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Pharmacokinetics of an Elevated Dosage of Micafungin in Premature Neonates

P Brian Smith, MD MHS¹, Thomas J Walsh, MD⁵, William Hope, PhD⁷, Antonio Arrieta, MD⁸, Akitsugu Takada, PhD⁶, Laura L Kovanda, BA², Gregory L Kearns, PharmD PhD³, David Kaufman, MD⁴, T Sawamoto, PhD², Donald N Buell, MD², and Daniel K Benjamin Jr, MD MPH PhD¹

¹Department of Pediatrics and Duke Clinical Research Institute, Duke University, Durham, NC

²Astellas Pharma US, Inc., Deerfield, IL

³Department of Pediatrics and Division of Pediatric Pharmacology and Medical Toxicology, University of Missouri-Kansas City, Children's Mercy Hospital, Kansas City, MO

⁴Department of Pediatrics, University of Virginia, Charlottesville, VA

⁵National Cancer Institute, Bethesda, MD

⁶Astellas Pharmaceuticals Inc., Tokyo, Japan

⁷University of Manchester, Manchester, UK

⁸Children's Hospital of Orange County, CA

Abstract

Background—Determining the safety and pharmacokinetics of antifungal agents in neonates is important. A previous single-dose pharmacokinetic study of micafungin in neonates demonstrated that doses of 0.75 to 3 mg/kg produced lower plasma micafungin concentrations than in older patients because of increased apparent plasma clearance of micafungin in neonates. The primary objective of this study was to assess the safety and pharmacokinetics of an increased (15 mg/kg/day) dose of micafungin.

Methods—A repeated dose, open-label pharmacokinetic and safety trial of intravenous micafungin in 12 preterm neonates > 48 hours of life with suspected systemic infections. Neonates received 15 mg/kg/day of micafungin for 5 days. Blood samples were drawn relative to either the fourth or fifth dose. Systemic exposure was assessed by examination of the plasma area under the curve.

Results—The median birth weight and gestational age of the neonates were 775 g and 27 weeks, respectively. No adverse events related to micafungin were detected. The mean area under the curve and clearance for the cohort was 437.5 $\mu\text{g} \cdot \text{h/mL}$ and 0.575 mL/min/kg, respectively. The calculated clearance and volume of distribution for neonates was greater than that observed in older children and adults.

Conclusions—These data suggest that 15 mg/kg dosing in premature neonates corresponds to an exposure of approximately 5 mg/kg in adults. No adverse events related to micafungin were observed.

Keywords

antifungal; *Candida*; dosing; micafungin; premature infants

INTRODUCTION

Candida species are a leading cause of infectious disease related morbidity and mortality in the Neonatal Intensive Care Unit.^{1, 2} The incidence of candidemia in extremely low birth weight neonates (ELBW, < 1000 g birth weight) is 7% and the incidence is 12% in neonates < 750 g birth weight.¹ Candidemia has an attributable mortality of 20–30%¹ and frequently results in severe morbidity, including neurodevelopmental impairment, among survivors².

Amphotericin B deoxycholate is the most commonly used antifungal in this population.³ Although amphotericin B deoxycholate is better tolerated in neonates than in adult patients, side effects are common and include renal impairment and electrolyte imbalances. Micafungin (FK463; Astellas Pharma US, Inc, Deerfield, IL) is a cyclic lipopeptide antifungal of the echinocandin class and is approved in the United States for adult patients and in Europe for adults and children (including neonates) for treatment of invasive candidiasis. Echinocandins are noncompetitive inhibitors of 1,3- β -D-glucan synthase, a fungus specific enzyme crucial to the biosynthesis of the fungal cell wall.⁴ This enzyme is not found in mammalian cells, and thus echinocandins have proven to be safe in adults and children.^{5, 6}

Determining the safety and pharmacokinetics (PK) of micafungin in neonates addresses an unmet medical need given that data for this and other antifungals are sparse in neonates. A previous single-dose micafungin trial demonstrated that doses of 0.75, 1.5, and 3 mg/kg produced low plasma micafungin concentrations in preterm neonates compared with older patients consequent to increased clearance (CL) of the drug.⁷ Increased CL of micafungin has also been observed in pediatric patients < 8 years of age compared with adults.⁵

MATERIALS AND METHODS

Study Design

This was a single-center, open-label, repeated dose study to determine the tolerability and PK of intravenous micafungin administered to critically ill preterm neonates at the time of suspected systemic infection. The inclusion criteria were: 1) neonates > 48 hours of age and infants <120 days of life; 2) presence of sufficient venous access for administration of micafungin; and 3) clinical suspicion of a serious systemic infection requiring intravenous antimicrobial therapy. Exclusion criteria included: 1) history of hypersensitivity to an echinocandin; 2) exposure to an echinocandin in the month before the study; and 3) any condition that in the opinion of the investigator would preclude the patient from participation. The Institutional Review Board at Duke University Medical Center approved this study. All study participants were enrolled after obtaining written permission (informed consent) from the parent or legal guardian.

Administration of study drug and procedures

The 15 mg/kg dose of micafungin studied was extrapolated from the results of the previous single-dose study in neonates.^{7, 8} Micafungin was instituted as part of the empirical therapy given to the neonates at the time of a sepsis evaluation. Each neonate received 15 mg/kg once daily of micafungin for 5 days. The drug was given via constant rate infusion over 60 minutes using a syringe pump attached to microbore tubing. Appropriate blood, urine, or cerebrospinal fluid cultures were obtained as part of standard of care. Empirical therapy for the suspected systemic infection included at least 2 broad spectrum antibiotics. Hematology and serum chemistry values obtained as part of standard of care in the 72 hours before the first dose of micafungin and 72 hours after the last dose of micafungin were documented. Tolerability and short term safety were assessed during the period of micafungin administration and for 7 days

after the last dose. Causality of the adverse events (AEs) was reported as not related, unlikely related, possibly related, probably related, or definitely related in the opinion of the attending physician.

Pharmacokinetic sampling and assay

Up to five 100 μ L PK blood samples were obtained from each neonate around the fourth or fifth micafungin dose. Samples were obtained 2 hours before the start of the dose and at 1, 3–6, 8–12, and 18–24 hours after the completion of the infusion. Samples were collected in 1 mL sodium heparin tubes and centrifuged at 1,500 g for 10 minutes. The plasma was transferred to a polypropylene tube and stored at -70°C until the time at which the analysis of the samples was to be performed.

Plasma samples were analyzed using a validated liquid chromatography method with mass spectrometric detection⁷. The micafungin (FK463) and the internal standard (0.50 $\mu\text{g/mL}$ FR195743) were extracted from the samples by protein precipitation. After the dilution of the supernatant with 10.0 mM ammonium acetate in water, the mixed solution was directly injected and analyzed using liquid chromatography (LC) with mass spectrometric detection. The peaks were identified on a Sciex API 4000 mass spectrometer equipped with electrospray (ESI) operating in negative ion mode. The masses monitored were 1268.4 for FK463 and 1313.5 for FR195743 (IS for FK463). Peak area ratios (compound/internal standard) were fitted to a linear weighted ($1/\text{concentration}^2$) least squares linear regression analysis to calculate the line of best fit from the data. The equations of the calibration curves were then used to calculate the concentrations of FK463 and FR195743 in the samples from their measured peak area ratios. The limit of quantitation for micafungin was 0.05 $\mu\text{g/mL}$. The calibration range was 0.05 to 25.0 $\mu\text{g/mL}$. This LC/MS method for the determination of FK463 was validated and met the requirements for specificity, sensitivity, linearity, recovery, precision, accuracy, and dilution integrity.

Statistical and pharmacokinetic analysis

Data from all patients who provided blood samples were included in the summaries of the PK profiles. PK results were summarized by weight cohort (<1000 g or ≥ 1000 g). The peak plasma micafungin concentration (C_{max}) was obtained directly from the data. Previous investigations of the continuous intravenous infusion have shown that micafungin PK fits a 2-compartment model assuming the same η for CL, central compartment volume of distribution (V) and steady state volume of distribution (V_{ss}). Therefore, this type of model was selected for use in this analysis. ADVAN3/TRANS5 [with CL, V, inter-compartment clearance (Q) and V_{ss}] was used by the PREDPP subroutine library. The population PK parameters were assumed to have log-normal distribution and the relative error model was also assumed for the residual error. Due to the sparse sampling per subject as well as a small number of subjects enrolled in this study, data from the study by Heresi et al⁶ were included in the analysis dataset. In that study, a single 0.75, 1.5, or 3.0 mg/kg dose of micafungin was administered to 18 premature neonates. Posthoc PK parameters such as CL, V, V_{ss} , Q were obtained by using NONMEM (version VI, level 1.0). Secondary parameters were calculated as follows.

1. weight-corrected total clearance (mL/min/kg)

$$\text{CL}_w = \text{CL} / \text{WT}$$

2. $\text{Vd}\beta$ (L/kg)

$$Vd\beta = \frac{CL_w}{\left(\frac{k_{12} + k_{21} + k - \sqrt{(k_{12} + k_{21} + k)^2 - 4k_{21}k}}{2} \right)} \cdot \frac{1}{1000}$$

$$k = CL/V, k_{12} = Q/V, k_{21} = Q(V_{ss} - V)$$

Pharmacokinetic evaluation was made using a sparse sampling approach in this study. Since a blood sample was not collected at the end of infusion for each subject, reliable estimates of t_{max} could not be made. The individual posthoc CL and steady state apparent Vd_{ss} were weight-normalized and individual area under the curve (AUC_{0-24}) was obtained from dose and the posthoc estimate of CL.

After assessing that the PK data were normally distributed, PK parameters were compared between neonates weighing < 1000 and \geq 1000 g using a two-tailed Student t-test. Laboratory values (serum chemistry and hematology) were compared before and after micafungin administration using the Wilcoxon signed-rank test. Statistical analysis was performed using STATA 9 (College Station, TX). The significance limit accepted for all statistical analyses was $\alpha = 0.05$.

RESULTS

Patients

All 12 neonates received 5 doses of micafungin. The median birth weight was 775 g [interquartile range; 670, 925 g] (Table 1 online only). Ten of the neonates were ELBW, and 4 had a birth weight < 750 g. At enrollment, 7 of the neonates had a weight < 1000 g. The majority were male (58%) and African American (75%). The median gestational age at birth was 27.0 weeks [25.9, 28.5] and post-conceptual age at enrollment was 28.3 weeks [27.3, 30.9]. The median age at enrollment was 4 days [3, 20]. One of the neonates had positive cultures from blood, urine, and cerebrospinal fluid which grew Coagulase-negative *Staphylococcus*. Two other neonates had urinary tract infections (*Klebsiella* and *Enterococcus*).

Pharmacokinetic profile of micafungin

The calculated population PK indices are presented in Table 2. The parameters cohorted by weight at enrollment are presented in Table 3, and the micafungin concentration time curve is shown in Figure 1. There was no statistical difference in the AUC_{0-24} , CL, C_{max} , Vd_{ss} , or $Vd\beta$ between neonates weighing < 1000 g and \geq 1000 g.

Safety and tolerability

All 12 neonates experienced at least 1 AE. None of the AEs were felt to be related to micafungin administration. One 540 g neonate died on day of life 11 from necrotizing enterocolitis, 3 days after completing the course of micafungin. The most commonly reported AEs were hyponatremia (42%), hypochloremia (33%), hypokalemia (25%), and monocytosis (25%). Hematology and serum chemistry measurements prior to and after the final dosing of micafungin are shown in Table 4. Serum potassium was higher at the end of therapy, 4.6 vs. 4.0 mmol/L ($P=0.03$). Other serum chemistries, including total bilirubin, remained statistically unchanged from baseline to the end of the therapy. No evidence of renal toxicity or significant changes in hematology parameters was noted.

DISCUSSION

This study evaluated, for the first time, the safety and PK of a repeated dose regimen of an elevated dose of micafungin in a cohort of critically ill preterm neonates. Accurate assessment

of the PK of micafungin in this population is of critical importance given that candidemia is common and often fatal in the preterm neonate,²¹ and that antifungal activity of the drug is dependent upon attainment of a sufficient systemic exposure. Unfortunately, PK and efficacy data of antifungal agents are sparse in this population.^{9–13}

The PK of micafungin following a single intravenous dose have been previously characterized in neonates.⁷ The investigators enrolled 18 neonates ≥ 1000 g and administered 1 of 3 doses of micafungin: 0.75, 1.5, and 3.0 mg/kg. Six additional neonates < 1000 g were given 0.75 mg/kg of micafungin. The mean CL of micafungin for the 18 neonates > 1000 g was 0.65 ml/min/kg. Based on the data from 4 patients, there appeared to be a nearly 2-fold greater value (1.32 ml/min/kg) for the neonates < 1000 g. This study adds seven < 1000 g preterm neonates. The results from this larger cohort suggest lesser degree of increased clearance in the < 1000 g weight group. In contrast, the CL of micafungin reported for older patients was lower: 0.38 ml/min/kg, 0.28 ml/min/kg, and 0.16 ml/min/kg for children ages 2–8 years, 9–17 years and adults, respectively.^{5, 14} These apparent developmental differences in micafungin CL remain unexplained on the basis of drug metabolism but may be associated, in part, with differences in drug protein binding between preterm neonates and older patients. Likewise, the apparent greater V_{dss} of micafungin in neonates from the present (0.62 L/kg) and previous (0.44 L/kg) study as compared to values previously reported from adult studies (0.26 L/kg) may be associated with age-dependent changes in either protein binding or body composition.⁷

The mean AUC_{0-24} in this study was 437.5 $\mu\text{g}\cdot\text{hr}/\text{mL}$, and the highest observed AUC_{0-24} was 555.6 $\mu\text{g}\cdot\text{hr}/\text{mL}$. In adults, a 150 mg dose of micafungin results in an average AUC of 166.7 $\mu\text{g}\cdot\text{hr}/\text{mL}$ with values of < 600 $\mu\text{g}\cdot\text{hr}/\text{mL}$ being associated with good safety profiles.^{6, 15} AUC data from the current study in preterm neonates suggest that a 15 mg/kg dose of micafungin in preterm neonates provides a similar systemic exposure to a dose of approximately 5 mg/kg dosing in adults.¹⁶ High micafungin plasma concentrations such as these may be important in neonates with candidemia secondary to concern for meningo-encephalitis, a common complication of neonatal candidemia.¹⁷ Successful treatment of central nervous system infections in neutropenic rabbits with micafungin has been previously documented.¹⁸

At present, reports of antifungal efficacy in the treatment of neonatal candidemia are limited to case series or underpowered trials.^{19–21} Neonatal dosing information is unavailable for anidulafungin and is limited with older antifungal agents such as amphotericin B deoxycholate, lipid preparations of amphotericin B, and fluconazole. Optimal agent and length of therapy for neonatal candidemia is unknown. Exposure data from this study in premature neonates suggest that a dose of 15 mg/kg of micafungin in premature neonates provides similar systemic exposure to approximately 5 mg/kg given to an adult. Further investigation is warranted to evaluate treatment response with similar exposures in this population.

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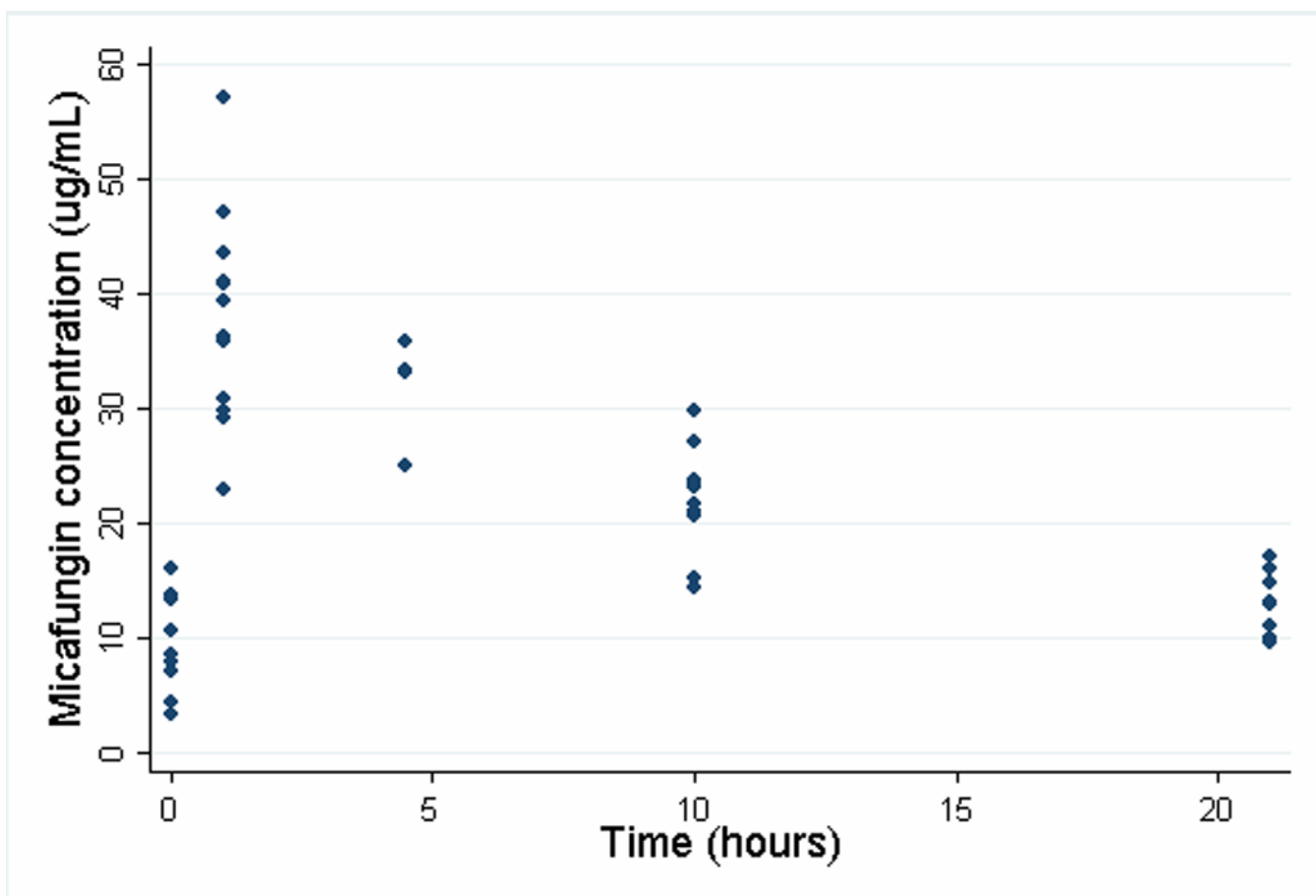


Figure 1.
Plasma micafungin concentration-time profile

Table 1

Demographics

	Duke study	Heresi et al ⁷
Gender		
Male (%)	7 (58)	14 (64)
Female (%)	5 (42)	8 (36)
Race		
White (%)	2 (16)	14 (64)
African American (%)	9 (75)	8 (36)
Native American (%)	1 (8)	0 (0)
Gestational age (weeks)		
Mean +/- SD	27.1 +/- 1.8	26.2 +/- 2.2
Range	23 – 29	24 – 34
Postconceptional age (weeks)		
Mean +/- SD	29.4 +/- 3.6	31.5 +/- 3.0
Range	24 – 36	26 – 39
Age (days)		
Mean +/- SD	16.2 +/- 24.6	37.2 +/- 15.9
Range	2 – 82	7 – 56
Weight (g)		
Mean +/- SD	996 +/- 330	1374.5 +/- 389.4
Range	540–1622	580 – 2201

SD - standard deviation

Table 2Population pharmacokinetic parameters of micafungin^{*}

Parameter (population mean)	Estimate value	Relative Standard Error (%)
CL (L/hr) [*]	0.0365	10.8
V (L) [*]	0.507	8.52
Q (L/hr)	0.0316	22.8
V _{ss} (L) [*]	1.6	36.9
Inter-individual variability (CV%)	48.8	30.5
Residual sum of squares (CV%)	29.2	28.4

V – Volume; Q - intercompartmental clearance; CV - coefficient of variation

^{*} assuming the same η for CL, V and V_{ss}

[^] Relative standard error = (100*SE/estimate)

Table 3

Pharmacokinetic profile of micafungin (mean, SD)

	Cohort n=12	<1000 grams (n=7)	≥1000 grams (n=5)	P value
AUC (ug·h/mL)	437.5(99.4)	412.7(121.4)	472.2(49.6)	0.33
CL (mL/min/kg)	0.575(0.196)	0.622(0.250)	0.510(0.054)	0.36
Cmax (ug/mL)	38.4(8.8)	38.6(11.6)	38.2(3.3)	0.95
Vdss (L)	1.5(0.5)	1.2(0.5)	1.8(0.3)	0.06
Vdss (L/kg)	1.515(0.516)	1.637(0.657)	1.344(0.141)	0.35
Vdβ (L/kg)	0.613(0.282)	0.636(0.370)	0.581(0.106)	0.75

Vdβ – volume of distribution in the elimination phase

Table 4

Laboratory Evaluations (median values)

	Prior to 1st dose	After 5th dose	P value
Serum Chemistry (IQR)			
Sodium (mmol/L)	136 (128, 139)	134 (127, 138)	0.72
Potassium (mmol/L)	4.0 (3.4, 4.4)	4.6 (4.2, 5.2)	0.03
Chloride (mmol/L)	101 (93, 108)	97 (90, 101)	0.37
Bicarbonate (mmol/L)	24 (21, 27)	24 (22, 27)	0.81
BUN (mg/dL)	27 (10, 30)	21 (10, 42)	0.73
Creatinine (mg/dL)	1.1 (0.6, 1.2)	0.9 (0.6, 1.4)	0.77
Total bilirubin (mg/dL)	4.9 (4.7, 5.9)	5.2 (3.4, 6.2)	0.77
Hematology (IQR)			
White blood cell count($\times 10^9/\text{mm}^3$)	10.0 (5.2, 13.2)	16.0 (12.3, 28.9)	0.08
Hematocrit	34 (32, 40)	34 (31, 36)	0.48
Platelet count ($\times 10^9/\text{mm}^3$)	174 (115, 281)	164 (136, 319)	0.46

BUN - blood urea nitrogen