Bilateral circumscribed haemangioma of the choroid not associated with systemic vascular syndrome

EDITOR,—Circumscribed choroidal haemangioma (CCH) is considered congenital, vascular, relatively rare hamartoma which typically occurs as a localised, monolateral lesion in patients without other vascular malformation. This tumour generally is discovered in adulthood and is located in the macular area. CCH may be ophthalmoscopically confused with amelanotic melanoma, metastatic tumour, choroidal osteoma, discoform scar, serous detachment, and central serous chorioretinopathy, but may be differentially diagnosed with fluorescein angiography (FA), indocyanine green angiography (ICGA), ultrasonography, and periodic observation. The bilateral CCH localisation represents an extremely uncommon condition which, in literature, has been only reported in association with Sturge-Weber syndrome or Klippel-Trenaunay-Weber syndrome. To the best of our knowledge, this is the first documented case of bilateral CCHs in the absence of any other evidence of vascular systemic abnormalities.

CASE REPORT
A 81 year old white man was referred to our institution in June 1999 to undergo conservative therapy because of malignant choroidal melanoma of the left eye. He reported a 6 month history of bilateral, progressive reduction of vision. He was diagnosed with amelanotic melanoma, metastatic neoplasm or vascular abnormality in another part of the body, lead us to confirm the first documented diagnosis of bilateral CCHs. Last but not least, our findings demonstrate that FA and echography are not always capable of documenting the specific characteristics of small CCH; thus, when this kind of lesion is

left eye. Intraocular pressure was 18 mm Hg in both eyes. Ophthalmoscopic examination of the left temporal posterior pole showed a lesion, about five optic disc diameters in size and red-orange in colour (Fig 1B), while, in the right macular area, an irregular appearance of the retinal surface was detected (Fig 1A). Bilateral B-scan echography confirmed the presence of a dome-shaped solid lesion, with regular profile and without choroidal cup, in the left eye, revealing a small solid lesion also in the right posterior choroid. Standardised A-scan ultrasonography documented that the maximum thickness of these solid lesions was 1.56 mm in the right eye (Fig 2A) and 3.32 mm in the left (Fig 3A). In the left eye the high and regular internal reflectivity of the lesion was consistent with the presence of a benign tumour, reliably of an angiomatous type. FA did not detail any significant abnormality in the right posterior pole (Fig 2B), showing an irregular fluorescence of the orange-coloured lesion previously described in the left eye (Fig 3B). ICGA confirmed the diagnosis of CCH of the left eye (Fig 3C, D) and documented an early hyperfluorescence, followed by a relative decrease in fluorescence (“washout”), corresponding to the echographic findings observed in the right macula (Fig 2C, D). The patient underwent chest x ray, abdominal and chest computed tomographies, total body scintigraphy, liver ultrasonography, blood, and urine analyses.

These investigations did not show any abnormality, reliably excluding the possible metastatic origin of the bilateral choroidal lesions. In the course of a 15 month follow up period, we periodically reassessed this patient, and did not diagnose any ocular or systemic modification.

COMMENT
Atypical CCH can cause differential diagnostic problems by its appearance at the time of presentation. Moreover, bilateral choroidal localisation of tumoral lesions raises the question about their primary or metastatic onset. At our department we observed approximately one haemangioma of the choroid for every 15 malignant melanomas, referred to us yearly for conservative treatment. In spite of this relatively high frequency of haemangioma, this represents the first case in whom we diagnosed a bilateral circumscribed vascular hamartoma, which was not associated with any systemic syndrome. During the mid-term follow up (15 months) there were neither ocular nor systemic significant modifications. The echographic and ICGA features of these choroidal lesions, together with the lack of neoplasm or vascular abnormality in another part of the body, lead us to confirm the first documented diagnosis of bilateral CCHs. Last but not least, our findings demonstrate that FA and echography are not always capable of documenting the specific characteristics of small CCH; thus, when this kind of lesion is

Figure 1 (A) Photograph of the right macular area reveals an irregular appearance of the retinal surface. (B) Photograph of the left temporal posterior pole shows a lesion, about 5 optic disc diameters in size and red-orange in colour.
suspected, ICGA represents the most important non-invasive tool for the diagnosis of different amelanotic choroidal melanoma, choroidal metastasis, and choroidal haemangioma.1,2

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Tractional ciliary body detachment, choroidal effusion, and hypotony caused by severe anterior lens capsule contraction following cataract surgery

Tractional ciliary body detachment and associated hypotony is an uncommon complication of severe anterior lens capsule contraction. Only three such cases have been reported in the literature.1,2 We report a case of tractional ciliary body detachment caused by a severe anterior lens capsule fibrosis, in which Nd:YAG laser anterior capsulotomy was effective in relieving the traction caused by the capsular contraction. We illustrate the value of ultrasound biomicroscopy (UBM) in the diagnosis and management of such conditions.

CASE REPORT

A 72 year old woman with primary open angle glaucoma and previous bilateral trabeculectomies (performed twice in the left eye) was followed up in our clinic since December 1999 for an ischaemic central vein occlusion in her right eye. She had a dense cataract in her left eye, which prevented the use of the fundus. The biomicroscope of the left eye showed an axial length of 22.60 mm. Preoperatively intraocular pressures were 15 mm Hg in both eyes. She underwent an uncomplicated phacoemulsification through a superotemporal temporal lamellar wound. A capsulorhexis of about 5 mm was fashioned. A foldable three piece silicone IOL with poly(methylmethacrylate) (PMMA) haptics (Allergan SH40 NB) was implanted “in the bag”. The lens had an optic diameter of 10.0 mm and a haptic diameter of 13.0 mm. In the immediate postoperative period she was noted to have a well centred IOL “in the bag” and fundus showed an inferior hemiretinal vein occlusion involving the macula in the left eye. At this time she had a visual acuity of counting fingers at 2 metres in her right eye and 6/60 in her left eye.

Two and a half months following her cataract surgery she was referred by an optician with deterioration of vision in her left eye. Visual acuity was counting fingers at 2 metres in both eyes. Slit lamp biomicroscopy of the left eye showed an intact anterior chamber. Severe contraction of the CCC opening with eccentric displacement of the CCC orifice was noted. The IOL was displaced superiorly (Fig 1 above). Gonioscopy showed an open iridocorneal angle. There was no evidence of any iris changes or changes at the pupillary border, consistent with pseudoxefoliation in either eyes. Goldmann applanation tonometry revealed an intraocular pressure of 5 mm Hg in the left eye and 14 mm Hg in the right. Posterior segment evaluation of the right eye showed diffuse choroidal effusion. This was confirmed by B-scan ultrasonography, which showed total choroidal detachment. Ultrasound biomicroscopy (UBM, 50 MHZ probe, Humphrey) showed a ciliary body detachment with central rotation of the ciliary body, as the underlying cause of the hypotony (Fig 1, below).

A neodymium: YAG (Nd:YAG) laser anterior capsulotomy was performed. Four relaxing radial anterior capsulotomy cuts were made at 2, 5, 8, and 10 o’clock. The Nd:YAG capsulotomy comprised 50 shots with a power of 1.4 mJ each. During the procedure the anterior capsule was noted to be thick. Immediate widening of the CCC orifice was noted following this procedure (Fig 2, above). The IOL also returned to a well centred position.
Anterior capsular shrinkage shifts the relative position of the lens equator, moving it to a more anterior location. This centripetal movement induces an inward pulling force on the zonular apparatus. Depending on the strength of the apparatus, a counteracting force might result. We feel that the smaller capsulorhexis size and the use of silicone IOL predisposed our patient to develop severe anterior lens capsule contraction. Severe anterior lens capsule contraction can exert continuous traction on the ciliary body resulting in a ciliary body detachment. In this case Nd:YAG radial anterior capsulotomy was helpful in relieving the phimosis and thereby removing the tractional force on the ciliary body.

The authors have no proprietary interest in any of the products described in this paper.

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In general, shrinkage of the anterior capsule according to Davidson is produced by an imbalance between the centrifugal and centripetal forces on the capsular bag. Although the pathogenic mechanism responsible for excessive capsule fibrosis and contracture are not well understood, several histopathological studies have identified the cell types associated with pseudophakic fibrosis. Frenozzi and al attributed constriction of the anterior capsule opening to fibrogenic transformation of the subcapsular and equatorial lens epithelial cells (LECs). Nishi and Nishi suggested that this fibrosis might be induced by interleukin 1 or 6 in an autocrine manner.

A capsule segment photograph showing the radial capsulotomy and the widened anterior capsule. (Below) Post laser, ultrasound biomicroscopy showing reattached ciliary body.

In 1993 Davidson first described the capsule contraction syndrome as a complication of continuous curvilinear capsulorhexis. This syndrome is characterised by an exaggerated reduction in the equatorial diameter of the capsular bag, fibrosis of the anterior capsule, and shrinkage of its opening. It has been associated with various eye diseases including pseudexfoliation, pars planitis, low grade vitritis, high myopia, retinitis pigmentosa, and myotonic dystrophy. It has also been seen in elderly patients. Commonly observed expressions of these diseases are weakened zonules or a chronic inflammation.

In the United Kingdom, posterior capsule detachment is an uncommon complication of cataract surgery. Moreover, it is not an uncommon occurrence in the United States. The etiology of this complication is not well understood.

Figure 1 (Above) Anterior segment photograph showing severe anterior capsular contraction with superior displacement of the IOL (arrow). Note the posteriorly displaced IOL. The zonular apparatus (arrowhead). (Below) Ultrasound biomicroscopy showing ciliary body detachment with central rotation of the ciliary body (arrow).
Angle closure in fellow eye with prophylactic pilocarpine treatment

Editor,—Prophylactic pilocarpine is often used in patients presenting with unilateral primary acute angle closure until definitive treatment with laser peripheral iridotomy can be performed.1

We present two cases of unilateral primary acute angle closure glaucoma treated with prophylactic pilocarpine that subsequently developed angle closure in the fellow eye within 24 hours of admission.

Case reports

Case 1

An 81 year old woman was referred from the orthopaedics department with increasing pain and redness in the right eye. Visual acuities were hand movements on the right and 6/24 improving to 6/9 with pinhole on the left. The right cornea was oedematous with intraocular pressures (IOP) of 56 mm Hg in the right and 17 mm Hg in the left. The iridocorneal angle was closed on the right eye, and narrow on gonioscopy (grade 1 inferiorly and closed superiorly) on the left, with bilateral moderate nucleosclerotic cataracts.

She was treated with intravenous Diamox 500 mg, topical levobunolol, 2% pilocarpine, and dexamethasone 0.1%. Review 1 hour later showed decreased oedema with IOP of right eye 15 mm Hg and left eye 15 mm Hg. Prophylactic 2% pilocarpine four times daily was started in the fellow eye and she was admitted to hospital. On review 8 hours after admission her IOP was 16 mm Hg in the right eye and 46 mm Hg in the left. The left cornea had minimal oedema and closed iridocorneal angle on gonioscopy.

A Nd:YAG laser peripheral iridotomy was performed in the left eye that night with subsequent resolution of the attack.

Case 2

A 46 year old hypermetropic woman (right eye +2.75DS−0.5 × 160 left eye +4.5DS) with no significant ocular history presented to casualty with intermittent visual disturbance, followed by pain, redness, and decreased vision in the left eye. Visual acuity on presentation was right eye 6/9 and left eye 6/24. The left cornea was hazy with a shallow anterior chamber and IOP of 62 mm Hg. The right iridocorneal angle was narrow but open with pigmentated grade 1 angle on gonioscopy. She was admitted and treated with topical apraclonidine, levobunolol, dexamethasone, and intravenous Diamox 500 mg. Pilocarpine 4% every 15 minutes for 1 hour was used in the left eye and a single dose of 4% pilocarpine was instilled in the right eye.

On review 2 hours after admission IOP was 42 mm Hg in the right eye and 26 mm Hg in the left. The right cornea remained clear, the anterior chamber appeared shallow, and repeat gonioscopy showed a closed iridocorneal angle on the right. The angle was opened by compression with a Zeiss goniprism, and she underwent a Nd:YAG laser peripheral iridotomy initially in the right eye and subsequently in the left eye the following day.

Keratolysis in a patient with pemphigus vulgaris

Editor,—Pemphigus vulgaris is an autoimmune, blistering disease of the skin and mucous membranes.1 The characteristic ocular finding is conjunctivitis, and corneal involvement is rare.2 We present a case with pemphigus vulgaris with severe keratolysis that required a corneal transplantation.

Case report

A 41 year old man had suffered from pemphigus vulgaris for 2 years, and prednisolone 40 mg/day and cyclosporine 300 mg/day had been prescribed. He was admitted to the Hamamatsu University Hospital on 15 March 1999 with an acute exacerbation of the symptoms because of non-compliance with the corticosteroid therapy. He returned on 17 March 1999 because of increased discharge and visual loss in both eyes. His visual acuity was 20/20 right eye and 20/20 left eye, and his intraocular pressure was 24 mm Hg right eye and 20 mm Hg left eye. No remarkable findings were observed in both visual fields and optic discs. Slit lamp examination showed mild erosions of his eyelid and cornea. The treatment with prednisolone 40 mg/day and cyclosporine 300 mg/day was continued.

COMMENT

He returned on 9 April 1999 because of acute deterioration of vision in both eyes. His visual acuity was light perception in the right eye and counting fingers in the left. The right conjunctiva showed marked oedema and the anterior chamber was flat. Slit lamp examination showed that the lower two thirds of the right cornea had eroded leaving only Descemet’s membrane and endothelium (Fig 1). The left conjunctiva showed mild oedema and slit lamp examination demonstrated anterior stromal opacities in the lower half of the cornea and bulla-like central corneal epithelial changes. Ofloxacin ointment was prescribed for both eyes.

The opacity of the right corneal stroma gradually increased, and scar-like tissue formed in the area of the erosion. Slit lamp examination showed that Descemet’s membrane was touching the iris and lens. The corneal bullous degeneration in the left eye formed an erosion. After the corneal erosion and conjunctival oedema resolved, faint stromal opacities were observed in the region of the corneal lesion in the left eye.

Because of the overall improvement of the cornea of the right eye, an 11 mm right penetrating keratoplasty was performed on 22 September 1999. The dislocated lens was extracted and anterior vitrectomy was also performed. His visual acuity on 11 November 1999 was improved to 8/200 with +9.0 −2.5 × 65° right eye, and 20/25 with −3.0 D −3.75 × 180° D left eye.

Keratolysis of the cornea is a rare complication in patients with pemphigus vulgaris. Severe corneal involvement has never been reported except in the case of a 56 year old man with severe ocular involvement including conjunctivitis, corneal ulceration, and perforation despite immunosuppressive therapy.3 Although a causative organism was not isolated, the authors suggested that the complications were due to an infectious agent.

Two mechanisms have been suggested to cause the corneal erosion—bacteria or other pathogenic organisms that infect the cornea because of the epithelial defect and tear film disorder brought on by the corticosteroid and immunosuppressive therapy. Although the culture obtained from right ocular discharge before starting ofloxacin treatment showed a negative result, we could not deny the bacterial infection. We did not perform a bacterial or viral culture or polymerase chain reaction examinations using a corneal sample.

The second mechanism is an autoimmune mechanism against one of the intercellular adhesion molecule—for example, desmoglein (Dsg). The patient was diagnosed as pemphigus vulgaris by histological examination, direct immunofluorescent staining of the skin


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showing intracellular deposition of immunoglobulin G and high titres of circulating anti-Dsg 3 and anti-Dsg 1 antibodies (Fig. 2). Because the cornea usually does not have Dsg 3 but Dsg 2, an autoimmune mechanism cannot be considered. However, prolonged epithelial defect by limbal damage may have resulted in the corneal erosion because of the expression of Dsg 3 by the epithelium of the corneal limbus. Although no infection was observed in both corneas, the association with an infectious mechanism may be involved in the pathogenesis of corneal erosion in our case.

Isolated episceral plasmacytoma mimicking episcleritis in a patient with benign monoclonal gammopathy

Editor,—We present the unique case of a patient with an isolated plasmacytoma of the episclera mimicking a painful episcleritis. Plasmacytomas usually grow in the bone marrow, but have also been encountered in the lids, the orbit, and the palpebral conjunctiva. Only one case of a solitary epibulbar plasmacytoma with intraocular invasion has been reported yet.1

CASE REPORT
A 61-year-old patient presented with an "inflammatory" episcleral nodule within the lower temporal quadrant and mild pain in his left eye (Fig 1), which had already lasted 5 months and had been diagnosed as episcleritis. There was no evidence of rheumatic disease; ANA and ANCA were negative. Neither dexamethasone nor oral fluocortolone (60 mg) were helpful, thus an excisional biopsy was performed which finally allowed for the correct diagnosis. Thus solitary plasmacytoma has to be included in the spectrum of ocular masquerade syndrome.2

Another interesting aspect is that our patient developed a monoclonal gammopathy, apparently not related to the isolated episcleral plasmacytoma. The latter showed a kappa light chain restriction, whereas in the serum the level of IgA lambda was increased. As a thorough general examination did not reveal any signs of systemic disease or isolated plasmacytoma elsewhere, the monoclonal component was attributed to a monoclonal gammopathy of unknown significance (MGUS) which is considered as a benign or premalignant disorder. Lymphocytes and plasma cells of the MALT, especially the GALT, are characterised by integrin αβ7,3 instead of integrin αβ8,4 which is displayed by plasma cells homing to the bone marrow. According to this extramedullary plasmacytoma tend to occur more often in the MALT or GALT than in other locations except for the solitary plasmacytoma of the bone. Ninety per cent of the isolated plasmacytomas grow in the head and neck area, especially in the upper respiratory tract, but they are surprisingly rare in the gastrointestinal tract,6 though 80% of all immunoglobulin producing cells of the body are located here.7 The atypical location of the plasmacytoma presented here may be mediated through a specific repertoire of adhesion
molecules. Since antibodies for detection of the above mentioned homing receptors in paraffin sections are not available until now, we were not able to find out whether specific integrins or a total loss of them was responsible for the peculiar location of the tumour in our patient. While it can only be speculated that the isolated plasmacytoma in our case arose from a monoclonal proliferation of plasma cells in an originally inflammatory infiltrate. Whether tissue specific immunoregulatory mechanisms involving accessory cells are also implicated in the localised episcleral tumour growth remain to be elucidated.

We thank Mrs Renate Buchen for technical assistance, Dr Sarah Coupland for providing the VS38 immunostaining, and Dr Flemming Staubach for the above mentioned homing receptors in the tissue specific immunoregulatory mechanisms an originally inflammatory infiltrate. Whether patients being treated with sulphadiazine.

We report a case of acute ureteric obstruction in a young female with her first presentation of recurrent ocular toxoplasmosis. We would like to bring the attention of ophthalmologists the risk of crystallaria in patients being treated with sulphanilamide.

**CASE REPORT**

A 22 year old, otherwise fit woman presented with floaters in the left eye. She had had poor vision since childhood when she had been diagnosed as “amblyopic” and undergone strabismus surgery for esotropia. A pigmented and atrophic scar was present at the left macula, and involving the fovea. At the inferonasal edge of the scar was a raised creamy area of activity with overlying vitritis. A diagnosis of recurrent toxoplasmosis was made.

Despite the poor visual prognosis of this eye, the symptomatic nature of this lesion and the intensity of the inflammatory response prompted treatment. Pyrimethamine (75 mg immediately then 25 mg twice daily) and sulphanilamide (1 g four times daily) were started for the peculiar location of the tumour in the patient with CEP, who had a remarkable increase in porphyrins in tear drops. Our case report strongly suggests that the accumulation of porphyrins in tear drops may directly cause the scleral changes in the patients with CEP.

**COMMENT**

The majority of reports of sulphanilamide crystallaria occur in patients with AIDS under treatment for toxoplasmosis encephalitis.2 These patients have a number of various factors predisposing them to the development of crystallaria such as poor fluid intake, fever, diarrhoea, hypalbuminuria, and acidification of the urine. The associated polypharmacy of many AIDS patients may contribute to crystalluria or stone formation through the latter mechanism, or because of crystallisation of other drugs such as aciclovir, trimaterene, primodone, or other sulphonamides.

Historically, sulphanilamide crystallaria has been reported in non-AIDS patients3 and may cause renal impairment in 1–4% of HIV negative patients.4 To our knowledge, however, this complication has not been reported in the ophthalmic literature. Ophthalmologists we surveyed were not aware of this potential complication, nor is it documented in the British National Formulary.

Although it occurred quickly in our patient, the complication usually occurs after a median time, with administration of intravenous folinic acid (5 mg twice weekly). Topical dexamethasone, cyclopentolate, and oral prednisolone (60 mg reducing course) were added later.

Within 24 hours of starting treatment the patient felt well, with nausia, anorexia, and oligdipsia. She developed pink discoloration of the urine in which she noted sediment, and intense loin pain. Hospitalisation followed. Urinalysis demonstrated a pH of 5.0, urinary blood and protein. An intravenous urogram suggested an obstruction at the right vesi-coureteric junction. After retrograde uroscopy demonstrated crystallaria, and insertion of a temporary ureteric stent at this time, with administration of intravenous fluids, effected symptomatic relief. Sulphadiazine was suspended.

**Ocular involvement caused by the accumulation of porphyrins in a patient with congenital erythropoietic porphyria**

**EDITOR,—**Congenital erythropoietic porphyria (CEP: MIM No 263700) is an extremely rare disorder inherited as an autosomal recessive trait, which is characterised by an 80–98% reduction in the activity of uroporphyrinogen III synthase (UROS: EC 4.2.1.75).1 Clinically, CEP is characterised by severe cutaneous photosensitivity, chronic haemolysis, and massive porphyrinuria resulting from the accumulation in the bone marrow, peripheral blood, and other organs of large amounts of the non-physiological and pathogenic porphyrin isomers, uroporphyrin I and coproporphyrin I.2 Red urine may be observed from infancy, and the teeth become stained red. Haemolytic anaemia, which may be helped by splenectomy. Besides such manifestations, we reported a scleral change in the patient with CEP, who had a remarkable increase of porphyrins in tear drops. Our case report strongly suggests that the accumulation of porphyrins in tear drops may directly cause the scleral changes in the patients with CEP.

**CASE REPORT**

A 24 year old man presented typical manifestations of CEP such as skin ulcer and scaring. He was diagnosed with CEP in childhood, because of the elevation of porphyrins in urine. At the time of visit, slit lamp examination of bulbar conjunctiva revealed irregular hypertrophy of the temporal limbus and pigmentation of eyelids were also observed, but lid closure was normal. Corneal changes were not observed. Visual activity was right eye: 20/50, left eye: 20/20.

In order to cover the region of scleral necrosis, amniotic membrane grafting was performed, but postoperative wound healing was slow and the graft filed to be attached. Histological finding with a tissue taken during this operation showed an inflammatory infiltration of neutrophils and plasma cells in connective tissue under conjunctival layer (data not shown).

To confirm whether this scleral necrosis is caused by the direct effect of the accumulation of porphyrins in tear drops, we report a case of congenital erythropoietic porphyria in a patient with congenital erythropoietic porphyria.


**Crystallaria with sulphanilamide**

**EDITOR,—**Toxoplasmosis is the commonest cause of posterior uveitis worldwide. Ocular toxoplasmosis may occur as part of the primary acquired infection or through reactivation of encysted organisms at the edge of an old chorioretinal scar.

Current indications for treatment include sight threatening lesions at or adjacent to macula or papillomacular band and disc or marked vitritis. Treatment is commonly with a combination of the synthetic antagonists of folate metabolism, sulphanilamide, and pyrimethamine. Folic acid rescue is added to prevent bone marrow suppression. Steroids are frequently used in combination with antimicrobials in sight threatening inflammatory foci of infection.
Figure 1  Four direction images of right eye. Irregular hypertrophy at the temporal limbus and scleral necrosis at the limbus were observed.

COMMENT
This patient was confirmed to have compound heterozygous mutations, T62A/Q249X. These mutations had been described by Xu et al2 in a Japanese patient with CEP.3 They performed in vivo expression study for each mutation, and confirmed that each of them had no residual activity. We can expect that both mutations in this case are “disease causative.”

Scleral changes at the body surface lesions in CEP are mainly caused by the accumulation of porphyrins.4 Here we proved the accumulation of porphyrins in tear drops with a single case of CEP. Additional cases are needed to confirm the presence of porphyrins in tear drops although they are asymptomatic for eye involvement. Since our finding demonstrates the likelihood that accumulated porphyrins in tear drops directly exerted a toxic effect on scleral lesions, the protection of sunlight by ultraviolet cut glasses is strongly recommended for prevention against the initiation and progression of scleral lesions in the patients with CEP.

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Bilateral facial nerve palsy associated with p-ANCA positive vasculitis in a patient with rheumatoid arthritis

EDITOR,—Rheumatoid arthritis is a chronic, generalised, symmetrical, inflammatory polyarthritis. Extra-articular associations may involve the eyes, heart, lung, skin, and more rarely, the central and peripheral nervous system. We describe a case of bilateral facial paresis associated with a p-ANCA positive vasculitis in a patient with rheumatoid arthritis.

CASE REPORT
A 67 year old woman presented with 2 days of left sided facial weakness. She was known to suffer from rheumatoid arthritis, and displayed the characteristic hand and finger deformities of this condition. Additional features of vitiligo, hypothyroidism, and splenomegaly were present. Her medication consisted of methotrexate 5 mg weekly, thyroxine 100 µg once daily, and folic acid 5 mg once daily. Examination revealed isolated left sided lower motor neuron facial palsy, and a left Bell’s palsy was diagnosed. One week later, she returned with right sided facial weakness. No improvement on the left side had occurred and bilateral lid paralytic ectropion was evident. A provisional diagnosis of rheumatoid associated mononeuritis multiplex was made, and a rheumatology consultation was obtained. Haematological investigations revealed a positive rheumatoid factor (RF) and p-ANCA, and a raised plasma viscosity of 1.80. Other auto-immune studies including ANA, anti-Ro and La antibodies, and c-ANCA were negative, and renal function was normal. Chest radiography and magnetic resonance imaging of the brain were unremarkable.

Three pulses of intravenous methylprednisolone 500 mg were given over 3 days, with commencement of oral prednisolone 1 mg/kg. Despite intensive topical lubrication, developing exposure keratopathy necessitated the surgical correction of the bilateral paralytic ectropion. The oral prednisolone was tapered down to 5 mg/day, and then discontinued after 3 months. p-ANCA levels subsequently became undetectable.

Full orbicularis function gradually recovered, but only partial recovery of the lower facial muscles occurred. Renal function remained normal throughout and there was no significant exacerbation of the polyarthritis.

COMMENT
Facial nerve weakness may be the result of a number of underlying disorders including vasculitis. The development of bilateral signs in rapid succession, in association with rheumatoid arthritis, highlighted a potential vasculitic process in this case. Other causes of bilateral weakness such as pontine disease—for example, demyelination, or primary muscular disorders—for example, myasthenia gravis, and post-infective polyneuropathy were excluded on clinical grounds and after investigation.

Rheumatoid factor consists of IgM antibodies against the patients’ own IgG, and is an important diagnostic feature in rheumatoid arthritis. However, RF may also be seen in...
polyarteritis nodosa, scleroderma, Wegener’s granulomatosis, systemic lupus erythematosus, and sarcoidosis. No clinical or other investiga-
tive features of these conditions were demon-
strated in the case described here, and the pa-
tient displayed typical erosive joint features of rheumatoid arthritis. RF may lead to immuno complex (IC) mediated vasculitis due to IC formation and deposition in the joints and vessels causing endothelial damage, perivascular cellular infiltration, and thrombus formation.

Another mechanism of a vasculitic process is through leucocyte mediated cyto toxicity caused by ANCA. ANCA may promote neutrophil activation and endothelial injury, by targeting the neutrophil granule enzymes protease 3 (p-ANCA) and myeloperoxidase (p-ANCA). ANCA are useful diagnostic serological markers in a number of vasculitic con-
ditions such as Wegener’s granulomatosis, microscopic polyangiitis, and Churg-Strauss syndrome. They may be found less commonly in rheumatoid arthritis, systemic lupus ery-
thematosi, inflammatory bowel disease, and autoimmune hepatobiliary diseases. In one study, the incidence of p-ANCA in patients with rheumatoid arthritis was 21%, and was strongly associated with nephropathy, more severe disease, and increased inflammation.

In this case, other conditions more com-
monly associated with positive ANCA titres were excluded on clinical grounds and follow-
ing investigation. Magnetic resonance imaging is sensitive for cerebral vasculitis, and excluded CNS involvement.

The optimum treatment of ANCA associ-
ated vasculitis is generally considered to consist of a combination of corticosteroids and immunosuppressive agents. Additional immunosuppression may be useful although the most effective treatment protocols are yet to be determined. Evidence of renal or CNS involvement should prompt aggressive therapy because of potentially life threatening complications. In this case, therapy consisted of pulsed intravenous methylprednisolone in the initial phase, followed by oral pred-
nisolone. Additional immunosuppression was not required as widespread evidence of disease activity was absent. Gradual improvement of the facial paresis occurred and vigorous treat-
ment of the exposure keratopathy prevented visual loss in this case.

Bilateral facial nerve palsy is rarely seen in vasculitic conditions. Isolated reports of bilat-
eral facial nerve paralysis associated with Sjögren’s syndrome and polyarteritis nodosa exist.

Rheumatoid arthritis is a common condi-
tion, and life threatening complications, al-
though rare, are well recognised. Initial presenta-
tion may be to the ophthalmologist and awareness of such situations, will improve the prognosis for these patients.

Males and females are affected with equal frequency during adolescence and have rarely been seen in childhood or individuals older than 50 years.6 The pathogenesis of MRS still remains obscure. Several predisposing factors have been considered such as heredity, infection, allergy, or derangement of cranial autonomic vasomotor innervation.1 Cranial nerve dys-
function (that is, trigeminal nerve), para-
sympathetic (flush, pain), and ocular involve-
ment have been associated with MRS. Summarised ocular involvement includes granulomatous blepharitis, exophthalmos with lagophthalmos, and burning sensations, which may be related to exposure keratitis. In rare cases, palhes of the medial rectus muscle, papillodema, and retrobulbar neuritis have been described.4–6

Conjunctival involvement has not been reported as yet. By conjunctival biopsy taken from our patient we have shown that conjunc-
tival lesions may be present in MRS.
A satisfactory conservative therapy has not been established so far. The results of various modes of symptomatic treatment, including systemic or topical glucocorticosteroids, are questionable. They may reduce the patients’ complaints, at least temporarily. Another treatment attempt was clofazimine, which is an oral phenazine. This drug had been useful in other conditions with granulomatous chelitis or blepharitis, in order to improve the motility of the eyeball when exophthalmus occurred. Conjunctival biopsy with histopathological and immunohistochemical examination may be helpful to differentiate it from other lymphoid lesions.

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1 Melkersson E. Case of recurrent facial paralysis with angioneurotic edema. Hygia 1928;90:737–41.

TCTT and CNV

EDITOR.—We thank Ergun and Stur[1] for their interest in our paper and agree with their comments that it is not possible to directly compare a pilot study with a randomised controlled study. We also pointed out that the angiographic follow up data were not complete, as once membrane closure was obtained the patients were followed up clinically.

The issue of the laser spot size in transpupillary thermotherapy (TCTT) is confusing; however, it is known that more irradiance (W/cm²) is needed for smaller laser spots because heat conduction from choroidal blood flow cools smaller spots more efficiently than larger spots. This physiological phenomenon was established in experiments,[1] theoretical,[1] and clinical studies. Furthermore, it is true that overlapping zones occur when multiple spots are used for very large treatment areas. None of the less, these zones experience the same temperature rise as every other treated area and no clinical abnormalities have been noted in the small overlapping zones. Although TTT is mainly used for occult membranes our results indicate that it may have a place in classic

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References
2 Wu G. Severe hypotony following cataract extraction in a patient on latanoprost. Eye 2000;14:915–16.
membranes and in this study stabilisation of vision was obtained in the majority of these patients and in a minority an improved vision was noted.

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INTERNATIONAL CENTRE FOR EYE HEALTH

The International Centre for Eye Health has published a new edition of the Standard List of Medicines, Equipment, Instruments and Optical Supplies (2001) for eye care services in developing countries. It is compiled by the Task Force of the International Agency for the Prevention of Blindness. Further details: Sue Stevens, International Centre for Eye Health, 11–43 Bath Street, London EC1V 9EL, UK (Tel: (+44) 0 20-7608 6910; email: eyesource@ucl.ac.uk).

22nd ANNUAL MEETING OF THE GLAUCOMA SOCIETY (UK & EIRE)
The 22nd Annual Meeting of the Glaucoma Society (UK & Eire) will take place on 22 November 2001 at the Central Conference Centre, 90 Central Street, London EC1V 8AQ.

The Allergan Guest Lecture will be delivered by Professor Jost Jonas of the University of Erlangen, Germany on the subject of the optic disc.

Further details: Mrs Janet Flowers, Administrator, 29 Quarry Hill, Grays, Essex, RM17 5BT (tel/fax: 01375 383172; email: glaucomasocukeire@talk21.com; website: www.iga.org.uk).

41ST S T ANDREW’S DAY FESTIVAL SYMPOSIUM ON THERAPEUTICS

The 41st St Andrew’s Day Festival Symposium on Therapeutics will be held on 6–7 December 2001 at the Royal College of Physicians of Edinburgh. Further details: Ms Eileen Strawn, Symposium Co-ordinator (tel: 0131 225 7324; fax: 0131-220 4393; email: e.strawn@rcpe.ac.uk; website: www.rcpe.ac.uk).

INTERNATIONAL SOCIETY FOR B EÞET’S DISEASE

The International Society for Behçet’s Disease was inaugurated at the 9th International Congress on Behçet’s Disease. Professor Shigeaki Ohno represents the ophthalmology division (Department of Ophthalmology and Visual Sciences, Hokkaido University Graduate School of Medicine, Sapporo, Japan: tel: +81-11-716-1161 (ext 5944); fax +81-11-736-0952; email: sohno@med.hokudai.ac.jp).

The 10th International Congress on Behçet’s Disease will be held in Berlin 27–29 June 2002. Further details: Professor Ch Zouboulis (email: zoubbere@zedat.fu-berlin.de).