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Minor physical anomalies in schizophrenia: a meta-analysis

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Abstract

Numerous studies report an increased frequency of minor physical anomalies (MPAs) in schizophrenic individuals compared with controls. However, these studies vary considerably regarding the magnitude of the case-control disparity and the topographical distribution of the anomalies. A meta-analysis was carried out on the existing MPA literature in an effort to better understand the relationship between MPAs and schizophrenia. Following a literature search, 13 studies were identified that met our inclusion criteria. Mean total MPA scores were available for 11 of these studies, whereas only seven studies provided regional MPA scores. For both the total MPA and regional MPA analyses, pooled effect sizes (Hedges' g and pooled odds ratios, respectively) were calculated along with tests of heterogeneity. For the total MPA analyses, a meta-regression approach was used to explore the relationship between possible moderator variables (e.g., number of MPA scale items) and effect size heterogeneity. The magnitude of the pooled effect size for the total MPA scores was high (1.131; $p < 0.001$), indicating significantly more overall MPAs in schizophrenic individuals. Significant effect size heterogeneity was present ($p < 0.001$); however, this heterogeneity could not be explained by any of the included moderator variables. The regional MPA analysis revealed significantly increased MPAs in all six anatomical regions ($p < 0.05$), although the pooled odds ratios for these regions did not differ significantly from one another. These results suggest a lack of regional specificity for MPAs in schizophrenia.

Keywords

Minor physical anomalies; Schizophrenia; Meta-Analysis

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1. Introduction

The neurodevelopmental model of schizophrenia asserts that the etiological origins of the disease can be traced to events occurring prenatally (Weinberger, 1987; Murray et al., 1992; Waddington et al., 1999; Marenco and Weinberger, 2000; McGrath et al., 2003). Several diverse lines of evidence now support this model including epidemiological data (e.g., in utero disease and stress exposure [reviewed in Cannon et al., 2004]), the presence of birth/pregnancy complications (Geddes and Lawrie, 1995; McNeil et al., 2000; Cannon et al., 2002), the observed pattern of developmental brain anomalies (Roberts et al., 1987; Weinberger, 1987; Woods, 1998; Harrison, 1999), the presence of pre-morbid behavioral and neuromotor deficits (Davies et al., 1998; Kravariti et al., 2004), and the gross somatic abnormalities that tend to accompany the disease (Murphy and Owen, 1996; Buckley, 1998; McNeil et al., 2000). Regarding this last category, particular emphasis has been placed on the presence of excess minor physical anomalies (MPAs) in those affected with schizophrenia. MPAs are typically described as subtle morphological deviations that are of little functional or cosmetic consequence (Jones, 1997), but may represent risk markers for underlying disease susceptibility (Hoyme, 1993; Tarrant and Jones, 1999); this is thought to be particularly true when multiple MPAs occur together in a given individual and/or when an individual is already at high risk (e.g., the first degree relative of an affected individual).

In the vast majority of studies, the Waldrop scale (or some variant thereof) has been used to assess MPAs in schizophrenia (Waldrop et al., 1968; Waldrop and Halverson, 1971). At best, this scale is a heterogeneous suite of physical features that span a wide range of developmental time points and vary considerably in their etiological relevance. It is not surprising, therefore, that its widespread implementation has drawn some pointed criticism (Krouse and Kauffman, 1982; Murphy and Owen, 1996; Lane et al., 1997; Trixler et al., 1997; 2001; McNeil and Cantor-Graae, 2000). From an embryological perspective, however, many of the items on the Waldrop scale (specifically craniofacial features) are closely related to underlying brain development due to shared ectodermal origins and/or functional growth dependencies (Le Douarin and Kalcheim, 1999; Francis-West et al., 2003). This fact legitimizes to some extent the use of this admittedly imperfect tool in psychiatric research.

Numerous studies to date have examined the relationship between MPAs and schizophrenia (Murphy and Owen, 1996). These studies typically fall into one of the following two categories: those that compare the frequency of MPAs between schizophrenic or at-risk cases and healthy controls and those that explore the relationship between MPAs and other putative indices (morphological, cognitive, etc.) within a sample of schizophrenic individuals. Regarding studies that fall into the first category, there is general agreement that schizophrenic cases possess more MPAs than healthy controls. It is also clear, however, that the magnitude of the disparity in MPA scores between cases and controls varies widely across studies. Currently, there is no clear explanation for this outcome variability. Furthermore, results of studies reporting the topographical distribution of MPAs in schizophrenic individuals are highly variable, although it is generally held that the greatest number of MPAs occur within the oral cavity (Tarrant and Jones, 1999). Importantly, information about which regions are most susceptible to MPAs can provide clues to the temporal origins of the dysmorphology and its underlying relationship to brain development.

Thus, there are still a number of issues to be clarified concerning the link between MPAs and schizophrenia. In this report, we utilize a meta-analytic approach to synthesize the existing evidence on MPAs and schizophrenia. In doing so, we attempt to answer the following questions: 1) Do schizophrenic individuals consistently demonstrate more MPAs than healthy controls? 2) Can certain methodological factors adequately account for the variability in

case-control differences across studies? 3) Do the case-control differences in MPAs occur more often in specific anatomical regions?

2. Materials and Methods

2.1. Literature search and selection

To identify pertinent articles, a two-stage literature search was carried out. First, an online PubMed database search was performed. Search terms included “minor physical anomalies and schizophrenia”, “MPA and schizophrenia” and “dysmorphic and schizophrenia.” The PubMed search was limited to non-review articles in English. This search produced 76 unique articles, 45 of which were deemed relevant after review of titles and abstracts. In the next phase, the references from each relevant study were examined manually to identify any studies overlooked in the initial PubMed search; four were found. As a result, a total of 49 relevant articles were identified. Of these, only 13 studies met our inclusion criteria, namely that: 1) a case-control design was utilized; 2) mean MPA scores and/or raw MPA frequencies were available for both the case and control group; 3) cases had a diagnosis of schizophrenia, not schizoaffective or schizotypal disorder; 4) established and internationally recognized diagnostic criteria (e.g., DSM) were used; 5) the Waldrop scale or some variant of it was used in the MPA assessment; and 6) the samples did not overlap with those reported in other studies. In situations where there was uncertainty regarding sample overlap among studies, only one study was chosen to be included. The decision over which study to include was made on a case by case basis but was typically informed by factors such as sample size and overall study quality. Studies based on samples of twins were also excluded because offspring that share a prenatal environment may be developmentally compromised, which could obscure any case-control differences. Descriptive characteristics of the 13 included studies are provided in Table 1. A list of the 36 excluded studies and the reason(s) for their exclusion are provided in Table 2.

2.2. Statistical analysis

2.2.1. Assessment of Total MPA Scores—Of the 13 studies that met our inclusion criteria, 11 provided mean scores for the total set of MPAs in both schizophrenia cases and healthy controls (Gualtieri et al., 1982; Lal and Sharma, 1987; Green et al., 1989; Lohr and Flynn, 1993; Alexander, 1994; Lane et al., 1997; Ismail et al., 1998; Hata et al., 2003a; Sivkov and Akebaliev, 2003; Gourion et al., 2004a; Joo et al., 2005). For each study, the effect size g (Hedges' g) was calculated. Hedges' g is an unbiased parametric effect size index based on the standardized mean difference between two samples. As such, it can be calculated directly from the case and control means, standard deviations and sample sizes provided (Hedges and Olkin, 1985). Typically, effect size magnitudes between 0.2 and 0.5 are interpreted as weak, between 0.5 and 0.8 as moderate, and over 0.8 as large (Cohen, 1988). To test whether a given effect size is significantly different from zero (i.e., no difference between groups), 95% confidence intervals were generated (Klein, 2004; p. 108). Once the effect size for each individual study was obtained, the variance across effect sizes was assessed by calculating Cochran's heterogeneity statistic Q (Cochran, 1954). This statistic tests the null hypothesis that the effect sizes obtained from a sample of independent studies are similar enough to estimate a common population effect size.

Finally, a single pooled effect size for all 11 studies was calculated accompanied by its 95% confidence interval, with each study weighted by its conditional variance (inverse variance method). Fixed-effects models for estimating cumulative effect sizes are considered inappropriate in most circumstances when a large amount of heterogeneity is present (DerSimonian and Laird, 1986). In these situations, a random-effects model is typically utilized where a second weighting term is included to account for the between-study variation in effect

size (Sutton et al., 2000; p. 75). The results of the abovementioned heterogeneity test informed our choice of model. To evaluate potential publication bias (e.g., the non-publication of studies with negative findings), Rosenthal's fail-safe N statistic was computed (Rosenthal, 1979). This statistic provides an estimate of how many additional studies with a zero effect size would hypothetically be required to render a given pooled effect size statistically non-significant.

Following the initial meta-analysis, a sensitivity analysis was performed. In this analysis, each of the 11 original studies was excluded one at a time and the pooled effect sizes were recalculated from the remaining ten studies in an iterative fashion. This allowed for an assessment of the overall robustness of the meta-analysis as well as detection of the most influential studies. In addition, meta-regression was utilized to explore the extent to which selected study characteristics might explain between-study variation in effect size. A mixed-effects regression model (method of moments) was employed, where a random effect term is included in the regression model to account for any residual variance left unexplained by the included covariate (Sutton et al., 2000). At a practical level, the mixed-effects model produces wider confidence intervals for the regression parameters, compared to the standard fixed-effects model (Thompson and Sharp, 1999). To evaluate the explanatory power of each covariate (i.e., study characteristic) in the regression model, tau-squared (τ^2), which is an estimate of the residual between-study variance in effect size, was generated both before and after covariate inclusion. The degree of reduction in τ^2 following covariate inclusion provides a means of assessing how much variance was accounted for by that covariate. Specifically, we predict that number of MPA scale items, overall methodological quality, and case-control sex ratio will account for a significant portion of the effect size variance. To assess methodological quality, a single score was derived for each study based on a ten item quality scale (Table 3); studies with higher scores were deemed superior. The case-control sex ratio was determined for each study by dividing the male to female ratio in the case sample by the male to female ratio in the control sample. Values equal to one indicate that the proportion of males (relative to females) in the case and control samples are equivalent. Values greater than or less than one indicate that the proportion of males (relative to females) in the case sample is either greater than or less than that in the control sample, respectively. These values can be calculated directly from the information in Table 1.

2.2.2. Regional MPA Analysis—A separate analysis of MPA frequency by anatomical region (head, eyes, ears, mouth, hands and feet) was carried out. For this analysis, a total of seven studies could be included (Green et al., 1989; McGrath et al., 1995; Ismail et al., 1998; Lawrie et al., 2001; Hata et al., 2003a; Sivkov and Akebaliev, 2003; Gourion et al., 2004a) because they were the only studies that provided raw counts for MPAs. Per region odds ratios (ORs) were calculated for each study in the following manner:

$$OR=ad/bc$$

where a and c are the total number of anomalies observed per region for cases and controls, respectively, and b and d are the total number of anomalies absent per region for cases and controls, respectively. The quantities for b and d were computed by taking the maximum number of anomalies possible for a particular region (the case/control sample size multiplied by the number of items included for that region) and subtracting the actual number of anomalies observed, quantities a and c . For example, let us suppose that for a given study with a sample of 30 cases and 40 controls, five anomalies were evaluated for the head region. The maximum number of head anomalies possible in this scenario would be 150 for cases and 200 for controls.

For each region, the ORs from each study were combined using the Mantel-Haenszel method with continuity correction for empty cells (Sutton et al., 2000; p. 64). As with the analysis of

total MPA scores, approximate 95% confidence intervals and heterogeneity statistics were computed to aid interpretation of the per region pooled OR. Once pooled ORs were derived for each region, a mixed-model ANOVA was used to compare the pooled estimates across regions. The purpose of this test was to determine whether the prevalence of MPAs in schizophrenia was significantly greater in particular regions. Due to the small number of studies included, it was not feasible to utilize meta-regression to explore the relationship between individual study characteristics and ORs.

All calculations and statistical tests were carried out with the software package Comprehensive Meta-Analysis version 2.0 (Biostat Inc., Englewood, NJ).

3. Results

3.1. Mean total MPA scores

Meta-analysis results along with descriptive statistics are reported in Table 4 and represented graphically in Figure 1. Individual effect size statistics for the 11 studies ranged from 0.31 to 2.06, with seven studies reporting effect sizes over 0.80. In all 11 studies, the direction for the effect size indicates that schizophrenic cases possessed higher MPA scores than controls. In only a single study (Alexander et al., 1994), the effect size failed to reach statistical significance. Given the range of individual effect sizes observed, there was significant effect size heterogeneity across studies ($Q = 128.33$; $df = 10$; $p < 0.001$). In light of this fact, a random-effects model was used to generate a pooled effect size estimate for the 11 studies. The magnitude of the pooled effect size for this sample of studies was quite large at 1.131 ($p < 0.001$), indicating a considerable disparity in total MPA scores between schizophrenic cases and healthy controls. The fail-safe N statistic indicated that over 1000 studies with null effect sizes would be needed to render this pooled estimate insignificant, suggesting that publication bias played a little or no role in producing the observed results.

Results of the sensitivity analysis revealed that removing any single study failed to result in a significant shift in the pooled effect size estimate (see Figure 2). The largest negative shift occurred following the removal of Lal and Sharma (1987), which was to be expected, based on the large effect size observed for this study (2.06). The largest positive shift occurred following the removal of Joo et al. (2005). In both cases, however, there was still a negligible net effect on the overall pooled estimate. This suggests that all 11 studies were similarly influential and that the meta-analysis is generally robust. Furthermore, these results provide indirect evidence that certain moderator variables were poorly correlated with effect size. For instance, in seven of the 11 studies the samples were derived from different populations (the other four were from the USA; see Table 1). Since the removal of any one of these studies produced almost no shift in the pooled effect size, population was unlikely to be a major determining factor of study outcome. In other words, the variation in effect size across studies could not be adequately explained by the population from which the study samples were derived.

As mentioned previously, a more formal evaluation of effect size heterogeneity was also carried out using a meta-regression approach, where the relationship between quantitative study characteristics and effect size was explored. Neither number of MPA scale items nor overall methodological quality nor case-control sex ratio was able to account for a significant proportion of the between-study variance in effect size. Prior to the inclusion of these covariates, between-study variance (τ^2) was 0.353. Following their inclusion, the residual between-study variance was 0.232 for number of MPA items, 0.224 for methodological quality and 0.249 for case-control sex ratio (a 33%, 37% and 29% shift, respectively). This indicates that only a modest portion of the original effect size variance could be explained by any one covariate. Not surprisingly, none of the regression models were statistically significant ($p >$

0.05). Additionally, no meaningful trend could be detected between year of publication and effect size, as revealed visually in Figure 1. Consequently, because the criteria used for schizophrenia diagnosis (DSM-III, DSM-III-R, DSM-IV) has evolved over the time frame of these publications, this can be precluded as a factor underlying effect size heterogeneity as well.

3.2. Regional MPA analysis

Individual study and pooled results for the regional MPA analysis are reported in Table 5 as odds ratios and represented visually in Figure 3. In all regions the vast majority of individual study ORs were greater than one, indicating an increased frequency of MPAs in schizophrenia; in just over half (54%) of these cases the OR was statistically significant. Three studies reported ORs less than one: Green et al. (1989) for eyes, McGrath et al. (1995) for ears and mouth and Lawrie et al. (2001) for ears, mouth and hands. However, none of these ORs were significantly different from one. An OR for the head region for McGrath et al. (1995) could not be calculated because the authors did not include any anomalies from this region in their analysis. Each of the six anatomical regions (head, eyes, ears, mouth, hands, and feet) had a pooled effect size significantly greater than one ($p < 0.05$). In terms of specific regions, the mouth region was found to have the largest pooled effect size of 2.65 as well as the greatest confidence interval, while the ears were found to have the smallest pooled effect size of 1.42 with the smallest confidence interval (see Figure 3). Despite this variability, the pooled ORs across the six regions did not differ significantly from one another, as determined by ANOVA ($Q = 8.359$; $df = 5$; $p = 0.14$). All regions except head were found to have significant within-region heterogeneity.

4. Discussion

The results of the present meta-analysis indicate that mean total MPA scores derived using the Waldrop scale are substantially different between schizophrenic individuals and healthy controls. In each of the 11 studies where mean total MPA scores were available, the schizophrenic sample was observed to have more MPAs than controls. In most cases the magnitude of the case-control difference was quite large; effect sizes in excess of 0.80 were observed in seven studies. Moreover, the pooled effect size calculated from all 11 studies was 1.131 (0.762–1.501; $p < 0.001$), which represents the single best point estimate of case-control disparity. The robustness of this pooled estimate was confirmed through sensitivity analysis, where it was observed that dropping any single study from the meta-analysis had a negligible impact on the cumulative effect size (Figure 2). These results are in agreement with the broader MPA literature and provide additional support that MPAs (assessed as total scores) can serve as a reliable and powerful discriminator between schizophrenic cases and controls.

Despite this fact, a high degree of variability in effect size magnitude was observed among these 11 studies. One of the stated goals of the meta-analysis was to identify potential factors that moderate this effect size variability. In particular, it was predicted that the number of MPA scale items, overall methodological quality, and the proportion of males to females in the case versus control sample would each account for a significant portion of the between-study variation in effect size. Separate mixed-effects meta-regression analyses indicated, however, that none of these moderator variables were able to account for a substantial portion of the observed effect size variance. These results may help clarify some unresolved issues within the MPA and schizophrenia literature. For example, regarding number of MPA items, a handful of recent studies have used expanded versions of the original Waldrop scale (Ismail et al., 1998; Gourion et al. 2003; 2004a). There is some uncertainty, however, as to the importance of these additional items, both in terms of etiological significance and discriminatory ability. The apparent lack of relationship between number of MPA items and effect size observed here

suggests that the presence of these additional items may not aid substantially in discriminating cases from controls. Interestingly, these results are supported largely by the findings of both Ismail et al. (1998) and Gourion et al. (2004a), who reported that among MPAs that significantly differentiated cases from controls, the majority were derived from the original Waldrop scale. In light of these findings, it may be worthwhile to reconsider whether an expanded MPA scale is necessary.

Regarding case-control sex ratio, previous studies have reported either excess MPAs in male schizophrenics (Marcus et al., 1985; Akabaliev and Sivkov, 2003; Sivkov and Akabaliev, 2004), excess MPAs in female schizophrenics (Green et al., 1989; 1994b; Lal and Sharma, 1987) or no sex differences in MPA frequency (Cantor-Graae et al., 1994; McGrath et al., 1995; Akabaliev and Sivkov, 1998; Gourion et al., 2004a; 2004b; Joo et al., 2005). The present meta-analysis results fail to support the contention that the gender composition of the case or control group relates to the magnitude of the observed case-control difference in total MPA score. This implies that the gender-balanced samples may be unnecessary in case-control studies of MPA frequency in schizophrenia. Although specific tests were not performed, our results also suggest that year of publication, trends in diagnostic criteria and geographical origin of the sample played little role in the case-control outcome. It should be kept in mind, however, that these results only pertain to outcomes involving mean total MPA score; for scores derived from specific regions and/or individual MPAs, any or all of these factors may still prove to be relevant.

Numerous studies report a disproportionately high number of MPAs in the craniofacial complex of schizophrenic individuals (Green et al., 1994a; Lane et al., 1997; Akabaliev and Sivkov, 1998; Akabaliev et al., 2001; Lawrie et al., 2001; Trixler et al., 2001; Elizarrarás-Rivas et al., 2003; Hata et al., 2003a; Gourion et al., 2004a). Anomalies of the mouth region (e.g., palatal anomalies) are often reported to be particularly prevalent (Green et al., 1989; McGrath et al., 1994; Lane et al., 1997; Ismail et al., 1998; Hata et al., 2003a; Gourion et al., 2004a). The results of our regional MPA analysis provide only limited support for these claims. Considering the pooled ORs by region, all regions had a pooled OR significantly greater than one indicating excess anomalies in schizophrenic individuals compared to controls. Furthermore, the mouth region did have the highest OR, followed closely by the head, eye, foot, hand and ear region in decreasing order (Table 5). Nevertheless, these pooled ORs did not differ significantly across regions ($p = 0.14$), suggesting that these six anatomical regions are roughly equivalent in their susceptibility to MPAs. Moreover, there was great deal of heterogeneity in ORs across studies for each region, the mouth region demonstrating the greatest variability with two studies even showing a trend towards increased MPAs in controls rather than cases.

A major limitation of the present meta-analysis was the small sample of studies that met our inclusion criteria. This fact particularly impacts the statistical assessment of moderator variables on effect size variability where regression methods are employed. Consequently, the absence of a significant relationship between effect size and any of the moderator variables considered here could have been impacted by a lack of statistical power, thus any conclusions based on these results should be tempered. There were also a number of potentially important moderator variables that could not be formally evaluated (e.g., age of onset, durations of illness) because the data were not available for enough studies. The fact the only seven studies could be included in the regional MPA analysis precluded carrying out a formal assessment of heterogeneity altogether. Unfortunately, it was also not plausible to consider individual MPAs due to the fact that too few studies provided the necessary raw data, thus our analysis was limited to total MPA scores and regional summary scores. Although the Waldrop scale is currently the most widely used tool to assess dysmorphology in schizophrenia, its low sensitivity and lack of construct validity make it problematic. To address some of these deficits,

a handful of studies have begun to incorporate anthropometric methods in order to generate quantitative descriptions of the head and face in schizophrenic individuals (Lane et al., 1997, McGrath et al., 2002, Hennessey et al., 2004; Kelly et al., 2005). Although results to date have been inconsistent, this approach is likely to yield a wealth of information about the nature of dysmorphology in schizophrenia.

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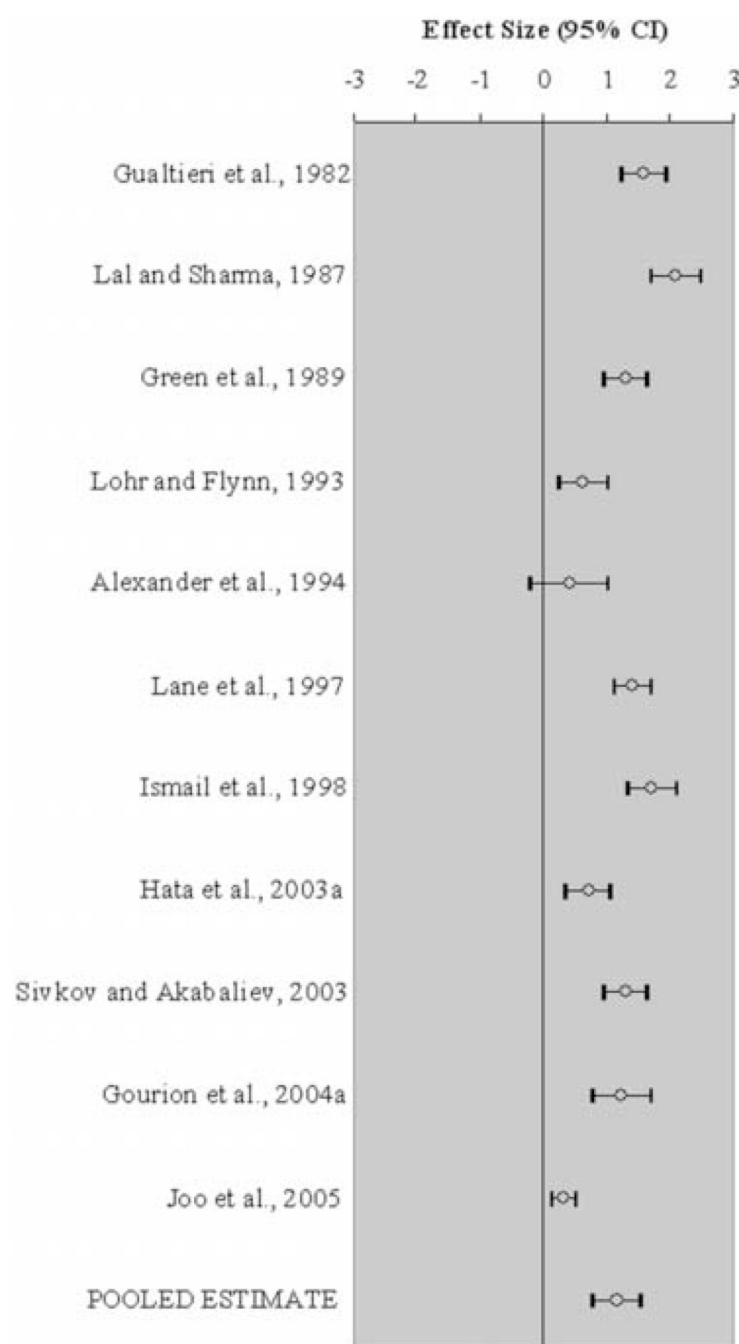
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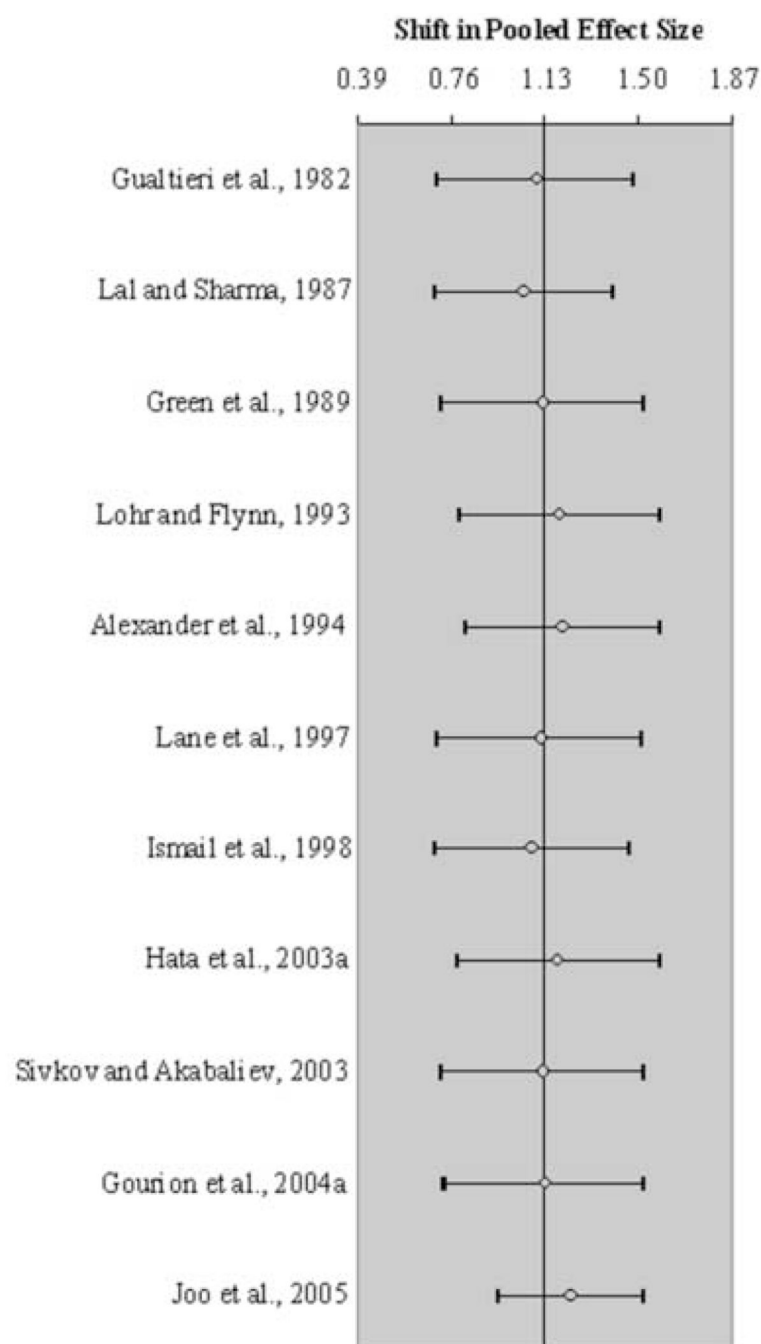
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**Fig. 1.**

Effect sizes with 95% confidence intervals for each of the 11 studies (ordered by year of publication) that provided mean total MPA scores and the pooled effect size estimate (at the bottom of the figure). Point estimates to the right of the zero baseline indicate increased total MPA scores in schizophrenic individuals compared to controls.

**Fig. 2.**

Sensitivity analysis demonstrating the effect of deleting any single study on the estimated pooled effect size (mean total MPA scores). The centrally located baseline (+1.13) represents the original pooled effect size based on all 11 studies. The upper and lower bounds (+1.50 and +0.76, respectively) represent the 95% confidence intervals of the original pooled estimate. As each study along the vertical axis is removed sequentially, the pooled effect size is recalculated for the remaining ten studies. These recalculated pooled effect sizes along with their 95% confidence intervals are depicted relative to the original pooled effect size estimate. The impact of a given study is illustrated graphically as a shift from the baseline; positive shifts (to the

right of the baseline) indicate that the pooled estimated increased following removal of a given study.

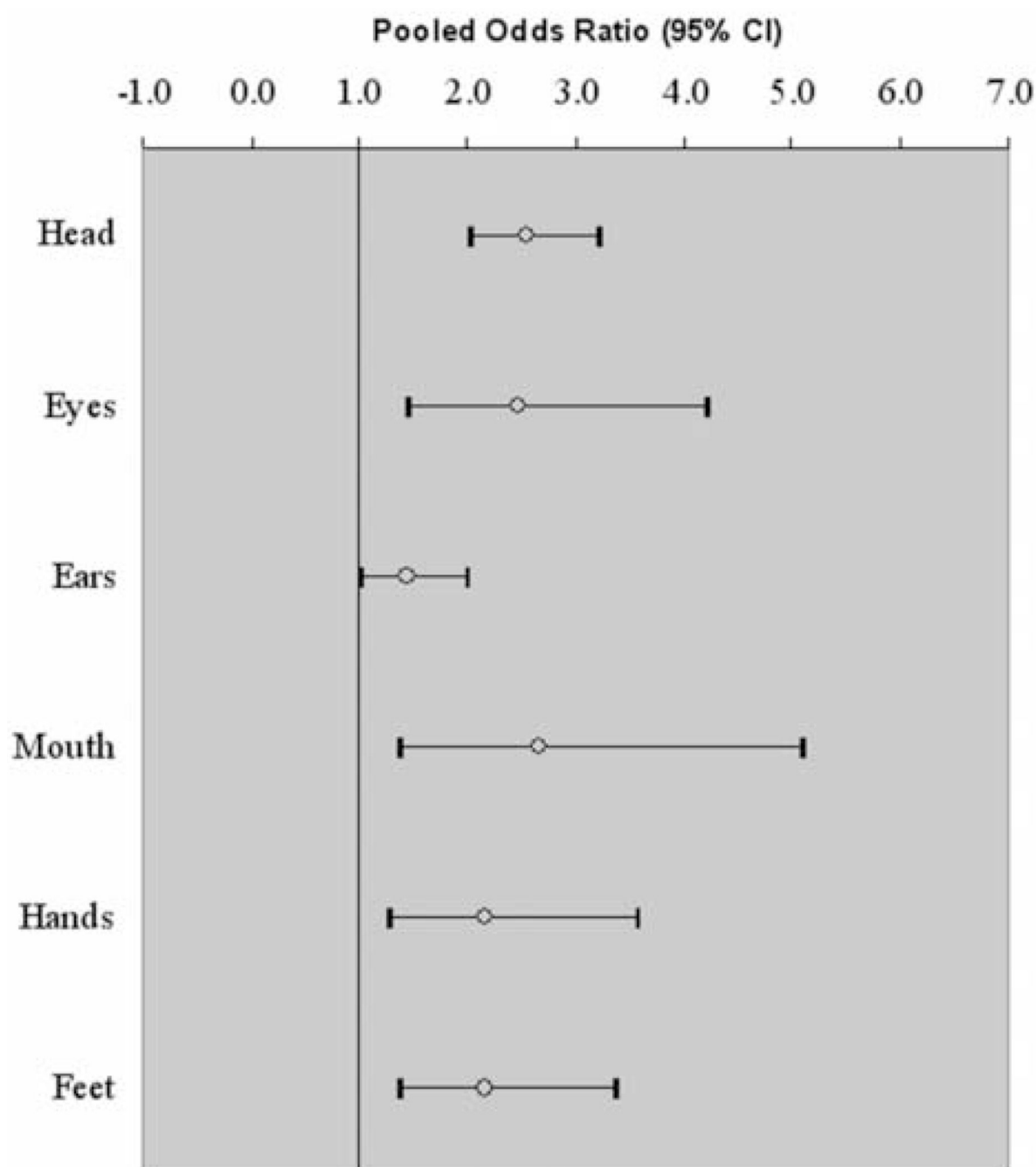


Fig. 3. Pooled effect sizes (odds ratios) and their 95% confidence intervals for MPAs across various anatomical regions. Point estimates to the right of the baseline (OR = 1) indicate increased MPA scores for a given region in schizophrenic individuals compared to controls.

Table 1

Basic characteristics of the studies included in the meta-analysis

Study	Cases		Controls		Population	Schizophrenia			MPA Scale			Ascertainment Notes
	N	Age	N	Age		Criteria	Onset	Duration	Type	Items	R	
Gualtieri et al., 1982 ^a	T: 64	-	T:95	-	USA ^b	DSM-III	-	-	Waldrop	12 ^c	Yes	Cases ascertained from Dorthea Dix hospital in Raleigh, NC had been hospitalized for at least 6 months and had no hx of alcohol/ drug abuse. Controls from various location with no prior hx of alcoholism, drug abuse, psychiatric problems or childhood hyperactivity.
Lal and Sharma, 1987	T:80 ♂:50 ♀:30	-	T:80 ♂:50 ♀:30	-	India	RDC ^d	-	-	Waldrop	13	No	Cases selected at random from the inpatient population of the Central Institute of Psychiatry in Ranchi, India. Controls comprised of one healthy first degree relative of each of the cases and were matched on sex.
Green et al., 1989	T:67 ♂:53 ♀:14	31.6	T:88 ♂:43 ♀:45	28.1	USA	DSM-III	-	-	Modified Waldrop ^e	18	Yes	Cases recruited from Camarillo State Hospital in California and were excluded if had hx of drug or alcohol abuse, mental retardation or were over 55 years old. Controls obtained from Psychiatric Technician training program at the State hospital and undergraduate classes at local university.
Lohr and Flynn, 1993 ^a	T:118 ♂:110 ♀:8	38.7	T:31 ♂:25 ♀:6	43.7	USA	DSM-III-R	25.8	-	Waldrop	17 ^f	Yes	Controls matched for SES were recruited from patients and volunteers at San Diego Veterans Affairs Medical Center. Controls excluded if they had any hx of psychiatric or neurological illness. No information on case recruitment.
Alexander et al., 1994 ^a	T:41 ♂:29 ♀:11	32.8	T:14 ♂:7 ♀:7	39.6	USA	DSM-III-R	-	14	Waldrop	14 ^g	Yes	34 cases current or former patients from Creedmoor Hospital in New York. The remaining 7 were inpatients at the Schizophrenia Research Unit of NY State Psychiatric Institute. Controls recruited from the MHCRC Normal Control Project at NY State Psychiatric Institute and screened for any psychosis or family hx of psychosis.

Study	Cases		Controls		Population	Schizophrenia			MPA Scale			Ascertainment Notes
	N	Age	N	Age		Criteria	Onset	Duration	Type	Items	R	
McGrath et al., 1995 ^a	T:79	-	T:63	-	Australia	PSE ^h	-	-	Waldrop	12 ⁱ	No	Cases drawn from Camberwell Collaborative Psychosis Study, which enrolled psychotic patients consecutively admitted from three regional hospitals. Controls drawn from ER visitors and patients at Princess Alexandra Hospital and screened for hx of mental illness. Attempt was made to match cases and controls on sex.
Lane et al., 1997	T:174 ♂:127 ♀:47	46.1	T:80 ♂:55 ♀:25	46.2	Ireland	DSM-III-R	-	-	Waldrop	18	Yes	Cases recruited from three psychiatric hospitals and included a combination of in-patients, rehabilitation cases and out-patients. Controls were from same region and ethnic background and consisted of retired individuals and hospital staff members. Controls were excluded if they had a personal or family hx of schizophrenia, major affective disorder or suicide.
Ismail et al., 1998 ^j	T:60 ♂:44 ♀:16	38.2	T:75 ♂:59 ♀:16	35.9	Sweden	DSM-III-R	-	14.8	Expanded Waldrop	41	Yes	Cases recruited from psychiatric facilities in Malmo, Sweden and born in Scandinavia in 1941 or later. Both cases and controls with hx of psychoactive substance abuse, head trauma, neurological disorder, or somatic disorder with neurological components were excluded. Controls were comprised of various occupation groups and similar to cases in age and education.
Lawrie et al., 2001	T:30	-	T:35	-	Scotland	PSE, SADS-L ^k	-	-	Waldrop	18	No	Cases were first episode schizophrenics recruited from admissions to the Royal Edinburgh Hospital and associated regional hospitals. Controls were also of Scottish origin. Both cases and controls had no family history of schizophrenia.
Hata et al., 2003a	T:71 ♂:39 ♀:32	32.4	T:65 ♂:34 ♀:31	30.5	Japan	DSM-IV	20.6	11.8	Waldrop	15 ^l	Yes	Cases in- and out-patients recruited from the Department of Psychiatry at the Nara Medical University in Japan. Controls

Study	Cases		Controls		Population	Schizophrenia			MPA Scale			Ascertainment Notes
	N	Age	N	Age		Criteria	Onset	Duration	Type	Items	R	
Sivkov and Akabaliev, 2003	T:76 ♂:43 ♀:33	31.5	T:82 ♂:42 ♀:40	39.2	Bulgaria	DSM-IV	-	6.86	Modified Waldrop ^m	19	Yes	were comprised mostly of hospital staff and students. Cases comprised of in-patients consecutively admitted to the Clinic of Psychiatry in Plovdiv. Both Cases and controls with hx of drug and alcohol abuse, neurological disorder, mental retardation or somatic disorder with neurological component were excluded. Controls were of Bulgarian decent and were matched for SES. Controls were excluded if they had a first-degree relative with hx of psychiatric disorder, major affective disorder or suicide.
Gourion et al., 2004a ⁿ	T:40 ♂:29 ♀:11	29.0	T:42 ♂:15 ♀:27	26.6	France	DSM-IV	20.3	-	Expanded Waldrop	41	Yes	Cases diagnosed with schizophrenia or schizoaffective disorder were ascertained University Department of Sainte-Anne Hospital in Paris. Both cases and controls with hx of head injury or major somatic or neurological disorder were excluded. Controls recruited from hospital staff and screened for hx of Axis I disorder, substance abuse and no schizophrenia-related personality disorder. Further, controls had no family hx of schizophrenia, mood disorder or substance abuse up to the 2nd generation. Cases and controls matched on nationality, age and education level.
Joo et al., 2005	T:220 ♂:142 ♀:78	33.6	T:240 ♂:142 ♀:98	24.0	Korea	DSM-IV	-	-	Modified Waldrop ^o	15	Yes	Cases identified randomly from multiple psychiatric clinics throughout Korea. Details of control recruitment unclear. Both cases and controls were excluded if they had and organic brain anomaly, alcohol related mental problems, hx of drug abuse or physical illness characterized by psychotic symptoms.

Age = Mean age for total sample (years); Onset = Mean age of disease onset (years); Duration = Mean duration of illness (years); R = Assessment of scale reliability/rater-agreement

- ^a Only schizophrenia subjects considered
- ^b Both Caucasian and African-Americans included in sample
- ^c Six items dropped because of poor reliability or assessment difficulties
- ^d Research Diagnostic Criteria
- ^e Weighting scheme for head circumference and intercanthal with altered from original Waldrop scale
- ^f Unclear why only 17 items were included
- ^g Four items dropped because of poor reliability
- ^h Present State Examination (PSE) and case notes used to assign diagnosis according to Research Diagnostic Criteria
- ⁱ Six items dropped because of concerns over reliability/validity in non-Caucasian subjects
- ^j Sibs of cases not included here
- ^k SADS-L is the Schedule for Affective Disorders and Schizophrenia – Lifetime Version
- ^l Three items (hair whorls, soft ears and spotted tongue) dropped; reasons unclear
- ^m One item added by dividing adherent ear lobes into two separate items. Further, furrowed tongue was scored 1 for random and 2 for transverse.
- ⁿ Parents of cases not included here
- ^o Three items dropped based on results of previous validity study

Table 2

Basis for exclusion of relevant studies identified from literature search

Reason for exclusion	Studies ^a
Control subjects not included	Guy et al., 1983; Green et al., 1987; 1994a; Nizamie et al., 1989; O' Callaghan et al., 1991; 1995; Waddington et al., 1995; McNeil and Cantor-Graae, 1999; Scutt et al., 2001; Hata et al., 2003b
Mean MPA scores and/or raw MPA frequencies not available for one or both groups	McNeil et al., 1992; Buckley et al., 1994; Trixler et al., 1997; 2001; Griffiths et al., 1998; Ismail et al., 2000; Akabaliev et al., 2001; Schiffman et al., 2002; Elizarrarás-Rivas et al., 2003; Lloyd et al., 2003; Edgar et al., 2006
Waldrop scale or variant not used	Ponnudurai et al., 1986; McNeil et al., 1992; Puri et al., 1995; Trixler et al., 1997; 2001; Scutt et al., 2001; McGrath et al., 2002; Lloyd et al., 2003
Samples potentially overlap with an included study	Green et al., 1994a; 1994b; O'Callaghan et al., 1995; Waddington et al., 1995; Lohr et al., 1997; Akabaliev and Sivkov, 1998; 2003; Cantor-Graae et al., 1998; Ismail et al., 2000; Akabaliev et al., 2001; Gourion et al., 2003; 2004b; Hata et al., 2003b; Sivkov and Akabaliev, 2004
Diagnosis of isolated schizophrenia lacking in the case group	Marcus et al., 1985; McNeil et al., 1992; Weinstein et al., 1999; Scutt et al., 2001; McGrath et al., 2002; Schiffman et al., 2002; Lloyd et al., 2003
Twin study	Cantor-Graae et al., 1994; McNeil and Cantor-Graae, 1999; McNeil et al., 2000

^aStudies may appear multiple times if more than one reason for their exclusion exists

Table 3
Assessment of methodological quality for each study included in the meta-analysis of total MPA scores

Study quality item	Included studies ^{a,b}										
	A	B	C	D	E	F	G	H	I	J	K
1. Raters underwent formal training prior to assessment	0	0	1	0	1	0	0	1	0	1	1
2. Raters blind to subject's affection status	0	0	0	0	1	0	0	1	0	1	0
3. Cases and controls matched on demographic variables (e.g., SES and/or education level) ^c	0	0	0	1	0	1	1	0	1	1	0
4. Cases and controls from same ethnic background	0	1	0	0	0	1	1	1	1	1	1
5. Sex ratio approximately equal for cases and controls	0	1	0	0	0	1	1	1	1	0	1
6. Sample size in case and control group at least 30	1	1	1	1	0	1	1	1	1	1	1
7. Controls were a representative sample	0	0	0	0	1	1	0	0	1	0	0
8. Controls screened for history of mental illness, neurological disorders, etc.	1	0	0	1	1	1	1	0	1	1	1
9. Recognized assessment criteria (e.g., DSM) used in diagnosis	1	1	1	1	1	1	1	1	1	1	1
10. Reliability analysis was carried out	1	0	1	1	1	1	1	1	1	1	1
Total quality score:	4	4	4	5	6	8	7	7	8	8	7

A quality score of 0 = no or unclear; 1 = yes

^aMcGrath et al. (1995) and Lawrie et al. (2001) not included here because only used in the regional MPA analysis

^bStudy A = Gualtieri et al., 1982; B = Lal and Sharma, 1987; C = Green et al., 1989; D = Lohr and Flynn, 1993; E = Alexander et al., 1994; F = Lane et al., 1997; G = Ismail et al., 1998; H = Hata et al., 2003a; I = Sivkov and Akabaliev, 2003; J = Gourion et al., 2004a; K = Joo et al., 2005

^cMatched to cases or their families

Table 4
Descriptive statistics and results for studies reporting overall mean MPA scores

Study	Case mean (sd)	Control mean (sd)	Effect size (g)	95% LL	95% UL	Z-Value	Sig	N _{fs} ^a
Gualtieri et al., 1982	4.00 (0.90)	2.60 (0.90)	1.548	1.190	1.907	8.466	0.000	
Lal and Sharma, 1987	6.80 (2.00)	2.90 (1.76)	2.060	1.678	2.443	10.566	0.000	
Green et al., 1989 ^b	2.19 (1.52)	0.68 (0.84)	1.271	0.924	1.617	7.190	0.000	
Lohr and Flynn, 1993	1.53 (1.57)	0.65 (0.84)	0.603	0.204	1.003	2.960	0.003	
Alexander et al., 1994	3.50 (1.40)	2.90 (1.90)	0.385	-0.218	0.987	1.251	0.211	
Lane et al., 1997	7.30 (2.30)	4.20 (2.10)	1.380	1.090	1.670	9.329	0.000	
Ismail et al., 1998 ^c	6.37 (2.62)	2.73 (1.68)	1.685	1.292	2.078	8.405	0.000	
Hata et al., 2003a	3.32 (1.98)	2.19 (1.18)	0.682	0.338	1.026	3.884	0.000	
Sivkov and Akabaliev, 2003	4.95 (2.02)	2.66 (1.57)	1.266	0.925	1.606	7.286	0.000	
Gourion et al., 2004a ^c	5.80 (4.00)	2.20 (1.20)	1.220	0.753	1.688	5.113	0.000	
Joo et al., 2005	4.59 (1.86)	4.06 (1.61)	0.305	0.121	0.489	3.256	0.001	
Pooled effect size (random effects model)			1.131	0.762	1.501	6.004	0.000	1183
Heterogeneity score			Q = 128.33; df = 10; p < 0.001					

^a Rosenthal's fail-safe N statistic

^b Male and female data combined

^c Score for total 41 item scale

Table 5
Results for studies reporting MPA frequencies by anatomical region

Study	OR (95%CI) by region ^{a,b}					
	Head	Eyes	Ears	Mouth	Hands	Feet
Green et al., 1989	2.35 (1.05–5.23)	0.98 (0.48–00)	22.87 (1.32–397.58)	13.49 (5.64–32.26)	5.02 (1.61–15.61)	1.83 (0.91–3.68)
McGrath et al., 1995	-	6.18 (0.31–121.75)	0.71 (0.37–1.36)	0.69 (0.34–1.37)	5.92 (1.31–26.71)	5.38 (1.21–23.94)
Ismail et al., 1998	3.33 (2.05–5.42)	4.41 (2.32–8.39)	2.00 (1.34–2.98)	3.64 (2.20–6.02)	2.06 (1.35–3.14)	1.44 (0.88–2.37)
Lawrie et al., 2001	1.56 (0.56–4.36)	3.32 (1.32–8.34)	0.88 (0.54–1.44)	0.85 (0.41–1.78)	0.54 (0.19–1.53)	1.97 (0.81–4.78)
Hata et al., 2003a	1.86 (0.97–3.55)	1.46 (0.90–2.37)	1.92 (0.99–3.74)	4.83 (1.78–13.12)	1.60 (0.81–3.13)	1.41 (0.66–3.00)
Sivkov and Akabeliev, 2003	2.23 (1.42–3.49)	2.57 (1.35–4.88)	1.36 (0.98–1.88)	2.50 (1.61–3.89)	1.31 (0.73–2.36)	11.80 (3.54–39.32)
Gourion et al., 2004a	3.09 (1.92–4.97)	13.34 (1.72–103.57)	1.80 (1.08–2.99)	3.20 (1.52–6.73)	4.84 (2.45–9.53)	1.81 (0.94–3.51)
Pooled Effect Size ^c	2.55 (2.02–3.21)	2.47 (1.45–4.21)	1.42 (1.01–2.00)	2.65 (1.38–5.10)	2.14 (1.28–3.58)	2.15 (1.38–3.35)
Within-Region Heterogeneity (Q)	3.984	16.705 **	16.192 *	40.474 ***	19.555 **	12.978 *

^a An OR > 1 indicates increased MPA frequency in the schizophrenic group

^b Mantel-Haenszel method used for calculating OR

^c Random effects model used to estimate pooled effect size

Bold figures indicate OR significant at least at the 0.05 level

* p ≤ 0.05

** p ≤ 0.01

*** p ≤ 0.001