The technique uses cheap and readily available materials.
> The technique, coined the ‘Pakzad sandwich’, has been successfully used in a leading breast unit. The authors recommend its use for its simplicity and economy.

Reference

Laparoscopic use of a 90-degree cross-stapling device for low rectal division

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Current laparoscopic technologies do not permit a truly perpendicular rectal staple line. An incision is often made to divide the lower rectum with standard open surgical staplers. Our method places the cross-stapler under laparoscopic guidance.

Place the cross-stapler through the finger of a surgical glove and secure. Stretching the cuff around the wound protector (Fig 1) permits reinsufflation and staple deployment across the low rectum under direct laparoscopic vision.

We find this technique to be helpful in performing ultra-low division of the rectum for a laparoscopic ileo-anal pouch in the presence of massive uterine fibroids without conversion to an open procedure.

A novel technique for the explantation of a cemented femoral hip prosthesis

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Explantation of cemented femoral components can be technically challenging if an extraction device or specific introducers are not available.

After exposing the shoulder of the prosthesis and removing any excess cement blocking removal, an inverted Exeter™ V40™ Rasp Handle (Stryker, Mahwah, NJ, USA) was placed with its impacting plate hooked on the inferior surface of the prosthesis neck (Fig 1) before disimpacting the prosthesis with a mallet.