

Emergence of Plasmid-Mediated Colistin Resistance Gene *mcr-1* in a Clinical *Escherichia coli* Isolate from Egypt

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Colistin is considered a last resort for the treatment of infections caused by carbapenemase-producing members of the family *Enterobacteriaceae*. Recently, a transferable plasmid conferring resistance to colistin was discovered in *Escherichia coli* and *Klebsiella pneumoniae* from China (1) and was then reported in various bacteria from many other countries (2–4). This spread of antibiotic resistance heralds a return to the preantibiotic era, especially with no new antibiotics in the pipeline.

The plasmid-mediated colistin resistance gene *mcr-1* has been identified mainly in bacterial species from animals and animal products (pork and chicken meat) (1, 2). However, it was also detected in humans, i.e., patients (1–4), asymptomatic people (5), and some people by whom it was community acquired (6). Therefore, we used PCR and DNA sequencing to screen for the presence of *mcr-1* in 241 nonduplicate Gram-negative clinical bacterial isolates collected from hospitals in different cities in Egypt during 2015. A universal primer pair, CLR5-F (5'-CGGTCAGTCCGTTTGTTTC-3') and CLR5-R (5'-CTTGGTCGGTCTGTAGGG-3'), was used for screening as previously described (1). In addition, the entire *mcr-1* region was amplified and sequenced with MCR-1-F2 (5'-CTCATGATGCAGCATACTTC-3') and MCR-1-R2 (5'-CGAATGGAGTGTGCGGTG-3'), which were based on the consensus sequences that flank *mcr-1* (GenBank accession no. KP347127). Analysis showed that *mcr-1* was present in only one *E. coli* isolate (SP-1), which was from the sputum of a patient with bacteremia who was hospitalized in the intensive care unit of a Cairo City hospital with no history of traveling abroad. The MIC of both colistin and polymyxin B for this isolate was 16 mg/liter.

E. coli SP-1 had phenotypic resistance to colistin, ciprofloxacin, nalidixic acid, kanamycin, tetracycline, chloramphenicol, ceftazidime, ampicillin, and cefotaxime but was susceptible to carbapenems. Multilocus sequence typing (MLST) indicated that *E. coli* SP-1 belonged to sequence type 1011 (ST1011), which differed from sequence types identified for clinical *E. coli* isolates harboring *mcr-1* in Denmark (ST744) (2) and Cambodia (ST354) (3). According to the MLST database (<http://mlst.ucc.ie/mlst/mlst/dbs/Ecoli>), *E. coli* ST1011 was reported in humans in Egypt and in cats and swine in Germany. Of note, *E. coli* ST1011 was detected previously as an avian fecal *E. coli* strain in Egypt (7) and it was found to be shared by avian pathogenic *E. coli* and human extraintestinal pathogenic *E. coli* by phylogenetic grouping in Brazil (8). Also, it was found as CTX-M-64-harboring *E. coli* isolates from chickens in China (9). Therefore, *E. coli* ST1011 may have potential zoonotic importance.

Southern hybridization showed that *mcr-1* was located on a plasmid of >90 kb. This plasmid was successfully transferred to *E. coli* J53 recipient cells through conjugation. The presence of *mcr-1* in the

transconjugants was confirmed by PCR. Of note, *E. coli* SP-1 also contained *bla*_{CTX-M-15} and a class 1 integron (*dfrA12-orfF-aadA2*). *bla*_{CTX-M-15} was also detected in an *mcr-1*-positive *E. coli* isolate from the Netherlands (3).

In conclusion, this study is the first report of *mcr-1* in a clinical human isolate from Egypt and even the entire African continent. This report confirms other reports of the alarming spread of the plasmid-mediated gene *mcr-1*. We can ultimately find ourselves facing pan-drug resistance in members of the family *Enterobacteriaceae*. The high prevalence of *mcr-1* in animal isolates compared with human clinical isolates worldwide suggests that animals and their products are potential sources of *mcr-1* in humans. The misuse of colistin in agriculture and the poultry industry may be the main cause of the high incidence of *mcr-1* in bacteria from animals and animal products. This issue should be addressed by all appropriate authorities by banning the careless use of colistin in agriculture.

Nucleotide sequence accession number. The nucleotide sequence of the *mcr-1* gene was submitted to DDBJ/EMBL/GenBank and assigned accession no. LC114018.

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