that interact with the ARBs are colored yellow, the residues Asn46, Asp74 and Asn295 (Ala295 substitution) are colored green, and mutated residues are colored cyan. The H-bonds between Asn46 and Asp74 and between Asn46 and Asn295 (Ala295 substitution) are indicated by green dotted lines.



**Figure 8.**

Dual agonist occupancy of AT1R-α2cAR heterodimers activates different types of G-proteins from a single agonist occupancy of each protomer. (A) Binding of Ang II to the AT1R protomer (light blue) causes Gq activation. (B) Binding of NE to α2cAR (orange) causes Gi activation. (C) Simultaneous binding of Ang II and NE to AT1R-α2cAR heterodimers causes Gs activation.



**Figure 9.**  $\beta$ -arrestin-biased agonists. Ang II activates both the Gq and  $\beta$ -arrestin-mediated signaling pathways.  $\beta$ -arrestin-biased agonists preferentially activate the  $\beta$ -arrestin-mediated signaling pathway and may exhibit enhanced therapeutic effects for cardiovascular diseases.