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# A delayed and chronic treatment regimen with the 5-HT<sub>1A</sub> receptor agonist 8-OH-DPAT after cortical impact injury facilitates motor recovery and acquisition of spatial learning

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## Abstract

An early (i.e., 15 min) single systemic administration of the 5-HT<sub>1A</sub> receptor agonist 8-OH-DPAT enhances behavioral recovery after experimental traumatic brain injury (TBI). However, acute administration of pharmacotherapies after TBI may be clinically challenging and thus the present study sought to investigate the potential efficacy of a *delayed and chronic* 8-OH-DPAT treatment regimen. Forty-eight isoflurane-anesthetized adult male rats received either a controlled cortical impact or sham injury and beginning 24 hrs later were administered 8-OH-DPAT (0.1 or 0.5 mg/kg) or saline vehicle (1.0 mL/kg) intraperitoneally once daily until all behavioral assessments were completed. Neurobehavior was assessed by motor and cognitive tests on post-operative days 1–5 and 14–19, respectively. The lower dose of 8-OH-DPAT (0.1 mg/kg) enhanced motor performance, acquisition of spatial learning, and memory retention vs. both the higher dose (0.5 mg/kg) and vehicle treatment ( $p < 0.05$ ). These data replicate previous findings from our laboratory showing that 8-OH-DPAT improves neurobehavior after TBI, and extend those results by demonstrating that the benefits can be achieved even when treatment is withheld for 24 hrs. A *delayed and chronic* treatment regimen may be more clinically feasible.

## Keywords

beam-walking; controlled cortical impact; functional recovery; learning and memory; Morris water maze; neurobehavior; traumatic brain injury

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## 1. Introduction

Traumatic brain injury (TBI) affects 1.5 to 2 million individuals in the United States each year. Approximately 100,000 severe-TBI survivors endure long-term memory and/or physical impairments that require rigorous and costly rehabilitative therapy [18,41,58]. Treatment options for brain injury are limited and typically consist of augmenting or restoring dysfunctional neurotransmitter systems. Preclinical evaluation of various pharmacological agents has yielded several potential treatment candidates. For example, both agonists and antagonists affecting acetylcholine (ACh), dopamine (DA), and glutamate neurotransmission have shown marked benefits in the laboratory [10,12,14,15,29,30,33,39]. Unfortunately, with the exception of a few small clinical studies [42,47,49,61], translating from bench to bedside has not yielded the same beneficial effects observed in the laboratory. This realization suggests that additional therapies or other neurotransmitter systems should be evaluated.

In part because of its widespread modulation of the major neurotransmitters ACh, DA, and glutamate, the serotonin (5-HT) system, and in particular the 5-HT<sub>1A</sub> receptor, is considered a significant pharmacological target for the treatment of various central nervous system (CNS) diseases [63]. While a plethora of reports exist showing benefits of 5-HT<sub>1A</sub> receptor stimulation in the treatment of anxiety and depression [2,44,45], there is a paucity of studies evaluating the role of this 5-HT receptor subtype on CNS trauma.

The few studies that do exist indicate that 5-HT<sub>1A</sub> receptor agonists exert beneficial effects. Administration of 5-HT<sub>1A</sub> receptor agonists before or after focal cerebral ischemia provides neuroprotection as evidenced by decreased histopathology [8,55,59]. A significant reduction in cortical lesion volume has also been reported following treatment with the 5-HT<sub>1A</sub> receptor agonist BAY x 3702 after subdural hematoma [1]. Studies from our laboratory using the controlled cortical impact (CCI) injury model, which produces many of the characteristics of human TBI [27], have demonstrated that an early and continuous infusion of the 5-HT<sub>1A</sub> receptor agonist repinotan HCL or a single administration of 8-OH-DPAT enhances cognitive recovery in a water maze task, decreases cortical lesion volume, and confers hippocampal neuron survival [5,28,32,34,35]. Taken together, these findings suggest that 5-HT<sub>1A</sub> receptor agonists are beneficial in a variety of brain injury models. However, while the benefits of this early therapeutic paradigm are compelling, the potential efficacy of *delayed and chronic* 8-OH-DPAT treatments after TBI is unknown. This issue is paramount given the secondary sequelae that are prevalent hours to days after TBI that affect the recovery process.

## 2. Materials and methods

### 2.1. Subjects

Forty-eight adult male Sprague-Dawley rats (Harlan, Indianapolis, IN) weighing 300–325 g on the day of surgery were housed in standard steel-wire mesh cages and maintained in a temperature ( $21 \pm 1^\circ\text{C}$ ) and light (on 7:00 a.m. to 7:00 p.m.) controlled environment with free access to food and water. After one week of acclimatization the rats underwent beam-walk training and then were randomly assigned to one of the following group conditions: TBI + 8-OH-DPAT (0.1 mg/kg; n=12), TBI + 8-OH-DPAT (0.5 mg/kg; n=12), TBI + Vehicle (1 mL/kg; n=12), Sham + 8-OH-DPAT (0.1 mg/kg; n=4), Sham + 8-OH-DPAT (0.5 mg/kg; n=4), or Sham + Vehicle (1 mL/kg; n=4).

### 2.2. Surgery

A surgical level of anesthesia was induced and maintained with inspired concentrations of 4% and 2% isoflurane, respectively, in 2:1 N<sub>2</sub>O:O<sub>2</sub> in a vented anesthesia chamber. Following endotracheal intubation the rats were secured in a stereotaxic frame and mechanically

ventilated. Utilizing aseptic techniques a 6-mm craniectomy was made in the right hemisphere between bregma and lambda and from midline to the coronal ridge. A controlled cortical impact (CCI) of 2.8 mm tissue deformation at 4 m/sec produced an injury of moderate severity as previously described [9,26,32,34]. Sham control rats underwent all anesthetic and surgical manipulations except the impact. Anesthesia was discontinued immediately after CCI or sham injury and the incision was promptly closed with nylon sutures. The rats were subsequently extubated and acute neurological evaluations were performed. All experimental procedures were approved by the Institutional Animal Care and Use Committee at the University of Pittsburgh and were conducted in accordance with the recommendations provided in the *Guide for the Care and Use of Laboratory Animals* (National Academy Press, 1996). Every attempt was made to limit the number of subjects used and to minimize suffering.

### 2.3. Acute neurological evaluation

Hind limb reflexive ability was assessed following the cessation of anesthesia by gently squeezing the rats' paw every 5 sec and recording the time to elicit a withdrawal response. Return of the righting reflex was determined by the time required to turn from the supine to prone position.

### 2.4. Drug administration

8-hydroxy-2-(di-*n*-propylamino)tetralin (8-OH-DPAT) was purchased from Sigma-Aldrich (St. Louis, MO) and was prepared daily by dissolving in sterile physiological saline. 8-OH-DPAT (0.1 mg/kg or 0.5 mg/kg) or a comparable volume of vehicle (1 mL/kg saline) was administered intraperitoneally beginning 24 hr after CCI or sham injury and once daily until all behavioral evaluations were completed (i.e., post-operative day 19). On the days when behavioral assessments were conducted, treatments were administered 1 hr prior to testing by an experimenter unaware of group conditions. The doses of 8-OH-DPAT and route of administration were selected based on previous studies from our laboratory [5,28,35] showing this regimen to confer neuroprotection and promote behavioral recovery after TBI.

### 2.5. Motor performance

Beam-balance and beam-walk performances were assessed with well-established tests [5,10,26,28–35]. The beam-balance task consists of placing the rat on an elevated (90 cm) narrow wood beam (1.5 cm wide) and recording the time it remains on for a maximum of 60 sec. The beam-walk task, originally devised by Feeney and colleagues [13], consists of training/assessing rats using a negative-reinforcement paradigm to escape ambient light and white noise by traversing an elevated narrow wood beam (2.5 × 100 cm) and entering a darkened goal box situated at the opposite end. When the rat enters the goal box the adverse stimuli (i.e., light and noise) are terminated and thus serve as reinforcement for completing the task. Performance was assessed by recording both the elapsed time to traverse the beam as well as the distance traveled. The scoring criteria for distance traveled is based on a rating scale from 0 to 5, where 0 indicates an inability to ambulate beyond the start location, 1–4 corresponds to distal segments of 20, 40, 60, or 80 cm from the start point, respectively, and 5 corresponds with traversing the entire length of the beam (100 cm) and entering the goal box. Rats were tested for beam-balance and beam-walk performance on post-operative days 1–5 and were provided three trials (60 sec allotted time) per day on each task. The average daily scores for each subject were used in the statistical analyses.

### 2.6. Cognitive function

**2.6.1. Acquisition of spatial learning**—Spatial learning was assessed in a water maze task demonstrated to be sensitive to cognitive function/dysfunction after TBI [20,32,51,57]. The maze was a plastic pool (180 cm diameter; 60 cm high) filled with tap water (26 ± 1°C)

to a depth of 28 cm and was situated in a room with salient visual cues. The platform was a clear Plexiglas stand (10 cm diameter, 26 cm high) that was positioned 26 cm from the maze wall in the southwest quadrant and held constant for each rat. Acquisition of spatial learning was initiated on post-operative day 14 and continued until day 18. The paradigm consisted of providing a block of four daily trials for five consecutive days to locate the platform when it was submerged 2 cm below the water surface (i.e., invisible to the rat). For each daily block of trials the rats were placed in the pool facing the wall at each of the four possible start locations (north, east, south, and west) in a randomized manner. Each trial lasted until the rat climbed onto the platform or until 120 sec had elapsed, whichever occurred first. Rats that failed to locate the goal within the allotted time were manually guided to it. All rats remained on the platform for 30 sec before being placed in a heated incubator between trials (4-min inter-trial interval). The times of the 4 daily trials for each rat were averaged and used in the statistical analyses.

One day after the final acquisition training session (Day 19), all rats were given a single probe trial to measure retention. Briefly, the platform was removed from the pool and the rats were placed in the maze from the location point most distal to the quadrant where the platform was previously situated (i.e., “target quadrant”) and allowed to freely explore the pool for 30 sec. Typically, rats that have learned the specific location of the escape platform exhibit a spatial bias and spend significantly more time in the target quadrant. The percent time spent in the target quadrant was used in the statistical analysis. Following the probe assessment, the rats were provided four additional trials to locate the platform when it was raised 2 cm above the water surface (i.e., visible to the rat). While this task has been used to test for non-hippocampal damage [3], its use in the present study was as a control procedure to determine the contributions of non-spatial factors (e.g., sensory-motor performance, motivation, and visual acuity) on water maze outcome.

The data were obtained using a spontaneous motor activity recording & tracking (SMART) system (San Diego Instruments, San Diego, CA).

## 2.7. Data analyses

Statistical analyses were performed on data collected by observers blinded to treatment conditions using Statview 5.0.1 software (Abacus Concepts, Inc., Berkeley, CA). The motor and cognitive data were analyzed by repeated-measures analysis of variance (ANOVA). The acute neurological, probe trial, and swim speed data were analyzed by one-factor ANOVAs. When the overall ANOVA revealed a significant effect, the data were further analyzed with the Bonferroni/Dunn post-hoc test to determine specific group differences. The data are presented as the mean  $\pm$  standard error (SE) and are considered significant when corresponding  $p$  values are  $\leq 0.05$  or as determined by the Bonferroni/Dunn statistic after adjusting for multiple comparisons.

## 3. Results

One sham control rat received an inadvertent dura mater tear during the craniectomy and was omitted from the study. Hence, the statistical analyses are based on 47 rats.

### 3.1. Acute neurological function

No significant differences were observed among the TBI groups in hind limb withdrawal latency in response to a brief paw pinch [range  $163.0 \pm 6.3$  sec to  $177.2 \pm 4.9$  sec,  $p > 0.05$ ] or for return of righting ability [range  $369.1 \pm 14.6$  sec to  $403.5 \pm 14.8$  sec,  $p > 0.05$ ] after the cessation of anesthesia. The lack of significant group differences in these acute neurological indices suggests that all rats experienced an equivalent level of brain injury and anesthesia.

### 3.2. Motor function

**3.2.1 Beam-balance**—No pre-surgical differences were observed among groups as all rats were capable of balancing on the beam for the allotted 60 sec (Fig. 1). However, following TBI, a repeated measures ANOVA revealed significant Group [ $F_{5, 41} = 6.320, p = 0.002$ ] and Day [ $F_{5, 205} = 5.735, p < 0.0001$ ] differences, as well as a significant Group  $\times$  Day interaction [ $F_{25, 205} = 1.635, p = 0.034$ ]. No significant group difference was revealed between the TBI + 8-OH-DPAT (0.1 mg/kg) and TBI + Vehicle [ $p = 0.085$ ], even though the latter had not reached baseline by the end of testing. However, both TBI + 8-OH-DPAT (0.1 mg/kg) and TBI + Vehicle were markedly improved vs. TBI + 8-OH-DPAT (0.5 mg/kg) [ $p < 0.0001$  and  $p = 0.0016$ , respectively]. No differences were observed among the sham groups, regardless of treatment, as all were able to maintain their balance for the full 60 sec [ $p > 0.05$ ]. Additionally, the shams differed from both the TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg) groups [ $p < 0.05$ ], but not the TBI + 8-OH-DPAT (0.1 mg/kg) group [ $p > 0.05$ ].

**3.2.2 Beam-walk (time to traverse)**—Similar to beam-balance there were no pre-surgical differences in time to traverse the beam among groups as all rats were proficient and reached the goal box in approximately 5 sec (Fig. 2). The ANOVA revealed a significant Group [ $F_{5, 41} = 18.400, p < 0.0001$ ] and Day [ $F_{5, 205} = 21.339, p < 0.0001$ ] differences, as well as a significant Group  $\times$  Day interaction [ $F_{25, 205} = 4.143, p < 0.0001$ ]. The TBI + 8-OH-DPAT (0.1 mg/kg) group was able to traverse the beam significantly quicker (i.e., demonstrating a facilitation of motor recovery) than both the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups [ $p < 0.0001$  and  $p < 0.0002$ , respectively], neither of which differed from one another [ $p = 0.331$ ]. While there were no statistically significant differences among the Sham groups [ $p > 0.05$ ], the Sham + 8-OH-DPAT (0.5 mg/kg), and to a lesser extent the Sham + 8-OH-DPAT (0.1 mg/kg), had slightly longer traversal times on post-operative days 1 and 2 vs. Sham + Vehicle (Fig. 2). However, despite the slight differences, all Sham groups differed from all TBI groups [ $p < 0.05$ ].

**3.2.3 Beam-walk (distance traveled score)**—No pre-surgical differences were observed among groups as all rats were capable of traversing the entire length of the beam for a score of 5 (Fig. 3). However, a repeated measures ANOVA performed on the data after the CCI injury revealed significant Group [ $F_{5, 41} = 15.506, p = 0.0001$ ] and Day [ $F_{5, 205} = 16.011, p < 0.0001$ ] differences, as well as a significant Group  $\times$  Day interaction [ $F_{25, 205} = 3.955, p < 0.0001$ ]. The TBI + 8-OH-DPAT (0.1 mg/kg) group traversed greater distances on the beam (i.e., demonstrating a facilitation of motor recovery) vs. both the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups [ $p < 0.0001$  and  $p < 0.0007$ , respectively]. Specifically, by the last day of testing, the TBI + 8-OH-DPAT (0.1 mg/kg) group had returned to baseline performance, while the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups were only capable of traversing about 60–80 cm down the beam for scores of 3–4 before the allotted time expired. There was no difference between the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups [ $p = 0.196$ ]. All Sham groups differed from the TBI groups [ $p < 0.05$ ], but not from one another [ $p > 0.05$ ].

### 3.3. Cognitive function

**3.3.1. Acquisition of spatial learning**—Analysis of the post-CCI injury water maze data revealed significant Group [ $F_{5, 41} = 12.438, p < 0.0001$ ] and Day [ $F_{4, 164} = 12.325, p < 0.0001$ ] differences. Post-hoc analysis indicated that the TBI + 8-OH-DPAT (0.1 mg/kg) group was able to locate the hidden platform significantly quicker over time vs. both the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups [ $p < 0.0001$ ]. While no statistical difference was revealed overall between the TBI+8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups [ $p = 0.017$ ; adjusted for multiple comparisons], a single day ANOVA revealed a marked difference on the third day of training (i.e., post-operative day 16) with the TBI + 8-OH-DPAT (0.5 mg/



kg) group performing worse than the TBI + Vehicle group [ $p = 0.0008$ ]. As depicted in Fig. 4, there were no statistically significant differences among the Sham groups [ $p > 0.05$ ], which differed from both the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups [ $p < 0.05$ ], but not the TBI + 8-OH-DPAT (0.1 mg/kg) [ $p > 0.05$ ].

**3.3.2. Probe trial (i.e., memory retention)**—Analysis of memory retention revealed a significant difference among groups [ $p = 0.0006$ ], which was attributed to the three Sham groups and the TBI + 8-OH-DPAT (0.1 mg/kg) group spending significantly more time in the target quadrant vs. both the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups. Specifically, as depicted in Fig. 5, the TBI + 8-OH-DPAT (0.5 mg/kg) and TBI + Vehicle groups spent  $26.8 \pm 1.4\%$  and  $26.2 \pm 1.7\%$  of the time, respectively, in the target quadrant, which is at the level of random chance performance and is in marked contrast to the  $38.6 \pm 3.5\%$  time devoted by the TBI + 8-OH-DPAT (0.1 mg/kg) group. The Sham + Vehicle, Sham + 8-OH-DPAT (0.1 mg/kg), and Sham + 8-OH-DPAT (0.5 mg/kg) groups had times of  $43.1 \pm 9.1$ ,  $39.0 \pm 2.9$ , and  $38.3 \pm 1.0\%$ , respectively, which did not differ from one another or with the TBI + 8-OH-DPAT (0.1 mg/kg) group [ $p > 0.05$ ].

**3.3.3. Swim speed and visible platform performance**—No significant differences in swim speed (range =  $30.5 \pm 1.3$  cm/sec to  $32.9 \pm 2.5$  cm/sec; Fig. 6) or visible platform acquisition (Fig. 4) were observed among the groups, suggesting that neither motor impairments nor visual disparities influenced the assessment of place learning.

## 4. Discussion

Previous studies from our laboratory have shown that a single and early (i.e., 15 min post-TBI) systemic administration of the 5-HT<sub>1A</sub> receptor agonist 8-OH-DPAT (0.5 mg/kg) enhances behavioral recovery, decreases lesion volume, and increases hippocampal CA<sub>3</sub> survival [5, 28,32,35]. While this experimental paradigm has produced consistent results, the clinical relevance of very early treatment is not feasible. A recent study designed to elucidate the therapeutic window after a single administration of 8-OH-DPAT found that delaying treatment by even one hr after TBI proved to be ineffective as no differences were observed in any of the behavioral outcome measures vs. saline-treated controls [5]. Those data suggest that an early and narrow critical period exists for the behavioral recovery afforded by a single 8-OH-DPAT treatment paradigm. Hence, the goal of the current study was to provide 8-OH-DPAT (0.1 mg/kg and 0.5 mg/kg) in a delayed and chronic design. The rationale was that if one or both of the doses of 8-OH-DPAT exhibit enhancement of recovery after TBI, like that seen after a single administration, then the possibility for a novel clinical pharmacotherapy might exist.

The data revealed that 8-OH-DPAT enhanced beam-walking, acquisition of spatial learning, and memory retention relative to vehicle-treated controls. Interestingly, only the lower dose (0.1 mg/kg) of 8-OH-DPAT afforded the benefits. The higher dose (0.5 mg/kg) group was similar to the vehicle-treated group in all behavioral tasks, with the exception of beam-balance where it performed worse. The lack of an effect with the 0.5 mg/kg dose is surprising because it was this dose that provided the optimal benefit when administered acutely after CCI injury, whereas the 0.1 mg/kg dose was ineffective [35]. The differences in dose response in mediating behavioral performance after TBI may be due to alterations in the number of 5-HT<sub>1A</sub> receptors, receptor sensitivity [36], or effects at presynaptic vs. post-synaptic receptors [2,38,45]. Furthermore, while 8-OH-DPAT is selective for the 5-HT<sub>1A</sub> receptor, it also binds to the 5-HT<sub>7</sub> receptor. Studies have shown that depending on the dose, either one or both of these receptors can be activated, which would produce different effects on functional outcome [44, 45].

Despite a markedly different treatment paradigm, the findings of the current study are consistent with our previously published data. However, while we have replicated several studies showing that 8-OH-DPAT enhances cognitive performance, there are numerous other reports suggesting that 8-OH-DPAT impairs cognition [4,16,22,24,25,44–46,48,54]. Salient differences between our studies and those of others include the animal models used (i.e., TBI vs. non-injured), behavioral tasks (i.e., traditional water maze evaluations vs. “novel” water maze assessments, object recognition, Pavlovian learning paradigms, and radial arm maze), doses, time of administration relative to behavioral testing, and the number of administrations [4,16,22,24,25,44–46,48,54]. Any of these differences alone could contribute to the discrepancy in findings from study to study, but when two or more of these are combined it becomes considerably more difficult to explain. The differences between CNS injured and normal animals is a plausible explanation especially because after other CNS injuries, such as ischemia or subdural hematoma, 5-HT<sub>1A</sub> receptor agonists exert neuroprotection [1,6–8]. While the sham animals were not significantly impaired by the 8-OH-DPAT treatment, the higher dose (0.5 mg/kg) slowed beam-walking and water maze performance on the first two days of testing. Similar dose response findings have been reported by Meneses and colleagues who showed that both short-term and long-term memory were impaired by higher vs. lower doses of 8-OH-DPAT (0.5 mg/kg vs. 0.06 mg/kg), respectively, in non-injured animals [45]. Taken together these data suggest that dose, timing, and the number of administrations may be important considerations when providing 5-HT<sub>1A</sub> receptor agonists to intact animals.

Potential mechanisms contributing to the beneficial effects observed with chronic 8-OH-DPAT in our TBI paradigm may be via restoration of dopamine (DA) neurotransmission, which is altered after TBI [12,40,43,60,64,65]. Administration of the 5-HT<sub>1A</sub> receptor agonists MKC-242, 8-OH-DPAT, and buspirone increase DA levels in the prefrontal cortex and hippocampus [2,50], which are critical regions for cognitive processing. Data supporting the notion that DA neurotransmission is important for spatial learning and memory comes from studies showing that amantadine, bromocriptine, and methylphenidate (all D<sub>2</sub> receptor agonists) improve functional outcome and/or preserve hippocampal CA<sub>3</sub> cell survival after TBI [12,29,30,33], and that D<sub>2</sub> receptor antagonists, such as haloperidol impair recovery [13,17,23,31,62]. Furthermore, several lines of evidence indicate that TBI in rats produces hippocampal and medial septal cell loss, as well as disturbances in cognitive function that may be related to chronic decreases in ACh neurotransmission [11,53]. A time-dependent loss of choline acetyltransferase (ChAT) enzymatic activity, the enzyme responsible for ACh synthesis, and ChAT immunohistochemical staining is also reported after TBI [19,37,52,56]. The reduction in ChAT activity after TBI decreases ACh neurotransmission and may be mediating the cognitive impairments observed after brain injury. Data from our laboratory support the notion that 8-OH-DPAT may mediate the benefits seen after TBI by protecting against TBI-induced ChAT cell loss (in review). Furthermore, another 5-HT<sub>1A</sub> receptor agonist, repinotan HCL, has been reported to decrease AChE and increase ChAT activity [21].

In conclusion, these data replicate previous findings from our laboratory showing that 8-OH-DPAT improves neurobehavior after TBI, and extend those results by demonstrating that the benefits can be achieved even when treatment is delayed by 24 hrs and administered chronically. A *delayed and chronic* treatment regimen may be more clinically feasible. Although 5-HT<sub>1A</sub> receptor agonists are novel to TBI, they are used routinely in treating neuropsychiatric disorders in humans and thus may be an alternative and promising therapeutic approach for clinical TBI. Indeed, a randomized, double-blind, placebo controlled preliminary study evaluating the efficacy of the 5-HT<sub>1A</sub> receptor agonist repinotan HCL reported that the proportion of patients having good outcome or moderate disability (Glasgow Outcome Scale) was somewhat greater in repinotan-treated patients (60%) than in placebo (50%). Moreover, the 5-HT<sub>1A</sub> receptor agonist was shown to have a favorable safety and tolerability profile

[49]. Continued studies evaluating the potential efficacy of delayed and chronic 8-OH-DPAT after experimental TBI are warranted. Ongoing studies in our laboratory are focused on determining the potential additive effect of combining 5-HT<sub>1A</sub> receptor agonists with other therapies, such as environmental enrichment, just as we have done after a single administration [32], as well as elucidating potential mechanisms for the observed effects.

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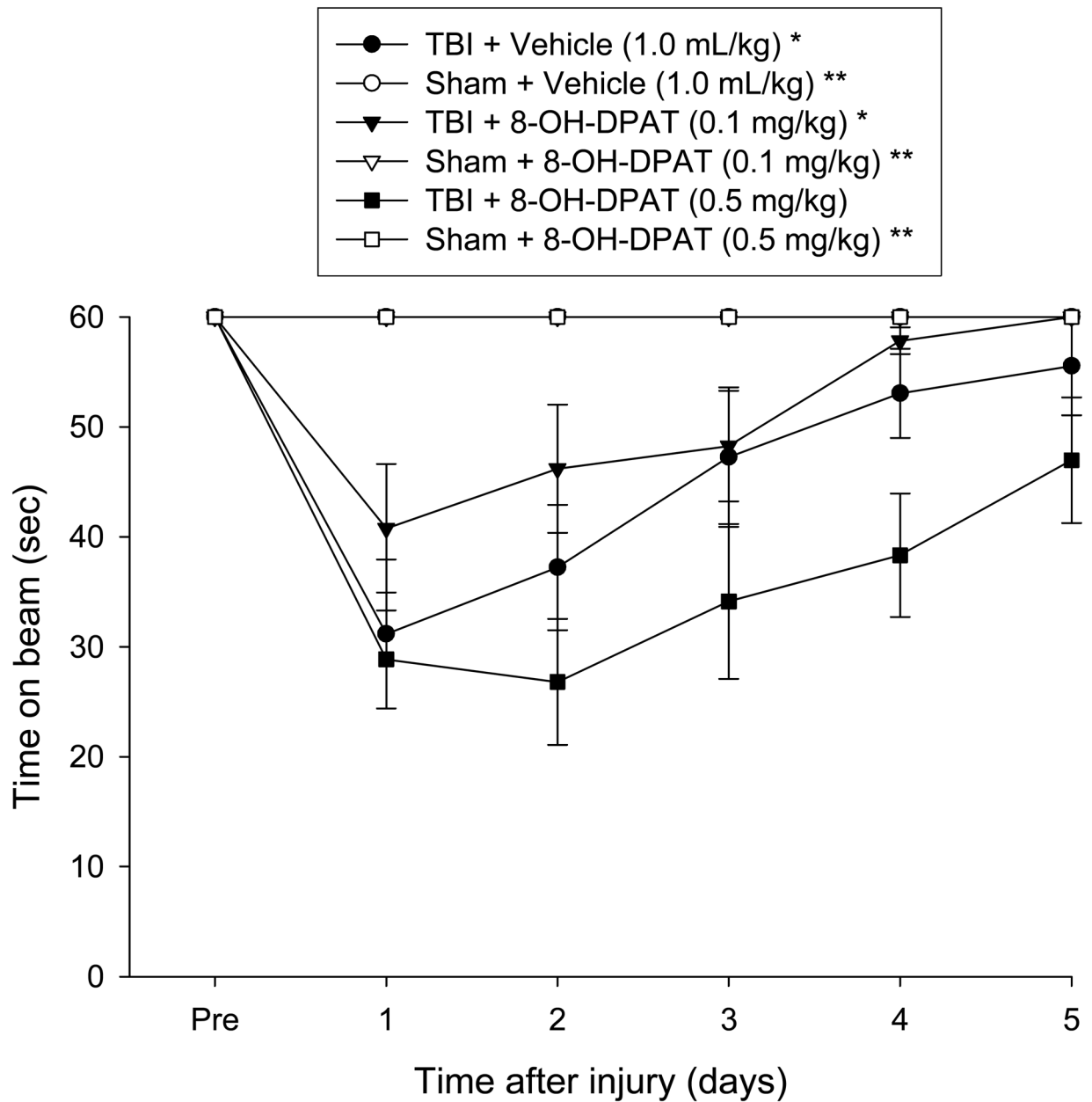
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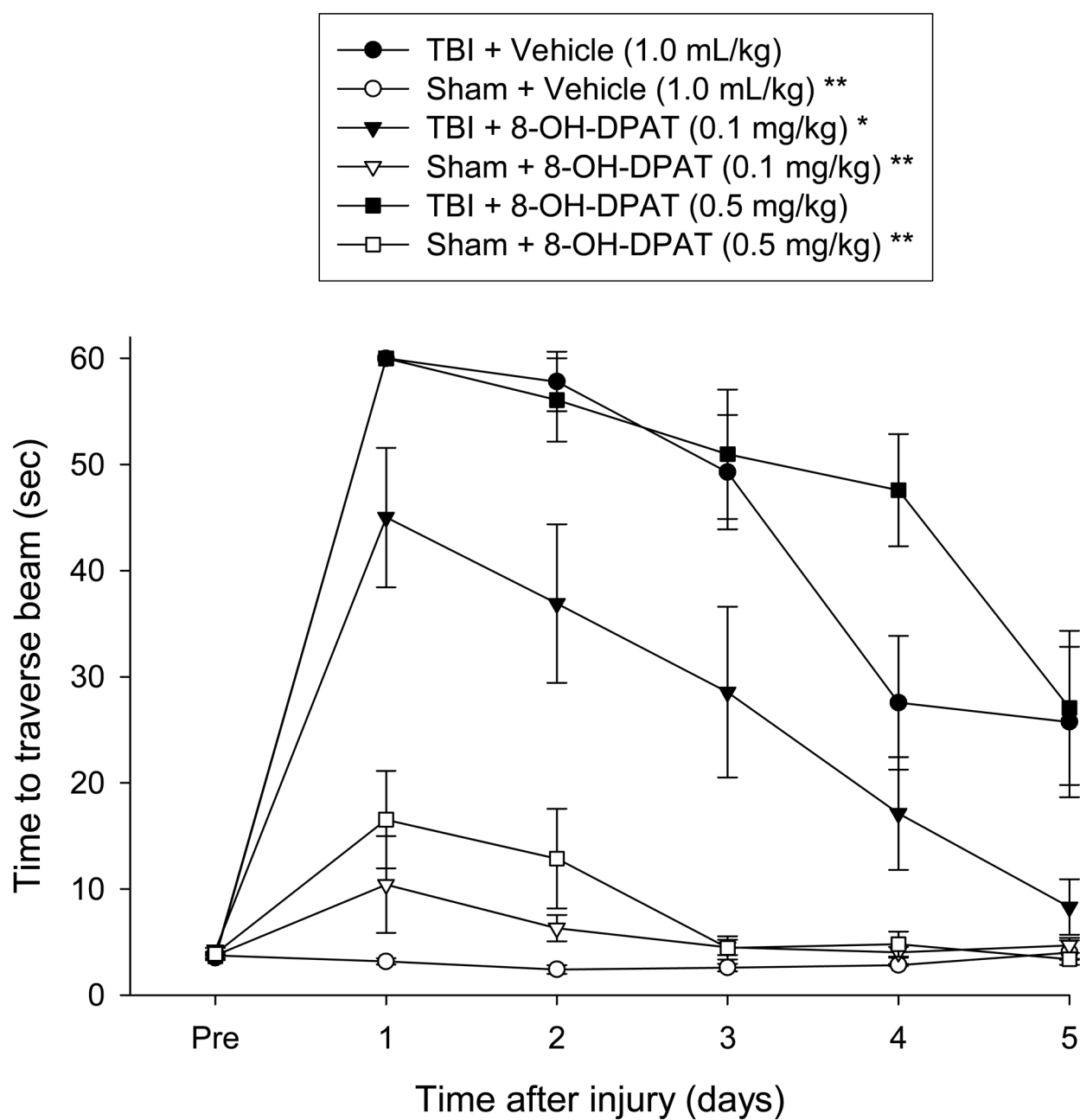
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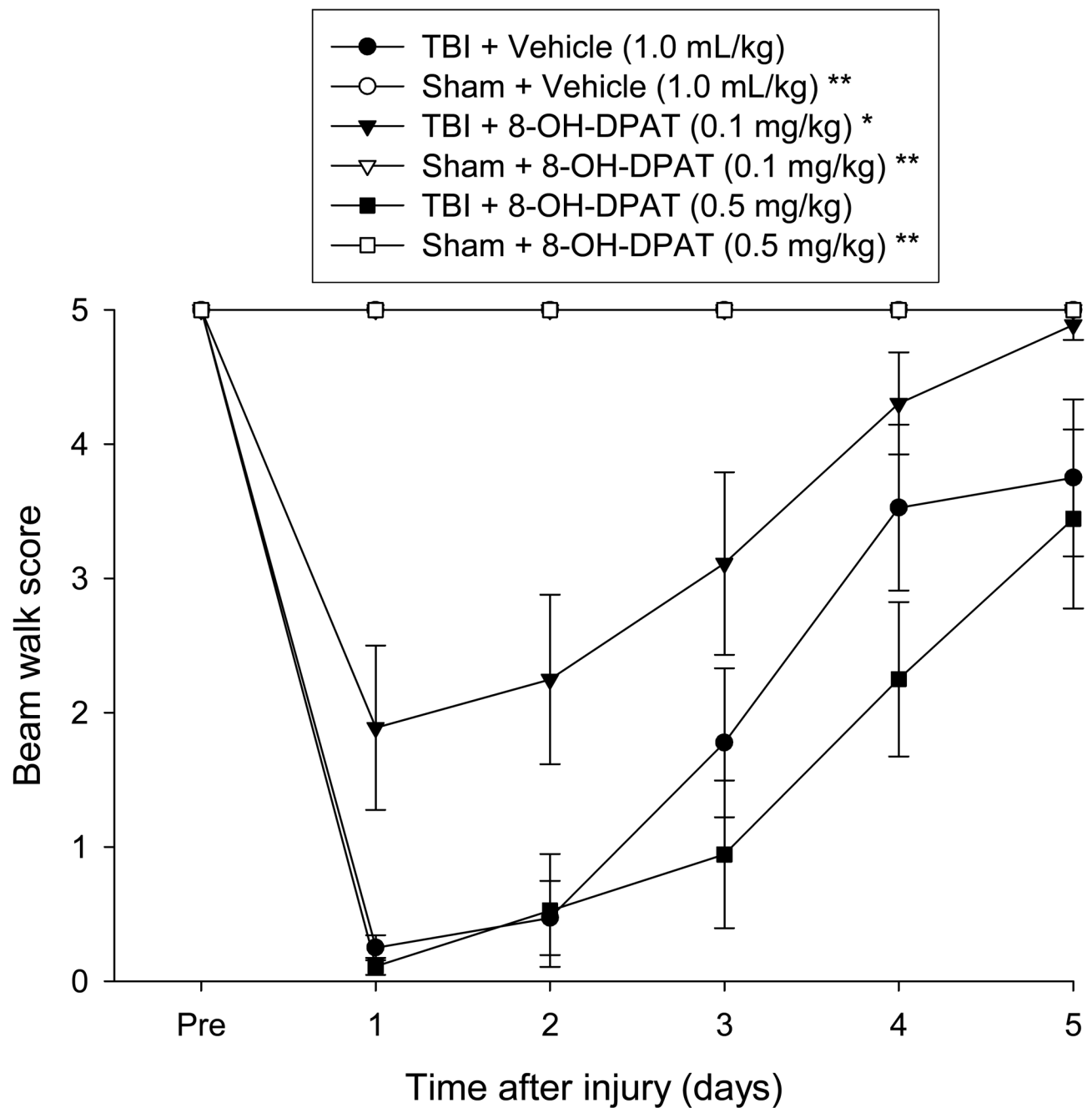
**Fig. 1.**

Mean ( $\pm$  SE) time (sec) balancing on an elevated narrow beam prior to, and after, TBI or Sham injury. \* $p < 0.05$  vs. TBI + 8-OH-DPAT (0.5 mg/kg). \*\* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg), but not TBI + 8-OH-DPAT (0.1 mg/kg).

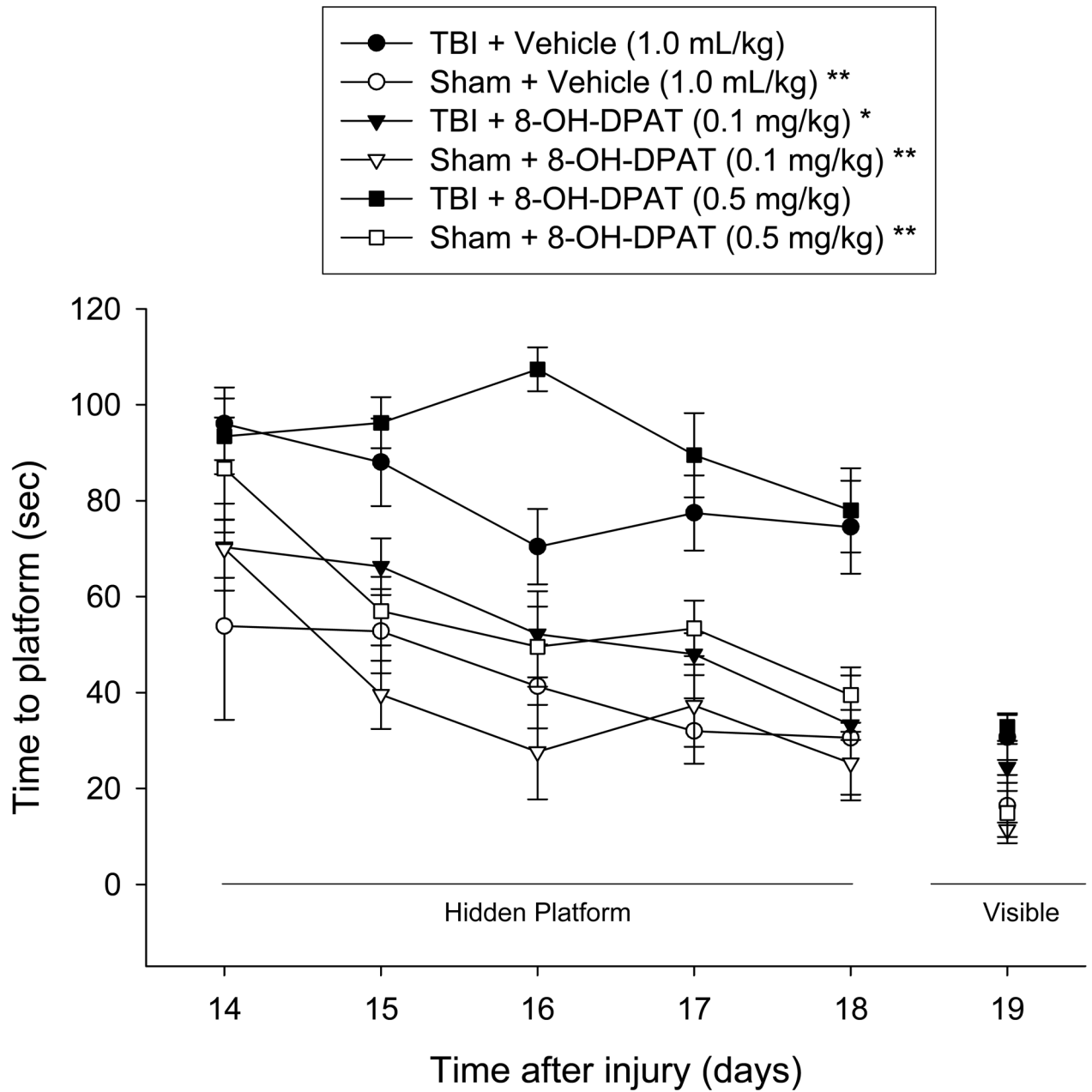


**Fig. 2.** Mean ( $\pm$  SE) time (sec) to traverse an elevated narrow beam prior to, and after, TBI or Sham injury. \* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg). \*\* $p < 0.05$  vs. all TBI groups.

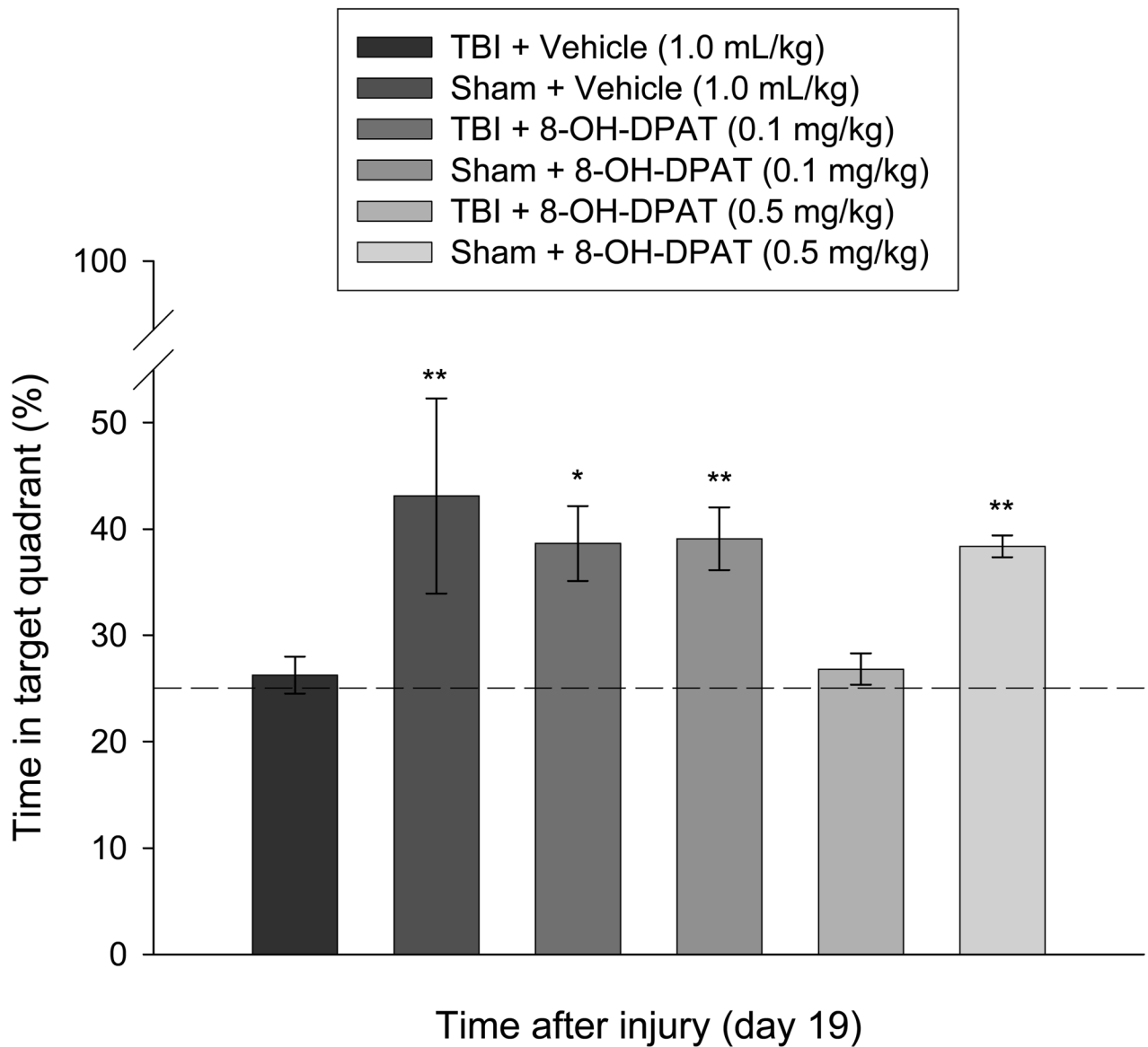




**Fig. 3.** Mean ( $\pm$  SE) distance traveled along an elevated narrow beam prior to, and after, TBI or Sham injury. \* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg). \*\* $p < 0.05$  vs. all TBI groups.

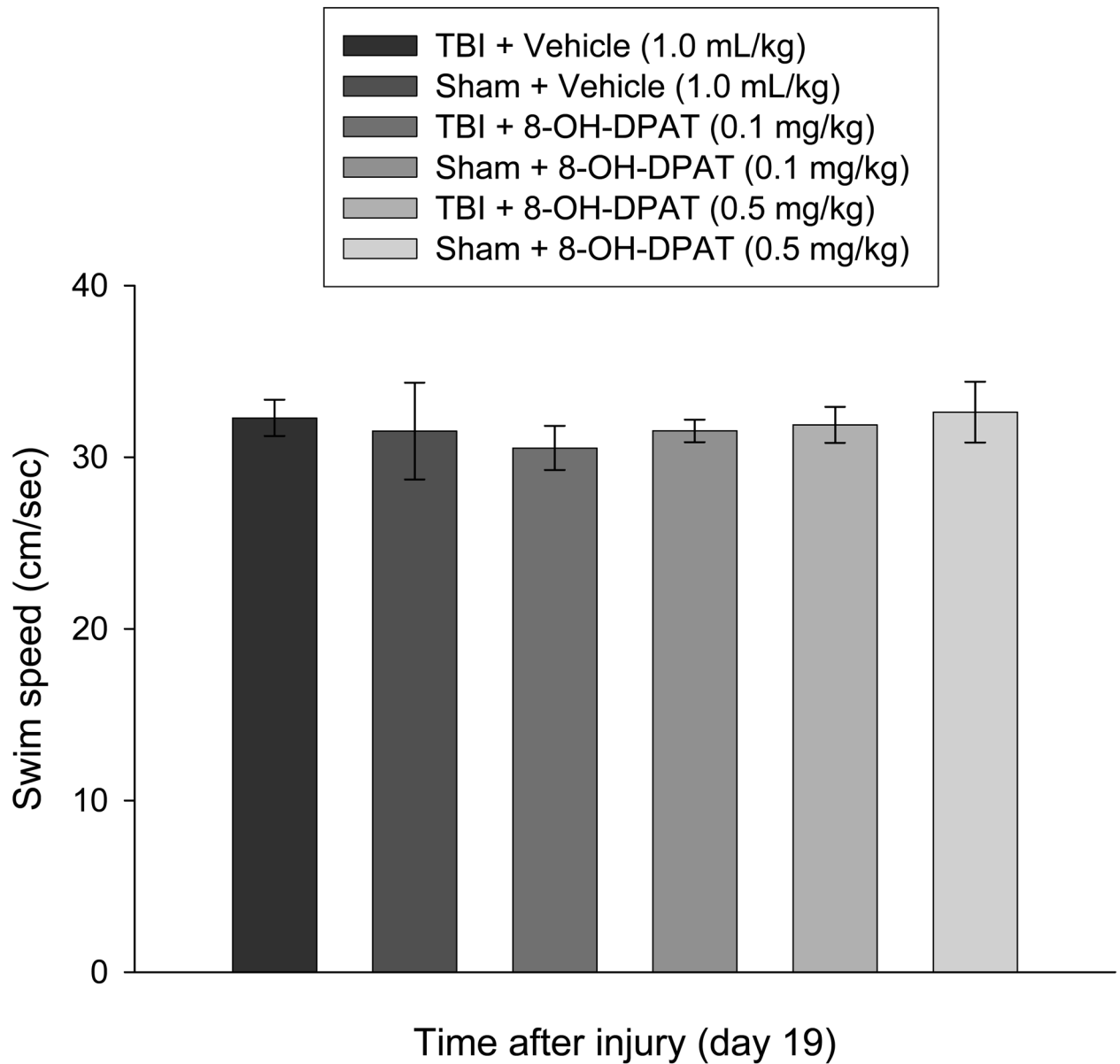
**Fig. 4.**

Mean ( $\pm$  SE) time (sec) to locate either a hidden (submerged) or visible (raised) platform in a water maze. \* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg). \*\* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg), but not TBI + 8-OH-DPAT (0.1 mg/kg). No significant differences were revealed for time to locate the visible platform.



**Fig. 5.**

Mean ( $\pm$  SE) percentage of time spent in the target quadrant (i.e., where platform was previously located) following a single probe trial 19 days after cortical impact or sham injury. The dotted line represents performance at the chance level (25%). \* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg). \*\* $p < 0.05$  vs. TBI + Vehicle and TBI + 8-OH-DPAT (0.5 mg/kg), but not TBI + 8-OH-DPAT (0.1 mg/kg).



**Fig. 6.** Mean ( $\pm$  SE) swim speed (cm/sec). No differences were observed among groups, regardless of injury assignment or drug treatment, suggesting that spatial learning was not influenced by motor deficits.